



SYDNEY PROGRAM GUIDE

Sunday 05th March 2023

06:00 am	Friends (Rpt)	CC PG	<p><u>The One With The Birthing Video</u></p> <p>Monica prepares a special Valentine's Day for Chandler, complete with sexy lingerie and racy entertainment. Ross has difficulty informing his girlfriend, Mona that Rachel has moved in with him.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Bonnie Somerville</p>
06:30 am	Friends (Rpt)	CC PG	<p><u>The One Where Joey Tells Rachel</u></p> <p>Guilt-ridden Joey finally confesses his love for Rachel to the flabbergasted Ross. Meanwhile, Chandler becomes nervous and frustrated with Phoebe's handsome new boyfriend, Don.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
07:00 am	Friends (Rpt)	CC PG	<p><u>The One With The Tea Leaves</u></p> <p>Feeling awkward after revealing his romantic feelings to Rachel, Joey avoids contact with her. Meanwhile, after studying tea leaves, Phoebe believes she will encounter the man of her dreams.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Alec Baldwin, Bonnie Somerville</p>
07:30 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Vow Renewal</u></p> <p>As Calvin and Tina near a milestone anniversary, Dave and Gemma help the Butlers have the wedding they missed out on the first time around.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
08:00 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To Bowling</u></p> <p>Calvin and Dave team up for a chance at bowling championship glory. Gemma and Tina face off against each other for the top ranking in an arcade game.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
08:30 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Dealbreaker</u></p> <p>When Gemma sets a reluctant Malcolm up on a blind date with a teacher at her school, she discovers new details about the origins of her relationship with Dave.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>



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09:00 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Digital Divide</u></p> <p>Calvin reluctantly agrees to let Marty create a website for his auto shop in hopes of drumming up more business.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
09:30 am	The Big Bang Theory (Rpt)	PG	<p><u>The Champagne Reflection</u></p> <p>While Sheldon retires "Fun With Flags", Leonard, Howard and Raj look for something significant in a dead professor's research, and Bernadette finds out what her colleagues really think of her.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
10:00 am	The Big Bang Theory (Rpt)	PG	<p><u>The Clean Room Infiltration</u></p> <p>Amy hosts a traditional Victorian Christmas Eve dinner as Raj's father comes to visit, while the guys try to shoo out a bird they let into the university clean room.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
10:30 am	The Big Bang Theory (Rpt)	PG	<p><u>The Space Probe Disintegration</u></p> <p>Raj worries a probe he designed will not work in outer space, while Leonard and Sheldon go shopping with Penny and Amy.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
11:00 am	The Big Bang Theory (Rpt)	PG	<p><u>The Anxiety Optimization</u></p> <p>When Sheldon becomes stuck in a rut with his work, the gang try to help him by raising his stress levels. Howard teases Raj with a game called 'Emily or Cinnamon'.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
11:30 am	The Big Bang Theory (Rpt)	PG	<p><u>The Troll Manifestation</u></p> <p>Leonard and Sheldon defend themselves against criticism from an online bully, while the girls confront embarrassing moments from their pasts.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p> <p>Guest Starring: Stephen Hawking</p>



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12:00 pm	Friends (Rpt)	CC PG	<p><u>The One With The Red Sweater</u></p> <p>An excited Monica and Phoebe speculate about who might be the father of pregnant Rachel's baby. Joey mistakenly thinks Phoebe is pregnant</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
12:30 pm	Friends (Rpt)	CC PG	<p><u>The One Where Rachel Tells</u></p> <p>Everyone seems to know that Ross is the father of Rachel's unborn baby, except for the man himself. Meanwhile, Phoebe and Joey fib about a gas leak to gain entry to Monica and Chandler's apartment.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
01:00 pm	Friends (Rpt)	CC PG	<p><u>The One With The Video Tape</u></p> <p>Ross and Rachel attempt to explain to everyone how they ended up in bed together prior to the pregnancy. Meanwhile, Monica and Chandler return from their honeymoon.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
01:30 pm	Friends (Rpt)	CC PG	<p><u>The One With Rachel's Date</u></p> <p>Ross is horrified to learn that Rachel is going on a date with a handsome actor. Meanwhile, Phoebe becomes attracted to a cute but clumsy chef at Monica's restaurant.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Bonnie Somerville</p>
02:00 pm	Friends (Rpt)	CC PG	<p><u>The One With The Halloween Party</u></p> <p>At Monica's Halloween party, Phoebe meets the friendly fiancée of her flighty twin, Ursula. Also, Rachel gives away all the candy and guiltily resorts to writing checks for the trick-or-treaters.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Emily Osment, Sean Penn, Bonnie Somerville</p>
02:30 pm	Friends (Rpt)	CC PG	<p><u>The One With The Stain</u></p> <p>Ross is happy to learn that pregnant Rachel wants to find her own apartment. Meanwhile, Phoebe is ecstatic when Eric ends his relationship with her twin sister Ursula.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Arden Myrin, Sean Penn</p>



Sunday 05th March 2023

03:00 pm The Neighborhood (Rpt)

PG

Welcome To The Vow Renewal

As Calvin and Tina near a milestone anniversary, Dave and Gemma help the Butlers have the wedding they missed out on the first time around.

Starring: Cedric Entertainer, The, Max Greenfield

03:30 pm The Neighborhood (Rpt)

PG

Welcome To Bowling

Calvin and Dave team up for a chance at bowling championship glory. Gemma and Tina face off against each other for the top ranking in an arcade game.

Starring: Cedric Entertainer, The, Max Greenfield

04:00 pm National Basketball League

LIVE

06:00 pm The Big Bang Theory (Rpt)

PG

The First Pitch Insufficiency

Howard becomes nervous after NASA asks him to throw out the first pitch at a Los Angeles Angels game. Meanwhile, Leonard and Penny try to prove Sheldon wrong.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

06:25 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Hook-Up Reverberation

Raj's honesty about his past comes back to haunt him after Emily takes a dislike to Penny. Meanwhile, the guys consider investing in the comic book store.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

06:50 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Focus Attenuation

The girls head to Las Vegas, while the guys try to invent something cool, but only come up with new ways to procrastinate.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco



Sunday 05th March 2023

07:15 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Expedition Approximation

Sheldon and Raj test whether they could survive a dark-matter research expedition by simulating the conditions. Meanwhile, Leonard and Penny seek advice when they argue about money.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

07:40 pm The Big Bang Theory (Rpt)

PG

The Misinterpretation Agitation

The guys befriend one of Penny's clients when he shows up at her apartment. Meanwhile, Bernadette gets upset when Amy torpedoed an article about her for a local magazine.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Billy Bob Thornton

08:05 pm The Big Bang Theory (Rpt)

M
Sexual References

The Prom Equivalency

The girls decide to re-enact their high school proms with the guys. While Sheldon feels under pressure to commit to his relationship with Amy, Howard worries about who Stuart will bring as his date.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:30 pm The Big Bang Theory (Rpt)

M
Sexual References

The Colonization Application

A trip to the pet store ends in a fight after Amy learns Sheldon has applied for a one-way mission to colonise Mars. Meanwhile, Leonard surprises Penny and Raj gets into trouble snooping.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

09:00 pm Friends (Rpt)

CC PG

The One Where Joey Tells Rachel

Guilt-ridden Joey finally confesses his love for Rachel to the flabbergasted Ross. Meanwhile, Chandler becomes nervous and frustrated with Phoebe's handsome new boyfriend, Don.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

09:30 pm Friends (Rpt)

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The One With The Tea Leaves

Feeling awkward after revealing his romantic feelings to Rachel, Joey avoids contact with her. Meanwhile, after studying tea leaves, Phoebe believes she will encounter the man of her dreams.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Alec Baldwin, Bonnie Somerville



Sunday 05th March 2023

10:00 pm **Friends** (Rpt)

CC PG

The One In Massapequa

Monica becomes inarticulate while giving her toast at her parent's wedding anniversary. Phoebe brings her latest boyfriend who is so enthusiastic about everything that he makes people crazy.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Alec Baldwin, Elliott Gould, Christina Pickles

10:30 pm **Friends** (Rpt)

CC PG

The One With Joey's Interview

Now that he has returned to starring in the daytime drama "Days of Our Lives", Joey is thrilled when his name is used in a Soap Opera Digest crossword puzzle.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Sasha Alexander

11:00 pm **Friends** (Rpt)

CC PG

The One With The Baby Shower

Rachel panics during a party in anticipation of her baby's birth, while Monica tries to atone for forgetting to invite Rachel's mum to the party.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Marlo Thomas

11:30 pm **Friends** (Rpt)

CC PG

The One With The Cooking Class

When Monica's cooking at the restaurant is harshly criticised in a newspaper, she goes to a cooking class taught by the reviewer, hoping to convince him to reconsider his opinion.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

12:00 am **Home Shopping** (Rpt)

Home Shopping

12:30 am **Home Shopping** (Rpt)

Home Shopping

01:00 am **Home Shopping** (Rpt)

Home Shopping

01:30 am **The Middle** (Rpt)

PG

Christmas

Frankie writes a Christmas letter and comes up with interesting interpretations of the family activities. She gets the lead in the Christmas choir's solo and has to attend more practice sessions.

Starring: Patricia Heaton, Neil Flynn



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02:00 am	The Middle (Rpt)	PG	<p><u>The Jeans</u></p> <p>Frankie buys Sue an expensive pair of jeans to help build her confidence, Mike buys Axl a car to help him impress a girl, and Brick tries to take care of the Aunts' pet dog.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
02:30 am	Nancy Drew (Rpt)	M Violence, Supernatural Themes	<p><u>The Ransom Of The Forsaken Soul</u></p> <p>In the season finale, the fate of Horseshoe Bay rests in the hands of the Drew Crew, who must find a way to defeat their most powerful nemesis yet.</p>
03:30 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Dealbreaker</u></p> <p>When Gemma sets a reluctant Malcolm up on a blind date with a teacher at her school, she discovers new details about the origins of her relationship with Dave.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
04:00 am	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Digital Divide</u></p> <p>Calvin reluctantly agrees to let Marty create a website for his auto shop in hopes of drumming up more business.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
04:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
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Monday 06th March 2023

06:00 am Friends (Rpt)

CC PG

The One In Massapequa

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Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Alec Baldwin, Elliott Gould, Christina Pickles

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Guest Starring: Sasha Alexander

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Rachel panics during a party in anticipation of her baby's birth, while Monica tries to atone for forgetting to invite Rachel's mum to the party.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

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07:30 am Friends (Rpt)

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The One With The Cooking Class

When Monica's cooking at the restaurant is harshly criticised in a newspaper, she goes to a cooking class taught by the reviewer, hoping to convince him to reconsider his opinion.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

08:00 am The Big Bang Theory (Rpt)

PG

The Comic Book Store Regeneration

Howard receives some shocking news as everyone prepares for the re-opening of the comic book store. Meanwhile, Penny tries to teach Sheldon how to "let it go", but can't follow her own advice.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:30 am The Big Bang Theory (Rpt)

PG

The Intimacy Acceleration

Sheldon and Penny agree to participate in an unusual experiment. Leonard, Amy, Raj and Emily spend the evening trying to escape a room with a "zombie".

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco



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09:00 am	The Big Bang Theory (Rpt)	PG	<p><u>The Septum Deviation</u></p> <p>Sheldon panics when Leonard announces he has to go into the hospital for surgery and Raj discovers his parents have divorced.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
09:30 am	Friends (Rpt)	CC PG	<p><u>The One With The Rumor</u></p> <p>Monica invites her old high school friend Will to Thanksgiving dinner, unaware that he isn't exactly fond of Rachel. Chandler and Phoebe do their best to avoid helping Monica in the kitchen.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Brad Pitt</p>
10:00 am	Friends (Rpt)	CC PG	<p><u>The One With Monica's Boots</u></p> <p>Chandler becomes upset when Monica buys an expensive pair of boots. Meanwhile, Phoebe learns that Ross' son, Ben, attends the same school as the son of rock star Sting.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Marla Sokoloff, Cole Sprouse</p>
10:30 am	Friends (Rpt)	CC PG	<p><u>The One With Ross's Step Forward</u></p> <p>Ross becomes nervous when his new girlfriend Mona wants to send cute Christmas cards with a picture of both of them on it.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Bonnie Somerville</p>
11:00 am	Friends (Rpt)	CC PG	<p><u>The One Where Joey Dates Rachel</u></p> <p>In order to prepare Joey for his big date the following night, Rachel eagerly agrees to accompany him for an evening out. Chandler scores a record number of points on Monica's new Ms. Pac-Man machine.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Cole Sprouse</p>
11:30 am	Friends (Rpt)	CC PG	<p><u>The One Where Chandler Takes A Bath</u></p> <p>As Joey agonises over his secret affection for Rachel, the confusing romantic situation becomes chaotic. Ross and Rachel agree not to learn the sex of their unborn child.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>



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12:00 pm	Friends (Rpt)	CC PG	<p><u>The One With The Secret Closet</u></p> <p>When Joey takes Rachel to the hospital because of pain relating to her pregnancy, he realises that his intense romantic feelings for her are excluding Ross from the joys of impending fatherhood.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
12:30 pm	Friends (Rpt)	CC PG	<p><u>The One With The Birthing Video</u></p> <p>Monica prepares a special Valentine's Day for Chandler, complete with sexy lingerie and racy entertainment. Ross has difficulty informing his girlfriend, Mona that Rachel has moved in with him.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Bonnie Somerville</p>
01:00 pm	The Middle (Rpt)	PG	<p><u>Thanksgiving</u></p> <p>Mr. Ehler forces the staff to work on Thanksgiving; Brick gets lost in a corn maze.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
01:30 pm	The Middle (Rpt)	PG	<p><u>Siblings</u></p> <p>Frankie observes what she thinks are the perfect siblings, and it becomes her mission in life to make her kids stop fighting with one another and interact as a loving family.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
02:00 pm	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Scooter</u></p> <p>A nostalgic Tina tries to get into the Christmas spirit by reviving traditions from when Malcolm and Marty were kids.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
02:30 pm	The Neighborhood (Rpt)	PG	<p><u>Welcome To The Freeloader</u></p> <p>Dave's patience is tested when Gemma's freeloading sister suddenly shows up with plans for an extended stay. Calvin grows frustrated that Malcolm is still living at home.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>



Monday 06th March 2023

03:00 pm The King Of Queens (Rpt)	PG	<p><u>Damned Yanky</u></p> <p>Carrie's infuriated when Doug sleep-talks about women while anesthetised, so she comes up with a proscribed list of women for Doug's daydreams.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
03:30 pm The King Of Queens (Rpt)	PG	<p><u>Multiple Plots</u></p> <p>When Arthur tries to sell Spence his adjoining burial plot, he somehow winds up selling it to Spence's mother, Veronica.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
04:00 pm Becker (Rpt)	CC PG	<p><u>Panic On The 86th</u></p> <p>On the roof of the Empire State Building, Reggie has a panic attack regarding the course of her life. Meanwhile, Becker deals with his break up.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston, Alex Desert</p>
04:30 pm Becker (Rpt)	CC PG WS	<p><u>The Film Critic</u></p> <p>Becker wants to see a movie but finds his options lacking, and Reggie wants to take a class and asks Jake to sign her up.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>
05:00 pm Frasier (Rpt)	PG	<p><u>Shutout In Seattle (Part 1)</u></p> <p>In the wake of Daphne's engagement to Donny, Niles becomes frequently distant, leading Martin and Frasier to believe that he has run back to his ex-wife Maris.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler</p> <p>Guest Starring: Amy Brenneman, Saul Rubinek, Jessica Cauffiel</p>
05:30 pm Frasier (Rpt)	PG	<p><u>Shutout In Seattle (Part 2)</u></p> <p>Niles has started dating Kit, a wild waitress from Cafe Nervosa. Frasier becomes increasingly worried about Niles when he begins to adopt Kit's wild, free-spirited approach to life.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler</p> <p>Guest Starring: Amy Brenneman, Saul Rubinek, Jessica Cauffiel, Virginia Madsen</p>



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06:00 pm Friends (Rpt)	CC PG	<p><u>The One Where Rachel Is Late</u></p> <p>Rachel's pregnancy goes beyond her projected delivery date and Monica and Phoebe place bets concerning the date of the birth. Joey takes Chandler to the premiere of his new film.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
06:30 pm Friends (Rpt)	CC PG	<p><u>The One Where Rachel Has A Baby - Part One</u></p> <p>Rachel waits in the hospital maternity ward with the anxious Ross. Inspired to conceive a baby of their own, Chandler and Monica search for a private room.</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Eddie McClintock, Christina Pickles</p>
07:00 pm Friends (Rpt)	CC PG	<p><u>The One Where Rachel Has A Baby - Part Two</u></p> <p>Monica and Chandler make love after trying several locations in the hospital. Finally, Rachel gives birth to a beautiful girl - and Ross kisses Rachel!</p> <p>Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Eddie McClintock</p>
07:30 pm Friends (Rpt)	CC PG	<p><u>The One Where No One Proposes</u></p> <p>Following Rachel's acceptance of Joey's accidental proposal, confusion reigns as Rachel wonders whether it was the right thing to do and Phoebe can't seem to mind her own business.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Elliott Gould</p>
08:00 pm The Big Bang Theory (Rpt)	PG	<p><u>The Leftover Thermalization</u></p> <p>Tension arises when a magazine fails to mention Leonard in an article about the paper he co-wrote with Sheldon, and a blackout at Mrs. Wolowitz's home leads to a final family dinner in her honor.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
08:30 pm The Big Bang Theory (Rpt)	PG	<p><u>The Skywalker Incursion</u></p> <p>When Leonard and Sheldon are invited to speak at UC Berkeley, they take a detour to try and meet one of their idols.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>



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09:00 pm **The Big Bang Theory** (Rpt)

PG
Sexual References

The Fortification Implementation

Howard meets the half-brother he never knew he had. Penny is invited to appear on Wil Wheaton's podcast.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Kevin Smith, Wil Wheaton

09:30 pm **Seinfeld** (Rpt)

CC PG

The Contest

George's mum throws her back out after catching George treating his body like an amusement park. The gang then partake in a contest of self-denial to see who can be the Master of Their Domain.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Estelle Harris

Guest Starring: Jane Leeves

10:00 pm **Seinfeld** (Rpt)

CC G

The Airport

On a flight to NYC, Jerry has a first-class time, but Elaine suffers in coach. Meanwhile, George and Kramer run into trouble while trying to arrive on time to pick up Jerry and Elaine at the airport.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

10:30 pm **Seinfeld** (Rpt)

CC PG

The Pick

A scratch or a pick? Jerry is caught out by his new female friend Tia. Kramer settles a beef with Calvin Klein and makes Elaine's Christmas card a collector's item when she exposes a little too much.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Wayne Knight, Heidi Swedberg

11:00 pm **Frasier** (Rpt)

PG

Shutout In Seattle (Part 1)

In the wake of Daphne's engagement to Donny, Niles becomes frequently distant, leading Martin and Frasier to believe that he has run back to his ex-wife Maris.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Amy Brenneman, Saul Rubinek, Jessica Cauffiel

11:30 pm **Frasier** (Rpt)

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Shutout In Seattle (Part 2)

Niles has started dating Kit, a wild waitress from Cafe Nervosa. Frasier becomes increasingly worried about Niles when he begins to adopt Kit's wild, free-spirited approach to life.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

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01:30 am Becker (Rpt)

CC PG

Panic On The 86th

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Starring: Ted Danson, Terry Farrell, Hattie Winston, Alex Desert

02:00 am Becker (Rpt)

CC PG
WS

The Film Critic

Becker wants to see a movie but finds his options lacking, and Reggie wants to take a class and asks Jake to sign her up.

Starring: Ted Danson, Terry Farrell, Hattie Winston

02:30 am The Late Late Show With James Corden (Rpt)

M
Mature Themes

Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.

03:30 am The King Of Queens (Rpt)

PG

Damned Yanky

Carrie's infuriated when Doug sleep-talks about women while anesthetised, so she comes up with a proscribed list of women for Doug's daydreams.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 am The King Of Queens (Rpt)

PG

Multiple Plots

When Arthur tries to sell Spence his adjoining burial plot, he somehow winds up selling it to Spence's mother, Veronica.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



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Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



Tuesday 07th March 2023

06:00 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am **Seinfeld** (Rpt) CC PG

The Contest

George's mum throws her back out after catching George treating his body like an amusement park. The gang then partake in a contest of self-denial to see who can be the Master of Their Domain.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Estelle Harris

Guest Starring: Jane Leeves

07:30 am **Seinfeld** (Rpt) CC G

The Airport

On a flight to NYC, Jerry has a first-class time, but Elaine suffers in coach. Meanwhile, George and Kramer run into trouble while trying to arrive on time to pick up Jerry and Elaine at the airport.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

08:00 am **Seinfeld** (Rpt) CC PG

The Pick

A scratch or a pick? Jerry is caught out by his new female friend Tia. Kramer settles a beef with Calvin Klein and makes Elaine's Christmas card a collector's item when she exposes a little too much.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Wayne Knight, Heidi Swedberg

08:30 am **National Basketball League**

REPLAY

10:30 am **Becker** (Rpt) CC PG

Panic On The 86th

On the roof of the Empire State Building, Reggie has a panic attack regarding the course of her life. Meanwhile, Becker deals with his break up.

Starring: Ted Danson, Terry Farrell, Hattie Winston, Alex Desert



Tuesday 07th March 2023

11:00 am **Becker** (Rpt)

CC PG
WS

The Film Critic

Becker wants to see a movie but finds his options lacking, and Reggie wants to take a class and asks Jake to sign her up.

Starring: Ted Danson, Terry Farrell, Hattie Winston

11:30 am **Frasier** (Rpt)

PG

Shutout In Seattle (Part 1)

In the wake of Daphne's engagement to Donny, Niles becomes frequently distant, leading Martin and Frasier to believe that he has run back to his ex-wife Maris.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Amy Brenneman, Saul Rubinek, Jessica Cauffiel

12:00 pm **Frasier** (Rpt)

PG

Shutout In Seattle (Part 2)

Niles has started dating Kit, a wild waitress from Cafe Nervosa. Frasier becomes increasingly worried about Niles when he begins to adopt Kit's wild, free-spirited approach to life.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

Guest Starring: Amy Brenneman, Saul Rubinek, Jessica Cauffiel, Virginia Madsen

12:30 pm **Two And A Half Men** (Rpt)

M
Sexual References,
Drug References

Golly Moses, She's A Muffin

Kandi moves in with Alan which causes tension in the house, since Charlie is having a dry spell with women.

01:00 pm **Two And A Half Men** (Rpt)

M
Sexual References

Always A Bridesmaid Never A Burro

Charlie sleeps with Kandi's mother, as Alan tries to win her daughter back; Kandi arranges a date between her father and Judith.

01:30 pm **Seinfeld** (Rpt)

CC PG

The Contest

George's mum throws her back out after catching George treating his body like an amusement park. The gang then partake in a contest of self-denial to see who can be the Master of Their Domain.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Estelle Harris

Guest Starring: Jane Leeves

02:00 pm **Seinfeld** (Rpt)

CC G

The Airport

On a flight to NYC, Jerry has a first-class time, but Elaine suffers in coach. Meanwhile, George and Kramer run into trouble while trying to arrive on time to pick up Jerry and Elaine at the airport.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards



SYDNEY PROGRAM GUIDE

Tuesday 07th March 2023

02:30 pm Seinfeld (Rpt)	CC PG	<p><u>The Pick</u></p> <p>A scratch or a pick? Jerry is caught out by his new female friend Tia. Kramer settles a beef with Calvin Klein and makes Elaine's Christmas card a collector's item when she exposes a little too much.</p> <p>Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards, Wayne Knight, Heidi Swedberg</p>
03:00 pm The King Of Queens (Rpt)	PG	<p><u>Trash Talker</u></p> <p>Doug and Deacon's relationship hits a speed bump when Deacon unknowingly befriends Doug's grade school archenemy.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
03:30 pm The King Of Queens (Rpt)	PG	<p><u>Precedent Nixin'</u></p> <p>Carrie asks Deacon and Kelly to accompany her and Doug to Florida for their visit with the in-laws so that they'll be forced to stay at a hotel instead of with Doug's parents.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
04:00 pm Becker (Rpt)	CC PG WS	<p><u>Superbob</u></p> <p>Becker's super dies and Bob takes his job. The diner becomes packed, but no one is a paying customer.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>
04:30 pm Becker (Rpt)	CC PG WS	<p><u>One Wong Move</u></p> <p>Challenged to do so by a friend, Becker changes his routine with disastrous results.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>
05:00 pm Frasier (Rpt)	PG	<p><u>Momma Mia</u></p> <p>Frasier falls for a woman who looks exactly like his late mother.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Rita Wilson</p>



Tuesday 07th March 2023

05:30 pm	Frasier (Rpt)	PG	<p><u>Father Of The Bride</u></p> <p>Frasier and Martin inadvertently offer to pay for Donny and Daphne's wedding and Frasier's meddling drives Daphne crazy. Meanwhile, Niles doesn't realise he's dating a prostitute.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Saul Rubinek</p>
06:00 pm	Friends (Rpt)	CC PG	<p><u>The One Where Emma Cries</u></p> <p>Joey's futile attempts to gain Ross' forgiveness result in emergency hospitalisation. An exhausted Rachel desperately searches for any remedy to quell baby Emma's non-stop crying.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p>
06:30 pm	Friends (Rpt)	CC PG	<p><u>The One With The Pediatrician</u></p> <p>Rachel's constant calls to her baby's paediatrician force him to reject her as a patient. Chandler plans to move to Tulsa for work but worries about whether or not Monica is still willing to join him.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Dedee Pfeiffer, Paul Rudd</p>
07:00 pm	Friends (Rpt)	CC PG	<p><u>The One With The Sharks</u></p> <p>Phoebe fears losing her latest prospective boyfriend Mike. Chandler is in Oklahoma on a work assignment and Monica surprises him in his hotel room.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Morgan Harvey, Paul Rudd</p>
07:30 pm	Friends (Rpt)	CC PG	<p><u>The One With Phoebe's Birthday Dinner</u></p> <p>Phoebe and Joey wait at a fancy restaurant for their friends' arrival to celebrate Phoebe's birthday. As Monica, Chandler, Rachel and Ross are delayed, they struggle to retain their excellent table.</p> <p>Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc</p> <p>Guest Starring: Morgan Harvey, Christina Pickles</p>
08:00 pm	The Big Bang Theory (Rpt)	PG	<p><u>The Communication Deterioration</u></p> <p>When Raj is asked to create a message on the off chance a NASA mission discovers alien life, the guys fight over what he should do, while Penny contemplates returning to acting.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>



SYDNEY PROGRAM GUIDE

Tuesday 07th March 2023

08:30 pm	The Big Bang Theory (Rpt)	PG	<p><u>The Graduation Transmissio</u></p> <p>Howard questions his engineering abilities when he and Sheldon can't get a toy drone to fly. A cancelled flight nearly prevents Leonard from giving the commencement address at his former high school.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
09:00 pm	The Big Bang Theory (Rpt)	PG	<p><u>The Maternal Combustion</u></p> <p>Personalities collide when Leonard and Sheldon's mothers meet for the first time. Bernadette reaches her limit with Howard and Stuart.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p> <p>Guest Starring: Christine Baranski, Laurie Metcalf</p>
09:30 pm	Mom (Rpt)	M Mature Themes	<p><u>Ambulance Chasers And A Babbling Brook</u></p> <p>Christy's demanding law professor leans on her a little too hard for support, and Bonnie's plan to trick Adam into choosing a wedding venue backfires.</p> <p>Starring: Anna Faris, Allison Janney, William Fichtner, Jaime Pressly, Mimi Kennedy</p> <p>Guest Starring: Constance Zimmer</p>
09:55 pm	Mom (Rpt)	M Drug References	<p><u>Big Sauce And Coconut Water</u></p> <p>Christy is certain that Bonnie is in over her head when she invites a freshly paroled Tammy to stay with them.</p> <p>Starring: Anna Faris, Allison Janney, William Fichtner, Jaime Pressly, Kristen Johnston, Mimi Kennedy</p>
10:20 pm	Becker (Rpt)	CC PG WS	<p><u>Superbob</u></p> <p>Becker's super dies and Bob takes his job. The diner becomes packed, but no one is a paying customer.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>
10:45 pm	Becker (Rpt)	CC PG WS	<p><u>One Wong Move</u></p> <p>Challenged to do so by a friend, Becker changes his routine with disastrous results.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>



Tuesday 07th March 2023

11:10 pm	Frasier (Rpt)	PG	<p><u>Momma Mia</u></p> <p>Frasier falls for a woman who looks exactly like his late mother.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Rita Wilson</p>
11:35 pm	Frasier (Rpt)	PG	<p><u>Father Of The Bride</u></p> <p>Frasier and Martin inadvertently offer to pay for Donny and Daphne's wedding and Frasier's meddling drives Daphne crazy. Meanwhile, Niles doesn't realise he's dating a prostitute.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Saul Rubinek</p>
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02:30 am	The Late Late Show With James Corden (Rpt)	M Mature Themes	<p>Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.</p>
03:30 am	The King Of Queens (Rpt)	PG	<p><u>Trash Talker</u></p> <p>Doug and Deacon's relationship hits a speed bump when Deacon unknowingly befriends Doug's grade school archenemy.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
04:00 am	The King Of Queens (Rpt)	PG	<p><u>Precedent Nixin'</u></p> <p>Carrie asks Deacon and Kelly to accompany her and Doug to Florida for their visit with the in-laws so that they'll be forced to stay at a hotel instead of with Doug's parents.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>



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(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am Friends (Rpt) CC PG

The One Where Rachel Is Late

Rachel's pregnancy goes beyond her projected delivery date and Monica and Phoebe place bets concerning the date of the birth. Joey takes Chandler to the premiere of his new film.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

07:30 am Friends (Rpt) CC PG

The One Where Rachel Has A Baby - Part One

Rachel waits in the hospital maternity ward with the anxious Ross. Inspired to conceive a baby of their own, Chandler and Monica search for a private room.

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Eddie McClintock, Christina Pickles

08:00 am Friends (Rpt) CC PG

The One Where Rachel Has A Baby - Part Two

Monica and Chandler make love after trying several locations in the hospital. Finally, Rachel gives birth to a beautiful girl - and Ross kisses Rachel!

Starring: Courteney Cox, Jennifer Aniston, David Schwimmer, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Eddie McClintock

08:30 am The Neighborhood (Rpt) PG

Welcome To The New Pastor

Tina spends time with the charming new minister she helped select for her church. Meanwhile, Marty gets a surprise when he finally meets his disruptive, new upstairs neighbour.

Starring: Cedric Entertainer, The, Max Greenfield

09:00 am The Neighborhood (Rpt) PG

Welcome To Trivia Night

When Calvin & Dave get shown up by Gemma & Marty at trivia night, the pair hatch a plan for a do-over to redeem themselves. Tina takes matters into her own hands to finally meet Malcolm's girlfriend.

Starring: Cedric Entertainer, The, Max Greenfield



Wednesday 08th March 2023

09:30 am	The King Of Queens (Rpt)	PG	<p><u>Trash Talker</u></p> <p>Doug and Deacon's relationship hits a speed bump when Deacon unknowingly befriends Doug's grade school archenemy.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
10:00 am	The King Of Queens (Rpt)	PG	<p><u>Precedent Nixin'</u></p> <p>Carrie asks Deacon and Kelly to accompany her and Doug to Florida for their visit with the in-laws so that they'll be forced to stay at a hotel instead of with Doug's parents.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
10:30 am	The Middle (Rpt)	PG	<p><u>The Neighbor</u></p> <p>Frankie summons up the courage to confront the scary mother of the neighborhood bullies after they get in a fight with Sue, while Axl agrees to teach Brick how to play kickball.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:00 am	The Middle (Rpt)	PG	<p><u>The Bee</u></p> <p>The family takes a weekend trip to Chicago so that Brick can take part in a spelling bee, but Sue gets to call the shots because Mike and Frankie forgot her birthday.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:30 am	The Middle (Rpt)	PG	<p><u>The Break-Up</u></p> <p>Mike and Frankie are shocked to find out that Axl is dating the head cheerleader, but what will happen when she breaks up with him?</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
12:00 pm	Frasier (Rpt)	PG	<p><u>Momma Mia</u></p> <p>Frasier falls for a woman who looks exactly like his late mother.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Rita Wilson</p>



Wednesday 08th March 2023

12:30 pm **Frasier** (Rpt)

PG

Father Of The Bride

Frasier and Martin inadvertently offer to pay for Donny and Daphne's wedding and Frasier's meddling drives Daphne crazy. Meanwhile, Niles doesn't realise he's dating a prostitute.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Saul Rubinek

01:00 pm **Becker** (Rpt)

CC PG
WS

Superbob

Becker's super dies and Bob takes his job. The diner becomes packed, but no one is a paying customer.

Starring: Ted Danson, Terry Farrell, Hattie Winston

01:30 pm **Becker** (Rpt)

CC PG
WS

One Wong Move

Challenged to do so by a friend, Becker changes his routine with disastrous results.

Starring: Ted Danson, Terry Farrell, Hattie Winston

02:00 pm **National Basketball League**

Nbl Slam

02:30 pm **Two And A Half Men** (Rpt)

M
Sexual References

And The Plot Moistens

Alan turns to Jake's teacher for stimulating conversation, since Kandi obviously can't provide any. But the teacher starts to get the wrong idea about Alan's intentions.

03:00 pm **The King Of Queens** (Rpt)

PG

Foe: PA

Doug must heal the breach between father and daughter when Arthur's antics in the lobby of a real estate company cost Carrie getting a job there.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

03:30 pm **The King Of Queens** (Rpt)

PG

Tank Heaven

Doug sabotages Carrie's attempts to start hanging out with her co-workers by scaring them off with several crude techniques.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



Wednesday 08th March 2023

04:00 pm Becker (Rpt)

CC PG
WS

What Indifference A Day Makes

Becker has a high school student shadow him for a day for work experience, but it becomes the most boring day of all in the office.

Starring: Ted Danson, Terry Farrell, Hattie Winston

04:30 pm Becker (Rpt)

CC PG
WS

The Usual Suspects

Becker's office is vandalised with a lot of people appearing to have a motive.

Starring: Ted Danson, Terry Farrell, Hattie Winston

05:00 pm Frasier (Rpt)

PG

Radio Wars

Frasier is the butt of station shock-jock pranks.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Bryan Callen, John Ennis

05:30 pm Frasier (Rpt)

PG

Everyone's A Critic

When Niles lands a job as art critic of a magazine, Frasier's jealousy leads him to cosy up to the station owner's annoying daughter in the hopes of getting a new show focusing on the arts.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Katie Finneran

06:00 pm Friends (Rpt)

CC PG

The One With The Male Nanny

Ross jealously mocks Rachel's choice of an oversensitive male nanny and Chandler is feeling threatened by Monica's co-worker. Phoebe must choose between two ardent suitors; Mike or David.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Hank Azaria, Freddie Prinze, Paul Rudd

06:35 pm Friends (Rpt)

CC PG

The One With Ross's Inappropriate Song

Ross makes Emma laugh by rapping. Joey and Chandler discover what they think is a sex tape of Monica and Richard. Phoebe goes to dinner with Mike and his parents.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd



Wednesday 08th March 2023

07:00 pm Friends (Rpt)

CC PG

The One With Rachel's Other Sister

On the night before Thanksgiving, Rachel's self-centred younger sister, Amy, ruins everyone's holiday dinner with her uncensored observations. Monica obsessively protects her good wedding china.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Christina Applegate

07:30 pm Friends (Rpt)

CC PG

The One With Rachel's Phone Number

After Rachel impulsively gives a handsome man her number, she worries that he'll call when Ross is in their apartment. Phoebe's boyfriend, Mike, helps Ross babysit Emma.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Commitment Determination

As Sheldon presses Leonard and Penny to set a wedding date, he encounters major changes in his relationship with Amy. Meanwhile, Howard and Bernadette struggle to ask Stuart to move out.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

08:30 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Matrimonial Momentum

Penny struggles with Leonard's confession that he kissed another woman as they prepare to get married in Las Vegas. Sheldon doesn't know what to do after Amy pushes pause on their relationship.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:55 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Separation Oscillation

Leonard and Penny try to work through their marital issues. Sheldon films a special episode of 'Fun with Flags' and Bernadette feels guilty about withholding a secret from Penny.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:20 pm Two And A Half Men (Rpt)

PG
Sexual References,
Mature Themes

Arguments For The Quickie

Mia comes back and asks Charlie to donate his sperm. He agrees to, but for some unknown reason he can't deliver.



Wednesday 08th March 2023

09:45 pm Two And A Half Men (Rpt)	M Sexual References	<u>That Pistol-Packin' Hermaphrodite</u> Charlie and Mia discover that setting up a wedding with their two crazy families is a disaster, so they decide to get married in Las Vegas.
10:10 pm The Big Bang Theory (Rpt)	PG	<u>The Leftover Thermalization</u> Tension arises when a magazine fails to mention Leonard in an article about the paper he co-wrote with Sheldon, and a blackout at Mrs. Wolowitz's home leads to a final family dinner in her honor. Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco
10:35 pm The Big Bang Theory (Rpt)	PG	<u>The Skywalker Incursion</u> When Leonard and Sheldon are invited to speak at UC Berkeley, they take a detour to try and meet one of their idols. Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco
11:00 pm Frasier (Rpt)	PG	<u>Radio Wars</u> Frasier is the butt of station shock-jock pranks. Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin Guest Starring: Bryan Callen, John Ennis
11:30 pm Frasier (Rpt)	PG	<u>Everyone's A Critic</u> When Niles lands a job as art critic of a magazine, Frasier's jealousy leads him to cosy up to the station owner's annoying daughter in the hopes of getting a new show focusing on the arts. Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin Guest Starring: Katie Finneran
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Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am The Late Late Show With James Corden (Rpt) M
Mature Themes

Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.

03:30 am The King Of Queens (Rpt) PG

Foe: PA

Doug must heal the breach between father and daughter when Arthur's antics in the lobby of a real estate company cost Carrie getting a job there.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 am The King Of Queens (Rpt) PG

Tank Heaven

Doug sabotages Carrie's attempts to start hanging out with her co-workers by scaring them off with several crude techniques.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

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Thursday 09th March 2023

06:00 am **The Late Show With Stephen Colbert** CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am **Friends** (Rpt) CC PG

The One Where No One Proposes

Following Rachel's acceptance of Joey's accidental proposal, confusion reigns as Rachel wonders whether it was the right thing to do and Phoebe can't seem to mind her own business.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Elliott Gould

07:30 am **Friends** (Rpt) CC PG

The One Where Emma Cries

Joey's futile attempts to gain Ross' forgiveness result in emergency hospitalisation. An exhausted Rachel desperately searches for any remedy to quell baby Emma's non-stop crying.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

08:00 am **Friends** (Rpt) CC PG

The One With The Pediatrician

Rachel's constant calls to her baby's paediatrician force him to reject her as a patient. Chandler plans to move to Tulsa for work but worries about whether or not Monica is still willing to join him.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Dedee Pfeiffer, Paul Rudd

08:30 am **Becker** (Rpt) CC PG
WS

What Indifference A Day Makes

Becker has a high school student shadow him for a day for work experience, but it becomes the most boring day of all in the office.

Starring: Ted Danson, Terry Farrell, Hattie Winston

09:00 am **Becker** (Rpt) CC PG
WS

The Usual Suspects

Becker's office is vandalised with a lot of people appearing to have a motive.

Starring: Ted Danson, Terry Farrell, Hattie Winston



Thursday 09th March 2023

09:30 am	The King Of Queens (Rpt)	PG	<p><u>Foe: PA</u></p> <p>Doug must heal the breach between father and daughter when Arthur's antics in the lobby of a real estate company cost Carrie getting a job there.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
10:00 am	The King Of Queens (Rpt)	PG	<p><u>Tank Heaven</u></p> <p>Doug sabotages Carrie's attempts to start hanging out with her co-workers by scaring them off with several crude techniques.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
10:30 am	The Middle (Rpt)	PG	<p><u>The Fun House</u></p> <p>Mike gets a pool table so that their house can be the "fun house" in the neighbourhood, and Frankie's job could be in jeopardy when a motivational consultant visits Ehlert Motors.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:00 am	The Middle (Rpt)	PG	<p><u>The Final Four</u></p> <p>Mike's once-in-a-lifetime opportunity to go to the Final Four is put into jeopardy when Frankie's uncle's funeral is scheduled for the same day.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:30 am	The Middle (Rpt)	PG	<p><u>TV Or Not TV</u></p> <p>Mike and Frankie struggle to find an alternative form of entertainment over cable TV after a visit to a financial adviser, but the kids quickly pick up new hobbies and don't miss it at all.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
12:00 pm	The Big Bang Theory (Rpt)	PG Sexual References	<p><u>The Fortification Implementation</u></p> <p>Howard meets the half-brother he never knew he had. Penny is invited to appear on Wil Wheaton's podcast.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p> <p>Guest Starring: Kevin Smith, Wil Wheaton</p>



Thursday 09th March 2023

12:30 pm	The Big Bang Theory (Rpt)	PG	<p><u>The Communication Deterioration</u></p> <p>When Raj is asked to create a message on the off chance a NASA mission discovers alien life, the guys fight over what he should do, while Penny contemplates returning to acting.</p> <p>Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco</p>
01:00 pm	Frasier (Rpt)	PG	<p><u>Radio Wars</u></p> <p>Frasier is the butt of station shock-jock pranks.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Bryan Callen, John Ennis</p>
01:30 pm	Frasier (Rpt)	PG	<p><u>Everyone's A Critic</u></p> <p>When Niles lands a job as art critic of a magazine, Frasier's jealousy leads him to cosy up to the station owner's annoying daughter in the hopes of getting a new show focusing on the arts.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Katie Finneran</p>
02:00 pm	The Neighborhood (Rpt)	PG	<p><u>Welcome To The New Pastor</u></p> <p>Tina spends time with the charming new minister she helped select for her church. Meanwhile, Marty gets a surprise when he finally meets his disruptive, new upstairs neighbour.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
02:30 pm	The Neighborhood (Rpt)	PG	<p><u>Welcome To Trivia Night</u></p> <p>When Calvin & Dave get shown up by Gemma & Marty at trivia night, the pair hatch a plan for a do-over to redeem themselves. Tina takes matters into her own hands to finally meet Malcolm's girlfriend.</p> <p>Starring: Cedric Entertainer, The, Max Greenfield</p>
03:00 pm	The King Of Queens (Rpt)	PG	<p><u>Alter Ego</u></p> <p>What starts out as a valiant effort to win back the heart of Spence's ex-girlfriend, Denise, quickly goes south as Danny gets a sudden case of lockjaw.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>



Thursday 09th March 2023

03:30 pm The King Of Queens (Rpt)	PG	<u>Icky Shuffle</u>
		A bedridden Carrie gets Doug to team with Arthur for a shuffleboard tournament, but his skills aren't to Arthur's liking.
		Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt
		Guest Starring: William Daniels
04:00 pm Becker (Rpt)	CC PG WS	<u>The Wrong Man</u>
		"The one who got away" comes back into Becker's life looking to rekindle the flame - even though she is married.
		Starring: Ted Danson, Terry Farrell, Hattie Winston
		Guest Starring: Jaclyn Smith
04:30 pm Becker (Rpt)	CC PG WS	<u>Beckerethics</u>
		Becker's car is stolen and things work out to his benefit with the insurance company. Meanwhile, Reggie receives a very unexpected marriage proposal.
		Starring: Ted Danson, Terry Farrell, Hattie Winston
05:00 pm Frasier (Rpt)	PG	<u>The Dog That Rocks The Cradle</u>
		Roz hires Bulldog to baby-sit her daughter, only to find he's harbouring feelings for her.
		Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler
05:30 pm Frasier (Rpt)	PG	<u>Rivals</u>
		The Crane brothers lock horns as each believes the other is making a move on his newfound woman.
		Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin
		Guest Starring: Katie Finneran, Gigi Rice
06:00 pm Friends (Rpt)	CC PG	<u>The One With Christmas In Tulsa</u>
		Chandler must remain in Tulsa during Christmas time because of a big deadline at work. Monica suspects the worst when she discovers that he will be joined by a beautiful co-worker, Wendy.
		Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc
		Guest Starring: Selma Blair



Thursday 09th March 2023

06:30 pm Friends (Rpt)

CC PG

The One Where Rachel Goes Back To Work

When Rachel visits her workplace to show off baby Emma, she is surprised to find a handsome temporary worker, Gavin. Joey arranges for Phoebe to get a job as an extra on his daytime drama series.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Dermot Mulroney

07:00 pm Friends (Rpt)

CC PG

The One With Phoebe's Rats

Rachel is irritated to learn that her new workplace rival, Gavin, has been invited to her birthday party. Ross struggles to keep Joey away from Emma's new nanny.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Melissa George, Dermot Mulroney, Paul Rudd

07:25 pm Friends (Rpt)

CC PG

The One Where Monica Sings

A night at Mike's piano bar gives Monica a very showy moment in the spotlight. Chandler employs his secret skill to repair Joey's botched eyebrow-waxing job.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Melissa George, Dermot Mulroney, Paul Rudd

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Bachelor Party Corrosion

The guys's skills are put to the test when they get a flat tire on the way to Mexico for Leonard's bachelor party. The girls throw Penny a mini-bachelorette party.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG

The 2003 Approximation

An impending change to his living arrangements inspires Sheldon to revert to 2003, before he met Penny and Leonard. Raj and Howard form a band for the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:00 pm The Big Bang Theory (Rpt)

PG

The Perspiration Implementation

Kripke expresses interest in Amy while leading a fencing lesson for the guys. Meanwhile, Stuart seeks help from the girls in getting more women interested in the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



Thursday 09th March 2023

09:30 pm Seinfeld (Rpt)

CC PG

The Movie

Jerry, George, Elaine, and Kramer go to see a screening of Checkmate. However, a simple miscommunication causes the four to keep missing each other at two different theatres.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

10:00 pm Seinfeld (Rpt)

CC PG

The Visa

Jerry returns from a two week tour and tries to help his old friend and new neighbour Babu, who has been arrested for overstaying his visa and is facing deportation. What could possibly go wrong?

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Brian George

10:30 pm Seinfeld (Rpt)

CC PG

The Shoes

Jerry and George pitch their pilot to NBC, but the deal is nearly jinxed when George takes a peek at the cleavage of the NBC president's daughter.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Denise Richards, Bob Balaban

11:00 pm Frasier (Rpt)

PG

The Dog That Rocks The Cradle

Roz hires Bulldog to baby-sit her daughter, only to find he's harbouring feelings for her.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler

11:30 pm Frasier (Rpt)

PG

Rivals

The Crane brothers lock horns as each believes the other is making a move on his newfound woman.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Katie Finneran, Gigi Rice

12:00 am Home Shopping (Rpt)

Home Shopping



Thursday 09th March 2023

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am The Late Show With Stephen Colbert (Rpt) CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:30 am The Late Late Show With James Corden (Rpt) M
Mature Themes

Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.

03:30 am The King Of Queens (Rpt) PG

Alter Ego

What starts out as a valiant effort to win back the heart of Spence's ex-girlfriend, Denise, quickly goes south as Danny gets a sudden case of lockjaw.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

04:00 am The King Of Queens (Rpt) PG

Icky Shuffle

A bedridden Carrie gets Doug to team with Arthur for a shuffleboard tournament, but his skills aren't to Arthur's liking.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

Guest Starring: William Daniels

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

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05:30 am Home Shopping (Rpt)

Home Shopping



Friday 10th March 2023

06:00 am The Late Show With Stephen Colbert CC PG
(Rpt)

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

07:00 am National Basketball League (Rpt)

Nbl Slam

07:30 am Becker (Rpt) CC PG
WS

Beckerethics

Becker's car is stolen and things work out to his benefit with the insurance company. Meanwhile, Reggie receives a very unexpected marriage proposal.

Starring: Ted Danson, Terry Farrell, Hattie Winston

08:00 am Seinfeld (Rpt) CC PG

The Movie

Jerry, George, Elaine, and Kramer go to see a screening of Checkmate. However, a simple miscommunication causes the four to keep missing each other at two different theatres.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

08:30 am Seinfeld (Rpt) CC PG

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Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



Friday 10th March 2023

10:00 am	The King Of Queens (Rpt)	PG	<p><u>Icky Shuffle</u></p> <p>A bedridden Carrie gets Doug to team with Arthur for a shuffleboard tournament, but his skills aren't to Arthur's liking.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p> <p>Guest Starring: William Daniels</p>
10:30 am	The Middle (Rpt)	PG	<p><u>Worry Duty</u></p> <p>Frankie becomes distressed when Axl gets back together with Morgan one more time and she begins telling him what to do again, while Brick struggles to take care of a baby chick.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:00 am	The Middle (Rpt)	PG	<p><u>Mother's Day</u></p> <p>After another disappointing Mother's Day, Frankie and Sue leave for the rest of the day to visit Frankie's mum.</p> <p>Starring: Patricia Heaton, Neil Flynn</p>
11:30 am	Frasier (Rpt)	PG	<p><u>The Dog That Rocks The Cradle</u></p> <p>Roz hires Bulldog to baby-sit her daughter, only to find he's harbouring feelings for her.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin, Dan Butler</p>
12:00 pm	Frasier (Rpt)	PG	<p><u>Rivals</u></p> <p>The Crane brothers lock horns as each believes the other is making a move on his newfound woman.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Katie Finneran, Gigi Rice</p>
12:30 pm	Becker (Rpt)	CC PG WS	<p><u>The Wrong Man</u></p> <p>"The one who got away" comes back into Becker's life looking to rekindle the flame - even though she is married.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p> <p>Guest Starring: Jaclyn Smith</p>



Friday 10th March 2023

01:00 pm Becker (Rpt)

CC PG
WS

Beckerethics

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Starring: Ted Danson, Terry Farrell, Hattie Winston

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Guest Starring: Brian George

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Jerry and George pitch their pilot to NBC, but the deal is nearly jinxed when George takes a peek at the cleavage of the NBC president's daughter.

Starring: Jerry Seinfeld, Julia Louis-Dreyfus, Jason Alexander, Michael Richards

Guest Starring: Denise Richards, Bob Balaban

03:00 pm The King Of Queens (Rpt)

PG

Awful Bigamy

After Holly gets kicked out of her apartment, Arthur insists that she stay with him in the basement until she finds a new place.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

03:30 pm The King Of Queens (Rpt)

PG

Lost Vegas

Doug starts pampering Carrie, hoping to get her okay for a Las Vegas trip with the guys. Meanwhile, Arthur trains Spence in counting cards.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



Friday 10th March 2023

04:00 pm **Becker** (Rpt)

CC PG
WS

Smoke 'em If You Got 'em

Becker decides to quit smoking but unfortunately on a day when nothing is going right.

Starring: Ted Danson, Terry Farrell, Hattie Winston

04:30 pm **Becker** (Rpt)

CC PG
WS

Dr. Angry Head

Becker falls while trying to get a Christmas ornament for Reggie and throws his back out, sending him into his own version of Christmas hell.

Starring: Ted Danson, Terry Farrell, Hattie Winston

05:00 pm **Frasier** (Rpt)

PG

Tsar Is Born, A

Frasier, Niles and Martin bond while watching Antiques Roadshow. After attending an appraisal of their own, Frasier and Niles become elated when they believe they are Russian royalty.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

05:30 pm **Frasier** (Rpt)

PG

The Late Dr Crane

A minor fender-bender sends Frasier to the hospital. While visiting the hospital, Niles hears the name of Maris's plastic surgeon and decides to confront him about a billing error.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Jane Adams

06:00 pm **Friends** (Rpt)

CC PG

The One With The Blind Date

Joey and Phoebe conspire to arrange awful dates for both Rachel and Ross, hoping that appreciation of their former relationship will cause them to reunite.

Starring: Jennifer Aniston, David Schwimmer, Courteney Cox, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Jon Lovitz

06:30 pm **Friends** (Rpt)

CC PG

The One With The Mugging

Joey develops an unusual acting method in order to impress a famous fellow actor during an audition. Ross is horrified to discover who mugged him when he was a child.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Kyle Gass, Jeff Goldblum



Friday 10th March 2023

07:00 pm Friends (Rpt)

CC PG

The One With The Boob Job

Phoebe asks Mike to move in with her. Monica secretly asks Joey for a large loan. Rachel's efforts to make the apartment safe for her baby drive Joey crazy.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd

07:30 pm Friends (Rpt)

CC PG

The One With The Memorial Service

When Chandler jokingly posts an outrageous biography about Ross on his college alumni website, an internet war between the two friends ensues. Monica helps Phoebe with her break-up from Mike.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd

08:00 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Helium Insufficiency

Leonard and Sheldon go to great lengths to secure the helium they need during a nation-wide shortage. Meanwhile, the rest of the gang try to find Amy a new boyfriend on a dating app.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Spock Resonance

While being interviewed for a documentary about Spock from Star Trek, Sheldon struggles to suppress his emotions about Amy. Howard and Bernadette butt heads over renovating his mother's house.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:00 pm The Big Bang Theory (Rpt)

PG

The Mystery Date Observation

Sheldon, Howard and Raj post an ad online to find a new girlfriend for Sheldon. Penny and Bernadette decide to spy when Amy is secretive about who she is dating.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:30 pm Two And A Half Men (Rpt)

M
Sexual References

Working For Caligula

Charlie returns to his bachelor lifestyle...Meanwhile, Alan breaks down following his second divorce.



Friday 10th March 2023

10:00 pm	Two And A Half Men (Rpt)	M Sexual References	<u>Who Is This Vod Kanockers?</u> Charlie tells Alan the truth about his breakup with Mia and a famous neighbour (Steven Tyler) causes trouble.
10:30 pm	Charmed	M Violence, Supernatural Themes	<u>Not That Girl</u> Mel and Maggie are learning to navigate life without their sister Macy, with Mel distracting herself with new flings as Maggie takes on more than her share of demon hunting. Starring: Melonie Diaz, Sarah Jeffery, Lucy Barrett, Rupert Evans, Jordan Donica
11:30 pm	Frasier (Rpt)	PG	<u>Tsar Is Born, A</u> Frasier, Niles and Martin bond while watching Antiques Roadshow. After attending an appraisal of their own, Frasier and Niles become elated when they believe they are Russian royalty. Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin
12:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
12:30 am	Home Shopping (Rpt)		<u>Home Shopping</u>
01:00 am	Home Shopping (Rpt)		<u>Home Shopping</u>
01:30 am	The Late Show With Stephen Colbert (Rpt)	CC PG	Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.
02:30 am	The Late Late Show With James Corden (Rpt)	M Mature Themes	Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.
03:30 am	Becker (Rpt)	CC PG WS	<u>Smoke 'em If You Got 'em</u> Becker decides to quit smoking but unfortunately on a day when nothing is going right. Starring: Ted Danson, Terry Farrell, Hattie Winston



Friday 10th March 2023

04:00 am Becker (Rpt)

CC PG
WS

Dr. Angry Head

Becker falls while trying to get a Christmas ornament for Reggie and throws his back out, sending him into his own version of Christmas hell.

Starring: Ted Danson, Terry Farrell, Hattie Winston

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Joseph Prince: New Creation Church (Rpt) CC G

463 - Perceive God's Wisdom In Your Heart

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.



Saturday 11th March 2023

06:00 am The Late Show With Stephen Colbert (Rpt)	CC PG	Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.
07:00 am The King Of Queens (Rpt)	PG	<p><u>Awful Bigamy</u></p> <p>After Holly gets kicked out of her apartment, Arthur insists that she stay with him in the basement until she finds a new place.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
07:30 am The King Of Queens (Rpt)	PG	<p><u>Lost Vegas</u></p> <p>Doug starts pampering Carrie, hoping to get her okay for a Las Vegas trip with the guys. Meanwhile, Arthur trains Spence in counting cards.</p> <p>Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt</p>
08:00 am Frasier (Rpt)	PG	<p><u>Tsar Is Born, A</u></p> <p>Frasier, Niles and Martin bond while watching Antiques Roadshow. After attending an appraisal of their own, Frasier and Niles become elated when they believe they are Russian royalty.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p>
08:30 am Frasier (Rpt)	PG	<p><u>The Late Dr Crane</u></p> <p>A minor fender-bender sends Frasier to the hospital. While visiting the hospital, Niles hears the name of Maris's plastic surgeon and decides to confront him about a billing error.</p> <p>Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin</p> <p>Guest Starring: Jane Adams</p>
09:00 am Becker (Rpt)	CC PG WS	<p><u>Smoke 'em If You Got 'em</u></p> <p>Becker decides to quit smoking but unfortunately on a day when nothing is going right.</p> <p>Starring: Ted Danson, Terry Farrell, Hattie Winston</p>



Saturday 11th March 2023

09:30 am Becker (Rpt)

CC PG
WS

Dr. Angry Head

Becker falls while trying to get a Christmas ornament for Reggie and throws his back out, sending him into his own version of Christmas hell.

Starring: Ted Danson, Terry Farrell, Hattie Winston

10:00 am Friends (Rpt)

CC PG

The One With The Sharks

Phoebe fears losing her latest prospective boyfriend Mike. Chandler is in Oklahoma on a work assignment and Monica surprises him in his hotel room.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Morgan Harvey, Paul Rudd

10:30 am Friends (Rpt)

CC PG

The One With Phoebe's Birthday Dinner

Phoebe and Joey wait at a fancy restaurant for their friends' arrival to celebrate Phoebe's birthday. As Monica, Chandler, Rachel and Ross are delayed, they struggle to retain their excellent table.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Morgan Harvey, Christina Pickles

10:55 am Friends (Rpt)

CC PG

The One With The Male Nanny

Ross jealously mocks Rachel's choice of an oversensitive male nanny and Chandler is feeling threatened by Monica's co-worker. Phoebe must choose between two ardent suitors; Mike or David.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Hank Azaria, Freddie Prinze, Paul Rudd

11:30 am The King Of Queens (Rpt)

PG

Awful Bigamy

After Holly gets kicked out of her apartment, Arthur insists that she stay with him in the basement until she finds a new place.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt

12:00 pm The King Of Queens (Rpt)

PG

Lost Vegas

Doug starts pampering Carrie, hoping to get her okay for a Las Vegas trip with the guys. Meanwhile, Arthur trains Spence in counting cards.

Starring: Kevin James, Leah Remini, Jerry Stiller, Patton Oswalt



Saturday 11th March 2023

12:30 pm **Frasier** (Rpt)

PG

The Late Dr Crane

A minor fender-bender sends Frasier to the hospital. While visiting the hospital, Niles hears the name of Maris's plastic surgeon and decides to confront him about a billing error.

Starring: Kelsey Grammer, Jane Leeves, David Hyde Pierce, John Mahoney, Peri Gilpin

Guest Starring: Jane Adams

01:00 pm **The Middle** (Rpt)

PG

Signals

As the Hecks prepare for their annual spring barbecue, Mike and Brick work on their social skills together and Sue becomes infatuated with the pastor in charge of her youth group.

Starring: Patricia Heaton, Neil Flynn

01:25 pm **The Middle** (Rpt)

PG

Average Rules

Axl scored high on aptitude, so his slacking and poor grades are no longer acceptable, but cramming all night with Mike still doesn't do the trick.

Starring: Patricia Heaton, Neil Flynn

01:50 pm **Australian Survivor** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

The Vigilantes have taken over. Can the OG Heroes, hang on for dear life?

03:20 pm **Australian Survivor** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

04:30 pm **Australian Survivor** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

06:00 pm **The Big Bang Theory** (Rpt)

PG

The Maternal Combustion

Personalities collide when Leonard and Sheldon's mothers meet for the first time. Bernadette reaches her limit with Howard and Stuart.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

Guest Starring: Christine Baranski, Laurie Metcalf



Saturday 11th March 2023

06:25 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Commitment Determination

As Sheldon presses Leonard and Penny to set a wedding date, he encounters major changes in his relationship with Amy. Meanwhile, Howard and Bernadette struggle to ask Stuart to move out.

Starring: Johnny Galecki, Jim Parsons, Kaley Cuoco

06:50 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Matrimonial Momentum

Penny struggles with Leonard's confession that he kissed another woman as they prepare to get married in Las Vegas. Sheldon doesn't know what to do after Amy pushes pause on their relationship.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

07:15 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Separation Oscillation

Leonard and Penny try to work through their marital issues. Sheldon films a special episode of 'Fun with Flags' and Bernadette feels guilty about withholding a secret from Penny.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

07:40 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Bachelor Party Corrosion

The guys's skills are put to the test when they get a flat tire on the way to Mexico for Leonard's bachelor party. The girls throw Penny a mini-bachelorette party.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:05 pm The Big Bang Theory (Rpt)

PG

The 2003 Approximation

An impending change to his living arrangements inspires Sheldon to revert to 2003, before he met Penny and Leonard. Raj and Howard form a band for the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

08:30 pm The Big Bang Theory (Rpt)

PG

The Perspiration Implementation

Kripke expresses interest in Amy while leading a fencing lesson for the guys. Meanwhile, Stuart seeks help from the girls in getting more women interested in the comic book store.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar



Saturday 11th March 2023

08:55 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Helium Insufficiency

Leonard and Sheldon go to great lengths to secure the helium they need during a nation-wide shortage. Meanwhile, the rest of the gang try to find Amy a new boyfriend on a dating app.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:20 pm The Big Bang Theory (Rpt)

PG
Sexual References

The Spock Resonance

While being interviewed for a documentary about Spock from Star Trek, Sheldon struggles to suppress his emotions about Amy. Howard and Bernadette butt heads over renovating his mother's house.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

09:45 pm The Big Bang Theory (Rpt)

PG

The Mystery Date Observation

Sheldon, Howard and Raj post an ad online to find a new girlfriend for Sheldon. Penny and Bernadette decide to spy when Amy is secretive about who she is dating.

Starring: Jim Parsons, Kaley Cuoco, Johnny Galecki, Simon Helberg, Kunal Nayyar

10:15 pm Friends (Rpt)

CC PG

The One With Ross's Inappropriate Song

Ross makes Emma laugh by rapping. Joey and Chandler discover what they think is a sex tape of Monica and Richard. Phoebe goes to dinner with Mike and his parents.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd

10:45 pm Friends (Rpt)

CC PG

The One With Rachel's Other Sister

On the night before Thanksgiving, Rachel's self-centred younger sister, Amy, ruins everyone's holiday dinner with her uncensored observations. Monica obsessively protects her good wedding china.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Christina Applegate

11:15 pm Friends (Rpt)

CC PG

The One With Rachel's Phone Number

After Rachel impulsively gives a handsome man her number, she worries that he'll call when Ross is in their apartment. Phoebe's boyfriend, Mike, helps Ross babysit Emma.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Paul Rudd



Saturday 11th March 2023

11:45 pm **Friends** (Rpt)

CC PG

The One With Christmas In Tulsa

Chandler must remain in Tulsa during Christmas time because of a big deadline at work. Monica suspects the worst when she discovers that he will be joined by a beautiful co-worker, Wendy.

Starring: Courteney Cox, David Schwimmer, Jennifer Aniston, Matthew Perry, Lisa Kudrow, Matt LeBlanc

Guest Starring: Selma Blair

12:15 am **Home Shopping** (Rpt)

Home Shopping

12:45 am **Home Shopping** (Rpt)

Home Shopping

01:15 am **Home Shopping** (Rpt)

Home Shopping

01:45 am **The Late Show With Stephen Colbert** (Rpt) CC PG

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:45 am **Mom** (Rpt)

M
Mature Themes

Ambulance Chasers And A Babbling Brook

Christy's demanding law professor leans on her a little too hard for support, and Bonnie's plan to trick Adam into choosing a wedding venue backfires.

Starring: Anna Faris, Allison Janney, William Fichtner, Jaime Pressly, Mimi Kennedy

Guest Starring: Constance Zimmer

03:10 am **Mom** (Rpt)

M
Drug References

Big Sauce And Coconut Water

Christy is certain that Bonnie is in over her head when she invites a freshly paroled Tammy to stay with them.

Starring: Anna Faris, Allison Janney, William Fichtner, Jaime Pressly, Kristen Johnston, Mimi Kennedy

03:35 am **Charmed** (Rpt)

M
Violence,
Supernatural Themes

Not That Girl

Mel and Maggie are learning to navigate life without their sister Macy, with Mel distracting herself with new flings as Maggie takes on more than her share of demon hunting.

Starring: Melonie Diaz, Sarah Jeffery, Lucy Barrett, Rupert Evans, Jordan Donica



Saturday 11th March 2023

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping