



MELBOURNE PROGRAM GUIDE

Sunday 09th April 2023

06:00 am Mass For You At Home CC G

ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

06:30 am Turning Point With David Jeremiah CC PG
Mature Themes

ALL NEW EPISODES

040923 The "emptiness" Of Easter

Because of Christ's death and resurrection, the emptiness of our heart is removed when we trust Him as our Savior.

07:00 am Joseph Prince: New Creation Church CC G

ALL NEW EPISODES

468 - Own The Spirit Of Sonship

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

07:30 am Joel Osteen CC G

ALL NEW EPISODES

Religious.

08:00 am Bondi Rescue (Rpt) CC PG
Coarse Language

With a record 234 rescues performed in Bondi on one day, Australia's prettiest playground can quickly become a nightmare for tourists not used to the precarious surf conditions.

08:30 am Freshly Picked With Simon Toohey (Rpt) CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

09:00 am Luca's Key Ingredient CC G

ALL NEW EPISODES

Luca shows us his favourite recipes using today's key ingredient, mozzarella.

09:30 am Destination Dessert (Rpt) CC G

From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short - make it sweet.



MELBOURNE PROGRAM GUIDE

Sunday 09th April 2023

10:00 am Studio 10: Sunday (Rpt) CC PG

Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.

12:00 pm To Be Advised

01:30 pm Bondi Rescue (Rpt) CC PG

A rough tackle brings a game of beach gridiron to a shuddering halt. Is it the intense pain or five hours of drinking that leads to the patient leaving a mess on the promenade?

02:00 pm Luxury Escapes (Rpt) CC G

Disneyland

Cameron is joined by comedian and Disney-fanatic, Tanya Hennessy. For this magical escape to the "Happiest Place on Earth", the pair get the VIP treatment as they experience Disneyland California.

02:30 pm My Market Kitchen (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

03:00 pm Pat Callinan's 4x4 Adventures (Rpt) CC G

Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.

04:00 pm Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

04:30 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



MELBOURNE PROGRAM GUIDE

Sunday 09th April 2023

06:30 pm The Sunday Project CC

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

07:30 pm I'm A Celebrity...Get Me Out Of Here! CC

ALL NEW EPISODES

The celebrities celebrate Easter in camp, but there will be no chocolate treats for them!

09:00 pm NCIS: Hawaii (Rpt) CC M
Violence

Legacy

When an anti-capitalist protestor is murdered, Jane and the team investigate and find themselves caught in a war between eco-activists and a tech billionaire fighting over a piece of land.

Starring: Vanessa Lachey, Alex Tarrant, Enver Gjokaj, Noah Mills, Yasmine Al-Bustami, Jason Antoon

10:00 pm FBI (Rpt) CC M
Violence,
Mature Themes

Protective Details

After an ICE agent is fatally shot at an ICE vs. DEA hockey game, the team attempts to find the shooter who they believe may also be targeting Congressman Curtis Grange, who was also at the game.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, Katherine Renee Turner, John Boyd, Alana De La Garza

11:00 pm The Sunday Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am Home Shopping (Rpt)

Home Shopping

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping



MELBOURNE PROGRAM GUIDE

Sunday 09th April 2023

02:00 am Home Shopping (Rpt)

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02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



MELBOURNE PROGRAM GUIDE

Monday 10th April 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

08:30 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

09:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:30 am The Bold & The Beautiful (Rpt)

CC PG

Deacon gets in his feelings as he listens to Wyatt and Liam discuss Sheila. Sheila freaks out, believing Bill is aware of her secret affair with Deacon.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



MELBOURNE PROGRAM GUIDE

Monday 10th April 2023

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Drug References,
Mature Themes

Dr. Phil looks at the Fentanyl plague killing our most vulnerable: children and young adults. Masses of people are dying from cocaine, marijuana and counterfeit prescription pills laced with Fentanyl.

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt)

CC PG

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ALL NEW EPISODES

04:00 pm Good Chef Bad Chef

CC

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG

Sheila panics that Bill is on to her affair with Deacon. Bill reflects on his night at the beach with Sheila.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project

CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here!

CC

Hosts Julia Morris and Chris Brown welcome another new celebrity to camp.

SEASON FINALE

09:00 pm Would I Lie To You? Australia

CC M
Sexual References,
Coarse Language

Chrissie Swan, Charlie Pickering and Frank Woodley are limbering up their story telling skills on Would I Lie To You? Guest Lloyd Langford, Julie Goodwin, Tanya Hennessy and Broden Kelly



MELBOURNE PROGRAM GUIDE

Monday 10th April 2023

10:00 pm Ghosts

CC PG
Sexual References,
Coarse Language

ALL NEW EPISODES

Alberta's Descendant

Alberta is thrilled when a living relative visits Woodstone to learn more about her, but things take a turn when she hits it off with Todd, Sam's podcast co-host. Also, Nigel tries to blackmail Hetty.

Starring: Rose McIver, Utkarsh Ambudkar, Danielle Pinnoch, Brandon Scott Jones, Asher Grodman, Richie Moriarty

10:30 pm Best Of The Sydney Comedy Festival (Rpt)

CC MA15+
Sexual References,
Coarse Language

Best Of The Sydney Comedy Festival Vol. 2

Strap yourselves in for some laughs! Comics include: Nick Cody, Stephen K. Amos, Ron Funches, Aaron Chen, Cameron James, Fern Brady, Dilruk Jayasinha, Amos Gill, Chris Ryan & Mark Forward.

12:00 am The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

01:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



MELBOURNE PROGRAM GUIDE

Tuesday 11th April 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

Join hosts Akbar Gbajabamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

08:30 am Entertainment Tonight

CC

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Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

09:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:30 am The Bold & The Beautiful (Rpt)

CC PG

Sheila panics that Bill is on to her affair with Deacon. Bill reflects on his night at the beach with Sheila.

10:00 am Studio 10

CC PG

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

12:00 pm 10 News First: Midday

CC

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



MELBOURNE PROGRAM GUIDE

Tuesday 11th April 2023

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Dr. Phil talks with a labour attorney who says quiet quitting – only doing what is in your job description and not doing overtime – makes good sense, and employees should be paid for doing extra work.

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt)

CC PG

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ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm Good Chef Bad Chef

CC

ALL NEW EPISODES

The energy in the air is electric, as Hope and Thomas design together. Deacon and Sheila attempt to say goodbye.

04:30 pm The Bold & The Beautiful

CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

05:00 pm 10 News First

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

06:30 pm The Project

CC

ALL NEW EPISODES

The latest celebrity to join camp faces off in a massive trial.

07:30 pm I'm A Celebrity...Get Me Out Of Here!

CC

ALL NEW EPISODES

Stranger In A Strange Land

NCIS works to solve the murder of a Marine private who appears to have been killed for helping an Afghan refugee. Also, Jimmy navigates the pressure of parenting his teenage daughter's dating life.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

09:00 pm NCIS

CC M
Violence,
Mature Themes



MELBOURNE PROGRAM GUIDE

Tuesday 11th April 2023

10:00 pm NCIS (Rpt)

CC M
Violence

Blood In The Water

As the team searches for Gibbs after wreckage from his boat is discovered, they find out he was tracking a serial killer with journalist Marcie Warren, who wrote an exposé on him.

Starring: Mark Harmon, Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.

04:30 am Football: Matildas V England

CC

LIVE

Matildas V England



MELBOURNE PROGRAM GUIDE

Wednesday 12th April 2023

06:00 am	Football: Matildas V England (Rpt)	CC
07:00 am	The Talk	CC PG Mature Themes
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G
08:30 am	Entertainment Tonight	CC
09:00 am	Judge Judy (Rpt)	CC PG
09:30 am	The Bold & The Beautiful (Rpt)	CC PG
10:00 am	Studio 10	CC PG
12:00 pm	10 News First: Midday	CC
01:00 pm	Dr Phil (Rpt)	CC PG Mature Themes

LIVE

Matildas V England

ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

The energy in the air is electric, as Hope and Thomas design together. Deacon and Sheila attempt to say goodbye.

LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

Meet the heroic volunteer divers who are locating human remains in America's waterways. Then, retired policeman Frank Powell shares how regular citizens can become volunteers to find missing persons.



MELBOURNE PROGRAM GUIDE

Wednesday 12th April 2023

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:00 pm Good Chef Bad Chef

CC

ALL NEW EPISODES

Dollar Bill takes a giant leap forward with Sheila.

04:30 pm The Bold & The Beautiful

CC PG

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

05:00 pm 10 News First

CC

ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

06:30 pm The Project

CC

ALL NEW EPISODES

14 celebrities face the ultimate test of the jungle - all in the hope of winning money for their chosen charity.

07:30 pm I'm A Celebrity...Get Me Out Of Here!

CC

ALL NEW EPISODES

Dutch Tears

A recently released convict goes looking for his arresting officer, Fin Tutuola, leading Carisi to take a calculated risk when he tries to get an arrest warrant without a positive suspect ID.

Starring: Mariska Hargitay, Ice T, Peter Scanavino, Kevin Kane

09:00 pm Law & Order: S.V.U

CC

ALL NEW EPISODES

Fair To Remember, A

The crews respond to mass chaos and injuries when a ride malfunctions at the annual Edgewater town fair. Meanwhile, Sharon receives life-changing news.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

10:00 pm Fire Country

CC M
Violence



MELBOURNE PROGRAM GUIDE

Wednesday 12th April 2023

11:00 pm **Bull** (Rpt)

CC M
Mature Themes

With These Hands

The surgeon who saved Bull's life after his heart attack is sued for malpractice. Taylor fights the urge to check into the background of Henri Fray, Marissa's new love interest.

Starring: Michael Weatherly, Freddy Rodriguez, Geneva Carr

12:00 am **The Project Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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01:00 am **The Late Show With Stephen Colbert**

CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:00 am **Home Shopping** (Rpt)

Home Shopping

02:30 am **Home Shopping** (Rpt)

Home Shopping

03:00 am **Home Shopping** (Rpt)

Home Shopping

03:30 am **Home Shopping** (Rpt)

Home Shopping

04:00 am **Home Shopping** (Rpt)

Home Shopping

04:30 am **CBS Mornings**

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



MELBOURNE PROGRAM GUIDE

Thursday 13th April 2023

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

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07:00 am Farm To Fork (Rpt)

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

07:30 am Good Chef Bad Chef (Rpt)

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

08:00 am Everyday Gourmet With Justine Schofield (Rpt)

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

08:30 am Entertainment Tonight

CC

SPECIAL ENCORE PRESENTATION

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09:00 am Judge Judy (Rpt)

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

09:30 am The Bold & The Beautiful (Rpt)

CC PG

Dollar Bill takes a giant leap forward with Sheila.

10:00 am Studio 10

CC PG

LIVE

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12:00 pm 10 News First: Midday

CC

LIVE

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MELBOURNE PROGRAM GUIDE

Thursday 13th April 2023

01:00 pm Dr Phil (Rpt)

CC PG
Mature Themes

After two-and-a-half years of COVID-19 lockdowns, the real toll of the decisions made by the government and politicians during the pandemic is starting to show in children, teens, and families.

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt)

CC PG

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ALL NEW EPISODES

04:00 pm Good Chef Bad Chef

CC

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG

Sheila confides in Deacon about Bill's proposal. Stephen expresses his anger about Ridge to Brooke.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project

CC

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here!

CC

The celebrities share the personal stories that connect them to the charities they are playing for.

ALL NEW EPISODES

09:00 pm Gogglebox Australia

CC

Our favourite couch commentators return for a new season. Join the Goggleboxers as they watch the best and worst of television in 2023.



MELBOURNE PROGRAM GUIDE

Thursday 13th April 2023

10:00 pm Luke Heggie: I Already Told You CC MA15+
Coarse Language

SPECIAL EVENT

Luke Heggie: I Already Told You

This is a stand up comedy show. If you eat bananas with the string attached to the side of the shaft, you're in charge of a blog, you play competition frisbee, or you wear a t-shirt with the word finisher on it, then this is not the show fo

11:10 pm Would I Lie To You? Australia Encore (Rpt) CC M
Sexual References, Coarse Language

SPECIAL ENCORE PRESENTATION

Chrissie Swan, Charlie Pickering and Frank Woodley are limbering up their story telling skills on Would I Lie To You? Guest Lloyd Langford, Julie Goodwin, Tanya Hennessy and Broden Kelly

12:10 am The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

01:10 am The Late Show With Stephen Colbert CC PG

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02:30 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

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04:30 am CBS Mornings CC

ALL NEW EPISODES

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MELBOURNE PROGRAM GUIDE

Friday 14th April 2023

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CC PG
Mature Themes

ALL NEW EPISODES

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CC PG

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CC G

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CC PG

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09:30 am The Bold & The Beautiful (Rpt)

CC PG

Sheila confides in Deacon about Bill's proposal. Stephen expresses his anger about Ridge to Brooke.

10:00 am Studio 10

CC PG

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MELBOURNE PROGRAM GUIDE

Friday 14th April 2023

01:00 pm Dr Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Cultural appropriation can include language, art, music, literature, clothing, food, customs, and values. When does admiration turn into appropriation, and is the argument against appropriation fair?

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt)

CC PG

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ALL NEW EPISODES

04:00 pm Good Chef Bad Chef

CC

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

04:30 pm The Bold & The Beautiful

CC PG

Deacon and Sheila go over the pros and cons of her current situation. Hope revels in working side by side with Thomas on her fashion line.

05:00 pm 10 News First

CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:30 pm The Project

CC

ALL NEW EPISODES

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07:30 pm Bondi Rescue 2023

CC

ALL NEW EPISODES

08:00 pm Bondi Rescue (Rpt)

CC PG
Coarse Language

It's been a year like no other at Bondi Beach. Beach marshals work with the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.



MELBOURNE PROGRAM GUIDE

Friday 14th April 2023

08:30 pm Ambulance Australia (Rpt)	NO M CC Coarse Language, Drug References, Mature Themes	Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.
09:30 pm Territory Cops (Rpt)	CC M Violence, Drug References	Patrolling a million square kilometres of harsh landscape, dangerous wildlife, wild weather and precarious criminals, take a look into Australia's busiest police force - the Northern Territory Police.
10:00 pm Territory Cops (Rpt)	CC PG Violence, Coarse Language, Nudity	Darwin cop Nathan, answers a distressed call from two girls who've managed to drive their vehicle off the road and into a massive hole. What ensues is a daring desert rescue, with no room for error.
10:30 pm Would I Lie To You? Australia Encore (Rpt)	CC M Sexual References, Coarse Language	SPECIAL ENCORE PRESENTATION Chrissie Swan, Charlie Pickering and Frank Woodley are limbering up their story telling skills on Would I Lie To You? Guest Lloyd Langford, Julie Goodwin, Tanya Hennessy and Broden Kelly
11:30 pm The Project Encore (Rpt)	CC	SPECIAL ENCORE PRESENTATION Join the Project hosts as they dissect and digest the daily news, events and hottest topics.
12:30 am The Late Show With Stephen Colbert	CC PG	ALL NEW EPISODES Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.
01:30 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:00 am Home Shopping (Rpt)		<u>Home Shopping</u>
02:30 am Home Shopping (Rpt)		<u>Home Shopping</u>



MELBOURNE PROGRAM GUIDE

Friday 14th April 2023

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Home Shopping (Rpt)

Home Shopping

05:30 am Home Shopping (Rpt)

Home Shopping



MELBOURNE PROGRAM GUIDE

Saturday 15th April 2023

06:00 am	Reel Action (Rpt)	CC G	<p>Snapper Wash Fishing</p> <p>Guesty, Wayne Gordon and ex NSW cricketer Dom Thornley brave the big swell to target snapper with deep diving hardbodies and soft vibes.</p>
06:30 am	Leading The Way With Dr. Michael Youssef	CC G	<p>ALL NEW EPISODES</p> <p>2316 Growing In Your Love For Jesus: Part 1</p> <p>Dr Michael Youssef speaks about the Word of God and offers hope.</p>
07:00 am	Freshly Picked With Simon Toohey (Rpt)	CC G	<p>Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.</p>
07:30 am	Escape Fishing With ET (Rpt)	CC	<p>Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.</p>
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC G	<p>Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.</p>
08:30 am	What's Up Down Under (Rpt)	CC G	<p>Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!</p>
09:00 am	Farm To Fork (Rpt)	CC PG	<p>Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.</p>
09:30 am	Good Chef Bad Chef (Rpt)	CC G	<p>Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.</p>
10:00 am	Studio 10: Saturday	CC PG	<p>Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.</p>
12:00 pm	To Be Advised		
01:30 pm	All 4 Adventure (Rpt)	CC PG Mild Coarse Language	<p>Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie.</p>



MELBOURNE PROGRAM GUIDE

Saturday 15th April 2023

02:30 pm Roads Less Travelled (Rpt) CC G

An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.

03:00 pm What's Up Down Under

03:30 pm My Market Kitchen (Rpt) CC G

ALL NEW EPISODES

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

04:00 pm Farm To Fork (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

04:30 pm Taste Of Australia With Hayden Quinn (Rpt) CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

05:00 pm 10 News First CC

LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue 2023 Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

06:30 pm The Dog House Australia (Rpt) CC PG
Mature Themes

Will Husky cross Elly be the right fit for the Bearsley-Young family? Will partners Annika & Evie be able to tame the stress-ball Bunji? And will pocket rocket Raff leap into Dave and Shelley's home?

07:30 pm The Dog House Australia (Rpt) CC PG
Mature Themes

Will Sweetie the sassy staffy hit the sweet spot for Hillary and Jaxson? Can senior snaggletooth George find the perfect retirement home that he has been looking for with ex-pat professional Janice?





MELBOURNE PROGRAM GUIDE

Saturday 15th April 2023

08:30 pm Blue Bloods

CC M
Violence,
Mature Themes

ALL NEW EPISODES

Collision Course

Eddie's former partner, Rachel Whitten, accuses an officer of excessive force. Danny clashes with a foster child involved in his latest case and Erin must make a tough decision about her run for D.A.

Starring: Tom Selleck, Donnie Wahlberg, Will Estes, Bridget Moynahan, Vanessa Ray, Marisa Ramirez, Len Cariou

09:30 pm CSI: Vegas

CC M
Violence

ALL NEW EPISODES

Third Time's The Charm

The CSIs investigate the mysterious death of a competitive eating contestant, and Chavez partners with Allie to prove where the mysterious silver ink notes have been coming from.

Starring: Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Derek Webster, Jay Lee

10:30 pm NCIS Encore (Rpt)

CC M
Violence,
Mature Themes

SPECIAL ENCORE PRESENTATION

Stranger In A Strange Land

NCIS works to solve the murder of a Marine private who appears to have been killed for helping an Afghan refugee. Also, Jimmy navigates the pressure of parenting his teenage daughter's dating life.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

11:30 pm Fire Country Encore (Rpt)

CC M
Violence

SPECIAL ENCORE PRESENTATION

Fair To Remember, A

The crews respond to mass chaos and injuries when a ride malfunctions at the annual Edgewater town fair. Meanwhile, Sharon receives life-changing news.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping



MELBOURNE PROGRAM GUIDE

Saturday 15th April 2023

01:30 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.