



# SYDNEY PROGRAM GUIDE

Sunday 26th February 2023

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Turning Point With David Jeremiah** CC PG  
Mature Themes

## ALL NEW EPISODES

Fear is not our friend - it is our foe - but with God's help we can overcome fear with faith.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 457 Guard The Imaginations Of Your Heart

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

**07:30 am Joel Osteen** CC G

## ALL NEW EPISODES

Religious.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**09:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:30 am Destination Dessert (Rpt)** CC G

Join us as we travel across Australia, taking the roads less travelled, supporting local businesses and discovering a world of flavour and adventure in our own backyard.



# SYDNEY PROGRAM GUIDE

## Sunday 26th February 2023

<b>10:00 am Studio 10: Sunday</b>	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
<b>SPECIAL ENCORE PRESENTATION</b>		
<b>12:00 pm Australian Survivor Encore (Rpt)</b>	CC	The biggest blunder in Survivor history turns a player into public enemy number one. With no alliances left does he have any chance of survival?
<b>01:30 pm My Market Kitchen (Rpt)</b>	CC G	Mike Reid, Matt Sinclair and Laura Sharrad, three of Australia's most popular chefs, cook amazing dishes from three iconic locations around the country.
<b>02:00 pm Waltzing Jimeoin (Rpt)</b>	CC PG Sexual References, Coarse Language	Jimeoin wants to do a comedy tour like no other. With comedian mates, celebrity friends and maybe even his family, Jimeoin will travel around Australia doing standup wherever the tour takes him.
<b>ALL NEW EPISODES</b>		
<b>02:30 pm Exploring Off The Grid</b>	CC	True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.
<b>ALL NEW EPISODES</b>		
<b>03:00 pm Pat Callinan's 4x4 Adventures</b>	CC	Explore Australia's most breathtaking destinations with our very own "Mr 4X4", Pat Callinan.
<b>04:00 pm Farm To Fork (Rpt)</b>	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
<b>04:30 pm Taste Of Australia With Hayden Quinn (Rpt)</b>	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



# SYDNEY PROGRAM GUIDE

## Sunday 26th February 2023

**05:00 pm 10 News First** CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project** CC

### ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Australian Survivor** CC

### ALL NEW EPISODES

**09:00 pm NCIS: Hawaii** CC M  
Violence

### ALL NEW EPISODES

#### Rising Sun

When Pike is ambushed while working undercover with a Japanese crime family, the team must find the person responsible. Kai goes deeper into his investigation regarding an old friend turned criminal.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

**10:00 pm FBI (Rpt)** CC M  
Violence

#### Fire And Rain

Scola is reminded of his brother's death as the team attempts to extract information from a vulnerable 9/11 widow who is shocked that her new boyfriend is part of a terrorist group planning an attack.

Starring: John Boyd, Katherine Renee Turner, Jeremy Sisto, Missy Peregrym, Zeeko Zaki, Alana De La Garza

**11:00 pm The Sunday Project Encore (Rpt)** CC

### SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:00 am Home Shopping (Rpt)**

#### Home Shopping

**12:30 am Home Shopping (Rpt)**

#### Home Shopping



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## Sunday 26th February 2023

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Monday 27th February 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Farm To Fork (Rpt)**

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

**07:30 am Good Chef Bad Chef (Rpt)**

CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)**

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Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**08:30 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**09:00 am Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Carter intervenes between Sheila and Katie.

**10:00 am Studio 10**

CC PG

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



# SYDNEY PROGRAM GUIDE

Monday 27th February 2023

**01:00 pm Dr Phil**

CC M  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

Hundreds of women say they were sexually assaulted by obstetrician-gynecologist Dr. James Heaps. Now the alleged victims speak out on the horrific abuse they claim to have endured during examinations.

**02:00 pm Australian Survivor Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

**03:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**04:00 pm Farm To Fork**

CC G

## ALL NEW EPISODES

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Deacon covers his emotions during a surprise visit from Sheila. Separately, Brooke and Steffy vow to protect Taylor at all costs.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Australian Survivor**

CC

## ALL NEW EPISODES



# SYDNEY PROGRAM GUIDE

Monday 27th February 2023

09:00 pm **Would I Lie To You? Australia** CC

## ALL NEW EPISODES

Chrissie Swan, Charlie Pickering and Frank Woodley are joined by a panel of celeb guests on *Would I Lie To You?* Guests Ross Noble, Dr Chris Brown, Alex Lee and Bev Killick

10:00 pm **The Montreal Comedy Festival** NO  
CC

## SPECIAL ENCORE PRESENTATION

11:00 pm **FBI: Most Wanted** (Rpt) CC MA15+  
Strong Violence

### Toxic

The team tracks two brothers who are out on a murderous rampage of revenge against members of the company that caused their town's environmental destruction and the death of one of their children.

Starring: Julian McMahon, Kellan Lutz, Roxy Sternberg, Miguel Gomez, Keisha Castle-Hughes, Terry O'Quinn

12:00 am **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

01:00 am **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

02:00 am **Home Shopping** (Rpt)

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02:30 am **Home Shopping** (Rpt)

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# SYDNEY PROGRAM GUIDE

Monday 27th February 2023

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS Mornings

CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





# SYDNEY PROGRAM GUIDE

Tuesday 28th February 2023

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Farm To Fork (Rpt)**

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

**07:30 am Good Chef Bad Chef (Rpt)**

CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)**

CC G

Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.

**08:30 am Entertainment Tonight**

CC

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Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

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Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Deacon covers his emotions during a surprise visit from Sheila. Separately, Brooke and Steffy vow to protect Taylor at all costs.

**10:00 am Studio 10**

CC PG

## LIVE

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**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



# SYDNEY PROGRAM GUIDE

Tuesday 28th February 2023

**01:00 pm Dr Phil**

CC M  
Sexual References,  
Mature Themes

### ALL NEW EPISODES

The aftermath of the COVID-19 pandemic shutdowns has seen youth mental health trending in the wrong direction. Why is this happening? And how do parents and schools play a role?

**02:00 pm Australian Survivor Encore (Rpt)**

CC

### SPECIAL ENCORE PRESENTATION

**03:30 pm Judge Judy (Rpt)**

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### ALL NEW EPISODES

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**04:30 pm The Bold & The Beautiful**

CC PG

### ALL NEW EPISODES

Brooke defends Taylor to Katie. Hope gives a harsh clap back at Thomas's mea culpa.

**05:00 pm 10 News First**

CC

### LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

### ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm Australian Survivor**

CC

### ALL NEW EPISODES



# SYDNEY PROGRAM GUIDE

Tuesday 28th February 2023

**08:40 pm NCIS**

CC M  
Violence

## ALL NEW EPISODES

### Bridges

Parker discovers that he's a victim of identity theft while investigating the unusual murder of a Navy ensign. Also, Knight and Jimmy face hurdles in their relationship as their connection heightens.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

**09:40 pm NCIS (Rpt)**

CC M  
Violence

### Gut Punch

Vance assigns McGee, Torres and Bishop to COVID compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case.

Starring: Mark Harmon, Sean Murray, Wilmer Valderrama

**10:40 pm NCIS: Hawaii (Rpt)**

CC M  
Violence

## SPECIAL ENCORE PRESENTATION

### Rising Sun

When Pike is ambushed while working undercover with a Japanese crime family, the team must find the person responsible. Kai goes deeper into his investigation regarding an old friend turned criminal.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

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CC

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**12:30 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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### Home Shopping



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**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Wednesday 01st March 2023

**06:00 am The Talk**

CC PG  
Mature Themes

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**07:30 am Good Chef Bad Chef (Rpt)**

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**10:00 am Studio 10**

CC PG

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CC

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# SYDNEY PROGRAM GUIDE

Wednesday 01st March 2023

**01:00 pm Dr Phil**

CC M  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

Emma was a "picture-perfect American girl" who appeared outwardly happy, but was struggling with severe anxiety and depression, leading her to make a near-fatal decision that changed her life forever.

**02:00 pm Australian Survivor Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

**03:10 pm Entertainment Tonight**

CC

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CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

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## ALL NEW EPISODES

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**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Thomas is stunned to learn Hope's true feelings. Worried about Taylor, Steffy turns to Brooke for help.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

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Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



# SYDNEY PROGRAM GUIDE

Wednesday 01st March 2023

**07:30 pm The Dog House Australia**

CC PG  
Mature Themes

## ALL NEW EPISODES

Is two dogs too many when the Prestia family meet a bonded pair? Will retired nuns Margaret and Antoinette find their final doggy companion? Can Justin the magician handle large puppy Oreos tricks?

**08:40 pm Fire Country**

CC M  
Violence,  
Mature Themes

## ALL NEW EPISODES

### Bad Guy

Vince's judgment is compromised when a harrowing rescue of two siblings trapped in their crashed car on a bridge triggers emotional memories of the night his daughter died in a car accident.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

**09:40 pm Bull (Rpt)**

CC M  
Mature Themes

### Uneasy Lies The Crown

Bull faces uncertainty in court, when TAC handles a class action suit against a vaping company selling malfunctioning devices, and the trial outcome hinges on just one juror.

Starring: Michael Weatherly, Freddy Rodriguez, Geneva Carr

**10:40 pm Bull (Rpt)**

CC PG  
Mature Themes

### King Bull

The TAC team asks Bull to step aside, when they fear his recent issues could negatively affect their defense of a business mogul accused of being mentally unfit to lead his company

Starring: Michael Weatherly, Freddy Rodriguez, Geneva Carr

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.



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## Wednesday 01st March 2023

**01:30 am Home Shopping** (Rpt)

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**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.





# SYDNEY PROGRAM GUIDE

Thursday 02nd March 2023

**06:00 am The Talk**

CC PG  
Mature Themes

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Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.

**07:00 am Farm To Fork (Rpt)**

CC PG

Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.

**07:30 am Good Chef Bad Chef (Rpt)**

CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)**

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**08:30 am Entertainment Tonight (Rpt)**

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**09:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

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Thomas is stunned to learn Hope's true feelings. Worried about Taylor, Steffy turns to Brooke for help.

**10:00 am Studio 10**

CC PG

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**12:00 pm 10 News First: Midday**

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# SYDNEY PROGRAM GUIDE

Thursday 02nd March 2023

**01:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

Cities across America are passing new laws that restrict where the homeless can camp. We go inside some of L.A.'s most dangerous encampments, and hear from a homeless woman who says there is hope.

**02:00 pm Tasmaster Australia Encore (Rpt)**

CC PG  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Fabulous Taskmaster Tom Gleeson puts five funny folk to the test, with Julia Morris, Luke McGregor, Jimmy Rees, Nina Oyama and Danielle Walker undergoing a range of hilarious tasks for our amusement.

**03:00 pm Entertainment Tonight**

CC

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**04:30 pm The Bold & The Beautiful**

CC PG

## ALL NEW EPISODES

Brooke makes a compelling proposition to Taylor. Deacon makes a sneaky move to see Sheila.

**05:00 pm 10 News First**

CC

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Thursday 02nd March 2023

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CC

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**07:30 pm Taskmaster Australia**

CC

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**08:30 pm Gogglebox Australia**

CC

## ALL NEW EPISODES

**09:30 pm Law & Order: S.V.U**

CC M

Strong Adult Themes

## ALL NEW EPISODES

### Dead Ball

When an assault case against a popular Brazilian soccer player falls through amid a wall of non-disclosure agreements, Benson and the SVU dig into the suspect's past to uncover additional victims.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Octavio Pisano, Molly Burnett, Terry Serpico

**10:30 pm Law & Order: S.V.U (Rpt)**

CC MA15+  
Violence,  
Mature Themes

### They'd Already Disappeared

When a teenage sex worker disappears, Rollins and Velasco are led to a horrifying discovery after finding a key clue in a pile of neglected missing persons reports.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Octavio Pisano, Terry Serpico, Frank Wood

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Friday 03rd March 2023

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Mature Themes

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**10:00 am Studio 10**

CC PG

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



# SYDNEY PROGRAM GUIDE

Friday 03rd March 2023

**01:00 pm Dr Phil**

CC PG  
Mature Themes

### ALL NEW EPISODES

Dr. Phil talks with guests who have different views about tipping or giving gratuity for services, such as a haircut, a manicure, or dinner at a restaurant. What is today's correct tipping etiquette?

**02:00 pm Jamie's Easy Meals For Every Day (Rpt)** CC G

Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Tempura and Pepper Chicken.

Starring: Jamie Oliver

**02:30 pm Jamie's Easy Meals For Every Day (Rpt)** CC G

Jamie's cooking from home, creating meals for his family and celebrating the food we buy every week by reinventing family favourites. Discover new spins on Frittata and Chorizo Bake.

Starring: Jamie Oliver

**03:00 pm Entertainment Tonight**

CC

### ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**04:00 pm Farm To Fork**

CC G

### ALL NEW EPISODES

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**04:30 pm The Bold & The Beautiful**

CC PG

### ALL NEW EPISODES

Thomas's unexpected news puts Douglas in a difficult position. Brooke and Taylor make a pact for the future.



# SYDNEY PROGRAM GUIDE

Friday 03rd March 2023

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm The Graham Norton Show**

CC

## ALL NEW EPISODES

**08:30 pm Taskmaster Australia Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Fabulous Taskmaster Tom Gleeson puts five funny folk to the test, with Julia Morris, Luke McGregor, Jimmy Rees, Nina Oyama and Danielle Walker undergoing a range of hilarious tasks for our amusement.

**09:30 pm Would I Lie To You? Australia Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Chrissie Swan, Charlie Pickering and Frank Woodley are joined by a panel of celeb guests on Would I Lie To You? Guests Ross Noble, Dr Chris Brown, Alex Lee and Bev Killick

**10:30 pm Just For Laughs Australia (Rpt)**

CC M  
Coarse Language

Just For Laughs Australia Stand-up comedy recorded live from the Sydney Opera House. Hosted by Nick Cody, featuring; Steph Tisdell, Tom Ballard & Two Hearts.

**11:00 pm Just For Laughs Uncut (Rpt)**

CC MA15+  
Sexual References,  
Coarse Language

## **Natasha Leggero, Garfunkel And Oates, Tom Gleeson & Hannibal Burress**

Nothing is off-limits in Just For Laughs Uncut where the biggest comics in the business showcase their raunchiest material. Catch Natasha Leggero, Tom Gleeson & Hannibal Burress. Host Nikki Osborne.



# SYDNEY PROGRAM GUIDE

Friday 03rd March 2023

**11:30 pm** **The Project Encore** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am** **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**02:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**03:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**04:30 am** **Home Shopping** (Rpt)

**Home Shopping**

**05:00 am** **Home Shopping** (Rpt)

**Home Shopping**

**05:30 am** **Home Shopping** (Rpt)

**Home Shopping**





# SYDNEY PROGRAM GUIDE

## Saturday 04th March 2023

<b>06:00 am</b>	<b>Reel Action</b> (Rpt)	CC	G	<b><u>Forster Whiting, Flathead And Mulloway</u></b> Guesty, Kayla Brown and Jono Bleakley chase whiting on surface lures, flathead on soft plastics but it's the ghosts of the dark big silver mulloway that they really want.
<b>06:30 am</b>	<b>Leading The Way With Dr. Michael Youssef</b>	CC	G	<b>ALL NEW EPISODES</b> <b><u>2310 Look Up When Others Are Looking Down, Part 04</u></b> Dr Michael Youssef speaks about the Word of God and offers hope.
<b>07:00 am</b>	<b>Freshly Picked With Simon Toohey</b> (Rpt)	CC	G	Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.
<b>07:30 am</b>	<b>Escape Fishing With ET</b> (Rpt)	CC	G	Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
<b>08:00 am</b>	<b>Exploring Off The Grid</b> (Rpt)	CC		True adventure happens when the road ends, join Rick, Jamie and Johnno for exploration, adventure and a bloody good time.
<b>08:30 am</b>	<b>What's Up Down Under</b> (Rpt)	CC	G	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
<b>09:30 am</b>	<b>Good Chef Bad Chef</b> (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
<b>10:00 am</b>	<b>Studio 10: Saturday</b>	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
<b>12:00 pm</b>	<b>Pat Callinan's 4x4 Adventures</b> (Rpt)	CC	G	Explore Australia's most breathtaking destinations with our very own "Mr 4X4", Pat Callinan.
<b>01:00 pm</b>	<b>The Offroad Adventure Show</b> (Rpt)	CC	G	Two old 1940's 4WD's, 1100 sand dunes, outback roads known to destroy even new 4WD's... Welcome to Simmo or Bust! An Offroad Adventure Show special.



# SYDNEY PROGRAM GUIDE

Saturday 04th March 2023

**02:00 pm All 4 Adventure** (Rpt)

CC PG  
Coarse Language

Jase and Simon rescue stranded travellers north of Cape York. They head off-shore into the Torres Strait before travelling south for a cool change on the wild west coast of Tassie.

**03:00 pm What's Up Down Under**

CC

## ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**03:30 pm Roads Less Travelled** (Rpt)

CC G

An Australian Road Trip Series exploring those hidden gems that only the locals know about. Tour some of the lesser known roads exploring unique locations amidst Australia's natural beauty.

**04:00 pm Farm To Fork** (Rpt)

CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**04:30 pm To Be Advised**

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue** (Rpt)

CC PG  
Coarse Language

The Lifeguards investigate a UFO on Bondi's iconic shores - that is, an unidentified-floating-object of course. Will it be a whale, boat, or something out of this world?

**06:30 pm To Be Advised**

**07:30 pm NCIS: Los Angeles**

CC M  
Frequent Violence

## ALL NEW EPISODES

### Blood Bank

Rountree and Fatima are ambushed and learn that every member of the team has a \$200,000 bounty on their head and NCIS must save them while every cartel, hit man, gang and psychopath hunts them down.

Starring: Chris O'Donnell, Li Cool J , Gerald McRaney

Guest Starring: Gary Cole, Vanessa Lachey, Wilmer Valderrama



# SYDNEY PROGRAM GUIDE

Saturday 04th March 2023

**08:30 pm FBI: International**

CC M  
Violence

## ALL NEW EPISODES

### Uprooting

When an American vintner is shot and killed on his wine estate in France, the Fly Team must determine if the region's local protest group with a history of violence against foreigners is to blame.

Starring: Luke Kleintank, Heida Reed, Carter Redwood, Vinessa Vidotto, Christiane Paul

**09:30 pm FBI: International**

CC M  
Strong Violence

## ALL NEW EPISODES

### On These Waters

Following a frenzied attack by gunmen aboard an American-owned river cruise ship on the Danube, the Fly Team heads to Vienna to investigate why the boat was targeted.

Starring: Luke Kleintank, Heida Reed, Carter Redwood, Vinessa Vidotto, Christiane Paul

**10:30 pm NCIS (Rpt)**

CC M  
Violence

## SPECIAL ENCORE PRESENTATION

### Bridges

Parker discovers that he's a victim of identity theft while investigating the unusual murder of a Navy ensign. Also, Knight and Jimmy face hurdles in their relationship as their connection heightens.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll, Brian Dietzen

**11:30 pm NCIS: Hawaii (Rpt)**

CC M  
Violence

## SPECIAL ENCORE PRESENTATION

### Rising Sun

When Pike is ambushed while working undercover with a Japanese crime family, the team must find the person responsible. Kai goes deeper into his investigation regarding an old friend turned criminal.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

**12:30 am Home Shopping (Rpt)**

Home Shopping

**01:00 am Home Shopping (Rpt)**

Home Shopping



# SYDNEY PROGRAM GUIDE

## Saturday 04th March 2023

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

### ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.