ALL NEW EPISODES



SYDNEY PROGRAM GUIDE

Sunday 23rd April 2023

06:00 am	Mass For You At Home	СС	G	
				Weekly celebration of Catholic Mass for those unable to travel to church.
06:30 am	Turning Point With David Jeremiah	CC	PG Mature Themes	ALL NEW EPISODES 042323 The Final Prophecy—the Triumph Of The Gospel Even as demonic forces work against us, God is working for us. He has ultimate power and will deliver us in His time this is the prophetic triumph of the Gospel!
07:00 am	Joseph Prince: New Creation Church	CC	G	ALL NEW EPISODES 470 - Enjoy Jesus' Supply And Delight His Heart Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.
07:30 am	Joel Osteen	CC	G	ALL NEW EPISODES Religious.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
08:30 am	Freshly Picked With Simon Toohey (Rpt)	CC	PG Mild Themes	Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.
09:00 am	Luca's Key Ingredient	CC	G	ALL NEW EPISODES Luca shows us his favourite recipes using today's key ingredient, Parmigiano Reggiano
09:30 am	Destination Dessert (Rpt)	CC	G	From the coastlines to the red centre, discover the best spots to eat, stay and play. Pack your bags and join the team as they explore Australia, reminding you that life is short - make it sweet.



Sunday 23rd April 2023

10:00 am	Studio 10: Sunday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
12:00 pm	To Be Advised			
01:30 pm	Bondi Rescue (Rpt)	CC	PG Mature Themes	A body retrieval is the job Bondi lifeguards dread the most. So it's with a heavy heart that Will and Mario go out to investigate a reported body sighting off the coast.
02:00 pm	Luxury Escapes (Rpt)	CC	PG	Spain Cameron is joined by special guest 'The Crazy Bull' himself, Miguel Maestre, showing Cameron around his homeland before they head to Paris and enjoy driving some special cars in the Champagne region.
02:30 pm	My Market Kitchen (Rpt)	CC	G	Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.
03:00 pm	Pat Callinan's 4x4 Adventures (Rpt)	CC	G	Explore Australia's most breathtaking destinations off-the-beaten-track with our very own 'Mr 4X4', Pat Callinan.
04:00 pm	Farm To Fork (Rpt)	CC	G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
04:30 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC	G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
05:00 pm	10 News First	CC		LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



Sunday 23rd April 2023

09:00 pm NCIS: Hawaii

06:30 pm The Sunday Project

ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news,

events and hottest topics.

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here! CC PG

Sexual References, Coarse Language, Mature Themes, May Contain:

CC

CC

9 celebrities are still in camp, but by the end of the night only 8 will still be fighting it out to be King or Queen of the jungle.

ALL NEW EPISODES

Μ **Money Honey** Violence

Captain Milius returns to Hawai'i as the NCIS team works to catch a dangerous high-value U.S. Government target with the help of an

informant unlike any they've ever encountered.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami,

Jason Antoon, Tori Anderson

10:00 pm FBI (Rpt) CC **Fear Nothing** Violence

 $\ensuremath{\mathsf{OA}}$ is forced to confront one of his biggest fears when the team

discovers that deadly sarin gas may have been sold to terrorists.

Starring: Missy Peregrym, Zeeko Zaki, Jeremy Sisto, Alana De La Garza,

John Boyd, Katherine Renee Turner

SPECIAL ENCORE PRESENTATION

11:00 pm The Sunday Project Encore (Rpt) CC

Join The Sunday Project hosts as they dissect and digest the daily news,

events and hottest topics.

12:00 am Home Shopping (Rpt) **Home Shopping**

12:30 am Home Shopping (Rpt) **Home Shopping**

01:00 am Home Shopping (Rpt) **Home Shopping**

01:30 am Home Shopping (Rpt) **Home Shopping**



Sunday 23rd April 2023

04:30 am CBS Mornings

02:00 am Home Shopping (Rpt) **Home Shopping**

02:30 am Home Shopping (Rpt) **Home Shopping**

03:00 am Home Shopping (Rpt) **Home Shopping**

03:30 am Home Shopping (Rpt) **Home Shopping**

04:00 am Home Shopping (Rpt) **Home Shopping**

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.

Last Updated 05th Apr 2023 - 17:44



Monday 24th April 2023

06:00 am	The Telk	CC	DC.	ALL NEW EPISODES
06:00 am	THETAIN		Mature Themes	Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.
07:00 am	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
07:30 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
08:30 am	Entertainment Tonight	CC		SPECIAL ENCORE PRESENTATION Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
09:00 am	Judge Judy (Rpt)	CC	PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
09:30 am	The Bold & The Beautiful (Rpt)	CC	PG	The Forresters and Logans gather together, curious about Ridge's cryptic invitation.
10:00 am	Studio 10	CC	PG	LIVE Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.
12:00 pm	10 News First: Midday	CC		LIVE Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



Monday 24th April 2023

01:00 pm Dr Phil (Rpt) CC PG Coarse Language, Dr. Phil discusses the concept of treating drug abuse as a medical issue Drug References, and giving addicts items such as clean needles in a safe space, and free Mature Themes housing whether or not they test positive for drugs. 02:00 pm To Be Advised 03:30 pm Judge Judy (Rpt) CC PG Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. **ALL NEW EPISODES** 04:00 pm Good Chef Bad Chef CCHosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. **ALL NEW EPISODES** 04:30 pm The Bold & The Beautiful CC PG Finn faces a life-or-death dilemma. Taylor and Brooke wonder what Ridge's return means for them. LIVE 05:00 pm 10 News First CC Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. **ALL NEW EPISODES** 06:30 pm The Project CC Join the Project hosts as they dissect and digest the daily news, events and hottest topics. **ALL NEW EPISODES** 07:30 pm I'm A Celebrity...Get Me Out Of Here! Sexual References, After many long weeks in the jungle the celebrities finally receive letters Coarse Language, from home. Mature Themes, May Contain: **ALL NEW EPISODES** 09:00 pm FBI: Most Wanted CC Μ **Black Mirror** Violence

After attending a parole hearing for the man who murdered his brother, Remy pursues a depraved pastor and his sadistic brother who kidnapped two teens on their way home from a school basketball game.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes

Mature Themes



Monday 24th April 2023

10:00 pm FBI: Most Wanted (Rpt) CC M Strong Violence, Mature Themes

Tough Love

When a judge known for serving harsh sentences to juveniles is murdered, the team looks into his lengthy list of cases in the hunt for his

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos

11:00 pm The Project Encore (Rpt) CC SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

12:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

01:00 am Home Shopping (Rpt) **Home Shopping**

01:30 am Home Shopping (Rpt) **Home Shopping**

02:00 am Home Shopping (Rpt) **Home Shopping**

Home Shopping 02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt) **Home Shopping**

03:30 am Home Shopping (Rpt) **Home Shopping**

04:00 am Home Shopping (Rpt) **Home Shopping**

04:30 am CBS Mornings CC **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



Tuesday 25th April 2023

06.00 om	06:00 am The Talk	CC	PG Mature Themes	ALL NEW EPISODES
00:00 am	THE TAIK			Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.
07:00 am	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
07:30 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
08:30 am	Entertainment Tonight	CC		SPECIAL ENCORE PRESENTATION Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
09:00 am	Judge Judy (Rpt)	CC	PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
09:30 am	The Bold & The Beautiful (Rpt)	CC	PG	Finn faces a life-or-death dilemma. Taylor and Brooke wonder what Ridge's return means for them.
10:00 am	Studio 10	CC	PG	LIVE Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.
12:00 pm	10 News First: Midday	CC		LIVE Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



Tuesday 25th April 2023

01:00 pm Dr Phil (Rpt) CC PG Mature Themes Probing the differences between Baby Boomers and Gen Z – societal values, work ethic, use of technology - Dr. Phil asks if these two generations, 50 years apart, are really that different, after all.

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt) CC PG

> Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

04:00 pm Good Chef Bad Chef CC

ALL NEW EPISODES

ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm The Bold & The Beautiful CC PG

Steffy and Finn express their gratitude that Sheila is out of their lives.

Bill details his experience with Sheila to Liam, Hope, and Wyatt.

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus,

all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project CC

> Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here! PG

Sexual References, Coarse Language, Mature Themes, May Contain:

The celebrities face their final food trial, and yet another celebrity will

be eliminated from the jungle.

LIVE

09:00 pm NCIS (Rpt) CC Μ Mature Themes

Collective Memory

When a hotshot financial advisor is found shot at a naval station, NCIS investigates the case by interviewing the victim's three-dimensional hologram of herself, which she created before her death.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll



Tuesday 25th April 2023

10:00 pm NCIS (Rpt) CC M Pledge Of Allegiance Violence

NCIS is called in when Navy Chief Warrant Officer Rafi Nazar is suspected of trying to sell stolen classified Navy software used to pilot combat drones.

SPECIAL ENCORE PRESENTATION

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll

11:00 pm The Project Encore (Rpt) CC

Join the Project hosts as they dissect and digest the daily news, events

and hottest topics.

ALL NEW EPISODES 12:00 am The Late Show With Stephen Colbert CC PG

> Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage

in candid conversations.

01:00 am Home Shopping (Rpt) **Home Shopping**

01:30 am Home Shopping (Rpt) **Home Shopping**

02:00 am Home Shopping (Rpt) **Home Shopping**

Home Shopping 02:30 am Home Shopping (Rpt)

03:00 am Home Shopping (Rpt) **Home Shopping**

03:30 am Home Shopping (Rpt) **Home Shopping**

04:00 am Home Shopping (Rpt) **Home Shopping**

04:30 am CBS Mornings CC **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



Wednesday 26th April 2023

06:00 am	06:00 am The Talk	CC	PG Mature Themes	ALL NEW EPISODES
00.00 am	THETAIN			Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.
07:00 am	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
07:30 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
08:30 am	Entertainment Tonight	CC		SPECIAL ENCORE PRESENTATION Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
09:00 am	Judge Judy (Rpt)	CC	PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
09:30 am	The Bold & The Beautiful (Rpt)	CC	PG	Steffy and Finn express their gratitude that Sheila is out of their lives. Bill details his experience with Sheila to Liam, Hope, and Wyatt.
10:00 am	Studio 10	CC	PG	LIVE Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.
12:00 pm	10 News First: Midday	CC		LIVE Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



Wednesday 26th April 2023

01:00 pm Dr Phil (Rpt) CC PG

Sexual References, Coarse Language

Women who like to wear revealing clothing say they should have the freedom to dress how they want and not to be "slut shamed". Are those asking for modesty telling someone else how to live their life?

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt) CC PG

> Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

04:00 pm Good Chef Bad Chef CC **ALL NEW EPISODES**

ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm The Bold & The Beautiful CC PG

> Thomas and Ridge come face-to-face for the first time since their estrangement. Liam receives a shock when paying an unexpected visit

to Hope.

LIVE

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus,

all the latest sport and weather.

ALL NEW EPISODES

CC 06:30 pm The Project

Join the Project hosts as they dissect and digest the daily news, events

and hottest topics.

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here! CC PG Sexual References.

Coarse Language, Mature Themes, May Contain:

Mature Themes

After weeks in the jungle, with no outside news, the celebrities will find out what has been happening in the world without them. And yet

another celebrity will be eliminated.

ALL NEW EPISODES 09:00 pm Law & Order: S.V.U CC MA15+

The Presence Of Absence Sexual References,

An internet dating site becomes the source of terror for a young widow. Muncy struggles with Velasco's absence.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Octavio Pisano, Molly Burnett, Terry Serpico



Wednesday 26th April 2023

10:00 pm Fire Country

11:00 pm Bull (Rpt)

12:00 am The Project Encore (Rpt)

01:00 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES CC M

My Kinda Leader Violence

When a massive and volatile wildfire breaks out in Drake Country, the station 42 and Third Rock crews help aid in the rescue efforts, including the dangerous evacuation of a high security prison.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan

Calloway, Stephanie Arcila

CC M **Dark Horse** Mature Themes

Izzy hires Bull and TAC to defend a jockey accused of committing arson

against a stable owner who fired him.

Starring: Michael Weatherly, Freddy Rodriguez, Geneva Carr

SPECIAL ENCORE PRESENTATION

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and hottest topics.

ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage

in candid conversations.

Home Shopping 02:00 am Home Shopping (Rpt)

CC

02:30 am Home Shopping (Rpt) **Home Shopping**

03:00 am Home Shopping (Rpt) **Home Shopping**

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04:00 am Home Shopping (Rpt) **Home Shopping**



Wednesday 26th April 2023

04:30 am CBS Mornings

CC

ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



Thursday 27th April 2023

06.00 am	00 am The Talk	CC	PG Mature Themes	ALL NEW EPISODES
06:00 am	THE TAIK			Join hosts Akbar Gbajabiamila, Amanda Kloots, Jerry O'Connell, Natalie Morales and Sheryl Underwood on "The Talk" as they discuss current events, pop culture and trending topics of the day.
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07:30 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Develop your prowess in the kitchen with one of Australia's favourite home cooks, Justine Schofield, on Everyday Gourmet.
08:30 am	Entertainment Tonight	CC		SPECIAL ENCORE PRESENTATION Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.
09:00 am	Judge Judy (Rpt)	CC	PG	Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.
09:30 am	The Bold & The Beautiful (Rpt)	CC	PG	Thomas and Ridge come face-to-face for the first time since their estrangement. Liam receives a shock when paying an unexpected visit to Hope.
10:00 am	Studio 10	CC	PG	LIVE Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.
12:00 pm	10 News First: Midday	CC		LIVE Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



Thursday 27th April 2023

01:00 pm Dr Phil (Rpt) CC PG

Mature Themes

Dr. Phil continues his series on how to survive inflation. Today, financial experts share money-saving and money-making tips to help you learn how to take control of your finances during inflation.

02:00 pm To Be Advised

03:30 pm Judge Judy (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are

real, the people are real and the rulings are final.

04:00 pm Good Chef Bad Chef CC **ALL NEW EPISODES**

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm The Bold & The Beautiful CC PG **ALL NEW EPISODES**

Hope worries about her marriage.

05:00 pm 10 News First CC

Comprehensive coverage of local, national and international news. Plus,

all the latest sport and weather.

ALL NEW EPISODES

06:30 pm The Project CC

Join the Project hosts as they dissect and digest the daily news, events

and hottest topics.

LIVE

ALL NEW EPISODES

07:30 pm I'm A Celebrity...Get Me Out Of Here! CC PG

Sexual References, Coarse Language, Mature Themes, May Contain:

Hosts Julia Morris and Chris Brown will say goodbye to two more

celebrities in a double elimination. Who will become the Top 3?

09:00 pm Gogglebox Australia CC **SEASON FINALE**

Our favourite couch commentators return for a new season. Join the Goggleboxers as they watch the best and worst of television in 2023.



Thursday 27th April 2023

11:30 pm The Project Encore (Rpt)

10:00 pm Sammy J: Symphony In J Minor CC M

Sexual References, Coarse Language

Sammy J: Symphony In J Minor

Performing songs from his ARIA-nominated album "Symphony in J Minor" and beyond, Sammy J will sing, play, croon, belt, warble, purr, and

chirp until you kindly ask him to stop.

SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events

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ALL NEW EPISODES 12:30 am The Late Show With Stephen Colbert CC PG

CC

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage

in candid conversations.

01:30 am Home Shopping (Rpt) **Home Shopping**

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Friday 28th April 2023

06.00 om	06:00 am The Talk	CC	PG Mature Themes	ALL NEW EPISODES
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10:00 am	Studio 10	CC	PG	LIVE Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.
12:00 pm	10 News First: Midday	CC		LIVE Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.



Friday 28th April 2023

01:00 pm Dr Phil (Rpt) CC PG Mature Themes Dr. Phil tackles the "Great Resignation" of teachers, low student standards, teacher frustrations, and new laws in states like Arizona that put teachers with non-traditional backgrounds in classrooms. 02:00 pm To Be Advised 03:30 pm Judge Judy (Rpt) CC PG Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final. **ALL NEW EPISODES** 04:00 pm Good Chef Bad Chef CC Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat. **ALL NEW EPISODES** 04:30 pm The Bold & The Beautiful CC PG Hope creates a romantic night to set things right with Liam. Taylor shuts down Thomas's concern that Ridge will go back to Brooke. LIVE 05:00 pm 10 News First CC Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather. **ALL NEW EPISODES** 06:30 pm The Project CC Join the Project hosts as they dissect and digest the daily news, events and hottest topics. **ALL NEW EPISODES** 07:30 pm Bondi Rescue 2023 CC PG Coarse Language, It's pack up time and as lifeguards knock off, Chappo sees a swimmer Mature Themes, struggling to keep their head above water. Without a rescue board, Nudity Chappo sprints down the beach and dives into the water. 08:00 pm Bondi Rescue (Rpt) CC PG It's been a year like no other at Bondi Beach. Beach marshals work with

the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.



Friday 28th April 2023

08:30 pm Ambulance Australia (Rpt) CC M

Coarse Language, Mature Themes

Ambulance Australia follows people in the business of saving lives, going

beyond the flashing lights to the heart & soul of heroes.

09:30 pm Territory Cops (Rpt) CC Μ

Violence, Mature Themes

Tonight, the Constables focus on a major drug and alcohol issue affecting the community and work on tracking down a career criminal

specialising in theft.

10:00 pm Territory Cops (Rpt) CC PG

Coarse Language, Mature Themes

Bike Cop Adrian Keogh pulls over a speeder whose identity is difficult to pin down, but a missing big toe gives him away and Adrian discovers

there's more to his story than a simple traffic offence.

SPECIAL ENCORE PRESENTATION

10:30 pm Ambulance Australia (Rpt) CC

Violence,

Ambulance Australia follows people in the business of saving lives, going Coarse Language,

beyond the flashing lights to the heart & soul of heroes. Drug Use, Mature Themes

11:30 pm The Project Encore (Rpt) CC

Join the Project hosts as they dissect and digest the daily news, events

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ALL NEW EPISODES

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04:30 am Home Shopping (Rpt) **Home Shopping**

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Saturday 29th April 2023

06:00 am	Reel Action (Rpt)	CC	G	Seadoo Tailor - Forster Sportfishing Guesty kicks the show off casting the wash for big green back tailor from the PWC. Sammy Hitzke and Barney change things up with the three of them sport fishing out of Forster.
06:30 am	Leading The Way With Dr. Michael Youssef	CC	G	ALL NEW EPISODES 2318 Growing In Your Love For Jesus: Part 3 Dr Michael Youssef speaks about the Word of God and offers hope.
07:00 am	Freshly Picked With Simon Toohey (Rpt)	CC	G	Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.
07:30 am	Escape Fishing With ET (Rpt)	CC		Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.
08:00 am	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
08:30 am	What's Up Down Under (Rpt)	CC	G	Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
09:00 am	Farm To Fork (Rpt)	CC	PG	Highlighting some of the best produce Australia has to offer, Farm to Fork will inspire you to recreate recipes at home.
09:30 am	Good Chef Bad Chef (Rpt)	CC	G	Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.
10:00 am	Studio 10: Saturday	CC	PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
12:00 pm	I'm A CelebrityGet Me Out Of Here! (Rpt)	CC	PG Sexual References, Coarse Language, Mature Themes, May Contain:	The celebrities face their final food trial, and yet another celebrity will be eliminated from the jungle.



Saturday 29th April 2023

01:30 pm	Jamie Oliver: Together	CC	G	Curry Night Jamie brings India to your home with a fragrant coconut squash curry with chickpeas and ginger, a fried golden paneer curry served with a spinach and green chilli sauce, and a smoky aubergine daal. Starring: Jamie Oliver
02:40 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC	G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
03:00 pm	What's Up Down Under	CC		ALL NEW EPISODES Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!
03:30 pm	My Market Kitchen (Rpt)	CC	G	Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.
04:00 pm	Farm To Fork (Rpt)	CC	G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
04:30 pm	Taste Of Australia With Hayden Quinn (Rpt)	CC	G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.
05:00 pm	10 News First	CC		LIVE Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.
06:00 pm	Bondi Rescue 2023 Encore (Rpt)	CC	PG Coarse Language, Mature Themes, Nudity	SPECIAL ENCORE PRESENTATION It's pack up time and as lifeguards knock off, Chappo sees a swimmer struggling to keep their head above water. Without a rescue board, Chappo sprints down the beach and dives into the water.



Saturday 29th April 2023

08:30 pm Blue Bloods

09:30 pm CSI: Vegas

10:30 pm NCIS: Hawaii Encore (Rpt)

06:30 pm The Dog House CC

PG Mild Themes

Deaf parents Hannah and Craig and their mischievous boys Oliver and Felix meet cheeky cockapoo puppy Percy. Tiny Yorkie terrier pair Lola and Bailey show size doesn't matter when it comes to love.

07:30 pm The Dog House Australia (Rpt) CC PG Mild Themes

Charlotte is looking for a dog to give her best friend Zeke the pug some love. Will loveable Harley win the Macdonald family over? Could fomer dancer Natasha be the ticket out for husky cross Aislinn?

ALL NEW EPISODES

SEASON PREMIERE

CC М **The Naked Truth** Violence

Jamie learns that Eddie's friend's restaurant may be a drug front, Erin is accused of causing a former colleague's death and Frank questions a female cop whose online profile features naked photos.

Starring: Tom Selleck, Donnie Wahlberg, Will Estes, Bridget Moynahan, Vanessa Ray, Len Cariou

ALL NEW EPISODES

CC M We All Fall Down Medical Procedures

CC

Violence

Medical examiner Sonya's life is in jeopardy when she is exposed to a mysterious poison as the CSI team races to find the antidote and the silver ink murderer who appears to be targeting the Crime Lab

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Mandeep Dhillon, Ariana Guerra, Lex Medlin

SPECIAL ENCORE PRESENTATION

Money Honey

Captain Milius returns to Hawai'i as the NCIS team works to catch a dangerous high-value U.S. Government target with the help of an informant unlike any they've ever encountered.

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon, Tori Anderson

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Saturday 29th April 2023

11:30 pm Fire Country Encore (Rpt) CC M Violence

SPECIAL ENCORE PRESENTATION

My Kinda Leader

When a massive and volatile wildfire breaks out in Drake Country, the station 42 and Third Rock crews help aid in the rescue efforts, including the dangerous evacuation of a high security prison.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

12:30 am Home Shopping (Rpt) **Home Shopping**

01:00 am Home Shopping (Rpt) **Home Shopping**

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Home Shopping 03:30 am Home Shopping (Rpt)

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05:00 am Hour Of Power G

ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.