



# SYDNEY PROGRAM GUIDE

Sunday 11th June 2023

**06:00 am Mass For You At Home** CC G

## ALL NEW EPISODES

Weekly celebration of Catholic Mass for those unable to travel to church.

**06:30 am Turning Point With David Jeremiah** CC PG  
Mature Themes

## ALL NEW EPISODES

### 061123 A Spiritual Prophecy – Spiritual Famine

There is a spiritual famine in many churches as followers of Christ neglect Bible study and fail to reverence God's Word. But it is possible to remain strong and avoid spiritual malnutrition.

**07:00 am Joseph Prince: New Creation Church** CC G

## ALL NEW EPISODES

### 477 - Walk In Constant Victory Over Fear

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church.

**07:30 am Joel Osteen** CC G

## SEASON FINALE

Religious.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**09:00 am Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**09:30 am Australia By Design: Innovations (Rpt)** CC PG

Now in its fifth season, Australia by Design: Innovations is all about Australian innovation, ingenuity and design excellence, it's about inspiration, disruption and changing the game.



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<b>10:00 am</b>	<b>Studio 10: Sunday</b>	CC PG	Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.
<b>12:00 pm</b>	<b>MasterChef Australia Encore (Rpt)</b>	CC PG Mild Coarse Language, Mild Themes	<b>SPECIAL ENCORE PRESENTATION</b> Who can knock Jock's socks off in a shock rock around the clock? Three cooks face the chopping block against Serai's flock. Time is docked for the best stock. Tick tock, tick tock, don't get crocked!
<b>01:10 pm</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G	Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.
<b>01:30 pm</b>	<b>Bondi Rescue (Rpt)</b>	CC PG Mature Themes	It's been a year like no other at Bondi Beach. Beach marshals work with the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.
<b>02:00 pm</b>	<b>Luxury Escapes (Rpt)</b>	CC G	<b>Fiji</b> Sophie checks into not one, but two of Fiji's most luxurious resorts. One an adult-only boutique island escape, the other the perfect family escape.
<b>02:30 pm</b>	<b>My Market Kitchen (Rpt)</b>	CC G	Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.
<b>03:00 pm</b>	<b>The Offroad Adventure Show (Rpt)</b>	CC G	This season Borgy, Leash, Jamie and Jess are taking on two epic 4wd adventures crossing the states of NSW and VIC using only the dirt.
<b>04:00 pm</b>	<b>Farm To Fork (Rpt)</b>	CC G	Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.
<b>04:30 pm</b>	<b>Taste Of Australia With Hayden Quinn (Rpt)</b>	CC G	Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.



# SYDNEY PROGRAM GUIDE

Sunday 11th June 2023

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm MasterChef Australia**

CC PG  
Mild Themes

## ALL NEW EPISODES

Our home cooks are wading into treacherous waters as global seafood superstar Rick Stein brings his best squid game. Who will end up sleeping with the fishes in a chaotic aquatic 2-part challenge?

**09:10 pm FBI**

CC M  
Violence,  
Mature Themes

## SEASON PREMIERE

### Hero's Journey

The FBI pivots when their sting operation to secure a massive bomb from an illegal broker leads them to discover that the device is already in the wrong hands.

Starring: Zeeko Zaki, Missy Peregrym, Jeremy Sisto, John Boyd, Katherine Renee Kane, Alana De La Garza

**10:00 pm NCIS: Hawaii (Rpt)**

CC M  
Violence

### The Game

When evidence to put away a drug kingpin is stolen, Lucy goes undercover at an underground poker tournament to find out which high-roller is behind the crime

Starring: Vanessa Lachey, Alex Tarrant, Noah Mills, Yasmine Al-Bustami, Jason Antoon

**11:00 pm The Sunday Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:00 am Home Shopping (Rpt)**

### Home Shopping



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Home Shopping

04:30 am CBS Mornings

CC

### ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

## Monday 12th June 2023

**06:00 am Freshly Picked With Simon Toohey** CC G  
(Rpt)

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**07:00 am Farm To Fork** (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**07:30 am Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield** (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Entertainment Tonight** (Rpt) CC

### SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**09:00 am Judge Judy** (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful** (Rpt) CC PG  
Mild Themes

Liam decides it's time to have a talk with Thomas face-to-face. Thomas overhears something upsetting.

**10:00 am Studio 10** CC PG

### LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



# SYDNEY PROGRAM GUIDE

Monday 12th June 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

Recently, Alex Murdaugh was indicted on two counts of murder for the 2021 killings of his wife and youngest son. Dr. Phil and his panel of experts discuss key points and evidence from the trial.

**02:00 pm MasterChef Australia Encore (Rpt)**

CC PG  
Mild Themes

## SPECIAL ENCORE PRESENTATION

Our home cooks are wading into treacherous waters as global seafood superstar Rick Stein brings his best squid game. Who will end up sleeping with the fishes in a chaotic aquatic 2-part challenge?

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## ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Wyatt convinces Liam to make the next romantic move with Hope. Hope must decide whether to seize the opportunity presented to her and admit to Thomas how she feels.

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Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



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**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**07:30 pm MasterChef Australia**

CC PG  
Coarse Language,  
Mild Themes

## ALL NEW EPISODES

Contestants must push the boat out to hook the catch of the day as Australia's top chef Josh Niland reels them in with his unique skills, before setting a gnarly John Dory Mystery Box challenge.

**08:40 pm Have You Been Paying Attention?**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes,  
Nudity,  
May Contain:

## ALL NEW EPISODES

Have our contestants, Ed Kavalee, Emma Holland, Tony Martin, Alex Ward and Sam Pang been paying attention? The guest quizmaster and host Tom Gleisner are about to find out!

**09:40 pm Just For Laughs Australia**

CC M  
Sexual References,  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

Just For Laughs Australia is back brand new season. Hosted by Nath Valvo and featuring Matt Okine Connor, Burns and Demi Lardner.

**10:10 pm FBI: Most Wanted**

CC M  
Violence,  
Sexual References,  
Mature Themes

## ALL NEW EPISODES

### Bad Seed

A news anchor is shot dead in her TV station's parking lot, and an extraordinary case comes to light as the Fugitive Task Force dives into a story she was working on in order to track down her killer.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes

**11:10 pm FBI: Most Wanted (Rpt)**

CC M  
Violence

### Incendiary

Jess and the team struggle to find the killer's motivation as they hunt for a Vietnamese-American ex-marine who is using napalm-style bombs to attack his targets.

Starring: Julian McMahon, Roxy Sternberg, Miguel Gomez, Alexa Davalos, Keisha Castle-Hughes, Jen Landon



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**01:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

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**04:30 am CBS Mornings** CC

## ALL NEW EPISODES

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.





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Mild Themes

Wyatt convinces Liam to make the next romantic move with Hope. Hope must decide whether to seize the opportunity presented to her and admit to Thomas how she feels.

**10:00 am Studio 10** CC PG

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**12:00 pm 10 News First: Midday**

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## LIVE

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**01:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

What do the experts say about a video that police say sounds like a murder confession from Alex Murdaugh? Did police do due diligence in searching for evidence? Plus, hear the housekeeper's testimony.

**02:00 pm MasterChef Australia Encore (Rpt)**

CC PG  
Coarse Language,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

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CC PG  
Mild Themes

## ALL NEW EPISODES

Bill urges Liam not to take his relationship with Hope for granted. Thomas discloses the truth about Hope and Brooke to Taylor.

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CC PG  
Coarse Language,  
Mild Themes

## ALL NEW EPISODES

One contender will be shafted as a saucy twist with a standout ingredient ensures stiff competition between the bottom three, who must replicate iconic chef Luke Nguyen's zesty phở without a recipe.

**08:40 pm The Cheap Seats**

CC M  
Coarse Language,  
Mature Themes,  
May Contain:

## ALL NEW EPISODES

Taking a fun look at the week that was are The Cheap Seat hosts Melanie Bracewell and Tim McDonald.

**09:40 pm NCIS (Rpt)**

CC M  
Mature Themes

## Collective Memory

When a hotshot financial advisor is found shot at a naval station, NCIS investigates the case by interviewing the victim's three-dimensional hologram of herself, which she created before her death.

Starring: Gary Cole, Sean Murray, Wilmer Valderrama, Katrina Law, Rocky Carroll

**10:30 pm North Shore Encore (Rpt)**

CC M  
Violence,  
Coarse Language

## SPECIAL ENCORE PRESENTATION

Abigail makes a shock announcement, as the detectives locate the crime scene and get closer to learning the truth about what happened to her daughter.

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**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burseson.



# SYDNEY PROGRAM GUIDE

## Wednesday 14th June 2023

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(Rpt)

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Mild Themes

Bill urges Liam not to take his relationship with Hope for granted. Thomas discloses the truth about Hope and Brooke to Taylor.

**10:00 am Studio 10** CC PG

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Wednesday 14th June 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Coarse Language,  
Mature Themes

## ALL NEW EPISODES

The legalization of sports betting has raised concerns about gambling addictions. Are sports fans taking their "love of the game" too far by online gambling. Dr. Phil weighs in on this hot topic.

**02:00 pm MasterChef Australia Encore (Rpt)**

CC PG  
Coarse Language,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

One contender will be shafted as a saucy twist with a standout ingredient ensures stiff competition between the bottom three, who must replicate iconic chef Luke Nguyen's zesty phở without a recipe.

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CC PG  
Mild Themes

## ALL NEW EPISODES

Steffy drops a reality bomb on Liam. Taylor confronts Brooke for holding back on her true feelings about Thomas.

**05:00 pm 10 News First**

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## ALL NEW EPISODES

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**07:30 pm MasterChef Australia**

CC PG  
Coarse Language,  
Mild Themes

## ALL NEW EPISODES

Australia's homegrown superstar Curtis Stone visits the MasterChef kitchen to mentor and motivate two teams facing off in a massive Service Challenge to create next level root vegetable dishes.

**08:40 pm North Shore**

CC

## SEASON FINALE

What happened the night Sophie died is finally revealed, but Max and Meg must decide how best to serve justice.

**09:40 pm So Help Me Todd**

CC PG  
Mature Themes

## ALL NEW EPISODES

### Pilot

A talented but directionless private eye agrees to work as the in-house investigator for his overbearing mother, a successful attorney who is reeling from the recent dissolution of her marriage.

Starring: Skylar Astin, Marcia Gay Harden, Thomas Cadrot, Madeline Wise, Rosa Arredondo, Inga Schlingmann

**10:30 pm Fire Country**

CC PG  
Violence,  
Drug References,  
Mature Themes

## SEASON FINALE

### I Know IT Feels Impossible

The Station 42 and Three Rock crews face a number of daring rescues when a massive mudslide tears through Edgewater. Plus, Bode's freedom is on the line at his parole hearing after a failed drug test.

Starring: Max Thieriot, Billy Burke, Kevin Alejandro, Diane Farr, Jordan Calloway, Stephanie Arcila

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CC M  
Mature Themes

## ALL NEW EPISODES

Jared Bridgeton, 35 year old father of four, was killed in an ambush-style shooting while his 2 year old daughter watched. Were Jared's ex-wife and her current husband involved in the murder?

**02:00 pm MasterChef Australia Encore (Rpt)**

CC PG  
Coarse Language,  
Mild Themes

## SPECIAL ENCORE PRESENTATION

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Mild Themes

## ALL NEW EPISODES

Brooke struggles to keep her newfound relationship with Taylor intact. Thomas reflects on the possibility that Hope might be into him.

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## ALL NEW EPISODES

**08:40 pm The First Inventors**

CC G

## ALL NEW EPISODES

Could you survive in Australia 65,000 years ago? From engineering volcanic landscapes into fish farms to mastering deadly fire, the unique survival inventions that let First Nations people thrive.

**09:40 pm To Be Advised**

**10:40 pm Law & Order: S.V.U (Rpt)**

CC M  
Violence,  
Strong Adult Themes

## And The Empire Strikes Back

A powerful congressman is identified as a suspect as the probe into the sex-for-housing scheme expands. The case tests Benson's loyalty to Garland, while Carisi tries to keep his witnesses on board.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Demore Barnes

Guest Starring: Christopher Meloni

**11:30 pm The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.

**12:30 am The Late Show With Stephen Colbert**

CC PG

## ALL NEW EPISODES

Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.

**01:30 am Home Shopping (Rpt)**

## Home Shopping



# SYDNEY PROGRAM GUIDE

## Thursday 15th June 2023

**02:00 am Home Shopping** (Rpt)

**Home Shopping**

**02:30 am Home Shopping** (Rpt)

**Home Shopping**

**03:00 am Home Shopping** (Rpt)

**Home Shopping**

**03:30 am Home Shopping** (Rpt)

**Home Shopping**

**04:00 am Home Shopping** (Rpt)

**Home Shopping**

**04:30 am CBS Mornings**

CC

### **ALL NEW EPISODES**

CBS Mornings covers breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.



# SYDNEY PROGRAM GUIDE

Friday 16th June 2023

**06:00 am Freshly Picked With Simon Toohey** CC G  
(Rpt)

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**06:30 am My Market Kitchen** (Rpt) CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.

**07:00 am Farm To Fork** (Rpt) CC G

Packed with inspiring recipes we will take you on a food journey around Australia and meet some of our hardworking Australian farmers. Hosted by Courtney Roulston, Michael Weldon and Louis Tikaram.

**07:30 am Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**08:00 am Everyday Gourmet With Justine Schofield** (Rpt) CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am Entertainment Tonight** (Rpt) CC

## SPECIAL ENCORE PRESENTATION

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**09:00 am Judge Judy** (Rpt) CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**09:30 am The Bold & The Beautiful** (Rpt) CC PG  
Mild Themes

Brooke struggles to keep her newfound relationship with Taylor intact. Thomas reflects on the possibility that Hope might be into him.

**10:00 am Studio 10** CC PG

## LIVE

Start your day with a dose of sunshine and join the feel good fun with Tristan MacManus, Angela Bishop, Narelda Jacobs and Daniel Doody weekdays from 10:00AM.



# SYDNEY PROGRAM GUIDE

Friday 16th June 2023

**12:00 pm 10 News First: Midday**

CC

## LIVE

Catch the latest breaking news stories from around the country and the world with 10 News First: Midday.

**01:00 pm Dr Phil**

CC PG  
Mature Themes

## ALL NEW EPISODES

The DEA warns that over-prescription of ADHD medication could be as bad as the opioid crisis. Doctors and parents of formerly wayward boys discuss whether kids are over-diagnosed and over-medicated.

**02:00 pm To Be Advised**

**03:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Kevin Frazier brings us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**03:30 pm Judge Judy (Rpt)**

CC PG

Welcome to the court room of Judge Judith Sheindlin. The cases are real, the people are real and the rulings are final.

**04:00 pm Good Chef Bad Chef**

CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful**

CC PG  
Mild Themes

## ALL NEW EPISODES

Hope is blindsided by the accusation that Steffy has leveled against her.

**05:00 pm 10 News First**

CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts as they dissect and digest the daily news, events and hottest topics.



# SYDNEY PROGRAM GUIDE

Friday 16th June 2023

## ALL NEW EPISODES

<b>07:30 pm Bondi Rescue 2023</b>	CC PG Mature Themes	
<b>08:00 pm Bondi Rescue (Rpt)</b>	CC PG Coarse Language, Mature Themes	It's been a year like no other at Bondi Beach. Beach marshals work with the lifeguards to check numbers and enforce social distancing, but it's a challenge the lifeguards are only too keen to accept.
<b>08:30 pm To Be Advised</b>		
<b>09:30 pm The Graham Norton Show (Rpt)</b>	CC M Sexual References, Coarse Language	It's a night of glamour and celebrity as Graham welcomes Salma Hayek, Julianne Moore, Shania Twain, Johannes Radebe, Lizzo and Tom Grennan to the show. Plus, audience tales from The Big Red Chair.
<b>10:30 pm The Graham Norton Show (Rpt)</b>	CC M Coarse Language	Join the hilarious and cheeky Graham Norton as he chats with guests Courteney Cox, Taron Egerton, Minnie Driver, Uma Thurman, Ariana De Bose and Lola Young.
<b>11:30 pm The Project Encore (Rpt)</b>	CC	
		<b>SPECIAL ENCORE PRESENTATION</b>
		Join the Project hosts as they dissect and digest the daily news, events and hottest topics.
<b>12:30 am The Late Show With Stephen Colbert</b>	CC PG	
		<b>ALL NEW EPISODES</b>
		Join The Late Show host Stephen Colbert as he shares his views on a number of trending news updates and catches up with guests to engage in candid conversations.
<b>01:30 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>
<b>02:00 am Home Shopping (Rpt)</b>		<b><u>Home Shopping</u></b>



# SYDNEY PROGRAM GUIDE

## Friday 16th June 2023

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am Home Shopping (Rpt)**

**Home Shopping**

**05:00 am Home Shopping (Rpt)**

**Home Shopping**

**05:30 am Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 17th June 2023

**06:00 am Reel Action (Rpt)** CC G

Reel Action is that weekend trip out with your mates looking for some local fishing action. We focus on the fish, techniques and the right tools for the job.

**06:30 am Leading The Way With Dr. Michael Youssef** CC G

## ALL NEW EPISODES

### 2325 Enduring Wisdom: Part 3

Dr Michael Youssef speaks about the Word of God and offers hope.

**07:00 am Freshly Picked With Simon Toohey (Rpt)** CC G

Join Simon Toohey as he showcases all the delicious and versatile ingredients the plant kingdom has on offer, as well as the Aussie farmers producing them.

**07:30 am Escape Fishing With ET (Rpt)** CC

Escape with former Rugby League Legend "ET" Andrew Ettingshausen as he travels Australia and the Pacific, hunting out all types of species of fish, while sharing his knowledge on how to catch them.

**08:00 am Everyday Gourmet With Justine Schofield (Rpt)** CC G

Justine Schofield along with special guests, present a variety of delicious recipes for the home cook.

**08:30 am What's Up Down Under (Rpt)** CC G

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**09:00 am To Be Advised**

**10:00 am Studio 10: Saturday** CC PG

Start your day with a dose of sunshine and join the feelgood fun with Tristan MacManus.

**12:00 pm MasterChef Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

**01:10 pm My Market Kitchen (Rpt)** CC G

Chefs Mike Reid and Laura Sharrad are joined by a variety of guests in the iconic Prahran Market cooking delicious, easy to follow recipes.



# SYDNEY PROGRAM GUIDE

Saturday 17th June 2023

**01:30 pm Buy To Build** CC G

## ALL NEW EPISODES

Each episode, Walt Collins helps house hunters explore the country's latest display homes and land developments to find the perfect home to suit their needs.

**02:00 pm Pat Calinan's 4x4 Adventures (Rpt)** CC G

Explore Australia's most breathtaking destinations with our very own "Mr 4X4", Pat Callinan.

**03:00 pm What's Up Down Under** CC

## ALL NEW EPISODES

Love a driving or Caravanning holiday? Join Macca and the crew as they show you the best touring routes and destinations to visit!

**03:30 pm Good Chef Bad Chef (Rpt)** CC G

Hosts Adrian Richardson and Preeya Alexander present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:00 pm My Market Kitchen** CC

## ALL NEW EPISODES

Celebrity Cook and successful Restaurateur Laura Sharrad is joined by a variety of chefs and food producers in the iconic Prahran Market cooking a variety of delicious and easy to follow recipes.

**04:30 pm Taste Of Australia With Hayden Quinn (Rpt)** CC G

Taste of Australia with Hayden Quinn explores the unique personalities shaping the food scene in Australia. Experience the characters, produce and creative forces contributing to our food culture.

**05:00 pm 10 News First** CC

## LIVE

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue 2023 Encore (Rpt)** CC PG  
Mature Themes

## SPECIAL ENCORE PRESENTATION



# SYDNEY PROGRAM GUIDE

Saturday 17th June 2023

**06:30 pm The Dog House**

CC PG  
Mild Themes

## ALL NEW EPISODES

Rosie the lively Jack Russell chases after 10-year-old Mitchell. Could Raksha be Lottie the spaniel's soul sister? Plus, a storm brews when Hurricane the husky meets excitable lurcher puppy Peaches.

**07:30 pm The Dog House Australia (Rpt)**

CC PG  
Mild Themes

Will it be a love affair when Elaine is paired with fellow single girl Hayley the blue Staffy? Plus, a family have the pick of two dogs, Rusty the Kelpie and Lightning the Australian Terrier cross.

**08:30 pm Blue Bloods**

CC M  
Violence

## ALL NEW EPISODES

### Family Matters

Danny grills feuding crime families in a grand larceny case, Erin worries that her D.A. push is compromising her day job, and Eddie needs help to bust a drug dealer responsible for fentanyl overdoses.

Starring: Tom Selleck, Donnie Wahlberg, Will Estes, Bridget Moynahan, Vanessa Ray, Marisa Ramirez, Len Cariou

**09:30 pm CSI: Vegas**

CC M  
Violence

## ALL NEW EPISODES

### Fractured

The CSI team investigates a bomb that detonated during a masquerade party for wealthy investors at the site of a new casino. Folsom faces a dilemma when a dead body is found at his friend's apartment.

Starring: Marg Helgenberger, Paula Newsome, Matt Lauria, Eric Szmanda, Ariana Guerra, Lex Medlin

**10:30 pm To Be Advised**

**11:30 pm FBI: Most Wanted Encore (Rpt)**

CC M  
Violence,  
Sexual References,  
Mature Themes

## SPECIAL ENCORE PRESENTATION

### Bad Seed

A news anchor is shot dead in her TV station's parking lot, and an extraordinary case comes to light as the Fugitive Task Force dives into a story she was working on in order to track down her killer.

Starring: Dylan McDermott, Alexa Davalos, Roxy Sternberg, Edwin Hodge, Keisha Castle-Hughes



# SYDNEY PROGRAM GUIDE

## Saturday 17th June 2023

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power

G

### ALL NEW EPISODES

Hour of Power with Bobby Schuller equips you with the tools you need to become a flourishing apprentice of Jesus.