

**Sunday 01st January 2023** 

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06:00 am	Blaze and The Monster Machines (Rpt)	G	<u>Dinocoaster</u> Zeg has a ticket to ride a brand new dinosaur roller coaster: the Dinocoaster. But when the ticket blows away, Blaze must help his buddy track it down and get back to the amusement park in time.
06:30 am	Blaze and The Monster Machines (Rpt)	G	The Hundred Mile Race  Blaze goes to VelocityVille to compete against his race car friends in the longest race ever - the Hundred Mile Race, but Crusher is competing as well and will do anything to win.
07:00 am	Blue's Clues & You (Rpt)	G	Meet Josh!  Something is missing from Blue's snack, so we play Blue's Clues with our new host, Josh, to find out what it is. With a little help from our old friends, Steve and Joe.
07:26 am	Ready Set Dance (Rpt)	G	Boom Clap Pow  When a kitten gets cat-napped, the magnificent Kid Crew must find their own superpowers if they want to save the day.
07:30 am	Paw Patrol	G	ALL NEW EPISODES <u>Utimate Rescue: Pups Stop The Junk-Monster/pups Save The Whale Pod</u> When Wingnut's junk pile and Oscar go missing at the same time, Chase and team are called in to solve the mystery. // When Francois accidentally crashes his diving bell, Paw Patrol must rescue him, a Pupfish, and a pod of whales.
08:00 am	Paw Patrol	G	ALL NEW EPISODES  Pups Save Thundermouth/pups Save A Class Pet  Shortly after listening to the story of Thundermouth, the pups are on a mission to save elephants spooked by a scary noise.// Mayor Goodway is left in charge of a class pet, but the hamster escapes! It's up to the Paw Patrol to save the day
08:30 am	Abby Hatcher (Rpt)	G	Abby And The Squeaky Peeper Panic / Things That Go Ding In The Night When the littlest Squeaky Peeper goes missing, Abby has to find her and stop a Peeper Panic. / Abby and Bozzly hear starnge noises in the night, and discover a monster who loves to press buttons.



**Sunday 01st January 2023** 

09:00 am	Abby Hatcher (Rpt)	G	Princess Flug's Flower Float / The Fuzzlies Talent Show When roses of all kinds go missing at the hotel, Abby discovers Princess Flug, a regal monster with a keen eye for beauty. / Teeny Terry desperately wants a talent for the hotel talent show.
09:30 am	SpongeBob SquarePants (Rpt)	G	That Sinking Feeling/karate Star  SpongeBob and Patrick dig a tunnel between their two houses and drive Squidward nuts. Pat learns just enough karate to wreak havoc in Bikini Bottom.
10:00 am	SpongeBob SquarePants (Rpt)	G	Buried In Time/enchanted Tiki Dreams  SpongeBob, Patrick and Squidward are accidentally locked in Bikini Bottom's first time capsule. SpongeBob and Patrick build a dream world for Squidward.
10:30 am	SpongeBob SquarePants (Rpt)	G	The Abrasive Side/earworm  SpongeBob can never say "no" to anyone, so he orders a product called the "abrasive side". Meanwhile, SpongeBob gets a song stuck in his head.
11:00 am	SpongeBob SquarePants (Rpt)	G	Hide And Then What Happens?/shellback Shenanigans  SpongeBob and Patrick play Hide N' Seek and SpongeBob searches the world for Patrick.
11:30 am	SpongeBob SquarePants (Rpt)	G	The Masterpiece/whelk Attack Squidward sculpts a statue of Mr. Krabs for The Krusty Krab. Giant sea whelks terrorise the folks of Bikini Bottom.
12:00 pm	SpongeBob SquarePants (Rpt)	G	You Don't Know Sponge/tunnel Of Glove  SpongeBob and Patrick take a friendship test. Later, Pearl is embarrassed when she must sit next to SpongeBob in the Tunnel of Glove.
12:30 pm	SpongeBob SquarePants (Rpt)	G	Krusty Dogs/the Wreck Of The Mauna Loa  Mr. Krabs decides to start selling hot dogs instead of Krabby Patties.  SpongeBob and Patrick discover a lost ship.



**Sunday 01st January 2023** 

01:00 pm	The Loud House (Rpt)	G	<u>Tripped!</u> Everyone in the family has been working hard to save up for a family vacation. But while road tripping to their destination, everything that can go wrong for the family does.
01:30 pm	The Loud House (Rpt)	G	White Hare / Insta-Gran Lincoln has a plan for introducing himself to a new girl, but when the sisters catch him he has to avoid them. Pop Pop introduces his new girlfriend to the family.
02:00 pm	Game Shakers (Rpt)	G	Job For Jimbo, A  The Game Shakers work to finish creating a new ocean pollution game. But Dub's hoping to score a duet with a famous R&B singer and pushes her nightmare step-grandson on them as a new hire.
02:30 pm	Game Shakers (Rpt)	G	The Girl Power Awards  Babe and Kenzie are nominated for a Girl Power Award. Kenzie quickly realises the award show is a scam for the hosts to get more dates, but Babe is determined to win her first trophy ever.
03:00 pm	Nicky, Ricky, Dicky & Dawn (Rpt)	G	Quad For Teacher  The Quads accidentally force out the easygoing gym teacher ruining the class for everyone. They think they've fixed everything with the perfect substitutes: Tom and Anne
03:30 pm	Nicky, Ricky, Dicky & Dawn (Rpt)	G	Space Quadyssey, A Ricky is accepted into a junior astronaut training program, but only if his siblings join him. He soon finds that his fellow quads all have something to offer.
04:00 pm	iCarly (Rpt)	G	I Meet The First Lady.  First Lady Michelle Obama sees a Webcast of the gang hosting an online birthday party for Carly's dad, a colonel who is serving overseas, and she stops by to commend them for supporting the military.  Starring: Miranda Cosgrove, Jennette McCurdy, Nathan Kress, Jerry Trainor, Noah Munck  Guest Starring: Michelle Obama



Sunday 01st January 2023

04:30 pm iCarly (Rpt) PG I Can't Take IT

> Mrs. Benson discovers Sam and Freddie's relationship after Gibby concocts a plan to sabotage their romance and split them up. Will Carly fight for Sam and Freddie, or help Gibby break them up?

Starring: Miranda Cosgrove, Jennette McCurdy, Nathan Kress, Jerry

Trainor, Noah Munck

05:00 pm Victorious (Rpt) G **Beggin' On Your Knees** 

> The Full Moon Jam is coming up. The cutest boy in school wants to perform a duet with Tori, but she finds out he has a reputation. Is Tori just having trust issues or is this guy bad news?

Starring: Victoria Justice, Ariana Grande, Matt Bennett, Elizabeth Gillies, Leon Thomas III, Daniella Monet

05:30 pm Victorious (Rpt) PG **Beck Falls For Tori** 

Mild Violence, Dangerous Activity

Tori gets hired as a stunt woman for a movie based on her fabricated résumé, but she's not sure she can do the job because it involves falling off a building!

Starring: Victoria Justice, Ariana Grande, Avan Jogia, Elizabeth Gillies, Leon Thomas III, Matt Bennett

06:00 pm The Middle (Rpt) PG Forced Family Fun: Part 2

> While Frankie recalls more bad memories from her camping trip honeymoon, Sue continues to get on Axl's nerves with constant questions about high school.

Starring: Patricia Heaton, Neil Flynn

06:30 pm The Middle (Rpt) PG **Hecking Order** 

> After Axl plays a trick on Sue at school and doesn't come to her defense, a debate ensues over who's really in charge in the family, causing Mike to attend a parent-teacher conference.

Starring: Patricia Heaton, Neil Flynn

07:00 pm The Middle (Rpt) PG **Major Changes** 

> Frankie gets fed up with the kids and leaves to spend some time with her mum, leaving the kids with Mike to figure out what they did wrong and how they can change.

Starring: Patricia Heaton, Neil Flynn



Sunday 01st January 2023

07:30 pm Lano And Woodley: Lano And Woodley CC (Rpt)

Sexual References, Coarse Language **Lano And Woodley: Lano And Woodley** 

Freshly inspired mayhem, and a handful of classics from the vault make this an evening of belly laughs. Comedy Legends Lano & Woodley turn bickering banter into an artform.

08:40 pm The Cheap Seats (Rpt)

CC M Coarse Language Mature Themes, May Contain:

Taking a fun look at the year that was are The Cheap Seats hosts Melanie Bracewell and Tim McDonald. Joining in on the action are Mel Tracina, Titus O'Reily and special guest Sam Pang.

**ALL NEW EPISODES** 

09:40 pm GoggleBox UK

M Sexual References, Coarse Language, Mature Themes

Britain's most opinionated viewers comment on the best and worst TV shows from the comfort of their sofas. Programs include Britain's Got Talent, Naked Beach, Line of Duty, First Dates, Our Planet.

**SEASON PREMIERE** 

10:40 pm Workaholics

MA15+ Sexual References, Coarse Language, Crude Humour <u>Dorm Daze</u>

When the guys head to the North Rancho College Job Fair on business, Ders feuds with Coast Guard officers while Adam and Blake pursue their dreams elsewhere on campus.

**ALL NEW EPISODES** 

Front Yard Wrestling

11:10 pm Workaholics

MA15+ Violence, Drug Use, Crude Humour

In order to raise enough money for their rent, the guys create a public access wrestling show.

**ALL NEW EPISODES** 

11:40 pm Workaholics

MA15+ Violence, Sexual References, Coarse Language, Crude Humour Speedo Racer

Ders is forced to revisit a traumatic event from his youth when Adam and Blake convince him to attend a reunion of his high school swim team

12:10 am South Park (Rpt)

MA15+ Violence, Sexual References, Coarse Language **Fishsticks** 

Jimmy is angry that Cartman tries to take credit for a joke he created that is now sweeping the nation. But an angry Kanye West just can't get his head around the punch line.



**Sunday 01st January 2023** 

12:40 am	Catfish: The TV Show (Rpt)	M Coarse Language	Joe & Kari Ann  Joe was skeptical when former Miss Teen USA, Kari Ann Peniche, sent him a friend request. Now, after months of intense communication, Joe thinks it might be the real Kari Ann.
01:25 am	Catfish: The TV Show (Rpt)	M Coarse Language	Jamey & Ari  Jamey fell for Ari, a fellow Texan he met online. Jamey will do anything to meet her, but Ari says she will only meet him in-person on TV. With the help of Nev and Max, Ari shares her story.
02:10 am	Catfish: The TV Show (Rpt)	М	Blaire & Markie  When Blaire's instagram lover Markie broke her heart she moved on and found a new girlfriend. But now Markie is back and wants to finally meet. Blaire needs Nev and Max's help to make it happen.
03:00 am	SpongeBob SquarePants (Rpt)	G	Yours, Mine And Mine/kracked Krabs  SpongeBob and Patrick buy a toy and have to learn to share it.  SpongeBob goes with Mr. Krabs to the Cheapest Crab Convention.
03:30 am	SpongeBob SquarePants (Rpt)	G	Oner Coarse Meal/gary In Love  Mr. Krabs finds out that Plankton's afraid of whales. Gary falls for a snail named Mary.
04:00 am	Dora The Explorer (Rpt)	G	<u>Dora's Super Soccer Showdown</u> Dora travels to Brazil to play in the Big Cup Soccer Tournament, and if her team can beat the Monsters, they'll win the Big Cup.
04:30 am	Dora The Explorer (Rpt)	G	Puppies Galore  Dora, Boots, Benny and a stroller full of rambunctious puppies rush to save their puppy friend, Little Boots, before he wakes up a bear.
05:00 am	Team Umizoomi (Rpt)	G	Cuckoo Bears  The Team can't wait to meet the Cuckoo Bears, the band that lives inside the UmiCity Cuckoo Clock! But when the Cuckoo Bears lose the gears. It's up to the Team to fix them before the clock strikes 12
05:30 am	Team Umizoomi (Rpt)	G	Stompasaurus  The Team's friend Wyatt is getting a new Stompasaurus toy delivered! But when the delivery truck drives down a bumpy road, the toy's pieces go flying! It's up to Team Umizoomi to retrieve the toys.



Monday 02nd January 2023

06:00 am	Blue's Clues & You (Rpt)	G	Blue's Big Beat Band  Josh and Blue are starting a band! As we play Blue's Clues to find out what instrument Blue will play, we form our very own house band, learn rhythms, identify tempos, and sing and clap all day long.
06:30 am	Blaze And The Monster Machines (Rpt)	G	Robot Power  When Crusher unleashes three of his most destructive creations on Axle City, there's only one hero strong enough to save the day: Robot Blaze!
07:00 am	Deer Squad		
07:30 am	Paw Patrol (Rpt)	G	Pups Save The Kitty Rescue Crew / Pups Save An Ostrich  The Kitten Catastrophe Crew tries to upstage the PAW Patrol by creating their own rescue missions. Cap'n Turbot brings an ostrich named Oscar to Adventure Bay, and is soon adopted by the Wingnuts.
08:00 am	Paw Patrol (Rpt)	G	Pups Save Big Paw / Pups Save The Hum-Mover  Tracker and Skye investigate the disappearance of a golden relic. Rocky builds a transportation system for Mayor Goodway's arch rival, Mayor Humdinger.
08:30 am	Team Umizoomi (Rpt)	G	<u>Carnival</u> Jake calls on Team Umizoomi to find his stuff animal, bunny, which was left on one of the rides at the Carnival.
09:00 am	Baby Shark's Big Show (Rpt)	G	All I Want For Fishmas With Fishmas around the corner, the season's hottest toy- Burpin' Bubbz - is at the top of Baby Shark's and William's wish lists. But when Santa Jaws goes missing, it's up to them to save Fishmas
09:30 am	Bubble Guppies (Rpt)	G	Party At Sea!  It's time to celebrate boats with a party at sea! But when a giant ball of snow cone ice threatens to sink the party ship, can the Guppies use their nautical knowledge to save the day and the party?
10:00 am	Butterbean's Cafe (Rpt)	G	Grandma Nana Banana Bread / Lots And Lots Of Lemons!  Dazzle suprises her grandma by making banana bread but she can't remember the last ingredient! When Ms. Marmalady switches Jasper's fruit order with a lemon delivery, he's in for a sour surprise.



Monday 02nd January 2023

11:00 am	Blaze And The Monster Machines (Rpt)	G	<u>Darington To The Moon!</u> Today Darington will attempt his biggest stunt yet: rocketing to the moon! But his battery-powered rocket is out of energy. To get to the moon, Blaze must help Darington recharge.
11:30 am	Blaze And The Monster Machines (Rpt)	G	Spark Bug Blaze, Stripes & AJ are racing through the jungle when Stripes discovers a lost little fire beetle named Sparky. Blaze and his friends set off across the jungle to help Sparky get back home.
12:00 pm	Paw Patrol (Rpt)	G	Pups And The Kitty-Tastrophe / Pups Save A Train  Ryder and the PAW Patrol set out to rescue a lost kitty who is heading out to sea on a toy boat. After an avalanche, Rubble uses his bulldozer to clear a railroad track to free Katie and Cali's train!
12:30 pm	Paw Patrol (Rpt)	G	Pup Pup Boogie / Pups In A Fog  The Paw Patrol must repair the train tracks after a wreck, so a train carrying the latest version of Pup Pup Boogie can get through. Next, the PAW Patrol battle the clock to fix the lighthouse.
01:00 pm	Paw Patrol (Rpt)	G	Pups Save The Space Alien / Pups Save A Flying Frog  A Spaceship crash lands at Farmer Yumi's, and the PAW Patrol help the stranded alien get back to his home planet! Meanwhile, Marshall's new pet frog, Smiley, is going to be in a jumping contest!
01:30 pm	Paw Patrol (Rpt)	G	Pups Save Jake / Pups Save The Parade  Jake and Chase go deep cave spelunking, but Jake gets his ankle stuck between some fallen rocks! Next, Adventure Bay Parade Day goes awry when Alex puts too many balloons on Katie's bathtub float.
02:00 pm	Deer Squad		

02:30 pm Ricky Zoom



Monday 02nd January 2023

03:00	pm	lt's	Pony
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03:30 pm SpongeBob SquarePants (Rpt) G Spot Returns/ The Check-Up

When his pet, Spot has puppies, Plankton decides to use them in another of his nefarious plots. Mr. Krabs is too scared to get his physical, but if he doesn't pass, the Krusty Krab will be shut down!

04:00 pm The Casagrandes

04:30 pm The Thundermans

05:00 pm Henry Danger

05:30 pm Danger Force

**06:00 pm** The Middle (Rpt) PG <u>The Test</u>

Frankie helps Axl prepare at the last minute for the PSAT, Sue tries out for the cheerleading team, and Mike tries to get Brick to stand up to bullying.

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Starring: Patricia Heaton, Neil Flynn

06:30 pm The Middle (Rpt) PG Bad Choices

The Hecks consider moving into an apartment, Axl plots to miss a test at school but still go to a party, Sue and Brad prepare a skit for school, and Brick begins quoting Shakespeare.

Starring: Patricia Heaton, Neil Flynn

07:00 pm The Middle (Rpt) PG Heck's Best Thing

In the aftermath of a visit to AxI from a college football recruiter, Frankie

decides to try harder for her family.

Starring: Patricia Heaton, Neil Flynn



Monday 02nd January 2023

07:30 pm The Office (Rpt)

PG Sexual References, Mild Coarse

Language

The Ultimatum

Michael anxiously awaits news from Holly about the status of her romance. Andy, Dwight and Darryl try to woo women on their lunch break, and Pam getst the staff to share their New Year's resolutions.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed Helms, Amy Ryan

08:00 pm The Office (Rpt)

PG Mild Coarse Language

The Seminar

When Andy falls into a sales slump, he hosts a small business seminar featuring special guests. Michael agrees to help by posing as a Greek entrepreneur, and tries to get Holly to play along.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed Helms

Guest Starring: Ricky Gervais

**MOVIE** 

08:30 pm Breath (Rpt) (2017)

CC Μ Sex Scenes, Coarse Language, Mature Themes

Two teenage boys form an unlikely friendship with Sando, a mysterious older surfer and adventurer who pushes the boys to take risks that will have a lasting and profound impact on their lives.

10:50 pm Bojack Horseman (Rpt)

М Sexual References The Light Bulb Scene

BoJack has misgivings about his new show. Princess Carolyn visits an adoption agency. Todd interviews for job WhatTimeIsItRightNow.com.

Starring: Will Arnett, Amy Sedaris, Aaron Paul, Rami Malek, Alison Brie

Guest Starring: Whoopi Goldberg

11:20 pm The Late Late Show With James

Corden

Μ

Mature Themes

Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.

12:20 am Catfish: The TV Show (Rpt)

**Tyler & Amanda** 

Tyler seems to have it all - which is why his friends were so surprised when he fell for Amanda online. After a year and a half of chatting and texting, Tyler thinks they could have a future together.

01:10 am Catfish: The TV Show (Rpt)

PG Mature Themes Steven & Samm

Steven is about to graduate high school and instead of planning for college, he wants to move to California and support his online love, Samm. Steven's mum is highly skeptical of Samm's identity.

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Monday 02nd January 2023

02:05 am	Catfish: The TV Show (Rpt)	М	Untold Stories Part 3
		Sexual References, Mature Themes	Hosted by Nev Schulman and Max Joseph, the third installment of Catfish: The Untold Stories, features three shocking but true tales from the past as told by the people who actually experienced them.
03:00 am	SpongeBob SquarePants (Rpt)	G	Keep Bikini Bottom Beautiful/a Pal For Gary
			Squidward cleans up the city of Bikini Bottom with "help" from SpongeBob. Later, SpongeBob brings Gary a pet that terrorises him.
03:30 am	SpongeBob SquarePants (Rpt)	G	Back To The Past/the Bad Guy Club For Villains
			SpongeBob and Patrick go back in time to see the young Mermaidman and Barnacleboy. Later, SpongeBob and Patrick watch their heroes fight bad guys in a classic Mermaidman and Barnacleboy episode.
04:00 am	Dora The Explorer (Rpt)	G	Catch That Shape Train!
			Dora & Boots are making a Shape Train in his Boots' sticker book, but when the train goes rolling down the track without Círculo the steering wheel, they need your help to catch it!
04:30 am	Dora The Explorer (Rpt)	G	Verde's Birthday Party!
			Dora, Boots and Verde the clean-up truck need your help on an adventure to clear up a flood at Party Park in time for Verde's birthday part!! Vamonos!
05:00 am	Team Umizoomi (Rpt)	G	Job Well Done!
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Team Umizoomi's friend David is saving his allowance to buy a Red Racing Bike. Milli, Geo and Bot take on different jobs around the city to help David earn enough Umidollars to buy the bike!
05:30 am	Team Umizoomi (Rpt)	G	Rainy Day Rescue
			When the rainwater washes a nest of baby birds out of their tree, Team Umizoomi must splash their way through streets, parks, and puddles to rescue them!



**Tuesday 03rd January 2023** 

06:00 am	Blue's Clues & You (Rpt)	G	Hide And Seek With Blue  Josh, Blue, and all our friends are playing Hide and Seek, and Blue knows the BEST hiding spot! As we play Blue's Clues to figure out the best place to hide, we search for our hiding friends.
06:30 am	Blaze And The Monster Machines (Rpt)	G	The Pickle Family Campout  When all the members of Pickle's family get lost in the woods, Pickle teams up with Tow Truck Blaze to come to their rescue!
07:00 am	Deer Squad		
07:30 am	Paw Patrol (Rpt)	G	Sea Patrol: Pups Save A Sunken Sloop / Sea Patrol: Pups Save A Wiggly Whale  Pirate Sid Swashbuckle and his puppy named Arrby try to steal treasure from a submerged ship in the bay. Cap'n Turbot and Francois are chased by an unhappy whale with driftwood stuck in its teeth.
08:00 am	Paw Patrol (Rpt)	G	Pups Save A High-Flying Skye / Pups Go For The Gold  During a hurricane, a blackout hits Adventure Bay while Skye is in the middle of a mission. Rubble sets up a barricade to stop an out-of-control mine cart with Otis Goodway's huge piece of gold.
08:30 am	Team Umizoomi (Rpt)	G	Picnic  Team Umizoomi is going to meet Anna for a picnic, when suddenly the Umi Alarm sounds. Anna can't find her thermos or lunchbox! The team must find the missing items and save the picnic!
09:00 am	Baby Shark's Big Show (Rpt)	G	Fish Friends Forever / Jelly Pox  Baby's rivalry with Shadow gets heated, when they enter a music competition. / Baby learns that when it comes to feeling better, there's no substitute to rest, covering your sneezes, and staying home
09:30 am	Bubble Guppies (Rpt)	G	The Unidentified Flying Orchestra!  After Gil and Molly meet a conductor, the Guppies want to join an orchestra. Led by a conductor from another planet, the Guppies' orchestra will make music that's out of this world!



**Tuesday 03rd January 2023** 

10:00 am	Butterbean's Cafe (Rpt)	G	Friendship Pretzels!/the Wild Tooth Chase
			When Dazzle gives Butterbean a friendship necklace, Poppy feels left out. Will Poppy tell her fairy friends how she's feeling? Later, Cricket loses her first tooth!
10:30 am	Ricky Zoom		
11:00 am	Blaze And The Monster Machines (Rpt)	G	Fire Alarm Blaze Blaze gets an urgent call from the fire chief saying there's a fire on the bridge and he needs extra help, so it's up to Fire Engine Blaze and AJ to hurry and save the day.
11:30 am	Blaze And The Monster Machines (Rpt)	G	Axle City Grand Prix  On the day of the Axle City Grand Prix, Crusher steals Gabby's remote that can control anything to stop Blaze from winning, so the friends must work together to beat Crusher and get the remote back.
12:00 pm	Paw Patrol (Rpt)	G	Pup Pup Goose / Pup Pup And Away  Marshal gets a new BFF when a gosling he names Fuzzy takes a liking to him. When Mayor Goodway accidentally takes off in a hot air balloon, Ryder and the Paw Patrol must save her and win the race!
12:30 pm	Paw Patrol (Rpt)	G	Pups On Ice / Pups And The Snow Monster  Alex goes snowboarding, only to land in danger after he acts like a daredevil. Paw Patrol then investigates odd footprints in the snow, and rumours surface that they belong to a scary snow monster.
01:00 pm	Paw Patrol (Rpt)	G	Pups Save The Diving Bell / Pups Save The Beavers  While deep sea diving, the Turbots' diving bell ends up stuck at the bottom of the ocean. Then, a storm washes away Chompy the Beaver's dam, so he starts chomping on wood all around Adventure Bay!
01:30 pm	Paw Patrol (Rpt)	G	Pups Save A Ghost / Pups Save A Show  A mysterious ghost is causing havoc around the Lookout, until the pups discover it's not a ghost at all. Later, a stage prop collapses before the big play and traps Cap'n Turbot. Pups to the rescue!



**Tuesday 03rd January 2023** 

02:00 pm Deer Squad

02:30 pm Ricky Zoom

03:00 pm It's Pony

03:30 pm SpongeBob SquarePants (Rpt)

Spin The Bottle/ There's A Sponge In My Soup

Plankton poses as a wish-granting genie in his latest scheme to get the secret formula. Mr. Krabs' new Krabby soup is a hit - until some heat-loving hippies move into the soup vat!

04:00 pm The Casagrandes

04:30 pm The Thundermans

05:00 pm Henry Danger

05:30 pm Danger Force

**06:00 pm** The Middle (Rpt) PG <u>The Play</u>

G

Frankie and Sue decide to act together in a play, but Frankie refuses to quit after Sue is removed. Meanwhile, Uncle Rusty tries to make up to Brick for missing the special school lunch.

Starring: Patricia Heaton, Neil Flynn

**06:30 pm The Middle**(Rpt) PG <u>Thanksgiving III</u>

Frankie's parents, Pat and Tag, invite the Hecks to spend a few days at

their house to celebrate Thanksgiving together.

Starring: Patricia Heaton, Neil Flynn

07:00 pm The Middle (Rpt) PG The Map

After attending Aunt Ginny's funeral, Frankie begins to fear that the family is missing out on important life milestones and vows to begin

celebrating all of them.

Starring: Patricia Heaton, Neil Flynn



**Tuesday 03rd January 2023** 

07:30 pm The Office (Rpt)

PG Sexual References, Mild Coarse Language

**The Search** 

Holly, Erin and Dwight embark on an odd odyssey to find Michael when he goes missing after being left stranded in a gas station bathroom. Gabe gets agitated when Pam inspires a captioning challenge.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed Helms, Amy Ryan

08:00 pm The Office (Rpt)

PG Sexual References, Drug References

<u>Pda</u>

It's Valentine's Day, and everyone is fed up with Michael and Holly's public displays of affection. Trouble bubbles over when Jim and Pam get drunk and try to find a place in the office to have sex.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed Helms, Amy Ryan

**MOVIE** 

08:30 pm Mean Machine

10:30 pm South Park (Rpt)

Violence,

Crude Humour

**Margaritaville** 

In a riff on the story of Christ, Randy implores the town to stop angering the economy with rash purchases, but a young Jew, Kyle, challenges

this orthodox teaching.

11:00 pm South Park (Rpt)

MA15+ Violence. Sexual References. Coarse Language

**Fishsticks** 

Jimmy is angry that Cartman tries to take credit for a joke he created that is now sweeping the nation. But an angry Kanye West just can't get his head around the punch line.

11:30 pm The Late Late Show With James

Corden

Mature Themes

Join James Corden, the lovable Englishman of late night television as he chats, gossips and jokes with famous guests.

12:30 am Catfish: The TV Show (Rpt)

М

Coarse Language

Rod & Ebony

When Rod met Ebony on a dating website four years ago, he thought he was talking to a heterosexual woman. But after the two fell in love, Ebony revealed that she is transgender.



Tuesday 03rd January 2023

01:20 am	Catfish: The TV Show (Rpt)	M Sexual References, Coarse Language, Mature Themes	Where Are They Now?  Max hits the road to catch up with some of his favourite hopefuls and catfish from the past. Have the hopefuls found true love? Are the catfish still catfishing?
02:10 am	Catfish: The TV Show (Rpt)	M Coarse Language, Mature Themes	Kim & Matt  Kim's been pouring her heart out to Matt online for over 10 years. Now, Kim's facing a life-changing decision - marry her current boyfriend or find out if Matt is her soul mate?
03:00 am	SpongeBob SquarePants (Rpt)	G	Oner Coarse Meal/gary In Love  Mr. Krabs finds out that Plankton's afraid of whales. Gary falls for a snail named Mary.
03:30 am	SpongeBob SquarePants (Rpt)	G	The Play's The Thing/rodeo Daze  Mr. Krab opens a Dinner Theater at the Krusty Krab. SpongeBob takes his pals to Texas to see Sandy in a squirrel rodeo.
04:00 am	<b>Dora The Explorer</b> (Rpt)	G	<u>Dora And Perrito To The Rescue</u> With her brave dog at her side, Dora races on her scooter to the Big River so they can rescue Boots.
04:30 am	<b>Dora The Explorer</b> (Rpt)	G	Riding The Roller Coaster Rocks  Dora, Boots & Abuela are exploring the rainforest looking for the secret door to Adventure Forest! It's a magical forest amusement park that Abuela used to go to when she was a little girl!
05:00 am	Team Umizoomi (Rpt)	G	Team Umizoomi Vs. The Shape Bandit Part 1  There's a Shape Bandit on the loose and he's taking shapes from all over Umi City! But when he takes Geo's Shape Belt, he crosses the line! It's up to Team Umizoomi to save Umi City!
05:30 am	Team Umizoomi (Rpt)	G	Team Umizoomi Vs. The Shape Bandit Part 2 There's a Shape Bandit on the loose and he's taking shapes from all over Umi City! But when he takes Geo's Shape Belt, he crosses the line! It's up to Team Umizoomi to save Umi City!



Wednesday 04th January 2023

06:00 am	Blue's Clues & You (Rpt)	G	Blue's Treasure Hunt Cap'n McStripes (that's "'pirate"' for Josh) and Blue are playing pirates, but where is the treasure?! We play Blue's Clues to figure it out.
06:30 am	Blaze And The Monster Machines (Rpt)	G	The Chicken Circus!  Blaze, AJ, & Darington are in the front row for the amazing Chicken Circus! But when Crusher accidentally launches the chickens far, far away, it's up to Blaze and Darington to get their friends back.
07:00 am	Deer Squad		
07:30 am	Paw Patrol (Rpt)	G	Pups Save An Extreme Lunch / Pups Save A Cat Burglar  Daring Danny X is performing a new stunt! He is harnessed over a canyon eating an Extreme Lunch when the wind blows him upside down! It's Pie Swap Day in Adventure Bay!
08:00 am	Paw Patrol (Rpt)	G	Sea Patrol: Pups Save The Flying Diving Bell / Sea Patrol: Pups Save A Soggy Farm Cap'n Turbot and Francois use their diving bell to detect a newly-formed submarine volcano that is about to erupt. The pups investigate a flooded farm and discover that a storm drain has been blocked.
08:30 am	Team Umizoomi (Rpt)	G	Super Trip To The Supermarket  It's snack time and Samantha's baby brother doesn't have his favorite snack! Team Umizoomi explores the supermarket to track down the missing snack foods ingredients.
09:00 am	Baby Shark's Big Show (Rpt)	G	Baby Tooth / Slobber Slug Baby Shark loses his tooth / A game of Barnacle Ball turns into a rescue mission after Hank's pet rock, Rocky, is hit into the Lair of the Slobber Slug.
09:30 am	Bubble Guppies (Rpt)	G	Come To Your Senses!  Nonny broke his glasses! When they're fixed, Nonny is determined to retrieve them on his own. But to do it, he'll have to depend on his other four senses to reach the glasses store before it closes!



Wednesday 04th January 2023

10:00 am	Butterbean's Cafe (Rpt)	G	Fluttercakes! / The Perfect Picnic!
			Ms. Marmalady won't let the garbage man empty Butterbean's dumpster unless she beats her in a pancake-making contest. Ms. Marmalady sabotages the Puddle Scouts' picnic with ants!
10:30 am	Ricky Zoom		
11:00 am	Blaze And The Monster Machines (Rpt)	G	Treasure Track  Blaze, AJ, and Gabby join Pegwheel the Pirate-Truck for an island treasure hunt! Following their treasure map, the friends search jungle beaches and mountains to find where X marks the spot.
11:30 am	Blaze And The Monster Machines (Rpt)	G	Rocket Ski Rescue  Crusher cheats with a pair of rocket skis to impress his Grammy. But when the skis malfunction and carry him all over town, Blaze, AJ and Grammy work together so they can save her runaway grandson.
12:00 pm	Paw Patrol (Rpt)	G	Pups Save The Circus / Pup A Doodle Do  Ryder gets a call from the Circus ringmaster - Ellie the baby elephant has escaped! Next up, Marshall and Chase lead the search when Mayor Goodway's purse chicken Chickaletta goes missing.
12:30 pm	Paw Patrol (Rpt)	G	Pups Pit Crew / Pups Fight Fire  The PAW Patrol have to rescue Alex when he takes off on his new trike.  Marshall proves he is a hero when he stops to put out a real fire on the beach during a firefighting obstacle course race.
01:00 pm	Paw Patrol (Rpt)	G	The New Pup  The PAW Patrol rolls out in their new PAW Patroller to save Jake when he gets stranded in the ice fields, but a new pup also pops up to lend a paw - the brave ranger, Everest!
01:30 pm	Paw Patrol (Rpt)	G	Pups And The Big Freeze / Pups Save A Basketball Game  An ice storm causes trouble all over Adventure Bay. The PAW Patrol races to the rescue! Marshall is nervous about playing when Mayor Goodway challenges Mayor Humdinger's basketball team to a game.



Wednesday 04th January 2023

02:00 pm Deer Squad

02:30 pm Ricky Zoom

03:00 pm It's Pony

03:30 pm SpongeBob SquarePants (Rpt) Man Ray Returns/ Larry The Floor Manager

> When Man Ray rents Squidward's house for the weekend, it's up to SpongeBob and Patrick to stop his evil vacation! Mr. Krabs takes a vacation and makes Larry the temporary manager of the Krusty Krab.

04:00 pm The Casagrandes

04:30 pm The Thundermans

05:00 pm Henry Danger

05:30 pm Danger Force

06:00 pm The Middle (Rpt) PG **Hecking IT Up** 

> The Hecks help themselves to the Donahues' new car while they are away at the Super Bowl, and Sue decides to tell her new boyfriend that she loves him.

06:30 pm The Middle (Rpt) PG **The Concert** 

> Frankie helps Sue get tickets to a Justin Bieber concert, Brick is too embarrassed to go to school after losing a spelling bee, and Axl tries to break the speed limit on foot.

Starring: Patricia Heaton, Neil Flynn

Starring: Patricia Heaton, Neil Flynn

07:00 pm The Middle (Rpt) PG **The Sit Down** 

Frankie and Mike decide to stop nagging and punishing the kids and let

them begin taking responsibility for themselves.

Starring: Patricia Heaton, Neil Flynn



Wednesday 04th January 2023

**07:30 pm The Office (Rpt)** 

M Stylised Violence **Threat Level Midnight** 

After 11 long years of production, Michael finally presents his action flick, "Threat Level Midnight," to Holly and his staff, but he might not be

prepared for their reviews.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed

Helms, Amy Ryan

08:00 pm The Office (Rpt)

M Sexual References Todd Packer

Everyone is up in arms after Michael convinces Holly to give his obnoxious best friend Todd Packer an office job, and Andy gets upset

after Pam gets a new computer for reception but not for him.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer,

David Koechner, Amy Ryan

08:30 pm Catfish: The TV Show (Rpt)

M Coarse Language Chitara & Priscilla

Chitara took a big leap and came out to her family when she met Priscilla online. But Priscilla ended their relationship unexpectedly, and now

Chitara is determined to find out what happened.

**09:20 pm Catfish: The TV Show** (Rpt)

Mature Themes

Felipe & Jasmine

Single father Felipe is ready to settle down and expand his family with his online love, Jasmine. Max Joseph returns and joins Nev to find out if

Jasmine is who she says she is.

10:10 pm Catfish: The TV Show (Rpt)

M Coarse Language Whitney & Bre

Whitney met Brenell on an LBGT site four years ago and is head over

heels in love, even though Brenell refuses to video chat with her.

Whitney is desperate to find out why.

11:00 pm The Late Late Show With James

Corden

Μ

Mature Themes

Join James Corden, the lovable Englishman of late night television as he

chats, gossips and jokes with famous guests.

 $\textbf{12:00}\,\textbf{am}\quad\textbf{The Office}\,(\mathsf{Rpt})$ 

M Stylised Violence

Threat Level Midnight

After 11 long years of production, Michael finally presents his action flick, "Threat Level Midnight," to Holly and his staff, but he might not be

prepared for their reviews.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed

Helms, Amy Ryan



Wednesday 04th January 2023

12:30 am	Catfish: The TV Show (Rpt)	М	Rico & Ja'mari
			Rico wants to move to England to care for his ailing mother, but his intense online relationship with Ja'mari, an international male model, is giving him second thoughts about leaving.
01:20 am	Catfish: The TV Show (Rpt)	M Coarse Language	Tiana & James  After a 3 year online relationship, Tiana moved across the country to finally be with the love of her life, James, and reveal her secret in person.
02:10 am	Catfish: The TV Show (Rpt)	M Sexual References, Coarse Language	Fresh Catch Special Fresh Catch Special will take a look back at the most memorable moments from season 4, plus we'll get a first glimpse at some never before seen deleted scenes.
03:00 am	SpongeBob SquarePants (Rpt)	G	Gramma's Secret Recipe/the Cent Of Money  Plankton disguises himself as SpongeBob's grandmother. Mr. Krabs uses Gary to find spare change.
03:30 am	SpongeBob SquarePants (Rpt)	G	The Curse Of The Hex/the Main Drain  Madame Hagfish puts a hex on the Krusty Krab. SpongeBob and Patrick search for a legendary drain on the ocean floor.
04:00 am	Dora The Explorer (Rpt)	G	Kittens In Mittens  Dora is reading a book of nursery rhymes to Abuela's kitty, Lucky. Lucky loves the one about the three little kittens who ring the bells on their mittens as they dance and sing!
04:30 am	Dora The Explorer (Rpt)	G	<u>Dora's Great Roller Skate Adventure</u> Dora and Boots put on their roller skates and take off on a skating adventure to stand up to a bully named Big Wheeler and open Skate Park for everyone.
05:00 am	Team Umizoomi (Rpt)	G	Shooting Star Shooting Star is the tiniest horse at the ranch. More than anything he wants to be BIG like the other horses. Team Umizoomi takes Shooting Star on a mission to make Shooting Star grow.
05:30 am	Team Umizoomi (Rpt)	G	The Umi Sports Games  Team Umizoomi is playing in the biggest sports event - The Umi Games! But there's a catch: to win the Super Sports Trophy, Milli, Geo and Bot will have to defeat the robotic athletes in each event.



**Thursday 05th January 2023** 

06:00 am	Blue's Clues & You(Rpt)	G	Blue's Big Baking Show  It's a sweet and delicious day at Blue's Bakery, because Josh and Blue are baking bibingka, a cake from the Philippines! We play Blue's Clues to figure out who Blue wants to bake for.
06:30 am	Blaze And The Monster Machines (Rpt)	G	Ninja Blaze Ninja Master Blackbelt is training Blaze & AJ to be powerful ninjas when Crusher & Pickle accidentally launch themselves onto an icy mountain! Now Blaze & AJ must use their new skills to rescue them.
07:00 am	Deer Squad		
07:30 am	Paw Patrol (Rpt)	G	Pups Save The Butterflies / Pups Save An Underground Chicken  Skye uses her super-sonic wings to find out where a group of butterflies is coming from. The PAW Patrol investigates the disappearance of Adventure Bay's Chickaletta statue.
08:00 am	Paw Patrol (Rpt)	G	Pups Save The Bookmobile / Pups Save Heady Humdinger  Everest calls Ryder to alert him of an out-of-control book truck. Rubble builds a ramp out of rocks to get the Kitten Catastrophe Crew's bulldozer down from a cliff.
08:30 am	Team Umizoomi (Rpt)	G	Subway Heroes It's Daniel's birthday party but he has a big problem! The party is about to start but his Dad is stuck on a broken subway train with the cake! Daniel calls on Team Umizoomi for help.
09:00 am	Baby Shark's Big Show (Rpt)	G	Super-Shark / William Vs Wild  Inspired by their favorite TV show, She-Shark, Baby Shark and William set out to be superheroes. / After making up a lie to sound brave, William is forced to face his fears.
09:30 am	Bubble Guppies (Rpt)	G	Puddleball!  Gil invents a new game that shows how fun a little rain can be. But when the weather turns too wet, even for puddleball, Bubble Puppy must overcome his fear of thunder to save the game!



**Thursday 05th January 2023** 

10:00 am	Butterbean's Cafe (Rpt)	G	Dazzle's Cake-Tastrophe! / Cricket's First Menu!  When Dazzle is left in charge of the cafe, she tries to do everything herself. Will she learn to ask for help? Cricket's first lunch menu is ruined when all the ketchup goes missing!
10:30 am	Ricky Zoom		
11:00 am	Blaze And The Monster Machines (Rpt)	G	<b>Dinosaur Parade</b> Herds of dinosaurs are marching through Axle City! But when Crusher pushes his way into the parade, he scatters dinos everywhere, and it's up to Blaze, AJ and Zeg to find and rescue them.
11:30 am	Blaze And The Monster Machines (Rpt)	G	Pickle Power  Crusher builds a vacuum to clean up his big mess, but the machine goes haywire, sucking up Crusher & everything in its path! Now Pickle must team up with Blaze & AJ to stop the vacuum & save Crusher.
12:00 pm	Paw Patrol (Rpt)	G	Pups Save The Treats / Pups Get A Lift  Mr. Porter's food truck of pup treats slides onto some thin ice. Then, Katie and her cat Cali are on the chai-lift when it stops - leaving them high above the ski slope with no way to get down!
12:30 pm	Paw Patrol (Rpt)	G	Pups And The Ghost Pirate  It's Halloween! Capt'n Turbot has decorated an old wreck as a pirate ship for a town party. When the ship mysteriously heads out to sea captained by a ghost, Ryder & the Paw Patrol must save the ship.
01:00 pm	Paw Patrol (Rpt)	G	Pups Save An Ace / Pups Save A Wedding  Famous stunt pilot Ace runs into engine trouble, and the PAW Patrol must save her so the air show can go on! The pups help Farmer Yumi prepare for her wedding day after a storm blows her barn apart.
01:30 pm	Paw Patrol (Rpt)	G	Pups Save A Talent Show / Pups Save The Corn Roast  The mayor is afraid there won't be enough acts for Talent Show Day, so the super talented Pups help out! Paw Patrol must find Chickaletta when she is trapped inside a corn maze filled with popcorn.



**Thursday 05th January 2023** 

02:00 pm Deer Squad

02:30 pm Ricky Zoom

03:00 pm It's Pony

03:30 pm SpongeBob SquarePants (Rpt) G The Legend Of Boo-Kini Bottom

It's Halloween in Bikini Bottom, and the Flying Dutchman is going to

make sure everyone's scared - even SpongeBob!

04:00 pm The Casagrandes

04:30 pm The Thundermans

05:00 pm Henry Danger

05:30 pm Danger Force

06:00 pm The Middle (Rpt) PG <u>Leap Year</u>

Sue anxiously awaits a Leap Day surprise birthday party that isn't coming, Brick tries to save the social skills group after a girl joins it, and

Mike is saddened after a cat he took care of, dies.

Starring: Patricia Heaton, Neil Flynn

**06:30 pm The Middle (Rpt)** PG <u>The Paper Route</u>

Sue tries to keep a long-distance relationship with her boyfriend when he moves away, Brick decides to take a paper route to make money for

night vision goggles.

Starring: Patricia Heaton, Neil Flynn

**07:00 pm** The Middle (Rpt) PG <u>Get Your Business Done</u>

A new church convinces the Hecks to "get their business done," but the

results that stem from their new-found inspiration are mixed.

Starring: Patricia Heaton, Neil Flynn



**Thursday 05th January 2023** 

07:30 pm The Office (Rpt)

PG Sexual References **Garage Sale** 

The gang hosts a garage sale and Michael decides it's time to pop the

question to Holly.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed

Helms, Amy Ryan

08:00 pm The Office (Rpt)

PG **Training Day** 

> Michael makes fast friends with Deangelo Vickers, the man coming in to replace him at Dunder Mifflin, but begins to have second thoughts after

seeing his staff fawning all over the new boss.

Starring: Steve Carell, Rainn Wilson, John Krasinski, Jenna Fischer, Ed

Helms

Guest Starring: Will Ferrell

08:30 pm Jimeoin - Ramble On (Rpt)

Jimeoin - Ramble On

Sexual References, Coarse Language

Jimeoin presents his new stand up show Ramble On! Jimeoin happily imparts his clever and quirky observations on everyday suburban life in

his trademark devil-may-care style.

09:40 pm Eddie Ifft - Sweet Home Malibama

(Rpt)

CC MA15+

Sexual References. Coarse Language.

Eddie Ifft - Sweet Home Malibama

Eddie Ifft will have you in stitches as he shares stories of marriage and Strong Adult Themes parenting in his new home located in a horse community near Malibu,

California that he calls "Sweet Home Malibama".

11:00 pm South Park (Rpt)

Violence. Sexual References, Coarse Language, Crude Humour

An Elephant Makes Love To A Pig

The boys try to force Kyle's pet elephant to crossbreed with Cartman's pet pig for a class project on genetic engineering. Stan tries to deal with his sister Shelley, who keeps beating him up.

Voices: Trey Parker, Matt Stone

11:30 pm The Late Late Show With James

Corden

Μ

Mature Themes

Join James Corden, the lovable Englishman of late night television as he

chats, gossips and jokes with famous guests.

12:30 am Catfish: The TV Show (Rpt)

**Catfish: The Reunion Show** 

Participants from 'Catfish: The TV Show' reunite in MTV's Times Square studio to answer questions from fans, 'Catfish' investigators Nev and

Max, and host SuChin Pak.



**Thursday 05th January 2023** 

01:20 am	Catfish: The TV Show (Rpt)	M Coarse Language	Falesha & Jacqueline Falesha's name and pictures were stolen by a fake profile that nearly ruined her life. She thought her troubles were behind her, but four years later her past comes back to haunt her.
02:10 am	Catfish: The TV Show (Rpt)	М	Prophet & Trinity  While Prophet is launching his rap career comeback, he connected online with Trinity, a model who has become his rock. Prophet's ready to settle down, but is this beauty too good to be true?
03:00 am	SpongeBob SquarePants (Rpt)	G	House Sittin For Sandy / Smoothe Jazz At Rock Bottom  All is quiet while SpongeBob is house-sitting for Sandy until Patrick shows up! SpongeBob and Squidward lose their passes and try desperately to sneak backstage at the sold-out Kelpy G show.
03:30 am	SpongeBob SquarePants (Rpt)	G	Bubble Troubles / The Way Of The Sponge When SpongeBob and Patrick accidentally destroy Sandy's air supply, they have to help her find more oxygen. Later, SpongeBob wants to earn his belt from karate master, Fuzzy Acorns.
04:00 am	Dora The Explorer (Rpt)	G	Dora's And Sparky's Riding Adventure  After helping Sparky the horse feel better, Dora goes on one more ride with him before bringing him back to the barn. Help them watch out for Swiper, prickly bushes and falling rocks!
04:30 am	<b>Dora The Explorer</b> (Rpt)	G	<u>Dora's Museum Sleepover Adventure</u> Dora takes a Magic Cape back to the Prince's Castle so she can break the spell that turned the Prince into a lion.
05:00 am	Team Umizoomi (Rpt)	G	Haircut Hijinx  The Team's friend Owen is really excited: he's about to get a haircut! But when Owen's money blows away, the Team sets out on a high-stakes adventure to get it back.
05:30 am	Team Umizoomi (Rpt)	G	The Great Shape Race UmiCar and DumpTruck are in a race to the top of Shape Mountain to see who will win the big prize a magic Dodecahedron! But the Team needs to keep an eye on DumpTruck - he'll stop at nothing to win



Friday 06th January 2023

06:00 am	Blue's Clues & You(Rpt)	G	Blue's Big Dance Party Show us your dance moves! Josh and Blue are having a dance party, and we play Blue's Clues to figure out Blue's favorite dance.
06:30 am	Blaze And The Monster Machines (Rpt)	G	The Super-Size Prize  At the Axle City Fair, Blaze & AJ realize they don't have enough coins to use the new Supersize Prize Machine. So to earn money, Blaze gets three different jobs to take care of business.
07:00 am	Deer Squad		
07:30 am	Paw Patrol (Rpt)	G	Sea Patrol: Pups Save The Pirated Sea Patroller  After Sid Swashbuckle the pirate and Arrby the pirate pup steal the Sea Patroller, Ryder uses the lighthouse to project a fake ship out at sea and trick Sid and Arrby into returning their boat.
08:00 am	Paw Patrol (Rpt)	G	Pups Save The Pawpaws / Pups Save A Popped Top  Tracker and the PAW Patrol make juice from mountain papayas, also called "pawpaws". Rocky builds a scarecrow to stop a flock of hungry crows from eating a crop of corn.
08:30 am	Team Umizoomi (Rpt)	G	The Milk Out UmiCity is out of milk! The farmer is sick in bed and can't get any milk to the kids in the city. Team Umizoomi step up and become farmers for the day and make sure milk gets delivered.
09:00 am	Baby Shark's Big Show (Rpt)	G	Legendary Loot / Yup Day  After finding a map to the Legendary Loot, the Shark family splits up to hunt the treasure down. / Baby convinces Daddy to say 'yup' to everything for a day. What's the worst that could happen?
09:30 am	Bubble Guppies (Rpt)	G	The Bubble Bee-Athalon!  The Guppies are busy turning nectar into honey. It takes a lot of teamwork every step of the way. Can the kids work together to make honey for the queen bee's teatime?



Friday 06th January 2023

10:00 am	Butterbean's Cafe (Rpt)	G	The Sweetest Ride! / A Grilled Cheese For The Big Cheese!
			Butterbean's delivery truck breaks down so Mr. Brookwrench turns it into a glittery cafe on wheels! Later, the President has to cancel her lunch. Will Butterbean be able to bring lunch to her instead?
10:30 am	Ricky Zoom		
11:00 am	Blaze And The Monster Machines (Rpt)	G	Race Car Superstar  Blaze & AJ visit VelocityVille, a town full of race cars where everybody loves to go fast! When a snooty car named Speedrick traps all the other racers, Blaze must transform free his new friends.
11:30 am	Blaze And The Monster Machines (Rpt)	G	Race To Eagle Rock  Blaze brings all of his truck pals to VelocityVille for a wild race to the top of Eagle Rock! But Crusher will stop at nothing to beat race car Blaze & friends, setting traps to slow them down.
12:00 pm	Paw Patrol (Rpt)	G	Pups Save Christmas  When Santa's Sleigh crashes and the reindeer run off, the pups have to help Santa finish delivering presents and save Christmas.
12:30 pm	Paw Patrol (Rpt)	G	Pups Get A Rubble / Pups Save A Walrus  We see how Rubble became a member of the Paw Patrol! When Wally the Walrus gets tangled in an old fishing net, Ryder and the Paw Patrol need to get him to the surface and back to shore safely.
01:00 pm	Paw Patrol (Rpt)	G	Pups Leave Marshall Home Alone / Pups Save The Deer  Marshall must get a group of loose kittens back all by himself. But he has the help of the other pups' packs. Later, Ryder and the PAW Patrol rescue a family of deer stuck on slippery ice.
01:30 pm	Paw Patrol (Rpt)	G	Pups Save The Parrot / Pups Save The Queen Bee  The PAW Patrol heads to the jungle to help their friend Carlos find his lost parrot. Later, the PAW Patrol discover a beehive in Cap'n Turbot's lighthouse.



Friday 06th January 2023

02:00 pm Deer Squad

02:30 pm Ricky Zoom

03:00 pm It's Pony

03:30 pm SpongeBob SquarePants (Rpt)

No Pictures, Please/ Stuck On The Roof

Patrick leads an enthusiastic stranger on a tour of his favourite places in Bikini Bottom. SpongeBob is afraid to get off the roof of the Krusty Krab, but he won't let that stop him!

04:00 pm The Casagrandes

04:30 pm The Thundermans

05:00 pm Henry Danger

05:30 pm Danger Force

**06:00 pm** The Middle (Rpt) PG <u>The Clover</u>

G

Axl is going to the prom with Weird Ashley and is horrified when his friend Darrin asks Sue. Brick finds a 4-leaf clover and it brings him anything but good luck.

Starring: Patricia Heaton, Neil Flynn

**06:30 pm** The Middle (Rpt) PG <u>The Telling</u>

Mike gets the unwelcome task of signing up to volunteer at Brick's school because Frankie is stuck at work, while Sue blackmails Axl to get free rides around town for her and her friends.

Starring: Patricia Heaton, Neil Flynn

07:00 pm The Middle (Rpt) PG The Wedding

The Hecks discover at the last minute that they are hosting Mike's brother, Rusty's wedding and  ${\sf Axl}$  and his friends decide to start their

own summer business.

Starring: Patricia Heaton, Neil Flynn



Friday 06th January 2023

07:30 pm Gogglebox UK (Rpt)

Μ

Sexual References, Coarse Language, Mature Themes

Britain's most opinionated viewers comment on the best and worst TV shows from the comfort of their sofas. Programs include Britain's Got Talent, Naked Beach, Line of Duty, First Dates, Our Planet.

08:30 pm South Park (Rpt)

MA15+ Violence **Pinewood Derby** 

Randy and Stan inadvertently discover warp speed, allowing Earth to join the Galactic Federation of Planets, but an alien gangster threatens to ruin everything.

09:00 pm South Park (Rpt)

MΔ15+

Sexual References, Coarse Language, Crude Humour Sexual Healing

Kyle and Butters find themselves in the midst of America's most famous whilst in treatment for sex addiction. Cartman and Stan are glued to the new Tiger Woods game.

Voices: Trey Parker, Matt Stone

09:30 pm South Park (Rpt)

MA15+ Violence, Coarse Language, Crude Humour The Tale Of Scrotie McBoogerballs

Butters gets the blame and then the glory after the boys write a book intended to be gratuitously rude, but which is hailed as a masterpiece.

Voices: Trey Parker, Matt Stone

10:00 pm South Park (Rpt)

MA15+

Sexual References, Coarse Language, Drug References, Crude Humour **Crippled Summer** 

At camp with his disabled chums, Jimmy is oblivious to Nathan's attempts to kill him. The boys arrange an intervention as Towelie's drug use spirals out of control.

Voices: Trey Parker, Matt Stone

10:30 pm South Park (Rpt)

MA15+ Violence, Strong Coarse Language, Crude Humour **Poor And Stupid** 

Cartman wants to be a NASCAR driver when he grows up but believes he's too rich and too smart and that in order to be a NASCAR racer and enjoy it, he has to be poor and stupid.

Voices: Trey Parker, Matt Stone



Friday 06th January 2023

11:00 pm South Park (Rpt)

MA15+ Violence, Sexual References, Strong Coarse Language It's A Jersey Thing

South Park tries to keep New Jersey from spreading to their town, and they are forced to turn to some of their enemies for help.

Voices: Trey Parker, Matt Stone

11:30 pm The Late Late Show With James

Corden

М

Μ

Mature Themes

Join James Corden, the lovable Englishman of late night television as he

chats, gossips and jokes with famous guests.

12:30 am Nev & Max's Craziest Catfish Moments

Ever (Rpt)

Nev & Max's Craziest Catfish Moments Ever

Take a look at the most outrageous moments of Catfish: The TV Show

so far.

01:20 am Catfish: The TV Show (Rpt)

Coarse Language

Thad & Sara

Thad sought refuge from his struggling marriage through an online relationship with Sara. When Sara starts telling strange tales of seizures

and kidnappings, Thad starts to question her true identity.

02:10 am Catfish: The TV Show (Rpt)

M Sexual References,

G

G

G

**Andria & David** 

David is the only love Andria has ever known. But having never met after 10 years, Andria needs to know what David is hiding that keeps him

away.

03:00 am SpongeBob SquarePants(Rpt)

Coarse Language

Mr. Krabs uses Sandy's experimental formula on a Krabby Patty and the results are disastrous! While Bubble Buddy's son is visiting, SpongeBob

The Krabby Patty That Ate Bikini Bottom / Bubble Buddy Returns

tries desperately to keep him out of trouble.

03:30 am SpongeBob SquarePants (Rpt)

G Restraining Spongebob / Fiasco!

Squidward has had enough of SpongeBob's annoying antics & issues a restraining order against him. Plankton thinks he's stolen a Krabby Patty

from the Krusty Krab, but he's really stolen an art piece.

04:00 am Dora The Explorer (Rpt)

Dora's Ice Skating Adventure

Dora and Boots return to the Snowy Forest to help the Snow Princess defeat the Ice Witch in a skating contest and win back everyone's ice

skates.

04:30 am Dora The Explorer (Rpt)

<u>Dora Saves Fairytale Land Part 1</u>

Dora and Boots journey deep into the Never-to-be-Seen-Again Forest so they can bring magic water back from Sparkling Lake and save the

magic in Fairytale Land.



Friday 06th January 2023

05:30 am Team Umizoomi (Rpt)

**05:00 am Team Umizoomi** (Rpt) G Boardwalk Games!

The Team's friend Ryan wants to win a toy helicopter at the Boardwalk Carnival. But it costs 27 tickets! Milli, Geo and Bot play carnival games to earn tickets and help Ryan win the special prize.

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G Presto's Magic House

When Presto the Magician accidentally puts his wand in the washing machine, magic bubbles fill the laundry room, and Presto gets trapped inside of one. It's up to the Team Umizoomi to rescue Presto's!



Saturday 07th January 2023

06:00 am	Blaze and The Monster Machines (Rpt)	G	The Polar Derby  Blaze and his friends transform into racecars for the Polar Derby, a wintry race through the snow. But when racecar Crusher knocks them off-course, the pals must keep cool to stay on track.
06:30 am	Blaze and The Monster Machines (Rpt)	G	<u>Light Riders</u> A light thief is on the loose, leaving all of Axle City in the dark! Gabby outfits Blaze with special lights to help him track down the thief and restore the missing lights.
07:00 am	Blue's Clues & You (Rpt)	G	Happy Birthday Blue  It's Blue's birthday! We're playing Blue's Clues to figure out what present Blue wants for her birthday. While we look for Clues, we help Josh get ready for the party by observing patterns.
07:26 am	Ready Set Dance (Rpt)	G	Come Dance With Twirl  Join, your favourite Liger, Twirl as she shows off her signature move and her love for ballet and hip-hop.
07:30 am	Paw Patrol (Rpt)	G	Sea Patrol: Pups Save A Shark / Pups Save The Pier  Hoping to have the whole of Adventure Beach to himself, Humdinger makes a robotic shark to scare everyone away. Francois sculpts a statue of himself using jelly, attracting hungry animals to the pier.
08:00 am	Paw Patrol (Rpt)	G	Sea Patrol: Pirate Pups To The Rescue  It's Pirate Pups to the rescue when Carlos and Tracker becomes stuck in a booby trap on a desert island while searching for buried treasure.
08:30 am	Bubble Guppies (Rpt)	G	Call A Clambulance  When Oona's friend Avi breaks a bone in his tail, he needs to visit the doctor. The Bubble Guppies aren't too worried after they learn that it's a doctor's job to make everyone feel better.
09:00 am	Santiago Of The Seas (Rpt)	G	The Night Of The Turtles / Santiago's Regatta  When Bonnie kidnaps newly-hatched turtles before they can swim to momma out at sea, Santi and crew are on the move. // Santi and crew struggle to win the Isla Encanto Regatta when Enrique starts to cheat.



Saturday 07th January 2023

09:30 am	SpongeBob SquarePants (Rpt)	G	New Fish In Town/love That Squid  A new neighbor moves in and becomes Squidward's best friend.  SpongeBob helps Squidward prepare for a date.
10:00 am	SpongeBob SquarePants (Rpt)	G	Big Sister Sam/perfect Chemistry  Patrick's big sister Samantha comes for a visit. Sandy and Plankton bond over their shared love.
10:30 am	SpongeBob SquarePants (Rpt)	G	Accidents Will Happen / The Other Patty  Squidward gets hurt & threatens legal action unless Mr. Krabs caters to him hand and foot. Later, Mr. Krabs & Plankton finally agree, when the popular Flabby Patty threatens to steal their customers.
11:00 am	SpongeBob SquarePants (Rpt)	G	Drive Thru / The Hot Shot  Mr. Krabs tries to make even more money by turning a hole in the Krusty Krab wall into a drive-thru window. Tony Fast Jr., the son of a famous race car driver, tries to teach SpongeBob how to drive.
11:30 am	SpongeBob SquarePants (Rpt)	G	Friendly Game / Sentimental Sponge, A  SpongeBob & Patrick turn SpongeBob's house into an indoor miniature golf course! When SpongeBob realises how many memories are attached to all of his possessions, he is reluctant to throw anything way
12:00 pm	SpongeBob SquarePants (Rpt)	G	Frozen Face Off  Everyone in Bikini Bottom is competing in a worm-sled race to the South Pole. Will SpongeBob and the gang make it to the frosty finish line to claim the big prizeone million clams!
12:30 pm	SpongeBob SquarePants (Rpt)	G	Squidward's School For Grown-Ups / Oral Report  When Pat suddenly grows a very grown-up beard, he decides it's time to act like a grown-up, too. While preparing to give a report for boating school, SpongeBob realises that he's got stage fright.



Saturday 07th January 2023

01:00 pm It's Pony

01:30 pm It's Pony

02:00 pm The Casagrandes

02:30 pm Star Trek: Prodigy (Rpt) PG Lost & Found Part 1

Stylised Violence Eviled on a

Exiled on a mining colony outside Federation space, a group of lawless

teens discover a derelict Starfleet ship.

03:00 pm The Thundermans

03:30 pm The Thundermans

04:00 pm Henry Danger

04:30 pm Henry Danger

05:00 pm Danger Force

05:30 pm Danger Force

**06:00 pm** The Middle (Rpt) PG <u>Forced Family Fun: Part 2</u>

While Frankie recalls more bad memories from her camping trip honeymoon, Sue continues to get on AxI's nerves with constant

questions about high school.

Starring: Patricia Heaton, Neil Flynn

**06:30 pm** The Middle (Rpt) PG <u>Hecking Order</u>

After Axl plays a trick on Sue at school and doesn't come to her defense, a debate ensues over who's really in charge in the family, causing Mike to

attend a parent-teacher conference.

Starring: Patricia Heaton, Neil Flynn



Saturday 07th January 2023

**07:00 pm The Middle** (Rpt) PG <u>Major Changes</u>

Frankie gets fed up with the kids and leaves to spend some time with her mum, leaving the kids with Mike to figure out what they did wrong and

how they can change.

Starring: Patricia Heaton, Neil Flynn

**MOVIE** 

07:30 pm The Brighton Miracle (Rpt) (2019) CC PG

Coarse Language

In 2015, Eddie Jones begins coaching Japan's rugby union team for the

World Cup, and he is determined to defy the odds.

09:15 pm Jimeoin - Ramble On (Rpt)

CC M

Sexual References,

<u> Jimeoin - Ramble On</u>

Jimeoin presents his new stand up show Ramble On! Jimeoin happily imparts his clever and quirky observations on everyday suburban life in

his trademark devil-may-care style.

ALL NEW EPISODES

M

Coarse Language, Crude Humour

Blake declares war on Adam and Ders after they kick him out of their

new band.

**Menergy Crysis** 

**ALL NEW EPISODES** 

10:55 pm Workaholics

11:25 pm Workaholics

10:25 pm Workaholics

MA15+ Sexual Refere

Sexual References, Coarse Language, Crude Humour <u>Gayborhood</u>

**Ditch Day** 

A wild night at a neighbor's house leads the guys to question the nature

of their relationship.

ALL NEW EPISODES

MA15+ A Sex Scene, Coarse Language, Drug References.

Coarse Language, Drug References, Crude Humour After agreeing to hand off a mysterious package for Karl, the guys stage an office-wide ditch day so that they can stay home and make the deal.

11:55 pm Bojack Horseman (Rpt)

Sexual References

an office-wide ditch day so that they can stay home and make the deal.

The Light Bulb Scene

BoJack has misgivings about his new show. Princess Carolyn visits an adoption agency. Todd interviews for a job at

WhatTimeIsItRightNow.com.

Starring: Will Arnett, Amy Sedaris, Aaron Paul, Rami Malek, Alison Brie

Guest Starring: Whoopi Goldberg



Saturday 07th January 2023

12:25 am	Catfish: The TV Show (Rpt)	M	Daisy & Marcus
		Coarse Language	Jersey girl Daisy met Marcus on Instagram and he instantly stole her heart, helping her get through troubles at home. But he won't speak to her on the phone, let alone meet her in person.
01:20 am	Catfish: The TV Show (Rpt)	M Coarse Language	Hundra & Emily  Hundra never planned on falling in love with a girl and now she is risking coming out on national TV to learn if her love with Emily is for real.
02:10 am	Catfish: The TV Show (Rpt)	М	Devan & Rylan  For shy Devan, meeting Rylan was love at first click. Devan wants to believe that Rylan is marriage material but, her suspicious behavior is leaving him with doubts.
03:00 am	SpongeBob SquarePants (Rpt)	G	Are You Happy Now? / Planet Of The Jellyfish  When Squidward can't recall his happiest memory, SpongeBob "helps" him create one. When an evil Jellien replaces everyone in Bikini Bottom with clones, it's up to SpongeBob & Sandy to defeat him!
03:30 am	SpongeBob SquarePants (Rpt)	G	Free Samples / Home Sweet Rubble  After Plankton drives away Mr. Krabs' customers, he is forced to give out free Krabby Patties to try to win them back. SpongeBob's pineapple is falling apart & he needs all of his friends to help him
04:00 am	Dora The Explorer (Rpt)	G	Dora Saves Fairytale Land Part 2  Dora and Boots journey deep into the Never-to-be-Seen-Again Forest so they can bring magic water back from Sparkling Lake and save the magic in Fairytale Land.
04:30 am	<b>Dora The Explorer</b> (Rpt)	G	<u>Dora's Rainforest Talent Show</u> It's time for the Rainforest Talent Show, but first Dora and Boots have to rescue Benny so he can tell his jokes in the show.
05:00 am	Team Umizoomi (Rpt)	G	Let's Play Math Dragons!  The Team plays a video game called Math Dragons. And to win, the Umiz have to journey through three exciting levels and collect all the baby dragon eggs.



Saturday 07th January 2023

05:30 am Team Umizoomi (Rpt)

<u>Doormouse In Space</u>

G

When DoorMouse accidentally gets launched into outer space, it's up to Team Umizoomi to save him  $\,$ 

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