

ABC ME Week 2 Program Guide

Sunday, 8 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:50am	The Deep (CC,Repeat,G)
7:10am	Dragons: Riders Of Berk (CC,Repeat,G)
7:35am	Dragons: Defenders Of Berk (CC,Repeat,G)
8:00am	Jade Armor (CC,G) A Shard causes freak weather but the Beasticons aren't up for the hunt.
8:20am	Oddbods (Repeat,G)
8:30am	Total DramaRama (CC,Repeat,G)
8:40am	Total DramaRama (CC,Repeat,G)
8:50am	Ted's Top Ten (CC,AD,Repeat,G)
9:15am	The Next Step (CC,G) The nationals are back on, and A-troupe and B-troupe face off to decide which team will compete. However, it's hard to focus on competition when friendships are on the line.
9:40am	100 Things To Do Before High School (CC,Repeat,G)
10:00am	100 Things To Do Before High School (CC,Repeat,G)
10:25am	100 Things To Do Before High School (CC,Repeat,G)
10:55am	School Of Rock (CC,Repeat,G,This program contains strobe lighting effects)
11:15am	School Of Rock (CC,Repeat,G)

11:40am	School Of Rock (CC,Repeat,G)
12:00pm	Hank Zipzer (Repeat,G)
12:25pm	Hank Zipzer (Repeat,G)
12:50pm	Deadly 60 (CC,Repeat,G,Do not disturb or try to handle wild animals as they can be dangerous.)
1:20pm	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:10pm	Horrible Histories (CC,Repeat,G)
2:40pm	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
3:10pm	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
3:35pm	Cloudy With A Chance Of Meatballs (Repeat,G)
4:00pm	The Fairly OddParents (Repeat,G)
4:20pm	Critters TV (G)
4:35pm	The Beachbuds (Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
5:20pm	Ultimate Magic Skills (G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
5:25pm	Born To Spy (CC,Repeat,G)
5:50pm	The New Adventures Of Figaro Pho (CC,Repeat,G)
6:00pm	Crazy Fun Park: Chapter 2: One Of Us (CC,AD,PG,This program is rated PG and includes supernatural themes. Parental guidance is recommended for viewers under 15 years.) A shy teen wants desperately to fit in and enjoy his high school years if only his dead best friend and a posse of rotting ghouls would stop sabotaging him at every turn.

- 6:30pm** **Robot Wars: Episode 1**
(CC,Repeat,G)
Competing through brutal group battles and fierce head-to-heads for a place in the heat final are Aftershock, Nuts 2, Jellyfish, Rapid, Sabretooth, TMHWK, Terrorhurtz and Crank-E. Let battle commence!
- 7:30pm** **Shaun The Sheep: Shaun Encounters**
(CC,Repeat,G)
Two alien kids land at the farm one night and run riot. Can Shaun and Bitzer stop them before they wake the Farmer?
- 7:35pm** **Teenage Mutant Ninja Turtles: The Foot Walks Again**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Turtles must train their 80s counterparts to face a greater threat than they've ever encountered.
- 8:00pm** **The Penguins Of Madagascar: A Kipper for Skipper/High Moltage**
(Repeat,G)
Skipper agrees to give a day off from training to the first penguin who brings him a kipper./ The penguins are determined to make opening day a blockbuster movie! Private, however, has an itchy problem!
- 8:20pm** **Cleopatra in Space: Quarantine**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When Cleo infects everyone with an alien disease, she and Khensu must find the one scientist who can cure it, the wildly unhinged Dr Queed.
- 8:45pm** **Dodo: Cosmic Frisbo**
(CC,AD,Repeat,G)
Today is the Year 7 talent show and Frisbo will perform his greatest ever magic trick with Joe as his stooge.
- 8:55pm** **The Next Step: Even Better Than The Real Thing**
(CC,Repeat,G)
The team competes in the first round at Regionals. Due to a misreading of the rules, the solo round is not what they expected. Tanisha Scott co-hosts the SNR broadcast with Chuck Anderson.
- 9:20pm** **The Next Step: Don't Stop Me Now**
(CC,Repeat,G)
The Next Step competes in the sudden death trio round. Michelle pushes herself before the trio dance in order to be ready, while Amanda struggles with the offer from Giselle. The Geminis continue to win every round.

9:50pm**rage**

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:35pm**ABC ME Programs Resume At 6am**

ABC ME programs resume at 6am.

Monday, 9 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,G)
7:55am	Total DramaRama (Repeat,G)
8:10am	Oddbods (Repeat,G)
8:15am	The Unstoppable Yellow Yeti (CC,G)
8:25am	Built To Survive (CC,Repeat,G,Do not disturb or try to handle wild animals as they can be dangerous.)
8:55am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
9:40am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:00am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:50am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 11:35am** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 11:55am** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 12:20pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,G)
- 12:40pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 1:05pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,G)
- 1:30pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,G)
- 1:50pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:15pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:35pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 3:00pm** **Miraculous: Tales Of Ladybug And Cat Noir**
(CC,Repeat,G)
- 3:20pm** **The Day My Butt Went Psycho!**
(CC,Repeat,G)
- 3:35pm** **The Deep**
(CC,Repeat,G)
- 3:55pm** **The Fairly OddParents**
(Repeat,G)
- 4:20pm** **Critters TV**
(G)
- 4:30pm** **Little Lunch**
(CC,Repeat,G)
- 4:45pm** **Odd Squad**
(Repeat,G)
- 4:55pm** **FriendZSpace**
(Repeat,G)
- 5:10pm** **Kuu Kuu Harajuku**
(Repeat,G)
- 5:20pm** **Hey You! What If**
(CC,Repeat,G)
- 5:25pm** **Dragons: Riders Of Berk**
(CC,Repeat,G)

- 5:50pm** **Total DramaRama**
(CC,Repeat,G)
- 6:00pm** **Still So Awkward: Monological**
(CC,Repeat,G)
The flatmates share how excited they are to start their courses, except Seb, who's distracted by his dinner. Confused by Seb's lack of enthusiasm, Samson chastises Seb for doing a degree he's not passionate about.
- 6:30pm** **Bad Nature**
(CC,Repeat,G)
The Bad Nature team discover that certain 'scary' animals aren't actually that dangerous after all.
- 6:35pm** **Operation Ouch!**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal how your brain enables you to learn new things with the help of 3 human 'samples' from the Cupboard-of-Everything, a giant pile of sand and some water!
- 7:05pm** **Horrible Histories**
(CC,Repeat,G)
A Victorian inspector checks that school is suitably cruel, HHTV News reports live from the Great Plague, and Thumbelina drowns in poo.
- 7:30pm** **Shaun The Sheep: Double Trouble**
(CC,Repeat,G)
A bored Shaun dresses up as the Farmer to entertain the flock. Realising he now has the power to boss Bitzer around Shaun takes the opportunity to throw a bit of a party for the flock.
- 7:40pm** **Teenage Mutant Ninja Turtles: The Big Blow-Out**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Turtles enlist the help of the Mighty Mutanimals to stop Bebop and Rocksteady.
- 8:05pm** **The Penguins Of Madagascar: Operation: Big Blue Marble**
(Repeat,G)
The penguins are faced with a global battle when their food-making machine belches out a toxic cloud that threatens not just the zoo, not just the city, but the Earth itself!
- 8:25pm** **Cleopatra in Space: Team Building**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Ceo, Akila, and Brian must demonstrate they make a great team so Khepra doesn't split them up.

- 8:50pm** **Dodo: Mickey Page**
(CC,AD,Repeat,G)
When Steve Malek steals back Joe's Mickey Page football card from Frisbo, Joe decides Steve will be his new best friend.
- 9:00pm** **The Next Step: Livin' On A Prayer**
(CC,Repeat,G)
The team competes in the duet round and if they win, they go to semi-finals. With Sloane disqualified and Michelle injured, The Next Step does not have enough dancers to dance in the final, if they make it there.
- 9:25pm** **The Next Step: A Change Is Gonna Come**
(CC,Repeat,G)
Now that Alfie is back, the team is able to compete in the Regionals final. But when Michelle shows up ready to dance, Riley has to make a heart-breaking decision and side-line one of the dancers who was about to compete.
- 9:50pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:35pm** **ABC ME Programs Resume At 6am**
ABC ME programs resume at 6am.

Tuesday, 10 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:55am	Total DramaRama (Repeat,G)
8:15am	The Unstoppable Yellow Yeti (CC,G)
8:25am	Built To Survive (CC,Repeat,G,Do not disturb or try to handle wild animals as they can be dangerous.)
8:55am	The Inbestigators (CC,Repeat,G)
9:10am	The Inbestigators (CC,Repeat,G)
9:25am	The Inbestigators (CC,Repeat,G)
9:40am	The Inbestigators (CC,Repeat,G)
9:55am	The Inbestigators (CC,Repeat,G)
10:10am	The Inbestigators (CC,Repeat,G)
10:25am	The Inbestigators (CC,Repeat,G)
10:40am	The Inbestigators (CC,Repeat,G)
10:55am	The Inbestigators (CC,Repeat,G)
11:10am	The Inbestigators (CC,Repeat,G)
11:25am	The Inbestigators (CC,Repeat,G)

11:40am	The Inbestigators (CC,Repeat,G)
11:55am	The Inbestigators (CC,Repeat,G)
12:10pm	The Inbestigators (CC,Repeat,G)
12:25pm	The Inbestigators (CC,Repeat,G)
12:40pm	The Inbestigators (CC,Repeat,G)
12:55pm	The Inbestigators (CC,Repeat,G)
1:10pm	The Inbestigators (CC,Repeat,G)
1:25pm	The Inbestigators (CC,Repeat,G)
1:40pm	The Inbestigators (CC,Repeat,G)
1:55pm	The Dengineers (Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
2:25pm	The Dengineers (Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
2:50pm	The Dengineers (Repeat,G)
3:20pm	The Day My Butt Went Psycho! (CC,Repeat,G)
3:35pm	The Deep (CC,Repeat,G)
3:55pm	The Fairly OddParents (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:20pm	Critters TV (G)
4:30pm	Little Lunch (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
4:55pm	FriendZSpace (Repeat,G)
5:10pm	Kuu Kuu Harajuku (Repeat,G)
5:20pm	Hey You! What If (CC,Repeat,G)

- 5:25pm** **Dragons: Riders Of Berk**
(CC,Repeat,G)
- 5:50pm** **Total DramaRama**
(CC,Repeat,G)
- 6:00pm** **Still So Awkward: 90s Night**
(CC,Repeat,G)
Lily and Frankie organise a 90s Night. Lily invites Josh - he's really touched until he realises Lily is inviting everyone.
- 6:30pm** **Bad Nature**
(CC,Repeat,G)
In 'Weird But Wow', Pamela celebrates her top five creatures who, although bizarre looking, actually have secret super powers.
- 6:35pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors find out why blood rushes to your head when you're upside down but doesn't rush to your feet when you're standing up!
- 7:05pm** **Horrible Histories**
(CC,Repeat,G)
HHTV News reports live from the Battle of Thermopylae and we learn the revolting truth about Roman toilets.
- 7:30pm** **Shaun The Sheep: Draw The Line**
(CC,Repeat,G)
The flock hijack a road line-painting machine and cause chaos while creating giant works of art in the field.
- 7:40pm** **Teenage Mutant Ninja Turtles: Yojimbo**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Turtles are transported to an alternate dimension where they meet the rabbit samurai, Miyamoto Usagi.
- 8:05pm** **The Penguins Of Madagascar: Feline Fervour/Action Reaction**
(Repeat,G)
Julian ends up on a city bus that drops him off downtown where he's mistaken for a stray cat./ Skipper is doused with Inflatium and stress causes him to blow up like a balloon.

- 8:25pm** **Cleopatra in Space: Do-Over**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Frustrated with life in the future, Cleo attempts to use Brian's untested time machine to return to ancient Egypt. She ends up caught in an ever-shrinking time loop which may lead to the destruction of the entire universe.
- 8:50pm** **Dodo: Bad Sport**
(CC,AD,Repeat,G)
Joe Connolly is on a losing streak. With Sports Day fast approaching, he needs to avoid losing again at all costs.
- 9:00pm** **The Next Step: A New Regime**
(CC,Repeat,G)
Dance auditions start and the studio welcomes prospective new dancers to the dance class. The new studio head makes some surprising cuts that throw the future of veteran A-Troupers into question.
- 9:25pm** **The Next Step: Go West, Young Michelle**
(CC,Repeat,G)
Michelle, dissatisfied with Emily's dance studio philosophy, starts her own team (TNS West) and discovers some surprising new talent. Noah tries to help Piper adjust to dancing under Emily's new direction at TNS East.
- 9:50pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:35pm** **ABC ME Programs Resume At 6am**
ABC ME programs resume at 6am.

Wednesday, 11 January 2023

6:00am	Get Blake! (CC,Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,G)
7:55am	Total DramaRama (Repeat,G)
8:10am	Oddbods (Repeat,G)
8:15am	The Unstoppable Yellow Yeti (CC,G)
8:25am	Built To Survive (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,Do not disturb or try to handle wild animals as they can be dangerous.)
8:55am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
9:15am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
9:40am	100% Wolf: Legend Of The Moonstone (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:05am	100% Wolf: Legend Of The Moonstone (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:25am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
10:50am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
11:15am	100% Wolf: Legend Of The Moonstone (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:35am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
12:00pm	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)

12:25pm	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
12:45pm	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
1:10pm	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
1:35pm	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
1:55pm	The Flamin' Thongs (CC,Repeat,G)
2:10pm	The Flamin' Thongs (CC,Repeat,G)
2:25pm	The Flamin' Thongs (CC,Repeat,G)
2:35pm	The Flamin' Thongs (CC,Repeat,G)
2:50pm	The Flamin' Thongs (CC,Repeat,G)
3:05pm	The Flamin' Thongs (CC,Repeat,G)
3:20pm	The Day My Butt Went Psycho! (CC,Repeat,G)
3:35pm	The Deep (CC,Repeat,G)
3:55pm	The Fairly OddParents (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:20pm	Critters TV (G)
4:30pm	Little Lunch (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
4:55pm	FriendZSpace (Repeat,G)
5:10pm	Kuu Kuu Harajuku (Repeat,G)
5:20pm	Hey You! What If (CC,Repeat,G)
5:25pm	Dragons: Riders Of Berk (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:00pm** **Still So Awkward: Writing and Performance**
(CC,Repeat,G)
Lily is elected to write a play for her drama group to perform in front of Steve Grinstead, but struggles to put pen to paper.
- 6:30pm** **Bad Nature**
(CC,Repeat,G)
Marv the Mandrill declares himself the greatest eater on the planet - but in an effort to prove him wrong, our resident food crazed reporter seeks out the world's top eaters - with some rather surprising results.
- 6:35pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal how your bones grow to make you taller, and in Operation Takeover they take on the role of midwives for the day.
- 7:05pm** **Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Queen Victoria learns her British comforts aren't very British; a Viking warrior won't stop talking in rhyme; and the contestants try to become executioners on The Axe Factor.
- 7:30pm** **Shaun The Sheep: Sheepless Nights**
(CC,Repeat,G)
A leak in the barn roof forces the flock to relocate to the pig sty for the night. Unfortunately, the selfish pigs don't want to share. After a chaotic mud and pillow fight, Shaun comes up with a plan to patch things up.
- 7:40pm** **Teenage Mutant Ninja Turtles: Osoroshi No Tabi**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Usagi leads the Turtles through a haunted forest where they encounter mischievous and dangerous spirits.
- 8:05pm** **The Penguins Of Madagascar: Mental Hen/Thumb Drive**
(Repeat,G)
Watching ninja movies has brainwashed Leonard the koala. While he sleeps he terrorises everyone by sleepfighting./ After realising that Maurice's thumbs could prove to be very useful, the penguins recruit him into their team.
- 8:25pm** **Cleopatra in Space: Suspicion**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Cleo is determined to prove Callie is the spy, once and for all. Meanwhile, Akila hires her favourite band for the Academy's annual, 'No Science Fair'.

- 8:50pm** **Dodo: Breaking Up**
(CC,AD,Repeat,G)
On the last day of school, Joe learns that Frisbo fancies Kayla Madani. Joe wants to help his best friend, but there is a problem. Kayla is Lily Scott's best friend.
- 9:00pm** **The Next Step: Dance, Lies And Hoverboards**
(CC,Repeat,G)
A self-trained dancer, Kingston, must prove himself to keep his spot on Michelle's new troupe.
- 9:25pm** **The Next Step: Leon Me**
(CC,Repeat,G)
TNS East hires a guest choreographer, Leon Blackwood, to teach a hip hop workshop. But when TNS West shows up to join in, the divide between the two troupes grows even deeper.
- 9:50pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:35pm** **ABC ME Programs Resume At 6am**
ABC ME programs resume at 6am.

Thursday, 12 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:55am	Total DramaRama (Repeat,G)
8:15am	The Unstoppable Yellow Yeti (CC,G)
8:25am	Built To Survive (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,Do not disturb or try to handle wild animals as they can be dangerous.)
8:55am	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
9:25am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
9:50am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
10:20am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
10:50am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
11:20am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)

11:50am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:20pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:50pm	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
1:20pm	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
1:50pm	Operation Ouch! (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
2:20pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
2:50pm	Operation Ouch! The Life Fix (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:20pm	The Day My Butt Went Psycho! (CC,Repeat,G)
3:35pm	The Deep (CC,Repeat,G)
3:55pm	The Fairly OddParents (Repeat,G)
4:20pm	Critters TV (G)
4:30pm	Hardball (CC,Repeat,G)
4:55pm	FriendZSpace (Repeat,G)
5:05pm	Kuu Kuu Harajuku (Repeat,G)
5:20pm	Hey You! What If (CC,Repeat,G)
5:25pm	Dragons: Riders Of Berk (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:00pm** **Still So Awkward: Meet the Parents**
(CC,Repeat,G)
Seb asks Lily to pretend to be his posh girlfriend because his parents want him to leave university to get back with his ex-girlfriend Felicity.
- 6:30pm** **Bad Nature**
(CC,Repeat,G)
Join Marv the Mandrill, Gloria the Puma and a madcap menagerie of misfits as they delve into the disgusting, but truly amazing things that animals do.
- 6:35pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal how your skull protects your brain, and they find out what it's like to be the hospital hairdresser when they're faced with cutting real people's hair in Operation Takeover.
- 7:05pm** **Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
A Victorian teacher is confused by her pupils' bizarre names, the Romans run out of animals to execute, and Queen Victoria advertises her exercise DVD.
- 7:30pm** **Shaun The Sheep: Spring Lamb**
(CC,Repeat,G)
It's bath time for a reluctant Timmy. In trying to escape, Timmy gets a spring attached to his tail. It's up to the flock to catch the bouncing baby sheep and return him to the tub before he destroys the farm.
- 7:40pm** **Teenage Mutant Ninja Turtles: Kagayake! Kintaro**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
As they reach their destination, Usagi and the Turtles must help Kintaro fulfill his destiny.
- 8:05pm** **The Penguins Of Madagascar: Antics on Ice/Showdown on Fairway 18**
(Repeat,G)
The other penguins agree to take Private to see "Lunacorns on Ice" to cheer him up./ A putter is at the centre of controversy when the Amarillo Kid returns to the zoo.
- 8:25pm** **Cleopatra in Space: Mentor**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Khensu tasks Cleo with mentoring a younger student named Philo. But when he turns out to be just as cocky and brash as Cleo, she gets a taste of her own medicine and develops more respect for Khensu.

- 8:50pm** **Detention Adventure: The Catalyst**
(CC,Repeat,G)
Raign, Joy, and Hulk get themselves thrown in detention in order to hunt for a secret trap door. They must work with the school bully Brett in order to solve the riddle before their time is up.
- 9:00pm** **The Next Step: It's All Fun And Games**
(CC,Repeat,G)
After being assigned a duet, Noah struggles to find the chemistry on stage with Richelle because of his feelings for Jacquie. LaTroy, Henry, and Amy try to play a prank on Ozzy, who teaches his teammates a lesson.
- 9:25pm** **The Next Step: No Good Deed**
(CC,Repeat,G)
Piper's determination to help Amy get on to A-Troupe has a surprising outcome. Things start to heat up with Noah and Jacquie, while Kingston and Ozzy try to take Henry's mind off his troubles.
- 9:50pm** **rage: Guest Programmer**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:35pm** **ABC ME Programs Resume At 6am**
ABC ME programs resume at 6am.

Friday, 13 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:55am	Total DramaRama (Repeat,G)
8:10am	Oddbods (Repeat,G)
8:15am	The Unstoppable Yellow Yeti (CC,G)
8:25am	Built To Survive (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,Do not disturb or try to handle wild animals as they can be dangerous.)
8:55am	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:40am	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:30am	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:20am	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:05pm	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:55pm	Mythbusters Junior (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 1:40pm Mythbusters Junior**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:30pm Mythbusters Junior**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 3:20pm The Day My Butt Went Psycho!**
(CC,Repeat,G)
- 3:35pm The Deep**
(CC,Repeat,G)
- 3:55pm The Fairly OddParents**
(Repeat,G)
- 4:20pm Critters TV**
(G)
- 4:35pm Hardball**
(CC,Repeat,G)
- 5:00pm The Flamin' Thongs**
(CC,Repeat,G)
- 5:15pm GG: Spawn Squad**
- 5:30pm Dragons: Riders Of Berk**
(CC,Repeat,G)
- 5:50pm Total DramaRama**
(CC,Repeat,G)
- 6:00pm Still So Awkward: Lilianova Hamptonovitch**
(CC,Repeat,G)
Steve demands his drama class stay in character for 24 hours. Lily is appalled, she hates performing as a Russian aristocrat. She is about to start her shift at Teaconomics when Steve arrives to assess her performance.
- 6:30pm Bad Nature**
(CC,Repeat,G)
In 'Nature's Got Talent Factor' the team meet an incredible caterpillar with a talent for impressions. Monty heads to America in search of a toad who eats its own skin.
- 6:35pm Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal the amazing type of muscles that help you see! And they're thrown in at the deep end when they find themselves running the reception desk of a busy GP surgery for Operation Takeover.
- 7:05pm Horrible Histories**
(CC,Repeat,G)
The Saxon gods form an unlikely team of superheroes; astronaut Neil Armstrong reveals his new weight loss programme; we meet Georgian London's crime-fighting genius, and Rosa Parks sings about her struggle for equality.

- 7:35pm** **Shaun The Sheep: Strictly No Dancing**
(CC,Repeat,G)
The Farmer is attempting to learn how to ballroom dance using Pidsley as his dancing partner. The din they create annoys the sheep so much that Shaun decides he has to do something to stop them.
- 7:45pm** **Teenage Mutant Ninja Turtles: The Wasteland Warrior**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
An older weathered Raph battles road gangs in a post-apocalyptic mutant wasteland.
- 8:05pm** **The Penguins Of Madagascar: King Me/Private and the Winky Factory**
(Repeat,G)
Kowalski uses an invention to switch King Julian's mind with Rico in order to win a contest. When Private learns that the Peanut Butter Winkies are going out of production, he urges a raid on the factory.
- 8:30pm** **Cleopatra in Space: My Pharaoh Lady**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Cleo poses as Pharaoh Yosira to convince other galactic leaders to join the fight against Octavian, while also uncovering which one of them is planning to kill Yosira.
- 8:50pm** **Log Horizon: Labyrinth in Akiba**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
One morning, the Adventurers wake up and realise that the Akiba they're currently in isn't the Akiba they know. With reduced levels, they start to feel helpless, but Shiroe notices there's still hope.
- 9:20pm** **Dragon Ball Super: Gohan's Plight! The Preposterous Great Saiyaman Film Adaptation?!**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Gohan accepts an opportunity to be a stunt double in the Great Saiyaman movie. But keeping his identity as the real Great Saiyaman a secret will be difficult when there's a parasitic alien floating around town!
- 9:40pm** **Sailor Moon Crystal: Act 30: Infinity 4 Haruka And Michiru - Sailor Uranus And Sailr Neptune**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Sailor Guardians learn that Haruka and Michiru are Sailor Uranus and Sailor Neptune. However, the two do not appear to be interested in working with the other Sailor Guardians.

10:05pm**Fruits Basket: Perhaps We Should Invite Ourselves Over**

(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

On school festival day, the gang sells a ton of rice balls thanks to an innovative Prince Yuki's marketing technique. Bonus, two other members of the Soma family come to the festival to introduce themselves.

10:30pm**Fruits Basket: Spring Comes**

(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

A nervous Tohru visits the main Soma estate for her meeting with Hatori. There, she finds out the backstory behind Hatori's seemingly harsh attitude toward her.

10:35pm**ABC ME Programs Resume At 6am**

ABC ME programs resume at 6am.

Saturday, 14 January 2023

6:00am	Get Blake! (Repeat,G)
6:10am	I, Elvis Riboldi (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:50am	The Deep (CC,Repeat,G)
7:10am	Dragons: Defenders Of Berk (CC,Repeat,G)
7:35am	Dragons: Defenders Of Berk (CC,Repeat,G)
8:00am	Jade Armor (CC,G) After hours, Kai helps L.J search the school for confiscated dice, using a Skeleton Key (Shard)! It opens any door but leads anywhere the keyholder thinks of.
8:20am	Oddbods (Repeat,G)
8:30am	Total DramaRama (CC,Repeat,G)
8:40am	Total DramaRama (CC,Repeat,G)
8:50am	Horrible Histories Special: Sensational Shakespeare (2016) (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:25am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
9:50am	Teenage Mutant Ninja Turtles (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:10am	Slugterra (CC,Repeat,G)
10:35am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:00am	Log Horizon (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:25am	Dragon Ball Super (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 11:50am** **Sailor Moon Crystal**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 12:10pm** **The Steam Engines Of Oz**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 1:25pm** **Prank You Very Much**
(Repeat,G)
- 1:50pm** **Step Up To The Plate**
(CC,Repeat,G)
- 2:20pm** **Horrible Histories**
(CC,Repeat,G)
- 2:50pm** **Operation Ouch!**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
- 3:20pm** **Operation Ouch!**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
- 3:45pm** **Cloudy With A Chance Of Meatballs**
(Repeat,G)
- 4:00pm** **The Fairly OddParents**
(Repeat,G)
- 4:20pm** **Critters TV**
(G)
- 4:35pm** **The Beachbuds**
(Repeat,G)
- 4:45pm** **Miraculous World: New York, United Heroez**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 5:45pm** **The New Adventures Of Figaro Pho**
(CC,Repeat,G)
- 5:55pm** **The PM's Daughter**
(CC,Repeat,G)
- 6:25pm** **Robot Wars: Episode 2**
(CC,Repeat,G)
The challenge is even tougher as the House Robots have been let off the leash in a new twist... Rogue House Robot. This second heat includes Cherub, PP3D, Draven, Push To Exit, Hobgoblin, Behemoth, Cobra and Eruption.
- 7:30pm** **Shaun The Sheep: Who's The Caddy**
(CC,Repeat,G)
The Farmer discovers his old golf clubs and decides to knock a few balls around in the field, instantly putting his back out.

- 7:35pm** **Teenage Mutant Ninja Turtles: The Impossible Desert**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
As they roam the desert wasteland, the team searches for a mysterious hermit, who is the key to finding the mythical Oasis.
- 8:00pm** **The Penguins Of Madagascar: Best Foes/Night of the Vesuviuses**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Kowalski invents an enemy detector but it doesn't work. Old friends become enemies./ The annual Zoo Snooze is here! This year the Vesuvius Twins buy up all the tickets. The zoosters plan to exact sweet revenge on the twins.
- 8:25pm** **Cleopatra in Space: Double**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
While Cleo and the gang try to find Octavians' spy, a robot impersonates various people from the Academy.
- 8:45pm** **Detention Adventure: Spontaneous Generation**
(CC,Repeat,G)
Brett's help with unearthing the trap door sees him voted onto the team for good, much to Raign's chagrin. While they search for another clue, Principal Lounsberry puts their discovery in peril.
- 8:55pm** **The Next Step: Heathers**
(CC,Repeat,G)
TNS West needs two more dancers to round out their team, and Piper thinks she may have found the perfect new recruit. When Zara shows up late to practice, Josh notices she is being evasive and calls her out.
- 9:20pm** **The Next Step: 12 Hour Party People**
(CC,Repeat,G)
In order to raise funds for a potential new dancer who can't afford competitive dance, TNS West throws a dance-a-thon fundraiser which is attended by some exciting guest stars.
- 10:35pm** **ABC ME Programs Resume At 6am**
ABC ME programs resume at 6am.