ABC ME Program Guide Week 42

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| Sunday, 10 October 2021 | |
| Monday, 11 October 2021 | |
| Tuesday, 12 October 2021 | |
| Wednesday, 13 October 2021 | |
| Thursday, 14 October 2021 | |
| Friday, 15 October 2021 | |
| Saturday, 16 October 2021 | |

NOTE: Program times may differ in some states if viewing on VAST or Foxtel. More information can be found at <u>ABC Help.</u>

Program Guide

Sunday, 10 October 2021

6:00am SheZow

(CC,Repeat,G)

6:10am Camp Lakebottom

(CC,Repeat,G)

6:25am Almost Naked Animals

(CC,Repeat,G)

6:35am Moka's Fabulous Adventures!

(Repeat,G)

6:45am Winston Steinburger And Sir Dudley Ding Dong

(CC,Repeat,G)

6:55am Kuu Kuu Harajuku

(G)

7:10am Supernoobs

(CC)

7:20am Total DramaRama

(CC,Repeat,G)

7:30am Dodo

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for

viewers under fifteen years.)

7:40am The Rubbish World Of Dave Spud

(CC,Repeat,G)

7:55am Space Nova

(CC,Repeat,G)

8:15am The Penguins Of Madagascar

(CC,AD,Repeat,G)

8:40am Dogstar

(CC,Repeat,G)

9:05am The Strange Chores

(CC,Repeat,G)

9:15am Moka's Fabulous Adventures!

(Repeat,G)

9:25am Kung Fu Panda: Legends Of Awesomeness

(Repeat, PG, This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

9:50am ITCH

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

10:15am Mikki vs the World

(CC,Repeat,G)

(CC,Repeat,G)

10:40am The Next Step (CC,Repeat,G) 11:00am So Awkward (CC,Repeat,G) 11:30am **Nippers** (CC,Repeat,G) 12:00pm Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) 12:30pm **Horrible Histories** (CC,Repeat,G) **Deadly Pole to Pole** 1:00pm (CC,Repeat,G) 1:30pm **The Crystal Maze** (Repeat,G) The Zoo 2:15pm (CC,Repeat,G) **Play Your Pets Right** 2:25pm (CC,Repeat,G) Wow That's Amazing 2:40pm (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.) 3:00pm **Mythbusters Junior** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) **Mighty Mike** 3:50pm (Repeat,G) 4:00pm The Dengineers (Repeat,G) 4:25pm **Good Game Spawn Point: Snack Size** (Repeat) 4:30pm **School Of Rock** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 4:55pm Mystic (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) Miraculous: Tales Of Ladybug And Cat Noir 5:25pm (CC,Repeat,G) 5:50pm **Total DramaRama**

6:00pm Mikki vs the World: The Feels

(CC,Repeat,G)

Mikki is confused...is she having a crush on Mo? And "The Feels", a 60s doo whoop group, keeps popping up everywhere. What's that about? Luckily, she has her bestie TV personality, Osher Gunsberg, to talk it over with.

6:25pm Welcome To Earth: Back to the Past

(CC,G)

Two ankle high aliens, Mish and Klaus, are sent to Earth by Commander Alpha to locate a new HQ ahead of her planned invasion.

6:30pm Mindful Earth: Playful Savanna

(G)

6:45pm Mimi On A Mission: Digital Detox: Into the Wild

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The program contains themes appropriate to a teenage audience. Some parents may consider it inappropriate for younger children.)

7:05pm Sol

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

7:35pm Goodbye Home

(PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

7:45pm Operation Ouch! The Life Fix

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Want to know how to sort your life out? Packed with loads of life fixing know-how, this show cracks the code of your daily dilemmas.

8:15pm Teenage Mutant Ninja Turtles: Monsters Among Us

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

When the Turtles return to a world run by monsters, they realise they may have made the situation even worse.

8:35pm Danger Mouse: Frankensquark's Monster

(Repeat,G)

When Professor Squawkencluck's mum comes to visit, a gigantic enraged rubbish monster is not far behind!

8:50pm The Fairly OddParents: A Sash and a Rash/Fish Out of Water

(Repeat,G)

Chloe thinks she has a stress rash and wishes to be a slacker, but Dimmsdale falls apart without her. Dad wants to catch a giant fish to win a trophy, but Chloe wishes all the fish could fight back.

9:15pm Find Me In Paris: High-Stakes Hip-Hop

(CC,Repeat,G)

Lena is happy as she and Max choreograph a Baroque-themed flash mob, that is until someone sabotages Lena's chance to dance.

9:40pm rage

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:40pm ABC ME Programs Resume At 6am

Monday, 11 October 2021

6:00am SheZow

(CC,Repeat,G)

6:10am Camp Lakebottom

(CC,Repeat,G)

6:25am Almost Naked Animals

(CC,Repeat,G)

6:35am Moka's Fabulous Adventures!

(Repeat,G)

6:45am Winston Steinburger And Sir Dudley Ding Dong

(CC,Repeat,G)

6:55am Kuu Kuu Harajuku

(G)

7:10am Supernoobs

(CC)

7:20am Total DramaRama

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

7:30am Dodo

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for

viewers under fifteen years.)

7:40am The Rubbish World Of Dave Spud

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

7:55am Space Nova

(CC,Repeat,G)

8:15am Dogstar

(CC,Repeat,G)

8:40am Sally Bollywood

(CC,Repeat,G)

8:55am Bottersnikes And Gumbles

(CC,Repeat,G)

9:05am Barney's Barrier Reef

(CC,Repeat,G)

9:35am WAC: World Animal Championships

(CC,Repeat,G)

10:00am Mini Lessons: Maths

(CC,Repeat,G)

10:10am Wow That's Amazing

(CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without

the help of an adult.)

10:40am Mini Lessons: Maths

(CC,Repeat,G)

10:50am **Look Kool** (CC,Repeat,G) 11:10am Science Max! Experiments At Large (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.) **Eco Eye: Sustainable Solutions** 11:35am (CC,Repeat,G) 12:00pm **Operation Ouch!** (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) 12:30pm **Horrible Histories** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) **Deadly Pole to Pole** 1:00pm (CC,Repeat,G) 1:30pm The Crystal Maze (Repeat, PG, This program is rated PG, parental guidance is recommended for viewers under fifteen years.) The Zoo 2:20pm (CC,Repeat,G) **Dwight In Shining Armour** 2:35pm (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 3:00pm **Nowhere Boys: Two Moons Rising** (CC, Repeat, PG, This program is rated PG and includes supernatural themes. Parental guidance is recommended for younger viewers.) 3:25pm Mighty Mike (Repeat,G) 100% Wolf: Legend Of The Moonstone 3:35pm (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 4:00pm The Dengineers (Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.) **Holly Hobbie** 4:30pm (G) Mystic 4:55pm (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) Miraculous: Tales Of Ladybug And Cat Noir 5:25pm (CC,Repeat,G) 5:50pm **Total DramaRama** (CC,Repeat,G)

6:05pm Mikki vs the World: Doctor Danger

(CC,Repeat,G)

While Mikki is very excited by a new online purchase, Mo thinks she is taking lots of unnecessary risks and being reckless in the office. To get to the bottom of this Mikki talk to Extreme Games gold medallist Jackson Strong.

6:25pm BTN Newsbreak

(CC)

Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.

6:30pm Mindful Earth: Playful Jungle

(G)

6:45pm Mimi On A Mission: Digital Detox: Hit the Peak

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The program contains themes appropriate to a teenage audience. Some parents may consider it inappropriate for younger children.)

7:05pm The Mindfulness Tool Kit: What Is Mindfulness?

(CC,Repeat,G)

Get comfortable it's time for your daily dose of Mindfulness. In this episode, we find out how the brain works when we are angry or anxious and how we can re-wire it to relax, reflect and make more mindful choices.

7:15pm MY:24: Mikey

(CC,Repeat,G,Some of our MY24 stories deal with tough issues - if you're dealing with a difficult situation and need advice, please contact Kids Helpline on 1800 55 1800. Also you may like to add our website details as we provide web counselling also: www.kidshelp.com.au)

Mikey grew up with parents who suffered from mental illnesses, making his home life difficult. Mikey's MY:24 was meeting a long lost aunt and realising that she was going to take him under her wing and support him.

7:30pm Shaun The Sheep: Return To Sender

(Repeat,G)

The farmer receives a mystery gift from his antipodean cousin. Unimpressed with the present, he attempts to throw it away only for it to keep reappearing. He becomes convinced it has magical powers.

7:35pm Doctor Who: Hide

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Something terrifying is hiding in Caliburn House, and the Doctor finds himself part of the ghost hunt.

8:20pm Teenage Mutant Ninja Turtles: When Worlds Collide Part 1

(Repeat, PG, This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

When Mona Lisa suddenly arrives on Earth, Raph's eagerness to help her could end up getting the team into even bigger trouble.

8:45pm Danger Mouse: Escape From Big Head

(Repeat,G)

Squawkencluck reboots the now 100% reliable Big Head base computer which immediately locks up everyone in a maximum security prison.

8:55pm The Fairly OddParents: Animal Crockers/One Flu Over the Crocker's Nest

(Repeat,G)

Timmy, Chloe and the fairies go inside Mr Crocker to destroy the magical Fairy Flu germs sneezed on him. Chloe wishes that an animal that looks oddly like Mr Crocker, would no longer be endangered.

9:20pm Find Me In Paris: A Slippery Pointe

(CC,Repeat,G)

Fresh off the break up with Henri and furious with Thea for stealing her BLOK mask, Lena competes in a prank war with Thea and takes it too far.

9:50pm rage

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:50pm ABC ME Programs Resume At 6am

Tuesday, 12 October 2021

6:00am **SheZow** (CC,Repeat,G) 6:10am **Camp Lakebottom** (CC,Repeat,G) **Almost Naked Animals** 6:25am (CC,Repeat,G) **Moka's Fabulous Adventures!** 6:35am (Repeat,G) 6:45am Spongo, Fuzz and Jalapena (CC,Repeat,G) 6:55am Kuu Kuu Harajuku (G) 7:10am Supernoobs (CC) 7:20am **Total DramaRama** (CC,Repeat,G) 7:30am Dodo (CC,AD,Repeat,G) 7:40am The Rubbish World Of Dave Spud (CC,Repeat,G) **Space Nova** 7:55am (CC,Repeat,G) 8:15am **Dogstar** (CC,Repeat,G) Sally Bollywood 8:40am (CC,Repeat,G) **Bottersnikes And Gumbles** 8:55am (CC,Repeat,G) **Barney's Barrier Reef** 9:05am (CC,Repeat,G) **WAC: World Animal Championships** 9:35am (CC,Repeat,G) 10:00am **BTN** (CC) Where in the World? 10:25am (CC,Repeat,G) **Koumi's Animated Picture Book** 10:40am (G) Maddie's Do You Know? 10:45am

(Repeat)

(CC,Repeat,G)

10:50am **Bug Technology** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years., This program contains animal treatment that may concern some viewers) 11:05am So You Want To Be A Designer? (CC,Repeat,G) 11:35am **Get Into Textiles** (CC,Repeat,G) 12:00pm Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) **Horrible Histories** 12:30pm (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 1:00pm **Deadly Pole to Pole** (CC,Repeat,G,This program includes animals being killed for food.) 1:30pm The Crystal Maze (Repeat, PG, This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 2:20pm The Zoo (CC,Repeat,G) 2:35pm **Dwight In Shining Armour** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 3:00pm **Nowhere Boys: Two Moons Rising** (CC,Repeat,PG,This program is rated PG and includes supernatural themes. Parental guidance is recommended for younger viewers.) 3:25pm Mighty Mike (Repeat,G) 100% Wolf: Legend Of The Moonstone 3:35pm (CC,Repeat,G) 4:00pm The Dengineers (Repeat,G) 4:30pm **Holly Hobbie** (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 4:55pm Mystic (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) Miraculous: Tales Of Ladybug And Cat Noir 5:25pm (CC,Repeat,G) 5:50pm **Total DramaRama**

6:00pm Mikki vs the World: Sad Panda

(CC,Repeat,G)

Office pet, Marjory Mofax, has been ill for a while. When her sudden death really upsets Mo, he gets a visit from the Sad Panda. Mikki needs to cheer up her bestie but first she must understand what being sad is all about.

6:25pm BTN Newsbreak

(CC)

Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.

6:30pm Mindful Earth: Playful Snow and Sea

(G)

6:45pm Mimi On A Mission: Digital Detox: Be Kind

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The program contains themes appropriate to a teenage audience. Some parents may consider it inappropriate for younger children.,This program includes animals being killed for food.)

7:10pm The Mindfulness Tool Kit: Empathy

(CC,Repeat,G)

What is Empathy and how can we use our brains to practice it? It's called 'Prefrontal Power!' and it helps us to see life from someone else's perspective.

7:15pm MY:24: Dave

(CC,Repeat,PG,Some of our MY24 stories deal with tough issues - if you're dealing with a difficult situation and need advice, please contact Kids Helpline on 1800 55 1800. Also you may like to add our website details as we provide web counselling also:

www.kidshelp.com.au,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Dave suffered depression until, aged 15, he met Greg at a Sydney gym. Eight months later Dave believed the gym and Greg were more effective than his anti-depressants in enabling him to adopt a healthy mental outlook.

7:30pm Shaun The Sheep: Dangerous Deliveries

(CC,Repeat,G)

Every time the postman pays the Farmer a visit, Bitzer's canine instincts get the better of him, resulting in shredded mail and an irate farmer. Shaun decides to help out by taking on the role of Bitzer's therapist...

7:35pm Doctor Who: Journey To The Centre Of The TARDIS

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

The TARDIS has crashed, Clara is lost inside, and the Doctor has 30 minutes before his ship explodes.

8:20pm Teenage Mutant Ninja Turtles: When Worlds Collide Part 2

(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Raph must get Mona Lisa and Bishop to work together to defeat an alien threat and save the Earth.

8:45pm Danger Mouse: Megahurtz Attacks

(Repeat,G)

Danger Mouse's attempts to boost Penfold's confidence backfire when it leads to a ferocious Games Monster escaping into the real world.

9:00pm The Fairly OddParents: Booby Trapped

(Repeat,G)

Cosmo and Wanda spend the night at Chloe's, disguised as Booby Birds. But when Chloe's parents decide to return the boobies to their natural habitat, Timmy and Chloe have to go and save them.

9:20pm Find Me In Paris: Oh Brother

(CC,Repeat,G)

The BLOK gets an invitation to participate in an underground dance competition and everyone is psyched until the other dance crew steals their moves.

9:50pm rage

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:50pm ABC ME Programs Resume At 6am

Wednesday, 13 October 2021

(CC,Repeat,G)

6:00am SheZow (CC,Repeat,G) 6:10am **Camp Lakebottom** (CC,Repeat,G) The Flamin' Thongs 6:25am (CC,Repeat,G) **Moka's Fabulous Adventures!** 6:35am (Repeat,G) 6:45am Spongo, Fuzz and Jalapena (CC,Repeat,G) 6:55am Kuu Kuu Harajuku (G) 7:10am Supernoobs (CC) 7:20am **Total DramaRama** (CC,Repeat,G) 7:30am Dodo (CC,AD,Repeat,G) 7:40am The Rubbish World Of Dave Spud (CC,Repeat,G) 7:55am **Space Nova** (CC,Repeat,G) 8:15am Dogstar (CC,Repeat,G) 8:40am Sally Bollywood (CC,Repeat,G) **Bottersnikes And Gumbles** 8:55am (CC,Repeat,G) **Barney's Barrier Reef** 9:05am (CC,Repeat,G) **WAC: World Animal Championships** 9:35am (CC,Repeat,G) 10:00am **History Hunters** (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.) **Back In Time For Dinner: Education Shorts** 10:25am (CC,Repeat,G) 10:30am Are You Tougher Than Your Ancestors? (CC,Repeat,G) 10:55am **BTN Specials** (CC,Repeat) 11:20am **Lest We Forget What? Education Shorts**

ABC ME Program Guide: Week 42

11:30am Dates That Made History

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under

fifteen years.)

12:00pm Operation Ouch!

(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for

help)

12:30pm Horrible Histories

(CC,Repeat,G)

1:00pm Deadly 60

(CC,Repeat,G)

1:30pm The Crystal Maze

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

2:20pm The Zoo

(CC,Repeat,G)

2:35pm Dwight In Shining Armour

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

3:00pm Nowhere Boys: Two Moons Rising

(CC,Repeat,PG,This program is rated PG and includes supernatural themes. Parental

guidance is recommended for younger viewers.)

3:25pm Mighty Mike

(Repeat,G)

3:35pm 100% Wolf: Legend Of The Moonstone

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

4:00pm The Dengineers

(Repeat,G,For some of these activities you need to ask for an adult's permission. Do not

try doing them on your own.)

4:30pm Holly Hobbie

(PG,This program is rated PG, parental guidance is recommended for viewers under

fifteen years.)

4:55pm Mystic

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under

fifteen years.)

5:25pm Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

5:50pm Total DramaRama

(CC,Repeat,G)

6:00pm Mikki vs the World: Worried Wayne

(CC,Repeat,G)

Mo signs Mikki up for a karaoke competition which sends her into an anxiety spiral. She just loves singing but - plot twist! - doesn't want to sing in front of her friends, family or

any cool teenagers.

6:25pm BTN Newsbreak

(CC)

Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.

6:30pm Mindful Earth: Joyful Snow

(G)

6:45pm Mimi On A Mission: Digital Detox: Sharing is Caring

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The program contains themes appropriate to a teenage audience. Some parents may consider it inappropriate for younger children.)

7:05pm The Mindfulness Tool Kit: Mood

(CC,Repeat,G)

Let's talk about Mood! Did you know that recalling a happy memory can make you feel better straight away? Watch this episode to find out how the chemicals in our brains work to make this happen.

7:15pm MY:24: Makhala

(CC,Repeat,PG,Some of our MY24 stories deal with tough issues - if you're dealing with a difficult situation and need advice, please contact Kids Helpline on 1800 55 1800. Also you may like to add our website details as we provide web counselling also:

www.kidshelp.com.au,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Makhala's MY:24 occurred when she met a fragile horse named Karma that was in danger of being put down and was gripped by the need to save him, while struggling with her own battles of anorexia, anxiety and depression.

7:30pm Shaun The Sheep: Babysitter Bitzer

(CC,Repeat,G)

The flock are off for a girls' night, leaving Bitzer to Babysit Timmy. It's not long before the youngster makes it clear who's in charge.

7:35pm Doctor Who: The Crimson Horror

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Something ghastly is afoot in Victorian Yorkshire, as bodies are found with red skin.

8:20pm Teenage Mutant Ninja Turtles: Wanted: Beebop And Rocksteady

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

When 80s Shredder and Krang appear in our dimension, they employ Bebop and Rocksteady and find their plans are succeeding better than ever.

8:45pm Danger Mouse: The Hamster Effect

(Repeat,G)

Brunel, the crazed time-travelling Victorian Gentlechimp, is back and determined to change history so Danger Mouse and Penfold never meet.

8:55pm The Fairly OddParents: Blue Angel/Marked Man

(Repeat,G)

Timmy takes Chloe to meet Mark Chang to prove to her that aliens really do exist and Chloe's goodness is draining the Anti-Fairy World Wand. Foop disguises himself as a girl to try and break Chloe.

9:20pm Find Me In Paris: Running The Family

(CC,Repeat,G)

When a famous choreographer, Armando Castillo, arrives, everyone is on their best behaviour except Max, who seems intent to undermine him.

9:45pm rage

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:50pm ABC ME Programs Resume At 6am

Thursday, 14 October 2021

10:55am

What It's Like (CC,Repeat,G)

6:00am **SheZow** (CC,Repeat,G) 6:10am **Camp Lakebottom** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 6:25am The Flamin' Thongs (CC,Repeat,G) **Moka's Fabulous Adventures!** 6:35am (Repeat,G) 6:45am Spongo, Fuzz and Jalapena (CC,Repeat,G) 6:55am Kuu Kuu Harajuku (G) 7:10am Supernoobs (CC) 7:20am **Total DramaRama** (CC,Repeat,G) 7:30am Dodo (CC,AD,Repeat,G) The Rubbish World Of Dave Spud 7:40am (CC,Repeat,G) 7:55am **Space Nova** (CC,Repeat,G) 8:15am **Dogstar** (CC,Repeat,G) **Sally Bollywood** 8:40am (CC,Repeat,G) **Bottersnikes And Gumbles** 8:55am (CC,Repeat,G) 9:05am **Barney's Barrier Reef** (CC,Repeat,G) 9:35am **WAC: World Animal Championships** (CC,Repeat,G) **Mindful Earth** 10:00am (Repeat,G) The Mindfulness Tool Kit 10:10am (CC,Repeat,G) 10:15am What It's Like (Repeat,G) **BTN** 10:30am (CC,Repeat)

(CC,Repeat,G)

Total DramaRama

(CC,Repeat,G)

5:50pm

199 Little Heroes 11:00am (CC,Repeat,G) 11:05am **BTN Explainers** (CC, Repeat) 11:10am **Places Of Worship** (CC,Repeat,G) 11:15am **BTN: Media Literacy** (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) Move It Mob Style 11:30am (CC,Repeat,G) 12:00pm Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) **Horrible Histories** 12:30pm (CC,Repeat,G) Deadly 60 1:00pm (CC,Repeat,G) The Crystal Maze 1:30pm (Repeat, PG, This program is rated PG, parental guidance is recommended for viewers under fifteen years.) The Zoo 2:20pm (CC,Repeat,G) **Dwight In Shining Armour** 2:35pm (CC,Repeat,G) 3:00pm **Nowhere Boys: Two Moons Rising** (CC,Repeat,PG,This program is rated PG and includes supernatural themes. Parental guidance is recommended for younger viewers.) **Larry the Wonderpup** 3:30pm (Repeat,G) 3:40pm Matilda And The Ramsay Bunch (Repeat,G) 4:00pm The Dengineers (Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.) 4:30pm **Holly Hobbie** (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 4:55pm Mystic (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) 5:25pm Miraculous: Tales Of Ladybug And Cat Noir

6:00pm Mikki vs the World: IRL

(CC,Repeat,G)

Mikki is a bit addicted to her phone, trying to get likes and shares is ruling her life, and not in a good way. She has even started to troll sister Daphne which Mo really doesn't think is cool.

6:25pm BTN Newsbreak

(CC)

Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.

6:30pm Mindful Earth: Sleepy Forrest

(G)

6:45pm Mimi On A Mission: Digital Detox: Have No Fear

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The program contains themes appropriate to a teenage audience. Some parents may consider it inappropriate for younger children.)

7:10pm The Mindfulness Tool Kit: Gratitude

(CC,Repeat,G)

Life can be complicated when we think about all the things we don't have. Here's a simple way to reset your brain: say thank you for all the wonderful things you have and feel yourself become more motivated and optimistic.

7:15pm MY:24: Justin

(CC,Repeat,PG,Some of our MY24 stories deal with tough issues - if you're dealing with a difficult situation and need advice, please contact Kids Helpline on 1800 55 1800. Also you may like to add our website details as we provide web counselling also:

www.kidshelp.com.au,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

At age 16 Justin moved to Australia from Asia where he attended boarding school. He was frustrated and bullied and struggled with his sexuality. Justin's MY:24 changed him from repressed teen to confident young man.

7:30pm Shaun The Sheep: Bitzer's New Whistle

(Repeat,G)

Bitzer thinks the future has arrived when he takes delivery of his new high tech farmyard control module but when the gadget malfunctions, Bitzer is left wishing for his old whistle.

7:35pm Doctor Who: Nightmare In Silver

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Hedgewick's World of Wonders: the perfect theme park day out. And ground zero for a deadly silver resurrection...

8:20pm Teenage Mutant Ninja Turtles: The Foot Walks Again

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

The Turtles must train their 80s counterparts to face a greater threat than they've ever encountered.

8:45pm Danger Mouse: The Good, The Baaaaa And The Ugly

(Repeat,G)

When DM and Penfold are sent on a rescue mission to a mysterious villainous island, DM's over-competitiveness borders on criminal.

8:55pm The Fairly OddParents: Clark Laser/Married to the Mom

(Repeat,G)

When Timmy and Chloe save Dark Laser's beloved pet, Flipsie, Dark Laser becomes bound to them as their bodyguard. Timmy and Chloe wish a girlfriend for Mr Crocker, so that he can get off their backs.

9:20pm Find Me In Paris: Secrets And Pointes

(CC,Repeat,G)

While everyone is still reeling from the truth about Max's childhood, Lena pushes Max to confront his father and make peace.

9:45pm rage: Guest Programmer

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:50pm ABC ME Programs Resume At 6am

(CC,Repeat)

Friday, 15 October 2021

6:00am SheZow (CC,Repeat,G) 6:10am **Camp Lakebottom** (CC,Repeat,G) The Flamin' Thongs 6:25am (CC,Repeat,G) **Moka's Fabulous Adventures!** 6:35am (Repeat,G) 6:45am Spongo, Fuzz and Jalapena (CC,Repeat,G) 6:55am Kuu Kuu Harajuku (G) 7:10am Supernoobs (CC) 7:20am **Total DramaRama** (CC,Repeat,G) 7:30am Dodo (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) The Rubbish World Of Dave Spud 7:40am (CC,Repeat,G) 7:55am **Space Nova** (CC,Repeat,G) 8:15am **Dogstar** (CC,Repeat,G) **Sally Bollywood** 8:40am (CC,Repeat,G) **Bottersnikes And Gumbles** 8:55am (CC,Repeat,G) **Barney's Barrier Reef** 9:05am (CC,Repeat,G) 9:35am **WAC: World Animal Championships** (CC,Repeat,G) 10:00am Mini Lessons: English (CC,Repeat,G) 10:10am **Big Words Small Stories** (Repeat,G) The Wacky Word Show 10:15am (CC,Repeat,G) **Throwback: Our Childhoods Revisited** 10:35am

ABC ME Program Guide: Week 42

10:45am Tell Your Story, Change Your World

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

10:55am Life Sentence

(CC,Repeat,G)

11:05am Shakespeare Uncovered

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

12:00pm Operation Ouch!

(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for

help)

12:30pm Horrible Histories

(CC,Repeat,G)

1:00pm Deadly 60

(CC,Repeat,G)

1:30pm The Crystal Maze

(Repeat, PG, This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

2:20pm The Zoo

(CC,Repeat,G)

2:35pm Dwight In Shining Armour

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

3:00pm Nowhere Boys: Two Moons Rising

(CC, Repeat, PG, This program is rated PG and includes supernatural themes. Parental

guidance is recommended for younger viewers.)

3:30pm Larry the Wonderpup

(Repeat,G)

3:40pm Matilda And The Ramsay Bunch

(Repeat,G)

4:00pm The Dengineers

(Repeat,G)

4:30pm Holly Hobbie

(PG,This program is rated PG, parental guidance is recommended for viewers under

fifteen years.)

4:55pm Mystic

(CC)

5:25pm Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

5:50pm Total DramaRama

(CC,Repeat,G)

6:00pm Mikki vs the World: The Frosty Life

(CC,Repeat,G)

Mo is struggling with defining his identity: can he like more than one thing at a time? Meanwhile, Mikki needs to investigate what identity really means because the office is way too chilly thanks to Mo's new ice-cold look.

6:25pm BTN Newsbreak

(CC)

Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.

6:30pm Mindful Earth: Restful Rivers Sea and Sky

(G)

6:40pm What It's Like: To Be A Teenage Boy

(Repeat,G)

A show for young people in our community whose voices, stories and perspectives aren't often seen or heard. In this episode we hear what it's like to be a teenage boy.

6:55pm The Mindfulness Tool Kit: Kindness

(CC,Repeat,G)

Being kind is free and easy but it's funny how often we forget to show kindness. In this episode, we learn why helping someone else also makes our own selves feel really good.

7:00pm Bruno and Boots: The Wizzle War

(Repeat, PG, This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Where tradition and freedom of speech once ruled Macdonald Hall and the Scrimmage Academy, now there is Mr Wizzle and Ms Peabody. The boys and girls band together, determined to free their schools of them for good.

8:30pm Good Game Spawn Point

(CC,Repeat)

Good Game Spawn Point is the show for younger gamers, by gamers. Join Rad, Gem and DARREN for the latest game reviews, news and stories from the exciting world of video games!

8:50pm Sword Art Online: Edge Of Hell's Abyss

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

While enjoying a fishing tournament Kirito receives an urgent email from the leader of the guild requesting their return.

9:10pm Radiant: A Bouquet of Flowers for This Land -Fantasia-

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Melie and the others fight to rescue Seth and struggle to bring him back to his senses. Everyone is in danger due to Myr's rampage, and Seth is the only one who can save them!

9:35pm ABC ME Programs Resume At 6am

Saturday, 16 October 2021

6:00am SheZow

(CC,Repeat,G)

6:10am Camp Lakebottom

(CC,Repeat,G)

6:25am The Flamin' Thongs

(CC,Repeat,G)

6:35am Moka's Fabulous Adventures!

(Repeat,G)

6:45am Spongo, Fuzz and Jalapena

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

6:55am Kuu Kuu Harajuku

(G)

7:10am Supernoobs

(CC)

7:20am Total DramaRama

(CC,Repeat,G)

7:30am Dodo

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for

viewers under fifteen years.)

7:40am The Rubbish World Of Dave Spud

(CC,Repeat,G)

7:55am Space Nova

(CC,Repeat,G)

8:20am The Penguins Of Madagascar

(CC,AD,Repeat,G)

8:40am Dogstar

(CC,Repeat,G)

9:05am Good Game Spawn Point

(CC)

9:25am Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

9:45am Holly Hobbie

(Repeat,G)

10:10am Ace My Space

(CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try

making them on your own.)

10:40am The Next Step

(CC,Repeat,G)

11:00am So Awkward

(CC,Repeat,G)

11:30am Nippers

(CC,Repeat,G)

12:00pm Operation Ouch!

(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for

help)

12:30pm Horrible Histories

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

1:00pm Deadly 60

(CC,Repeat,G)

1:30pm The Crystal Maze

(Repeat,G)

2:15pm The Zoo

(CC,Repeat,G)

2:25pm Play Your Pets Right

(CC,Repeat,G)

2:45pm Radiant

(CC,PG,This program is rated PG, parental guidance is recommended for viewers under

fifteen years.)

3:10pm Sailor Moon Crystal

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

3:35pm Voltron: Legendary Defender

(Repeat, PG, This program is rated PG, parental guidance is recommended for viewers

under fifteen years.)

4:00pm The Dengineers

(Repeat,G,For some of these activities you need to ask for an adult's permission. Do not

try doing them on your own.)

4:30pm Holly Hobbie

(G)

4:55pm 100 Things To Do Before High School

(CC,Repeat,G)

5:25pm Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

5:50pm Total DramaRama

(CC,Repeat,G)

6:00pm Mikki vs the World: Sibling Frenemies

(CC,Repeat,G)

Mikki and Mo have a new neighbour: a cool psychology streamer named Doc Daphne.

Mikki is feeling very threatened, and it doesn't help that Daphne is her sister. Mikki

reaches out to popstars, The Veronicas.

6:25pm Welcome To Earth: Little Bubble

(CC,G)

Two ankle high aliens, Mish and Klaus, are sent to Earth by Commander Alpha to locate a new HQ ahead of her planned invasion.

6:30pm Mindful Earth: Serene Ocean

(G)

6:40pm What It's Like: To Change the World

(Repeat,G)

A show for young people in our community whose voices, stories and perspectives aren't often seen or heard. In this episode we hear what it's like to change the world!

7:00pm Horrible Histories

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

A Victorian teacher is confused by her pupils' bizarre names, the Romans run out of animals to execute, and Queen Victoria advertises her exercise DVD.

7:30pm Shaun The Sheep: Dodgy Lodger

(Repeat,G)

When one of the pigs attempts to make friends with Timmy, his cohort evict him as punishment for un-pig-like behaviour. The sheep take him into the barn and attempt to transform him into the epitome of porcine sophistication.

7:35pm Doctor Who: The Name Of The Doctor

(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

The Doctor has a secret he will take to his grave. And it is discovered... (Season Final)

8:20pm Teenage Mutant Ninja Turtles: The Big Blow-Out

(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

The Turtles enlist the help of the Mighty Mutanimals to stop Bebop and Rocksteady.

8:45pm Danger Mouse: Attack Of The Clowns

(Repeat,G)

Danger Mouse's uncontrollable laughter annoys a race of clown aliens so much that they invade the earth!

8:55pm The Fairly OddParents: Which is Wish/Nuts & Dangerous

(Repeat,G)

Timmy and Chloe switch places, but Cosmo loses the wands and they risk being stuck as each other. Dad and Timmy enter a film festival for some bonding, but things get out-of-hand when Dad casts Catman.

9:20pm Find Me In Paris: L.O.V.E

(CC,Repeat,G)

Following a passionate kiss, Lena and Max are both love struck but unsure how to

proceed.

9:45pm ABC ME Programs Resume At 6am