

Sun Jan 1, 2023

| | | | | | | |
|-------|---|--|--------|--|----|----|
| 06:00 | TOMORROW'S WORLD | | | | WS | PG |
| | <p><i>2023 in Bible Prophecy</i></p> <p>Restoring original Christianity as practised in the time of Jesus. Restoring original Christianity as practised in the time of Jesus. An examination through Bible readings of what church Jesus would identify with, if Satan deceived Christians, what the future holds and whether worship pleases God.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 06:30 | AMAZING FACTS PRESENTS | | | | WS | PG |
| | <p><i>Refusing Babylon's Buffet Part 1</i></p> <p>Religious program.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 07:00 | LEADING THE WAY | | | | WS | PG |
| | <p><i>When God's Plans Differ From Ours In Timing</i></p> <p>Dr. Youssef and the Leading The Way team are committed to sharing the Gospel with the lost and equipping believers to grow into a deeper walk with Christ.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 07:30 | IN TOUCH MINISTRIES | | | | WS | PG |
| | <p><i>No Greater Love</i></p> <p>In Touch Ministries is the outreach ministry of Dr. Charles Stanley, pastor of First Baptist Church of Atlanta, Georgia. The desire of In Touch is to lead people into a growing relationship with Jesus Christ and strengthen the local church.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 08:00 | BEYOND TODAY | | | | WS | PG |
| | <p><i>Incredible Angels</i></p> <p>Religious program.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 08:30 | THE INCREDIBLE JOURNEY PRESENTS | | | | WS | PG |
| | <p><i>The Slave Trader- Amazing Grace</i></p> <p>Religious program.</p> <p>Cons.Advice: Themes</p> | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <p><i>InstaChill</i></p> <p>Home shopping programme.</p> | | | | | |

Sun Jan 1, 2023

| | | | | | | |
|-------|---|------|-----------|--------|----|----|
| 09:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Does It All Drill Bits</i> Home shopping programme. | | | | | |
| 10:00 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>A Martian's Sonata In Mrs. B's Flat</i> Mrs. Brown thinks Martin's music juice can turn her into a concert pianist. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 10:30 | BARNACLE BILL | 1957 | Captioned | Repeat | WS | G |
| | <i>Barnacle Bill</i> When he's stricken with seasickness, the last of a family of sailors takes charge of a decaying amusement pier. Starring: Alec Guinness, Irene Browne, Maurice Denham | | | | | |
| 12:20 | HEAVENS ABOVE! | 1963 | Captioned | Repeat | | PG |
| | <i>Heavens Above!</i> Through clerical error, a quiet down-to-earth Reverend is appointed to parish in a snooty neighbourhood. From the moment he gives his first sermon all hell breaks loose. Starring: Peter Sellers, Cecil Parker, Eric Sykes, Ian Carmichael Cons.Advice: Adult Themes | | | | | |
| 14:50 | BAREFOOT IN THE PARK | 1967 | Captioned | Repeat | | PG |
| | <i>Barefoot In The Park</i> Paul, a conservative young lawyer, marries the vivacious Corie. Their highly passionate relationship descends into comical discord in a five-flight New York City walk-up apartment. Starring: Robert Redford, Jane Fonda, Charles Boyer Cons.Advice: Adult Themes | | | | | |
| 17:00 | UNITED CUP | | Captioned | Live | WS | NA |
| | The inaugural United Cup brings together the best ATP Tour and Hologic WTA Tour players in an 18-country teams' event played over 11 days across three Australian cities: Brisbane, Perth and Sydney. Live play continues. | | | | | |
| 01:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>A Martian's Sonata In Mrs. B's Flat</i> Mrs. Brown thinks Martin's music juice can turn her into a concert pianist. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |

Sun Jan 1, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 04:30 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |


Sydney Program Guide

Mon Jan 2, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 06:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 07:00 | CREFLO DOLLAR MINISTRIES | | | | WS | PG |
| | <i>Discovering The Essence of Worship</i> Religious Programme. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 08:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Fish Seeker</i> Home shopping programme. | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 09:30 | NEWSTYLE DIRECT | | Repeat | | WS | G |
| | <i>Pic Gold</i> Home shopping programme. | | | | | |
| 10:00 | DANOZ | | | | WS | G |
| | <i>H2O HD</i> Home shopping programme. | | | | | |

Mon Jan 2, 2023

| | | | | | | |
|-------|--|-----------|--------|--|----|----|
| 10:30 | POINTLESS | Captioned | Repeat | | WS | PG |
| | Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot. | | | | | |
| 11:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>The Green Eyed Martian</i> Mrs. Brown becomes irresistible to all men, including Martin, after she gets a Martian chemical on her. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 12:00 | THE YOUNG AND THE RESTLESS | | | | WS | PG |
| | Adam and Sally move into their new offices; Chelsea has a run in with Billy and then Nick; Lily overhears Billy leaving a message for Victoria; Victor has a job for Michael; Nikki seeks out Billy. Cons.Advice: Themes, Sexual References | | | | | |
| 12:55 | THE GREAT BRITISH SEWING BEE | | | | WS | PG |
| | The three finalists take on a trio of evening wear challenges. Bringing together a range of advanced sewing skills, from tailoring to high-end designing, perfecting evening wear is a pinnacle for any home sewer. | | | | | |
| 14:15 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Gregynog Hall Part 2</i> Fiona Bruce and the experts are at Gregynog in deepest Wales at the former home of the wealthy Davies sisters, who dedicated their lives to bringing art to the people of Wales. | | | | | |
| 14:45 | THE MOONRAKER | 1958 | Repeat | | | G |
| | <i>The Moonraker</i> After the battle of Worcester at the end of the Civil War, the main aim of Oliver Cromwell's Commonwealth is to capture Charles Stuart. The future king's escape depends on the intrepid Earl of Dawlish, who as the Moonraker has already spirited away many Royalists. Starring: David MacDonald, Sylvia Syms, George Baker | | | | | |
| 16:30 | UNITED CUP | Captioned | Live | | WS | NA |
| | The inaugural United Cup brings together the best ATP Tour and Hologic WTA Tour players in an 18-country teams' event played over 11 days across three Brisbane, Perth and Sydney. Live play from 12:00PM AEDT. | | | | | |

Mon Jan 2, 2023

| | | | | | | |
|-------|--|-----------|--------|--|----|----|
| 19:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Royal Marines Museum 2 Part 1</i> Fiona Bruce and the team discover a 'Jolly Roger' flag once flown by the crew of a British submarine in World War Two, a wine glass that's at the centre of a domestic dispute, and a creepy doll with a revolving head. | | | | | |
| 19:30 | DEATH IN PARADISE | | Repeat | | WS | M |
| | A bloodied woman walks into the police station and confesses to killing her husband. As evidence mounts against her, Poole remains reluctant to charge her with the crime. Starring: Danny John-Jules, Elizabeth Bourgine, Sara Martins, Kris Marshall Cons.Advice: Mature Themes, Some Violence | | | | | |
| 20:40 | THE BROKENWOOD MYSTERIES | Captioned | | | WS | M |
| | <i>Good As Gold</i> Jane Fergusson is gold panning in the Brokenwood River when she is gunned down; the detectives soon learn that the Fergusson family has been feuding over gold since the 1860s with the Hollands, who have a homestead across the river from them. Starring: Neill Rea, Fern Sutherland, Cristina Serban Ionda Cons.Advice: Some Violence, Themes | | | | | |
| 22:40 | LAW & ORDER: CRIMINAL INTENT | Captioned | | | WS | MA |
| | <i>Tru Luv</i> Keith Cooper is no stranger to his dad's womanising ways, but when Dr Grant Cooper winds up dead after his motorcycle is found sabotaged, Detectives Logan and Wheeler find a private collection of the Doctor's personal conquests. Starring: Kathryn Erbe, Vincent D'Onofrio, Jamey Sheridan Cons.Advice: Strong Violence | | | | | |
| 23:40 | HOUSE | | | | WS | M |
| | <i>Brave Heart</i> The team takes on the case of a reckless police detective who has a family history of sudden heart failure that killed his father, grandfather and great-grandfather all at age 40. Starring: Hugh Laurie, Omar Epps, Robert Sean Leonard Cons.Advice: Mature Themes, Some Violence, Sexual References, Medical Procedures | | | | | |
| 00:35 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>The Green Eyed Martian</i> Mrs. Brown becomes irresistible to all men, including Martin, after she gets a Martian chemical on her. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 01:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |

Mon Jan 2, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 01:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 04:30 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |

Tue Jan 3, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 06:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 07:00 | CREFLO DOLLAR MINISTRIES | | | | WS | PG |
| | <i>Discovering The Essence of Worship</i> Religious Programme. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 08:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 09:30 | NEWSTYLE DIRECT | | Repeat | | WS | G |
| | <i>Versamax Power-Tool System</i> Home shopping programme. | | | | | |
| 10:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Does It All Drill Bits</i> Home shopping programme. | | | | | |

Tue Jan 3, 2023

| | | | | | | |
|-------|---|-----------|-----------|--------|----|----|
| 10:30 | POINTLESS | Captioned | Repeat | | WS | PG |
| | Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot. | | | | | |
| 11:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>El Senor From Mars</i> Martin must find a way to recover an ancient Aztec Chest which contains a record of a former earth visit. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 12:00 | THE YOUNG AND THE RESTLESS | | | | WS | PG |
| | Imani shares news about their mom with Amanda ; Elena receives some good news; Michael offers Diane advice; Kyle tells Jack he is accepting the position at Marchetti. Cons.Advice: Themes, Sexual References | | | | | |
| 12:55 | EXPLORE | Captioned | Repeat | | WS | G |
| | <i>Giants Causeway</i> Explore TV takes you around the world to places you'll never forget. | | | | | |
| 13:00 | FULL BLOOM | Captioned | Repeat | | WS | PG |
| | <i>Ready, Set, Grow</i> Ten fabulous up-and-coming florists attempt to create flowing botanical waterfalls before the top two contestants lead their teams in a larger-than-life group challenge: "painting" gigantic canvasses with flowers. Cons.Advice: Some Coarse Language | | | | | |
| 14:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Royal Marines Museum 2 Part 2</i> Fiona Bruce and the team discover a 'Jolly Roger' flag once flown by the crew of a British submarine in World War Two, a wine glass that's at the centre of a domestic dispute, and a creepy doll with a revolving head. | | | | | |
| 14:30 | HALFWAY HOUSE | 1943 | Captioned | Repeat | WS | PG |
| | <i>Halfway House</i> Overnight guests at an inn find it was bombed a year before and they have all been given a supernatural chance to reconsider their lives. Starring: Mervyn Johns, Glynis Johns, Francoise Rosay Cons.Advice: Sexual References, Mild Violence | | | | | |
| 16:30 | UNITED CUP | Captioned | Live | | WS | NA |
| | The inaugural United Cup brings together the best ATP Tour and Hologic WTA Tour players in an 18-country teams' event played over 11 days across three Brisbane, Perth and Sydney. Live play from 10:00AM AEDT. | | | | | |

Tue Jan 3, 2023

| | | | | | | |
|--------------|---|-----------|--------|--|----|---|
| 19:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Exeter Cathedral 2 Part 1</i> Another feast of finds for Fiona Bruce and the experts at Exeter Cathedral. Treasures featured include rare artworks by the sculptor Elisabeth Frink. | | | | | |
| 19:30 | NEW TRICKS | | Repeat | | WS | M |
| | <i>Dead Man Talking</i> Some years after her wealthy father died of a heart attack confronting an intruder, Vicky Anderson asks Sandra and the team to intervene, since clairvoyant Sebastian Carter claims to have supposedly communed with the dead man who claims he knew the assailant. Starring: Amanda Redman, Dennis Waterman, James Bolam, Alun Armstrong Cons.Advice: Adult Themes, Some Violence | | | | | |
| 20:40 | THE CLOSER | Captioned | Repeat | | WS | M |
| | <i>Executive Order</i> The murder of two paramedics leads the LAPD and the FBI on separate investigations on a case that could be the precursor to a major terrorist attack. Starring: Kyra Sedgwick, J.K. Simmons, Corey Reynolds, Jon Tenney Cons.Advice: Mature Themes, Some Violence | | | | | |
| 21:40 | RIZZOLI & ISLES | Captioned | Repeat | | WS | M |
| | <i>Face Value</i> After a murder, a witness suffers from facial recognition blindness and can't recognize the killer. The Rizzolis prepare for a visit from a scheming cousin. Starring: Angie Harmon, Sasha Alexander, Jordan Bridges Cons.Advice: Some Violence | | | | | |
| 22:40 | NEW AMSTERDAM | Captioned | Repeat | | WS | M |
| | <i>What The Heart Wants</i> Sharpe lands in hot water when she goes out on a limb for a patient; Max's grief comes to a head; Bloom takes a major step in her recovery. Starring: Ryan Eggold, Janet Montgomery, Freema Agyeman Cons.Advice: Adult Themes, Drug References, Medical Procedures | | | | | |
| 23:40 | HOUSE | | | | WS | M |
| | <i>Known Unknowns</i> After a wild night out, a teenage girl is brought to Princeton Plainsboro with severely swollen appendages. Meanwhile, Cuddy and Wilson attend a medical conference for pharmacology and public policy. Starring: Hugh Laurie, Omar Epps, Robert Sean Leonard Cons.Advice: Mature Themes, Some Violence, Sexual References, Medical Procedures | | | | | |


Gem Sydney Program Guide

Tue Jan 3, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 00:35 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>El Senor From Mars</i> Martin must find a way to recover an ancient Aztec Chest which contains a record of a former earth visit. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 01:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Fish Seeker</i> Home shopping programme. | | | | | |
| 01:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 04:30 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |

PLEASE NOTE: This document and its contents are embargoed until 9:00 AM Sunday 25 December 2022. This document is confidential and is the copyright of Nine Network Australia Pty. Ltd. This document or its contents must not be disclosed or released to any third party before the Embargo Date.


Gem Sydney Program Guide

Tue Jan 3, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|---|
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |

Wed Jan 4, 2023

| | | | | | | |
|--------------|---|--|--------|--|----|----|
| 06:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Fish Seeker</i> Home shopping programme. | | | | | |
| 07:00 | CREFLO DOLLAR MINISTRIES | | | | WS | PG |
| | <i>What is True Worship? (Part 1 of 2)</i> Religious Programme. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 08:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 09:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 10:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |

Wed Jan 4, 2023

| | | | | | | |
|-------|---|-----------|-----------|--------|----|----|
| 10:30 | POINTLESS | Captioned | Repeat | | WS | PG |
| | Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot. | | | | | |
| 11:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>Time Out For Martin</i> While using the time machine, Tim and Martin unwittingly intercept the delivery of the Magna Carta to King John. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 12:00 | THE YOUNG AND THE RESTLESS | | | | WS | PG |
| | Victor holds a press conference announcing Adam as CEO of NE and Sally as CEO of Newman Media; Victoria calls Nick; Phyllis offers Diane a truce; Michael receives another task. Cons.Advice: Themes, Sexual References | | | | | |
| 12:55 | EXPLORE | Captioned | Repeat | | WS | G |
| | <i>Keiran Dunne</i> Explore TV takes you around the world to places you'll never forget. | | | | | |
| 13:00 | FULL BLOOM | Captioned | Repeat | | WS | PG |
| | <i>Shop Til Your Petals Drop</i> The nine remaining contestants attempt to defy gravity with floral illusions suspended in midair before tackling a daunting, fashion-forward team challenge. | | | | | |
| 14:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Exeter Cathedral 2 Part 2</i> Another feast of finds for Fiona Bruce and the experts at Exeter Cathedral. Treasures featured include rare artworks by the sculptor Elisabeth Frink. | | | | | |
| 14:30 | AGATHA CHRISTIE'S AND THEN THERE WERE NONE | 1974 | Captioned | Repeat | WS | PG |
| | <i>Agatha Christie's And Then There Were None</i> An enigmatic, unknown host invites 10 strangers to a remote island mansion, where the guests discover there's a killer among them. Starring: Oliver Reed, Richard Attenborough, Elke Sommer Cons.Advice: Some Violence | | | | | |
| 16:30 | UNITED CUP | Captioned | Live | | WS | NA |
| | The inaugural United Cup brings together the best ATP Tour and Hologic WTA Tour players in an 18-country teams' event played over 11 days across three Australian cities: Brisbane, Perth and Sydney. Live play continues. | | | | | |
| 01:30 | TAKE TWO | | Repeat | | WS | G |
| | <i>Super Sleeper Pro</i> Home Shopping programme. | | | | | |

Wed Jan 4, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 02:00 | TAKE TWO | | Repeat | | WS | G |
| | <i>Circulation Cycle</i> Home Shopping programme. | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 04:30 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |

Thu Jan 5, 2023

| | | | | | | |
|--------------|---|--|--------|--|----|----|
| 06:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 07:00 | CREFLO DOLLAR MINISTRIES | | | | WS | PG |
| | <i>What is True Worship? (Part 2 of 2)</i> Religious Programme. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 08:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Fish Seeker</i> Home shopping programme. | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 09:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 10:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |


Sydney Program Guide

Thu Jan 5, 2023

| | | | | | | |
|--------------|---|-----------|--------|--|----|----|
| 10:30 | POINTLESS | Captioned | Repeat | | WS | PG |
| | Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot. | | | | | |
| 11:30 | ADELAIDE INTERNATIONAL - TOURNAMENT 1 | Captioned | Live | | WS | NA |
| | The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 12:30PM AEDT. | | | | | |
| 17:00 | MURDER, SHE WROTE | | Repeat | | WS | PG |
| | <i>Trevor Hudson's Legacy</i> A small town editor in Montana threatens to claim in public that he is the real author of a dead man's manuscript. Starring: Angela Lansbury, William Windom, Jerry Orbach, Michael Horton, Richard Paul, Julie Adams Cons.Advice: Some Violence | | | | | |

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Thu Jan 5, 2023

| | | | | | | |
|-------|--|-----------|--------|--|----|----|
| 18:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>The Royal Ballet School, Richmond 2 Part 1</i> Fiona Bruce and the experts uncover a rich mix of objects including a table made from Old London Bridge, a Maori feather box, a patriotic musical chamber pot and an artist's brush pot. | | | | | |
| 18:30 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>The Royal Ballet School, Richmond 2 Part 2</i> Fiona Bruce and the experts uncover a rich mix of objects including a table made from Old London Bridge, a Maori feather box, a patriotic musical chamber pot and an artist's brush pot. | | | | | |
| 19:00 | ADELAIDE INTERNATIONAL - TOURNAMENT 1 | Captioned | Live | | WS | NA |
| | The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with host Nick McArdle. Live play continues. | | | | | |
| 23:00 | SNAPPED | | | | WS | M |
| | <i>Eric Copple</i> On Halloween night a knife-wielding intruder attacks and kills two roommates and leaves another lucky to be alive; although the story is reminiscent to the plot of a horror film, the terror is all too real. Cons.Advice: Adult Themes, Some Violence | | | | | |
| 00:00 | HOUSE | | | | WS | M |
| | <i>Teamwork</i> After House's medical license is reinstated, he reclaims his role as Head of Diagnostics in time to treat Hank Hardwick, an adult film star admitted to Princeton Plainsboro for pulsating eye pain. Starring: Hugh Laurie, Omar Epps, Robert Sean Leonard Cons.Advice: Mature Themes, Some Violence, Sexual References, Medical Procedures | | | | | |
| 01:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 01:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |

Thu Jan 5, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 04:30 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |

Fri Jan 6, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 06:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 07:00 | CREFLO DOLLAR MINISTRIES | | | | WS | PG |
| | <i>The Sacrifice of Worship (Part 1 of 2)</i> Religious Programme. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 08:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Does It All Drill Bits</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 09:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 10:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |

Fri Jan 6, 2023

| | | | | | | |
|-------|---|-----------|-----------|--------|----|----|
| 10:30 | POINTLESS | Captioned | Repeat | | WS | PG |
| | Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot. | | | | | |
| 11:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>Go West Part 1</i> Tim and Martin are arrested by Brennan's great-grandfather when they time-travel back to 1849. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 12:00 | THE YOUNG AND THE RESTLESS | | | | WS | PG |
| | Phyllis tries to talk things out with Jack; Mariah advises Tessa to see a doctor about her sore throat; Nick confides in Sharon. Cons.Advice: Themes, Sexual References | | | | | |
| 13:00 | FULL BLOOM | Captioned | Repeat | | WS | PG |
| | <i>The Bellflower Tower</i> After ballin' on a budget with grocery store arrangements, the florists bring heaven and hell to life in a fiery team challenge. Cons.Advice: Some Coarse Language | | | | | |
| 14:00 | SHE'LL HAVE TO GO | 1962 | Captioned | Repeat | | PG |
| | <i>She'll Have To Go</i> Learning that their grandmother has willed the entire family fortune to a distant cousin, two brothers plan a 'get rich quick scheme' to secure some of the money. Starring: Anna Karina, Bob Monkhouse, Hattie Jacques Cons.Advice: Mild Violence | | | | | |
| 16:00 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>The Royal Ballet School, Richmond 2 Part 2</i> Fiona Bruce and the experts uncover a rich mix of objects including a table made from Old London Bridge, a Maori feather box, a patriotic musical chamber pot and an artist's brush pot. | | | | | |
| 16:30 | WORLD'S GREATEST MAN MADE WONDERS | Captioned | Repeat | | | PG |
| | <i>Lost Cities</i> Documentary exploring the planet's most spectacular places, beginning by examining once-powerful and populous cities that are now classed as ruins. Cons.Advice: Themes | | | | | |
| 17:30 | MURDER, SHE WROTE | | Repeat | | WS | PG |
| | <i>Double Exposure</i> On a shopping trip to Boston, Jessica's delight at running into John Winslow, an old friend, is short-lived when he denies knowing her. Starring: Angela Lansbury, William Windom, Jerry Orbach, Michael Horton, Richard Paul, Julie Adams Cons.Advice: Some Violence | | | | | |

Fri Jan 6, 2023

| | | | | | | |
|-------|--|-----------|--------|--|----|---|
| 18:30 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Sainsbury Centre Norwich 2</i> Objects under inspection include a rare 18th-century glass bought for 10p from a charity shop, a pair of Queen Victoria's amazingly large knickers and a special sports day medal awarded during an early 20th-century expedition to the Antarctic. | | | | | |
| 19:30 | QUEENS OF MYSTERY | | Repeat | | WS | M |
| | <i>Murder in the Dark - Part 1</i> When a writer is murdered at a literary festival, Matilda Stone's investigations unearth a complex web of resentments and jealousies. Starring: Julie Graham, Siobhan Redmond, Martin Trenaman Cons.Advice: Mature Themes, Some Violence | | | | | |
| 20:30 | THE RAINMAKER | 1997 | Repeat | | WS | M |
| | <i>John Grisham's The Rainmaker</i> An underdog lawyer working at a shady law firm takes on a fraudulent Insurance company. Starring: Matt Damon, Danny De Vito, Claire Danes Cons.Advice: Some Violence, Adult Themes | | | | | |
| 23:10 | HOUSE | | | | WS | M |
| | <i>Ignorance is Bliss</i> House and the team take on the case of James Sidas, an exceptionally brilliant physicist and author who traded his successful career for a job as a courier. Starring: Hugh Laurie, Omar Epps, Robert Sean Leonard Cons.Advice: Mature Themes, Some Violence, Sexual References, Medical Procedures | | | | | |
| 00:05 | ANTIQUES ROADSHOW | Captioned | Repeat | | WS | G |
| | <i>Sainsbury Centre Norwich 2 Part 1</i> Fiona Bruce and the experts make a second visit to the University of East Anglia in Norwich. | | | | | |
| 00:30 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>Go West Part 1</i> Tim and Martin are arrested by Brennan's great-grandfather when they time-travel back to 1849. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |
| 01:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |

Fri Jan 6, 2023

| | | | | | | |
|--------------|--|--|--------|--|----|----|
| 01:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 04:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 05:00 | JOYCE MEYER | | | | WS | PG |
| | Joyce Meyer, one of the world's leading practical Bible teachers and New York Times best-selling author, shares encouragement and advice to help people enjoy daily life. Cons.Advice: Themes | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |


Gem Sydney Program Guide

Sat Jan 7, 2023

| | | | | | | |
|--------------|---|--|--------|--|----|----|
| 06:00 | TURNING POINT WITH DR DAVID JEREMIAH | | | | WS | PG |
| | <i>The Importance of the Bible (Part 2 of 2)</i> Religious program. Cons.Advice: Themes | | | | | |
| 06:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 07:00 | LEADING THE WAY | | Repeat | | WS | PG |
| | <i>When God's Plans Differ From Ours In Timing</i> Dr. Youssef and the Leading The Way team are committed to sharing the Gospel with the lost and equipping believers to grow into a deeper walk with Christ. Cons.Advice: Themes | | | | | |
| 07:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Does It All Drill Bits</i> Home shopping programme. | | | | | |
| 08:00 | BEYOND TODAY | | | | WS | PG |
| | <i>When God Remembers The Dead</i> Religious program. Cons.Advice: Themes | | | | | |
| 08:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Fish Seeker</i> Home shopping programme. | | | | | |
| 09:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>InstaChill</i> Home shopping programme. | | | | | |
| 09:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>TEBO Massage Chair</i> Home shopping programme. | | | | | |
| 10:00 | MY FAVORITE MARTIAN | | Repeat | | WS | G |
| | <i>Go West Part 2</i> Tim and Martin escape from jail but are set upon by riverboat thieves. Starring: Ray Walston, Bill Bixby, Pamela Britton | | | | | |

Sat Jan 7, 2023

| | | | | | | |
|-------|---|-----------|-----------|--------|----|----|
| 10:30 | SEAWAY | Captioned | Repeat | | | PG |
| | <p><i>The 34th Man</i></p> <p>A man's body is washed down the river and the only ship he could have come from denies any knowledge of him. Things escalate when he is found to have died from the plague and the ship is quarantined.</p> <p>Starring: Stephen Young, Austin Willis</p> | | | | | |
| 11:30 | WORLD'S GREATEST ENGINEERING ICONS | Captioned | Repeat | | WS | PG |
| | <p><i>Sacred</i></p> <p>We explore the world's most iconic sacred buildings; places where people of faith have gathered for millennia to commune with their divine. Cathedrals, churches, temples, shrines, pagodas, monasteries and mosques are as architecturally varied as they are spiritually diverse. Often built to reflect the tenets of their religion, we recognise in these varied structures a universal appeal: a sense of community in which we share a quest as old as time.</p> | | | | | |
| 12:30 | WE JOINED THE NAVY | 1962 | Captioned | Repeat | | G |
| | <p><i>We Joined The Navy</i></p> <p>A young naval officer asks too many embarrassing questions and after being bounced from one station to another, winds up the hero of a revolution.</p> <p>Starring: Kenneth More, Lloyd Nolan, Joan O'Brien</p> | | | | | |
| 14:30 | SOME LIKE IT HOT | 1959 | Captioned | Repeat | WS | PG |
| | <p><i>Some Like It Hot</i></p> <p>Marilyn Monroe, Jack Lemmon and Tony Curtis star in this classic comedy about two musicians who witness a mob hit, and in order to pay their way, they dress up as two women and join an all-girl band.</p> <p>Starring: Marilyn Munroe, Tony Curtis, Jack Lemmon</p> <p>Cons.Advice: Some Violence, Adult Themes</p> | | | | | |
| 17:00 | UNITED CUP | | Captioned | Live | WS | NA |
| | <p>The inaugural United Cup brings together the best ATP Tour and Hologic WTA Tour players in an 18-country teams' event played over 11 days across three Brisbane, Perth and Sydney. Live play from 10:00AM AEDT.</p> | | | | | |

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Sat Jan 7, 2023

| | | | | | | | |
|-------|--|------|-----------|--------|--|----|----|
| 19:00 | ESCAPE FROM ALCATRAZ | 1979 | Captioned | Repeat | | WS | PG |
| | <p><i>Escape From Alcatraz</i></p> <p>Frank, a convict who is sent to Alcatraz, the most feared prison in the world, decides to escape from captivity despite the challenges that come his way.</p> <p>Starring: Clint Eastwood, Patrick McGoohan, Fred Ward</p> <p>Cons.Advice: Some Violence, Some Coarse Language</p> | | | | | | |
| 21:15 | THE DEER HUNTER | 1978 | Captioned | Repeat | | WS | MA |
| | <p><i>The Deer Hunter</i></p> <p>A group of working-class friends decide to enlist in the Army during the Vietnam War and find it to be hellish chaos – nothing like the noble venture they imagined – and return as changed men.</p> <p>Starring: Robert De Niro, John Savage, Meryl Streep, John Cazale, Christopher Walken</p> <p>Cons.Advice: Strong Adult Themes, War Scenes, Strong Violence, Some Coarse Language</p> | | | | | | |
| 01:00 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>TEBO Massage Chair</i></p> <p>Home shopping programme.</p> | | | | | | |
| 01:30 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>InstaChill</i></p> <p>Home shopping programme.</p> | | | | | | |
| 02:00 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>Invictus X9</i></p> <p>Home shopping programme.</p> | | | | | | |
| 02:30 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>Transforma Ladders</i></p> <p>Home shopping programme.</p> | | | | | | |
| 03:00 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>Perfect Fit Bed</i></p> <p>Home shopping programme.</p> | | | | | | |
| 03:30 | TV SHOP - HOME SHOPPING | | | Repeat | | WS | G |
| | <p><i>InstaChill</i></p> <p>Home shopping programme.</p> | | | | | | |

Sat Jan 7, 2023

| | | | | | | |
|--------------|---|--|--------|--|----|---|
| 04:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |
| 04:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Invictus X9</i> Home shopping programme. | | | | | |
| 05:00 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Transforma Ladders</i> Home shopping programme. | | | | | |
| 05:30 | TV SHOP - HOME SHOPPING | | Repeat | | WS | G |
| | <i>Perfect Fit Bed</i> Home shopping programme. | | | | | |