



Sydney Program Guide

Sun Jan 1, 2023

06:00	JUNGLE BEAT		Repeat		WS	G
	<p><i>The Lawn/Downhill Derby/Bee in Her Bonnet</i></p> <p>Munki, Trunk and Tallbert play a wild game of tag; Munki and Trunk lose Baby Ostrich during a game of hide and seek; Trunk's precious flower is looking very droopy.</p>					
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G
	<p><i>The Cup-and-Ball Knight/Cleaning is King!</i></p> <p>Gus would do anything to be a part of the same prestigious club as his father; Gus forgets to wash his hands after touching some magic powder.</p>					
07:00	EARTH TO LUNA!		Repeat		WS	G
	<p><i>Break of Dawn/Tuned In</i></p> <p>Luna, Jupiter, and Clyde discover why roosters crow; Luna, Jupiter and Clyde discover what makes radios work.</p>					
07:30	BERRY BEES	Captioned	Repeat		WS	C
	<p><i>Taking The Plunge/Having a Ball</i></p> <p>When Scientists discover a rare and valuable prehistoric micro-organism preserved in ancient glacial ice, a television event is organised at the high mountain research facility.</p>					
08:00	RICKY ZOOM				WS	G
	<p><i>Ricky's Only Wish / Little Scootio</i></p> <p>The buddies have made balloon lanterns for the Lantern Festival. / Scootio has always wanted a little sister and the perfect opportunity to look after a little girl bike comes along when Mrs Bikely asks Scootio to look after a new junior bike.</p>					
08:30	SPIDEY AND HIS AMAZING FRIENDS				WS	G
	<p><i>Sand Trapped/ Too Much Fun</i></p> <p>Team Spidey gets trapped in sandman's giant sand maze. The Spidey team swings into action to bring back the fun after Electro supercharges the amusement park.</p>					
09:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG
	<p><i>The Battle of Haora!/Chase the Haora Artifact!</i></p> <p>The Battle Judgement moves to Haora, where Dan and Drago want to finish their battle quickly. Sharktar and Shun fight challengers Oxidox and Everett.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
09:30	POKEMON ULTIMATE JOURNEYS		Repeat		WS	PG
	<p><i>Big Brother To The Rescue</i></p> <p>Yamper has taken on the role of big brother in Cerise Park and helps go around and solve the problems occurring. However, today it noticed the water has become dirty so wants to help the Pokémon living by the river.</p> <p>Cons.Advice: Animated Violence</p>					
10:00	POKEMON ULTIMATE JOURNEYS		Repeat		WS	PG
	<p><i>Catching The Aura Of Fate!</i></p> <p>Ahead of his battle with Raihan to enter the Masters 8, Ash & Lucario decide to go to Kalos to meet Ash's Greninja. Lucario is eager to battle and challenges Greninja, ending up losing. However, Greninja wants to help Lucario and their aura start aligning. Will Greninja be able to help?</p> <p>Cons.Advice: Animated Violence</p>					

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10:30	TEEN TITANS GO!		Repeat		WS	PG
	<i>Kabooms: Pt 1 / Kabooms: Pt. 2</i> The Titans save a boring movie. / The Titans try to make a film. Cons.Advice: Themes, Mild Violence, Scary Scenes					
11:00	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<i>The Real Deal/Walk This Way</i> The girls discover that Carter has plans to build an underwater hotel and they have to stop him before it destroys all of Hearth Lake City's marine life.					
11:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips and Nick McArdle. Live play from 11:30AM AEDT.					

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18:00	SHREK THE THIRD	2007	Captioned	Repeat		WS	PG
	<p><i>Shrek The Third</i></p> <p>Life in the swamp seems better than ever for Shrek and Fiona, until King Harold suddenly falls ill and Shrek must find an acceptable heir or he'll have to assume the throne. Meanwhile, Fiona and Queen Lillian must defend the kingdom from the insidious Prince Charming.</p> <p>Starring: Mike Myers, Eddie Murphy, Cameron Diaz, Antonio Banderas</p> <p>Cons.Advice: Mild Violence, Adult Themes</p>						
19:50	BATTLESHIP	2012	Captioned	Repeat		WS	M
	<p><i>Battleship</i></p> <p>A fleet of ships is forced to do battle with an armada of unknown origins in order to discover and thwart their destructive goals.</p> <p>Starring: Alexander Skarsgard, Brooklyn Decker, Liam Neeson</p> <p>Cons.Advice: Sci-fi Violence</p>						
22:20	PAIN & GAIN	2013	Captioned	Repeat		WS	MA
	<p><i>Pain & Gain</i></p> <p>A trio of bodybuilders in Florida get caught up in an extortion ring and a kidnapping scheme that goes terribly wrong.</p> <p>Starring: Mark Wahlberg, Dwayne Johnson, Anthony Mackie</p> <p>Cons.Advice: Strong Violence, Frequent Very Coarse Language, Strong Sex References, Drug Use</p>						
00:50	ABOUT A BOY					WS	PG
	<p><i>About a Poker Night</i></p> <p>Will throws a poker night for his friends, but the event is hijacked by Fiona, who has no problem making herself at home with the guys. Meanwhile, Marcus goes on his first sleepover, but has a hard time adjusting with his peers.</p> <p>Starring: David Walton, Benjamin Stockham, Minnie Driver</p> <p>Cons.Advice: Themes, Sexual References, Mild Coarse Language</p>						
01:20	QUEER EYE FOR THE STRAIGHT GUY			Repeat		WS	M
	<p><i>Meet the Folks: Alan Corey</i></p> <p>The boys get to grips with Alan, a sweet guy who needs to smarten up his act before meeting his girlfriend Katie's parents.</p> <p>Cons.Advice: Sexual References</p>						
02:10	QUEER EYE FOR THE STRAIGHT GUY			Repeat		WS	M
	<p><i>Steven Smith</i></p> <p>Steven is a rock music expert who dresses like an 80's band reject, has fried tri-coloured hair, an apartment that's been overpowered by his girlfriend Jackie's stuff and a diet that's needs more healthy food.</p> <p>Cons.Advice: Sexual References</p>						



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03:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG
	<p><i>Let Sleeping Zords Lie</i></p> <p>As the Rangers get closer to finding the Ankylo Zord thanks to Shelby and Kendall's latest invention, Fury and Sledge conspire to steal the technology for themselves.</p> <p>Cons.Advice: Stylised Violence</p>					
03:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<p><i>The Jet-Black Sun! Vex Lucius!</i></p> <p>Lain's Blading prowess seems to be the stuff of myth. But that doesn't matter to Hyuga—he's ready to go head-to-head anyway!</p> <p>Cons.Advice: Mild Violence</p>					
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>Ready for the Rush!</i></p> <p>Yuga Ohdo may seem like any other 5th grader in Goha City, but he's about to take his favourite game to the next level by inventing a whole new way to duel - Rush Duels!</p> <p>Cons.Advice: Animated Violence, Themes</p>					
04:30	RICKY ZOOM		Repeat		WS	G
	<p><i>Ricky's Only Wish / Little Scootio</i></p> <p>The buddies have made balloon lanterns for the Lantern Festival. / Scootio has always wanted a little sister and the perfect opportunity to look after a little girl bike comes along when Mrs Bikely asks Scootio to look after a new junior bike.</p>					
04:50	EARTH TO LUNA!		Repeat		WS	G
	<p><i>Break of Dawn/Tuned In</i></p> <p>Luna, Jupiter, and Clyde discover why roosters crow; Luna, Jupiter and Clyde discover what makes radios work.</p>					
05:10	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<p><i>The Real Deal/Walk This Way</i></p> <p>The girls discover that Carter has plans to build an underwater hotel and they have to stop him before it destroys all of Hearth Lake City's marine life.</p>					
05:30	GIGANTOSAURUS		Repeat		WS	G
	<p><i>Seeing Stars/A Tiny Triumph</i></p> <p>Together with her three best friends, Mazu draws a map of the stars and Tiny's artistic skills prove useful, when the dinos find themselves stranded in the desert.</p>					



Mon Jan 2, 2023

06:00	POLLY POCKET		Repeat		WS	G
	<p><i>Custard Kitten/The Sweet Life</i></p> <p>When Bella fosters a group of kittens, Polly proves to be quite the cat-whisperer with all but one; inspired to make the greatest cake ever, Dad and Polly use tiny power to team up to try to win a cake baking competition at the Con.</p>					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<p><i>Princess Grizbot</i></p> <p>Grizelda wants to help the Rainbow Kingdom, just like True. So she gets her Grizmos to build a giant robot- The Grizbot. When Frookie takes control of it, True has to come to her friends' rescue.</p>					
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>The Return of Faustus/The Battle of the TV Station</i></p> <p>Professor Faustus returns to his Academy, rested and ready to resume his role as Headmaster, but the newly appointed Headmaster Short objects, challenging Faustus to a brawl to decide who will lead the Academy.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<p><i>Conquering the Ogre's Dungeon!</i></p> <p>In the end, Hyuga and Hikaru were no match for the legendary Blader Lui Shirosagi. Naturally, they both demand a rematch, but before the brothers can face Lui again, they have to conquer the Ogre's Dungeon.</p> <p>Cons.Advice: Mild Violence</p>					
08:00	SMASHDOWN!	Captioned	Repeat		WS	C
	<p><i>Elimination Quarter Final, Pool C – Cheeky Chels vs. Hunts</i></p> <p>It's the underdog vs. the champ as Cheeky Chels takes on Hunts with today's winner advancing straight to Finals Week! Plus, Andy and the Dummy try to break Usain Bolt's 100m record.</p>					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<p><i>Marshland Chronicles/Otterly Lost</i></p> <p>A spring morning snowstorm is followed by an abrupt afternoon warm-up, causing a flood of melted snow that threatens the local wildlife; an otter loses her favorite rock.</p>					
09:00	GIGANTOSAURUS		Repeat		WS	G
	<p><i>Mini Giganto/Singosaurus</i></p> <p>Rocky has a hard time parting with his things while the gang spring cleans; Tiny is in charge of the music for the "Five Friends Food Festival."</p>					
09:30	DINO RANCH		Repeat		WS	G
	<p><i>Tinhorn Trouble/Family Comes First</i></p> <p>The Tinhorns trick the Dino Ranchers, Min proves that no matter the circumstances. / Pitted against the Tinhorns on Rancheroo Day, Jon learns that his family is more important to him than winning.</p>					
10:00	NINJAGO		Repeat		WS	PG
	<p><i>The Gift of Jay/The Tooth of Wojira</i></p> <p>The ninja find themselves captured by the 'Keepers of the Amulet', who seem to be treating Jay particularly well. Meanwhile Lloyd stages a rescue. As Jay is sacrificed to the sea serpent that terrorises the island, the other ninja begin to suspect events on the island are not all as they seem.</p> <p>Cons.Advice: Themes, Animated Violence</p>					

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Mon Jan 2, 2023

10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Restore And Renew!</i></p> <p>Ash and Goh have Fossil Pokémon on their mind and Chloe has a science project, so it's off to the Pewter Museum of Science! There, they meet a man who bears an uncanny resemblance to the excavation leader our heroes met in Unova.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Three Heads Are Better Than One / Balloonatics / Dam Busters</i></p> <p>Jerry helps Tom with a three-headed dog/Tom & J. fight each other with balloons/Jerry harasses Tom</p> <p>Cons.Advice: Animated Violence</p>					
11:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 11:30AM AEDT.</p>					

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18:00	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with host Nick McArdle. Live play continues.					
22:30	POLICE ACADEMY 1984	Captioned	Repeat		WS	M
	<i>Police Academy</i> When the Mayor decrees that the doors of the Police Academy be open to any and all, the applicants swarm forth in a colourful assortment of shapes, sizes and eccentricities. Starring: Steve Guttenberg, G.W. Bailey, George Gaynes, Michael Winslow, Kim Cattrall Cons.Advice: Sex Scenes, Frequent Coarse Language					
00:30	SATISFACTION				WS	MA
	<i>...Through Struggle</i> The fight between Neil and Adriana heats up; and Grace re-enters the dating world. Starring: Matt Passmore, Stephanie Szostak, Blair Redford Cons.Advice: Strong Adult Themes, Sex Scenes, Drug Use					
01:30	THE SEX CLINIC		Repeat		WS	MA
	Hugo arrives for an STI test and has cause for concern - he's had over 1000 partners and rarely uses condoms. 17-year-old Lonan has yet to lose his virginity and is keen to get some advice ahead of his 'first time'. Cons.Advice: Strong Sex References, Some Coarse Language, Medical Procedures					
02:30	RIVALS	Captioned	Repeat		WS	PG
	<i>Rivals Season III</i> Rivals is back for a third season. Eight of Australia's surfing all-stars battle it out in a unique contest. Each returns to their hometown where they make the rules and the call on when to start the clock. How well do they really know their local? In an epic twist, they're then scored against their real-life rivals by a team of critical international judges. Winning on your own waves should be easy right? Cons.Advice: Mild Coarse Language					
03:00	RIVALS	Captioned	Repeat		WS	PG
	<i>Jacob Willcox</i> Margaret River's Jacob Willcox is blessed with a backyard of big-game waves. How will he use his local knowledge to get the jump on his fellow Rivals and which wave will he share with the world? Cons.Advice: Mild Coarse Language					
03:30	NINJAGO		Repeat		WS	PG
	<i>The Gift of Jay/The Tooth of Wojira</i> The ninja find themselves captured by the 'Keepers of the Amulet', who seem to be treating Jay particularly well. Meanwhile Lloyd stages a rescue. As Jay is sacrificed to the sea serpent that terrorises the island, the other ninja begin to suspect events on the island are not all as they seem. Cons.Advice: Themes, Animated Violence					

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04:00	TAKE TWO		Repeat		WS	G
	<i>Remedical Active Air Purifier</i> Home Shopping programme.					
04:30	TAKE TWO		Repeat		WS	G
	<i>Circulation Cycle</i> Home Shopping programme.					
05:00	POKEMON JOURNEYS		Repeat		WS	PG
	<i>Restore And Renew!</i> Ash and Goh have Fossil Pokémon on their mind and Chloe has a science project, so it's off to the Pewter Museum of Science! There, they meet a man who bears an uncanny resemblance to the excavation leader our heroes met in Unova. Cons.Advice: Animated Violence					
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	<i>Change Of Plans</i> The Goha Rush Duel Team Battle Royal finally opens! Yuga, who comes to the venue to support the team of Luke, Gavin, and Romin, is urged by Luke to take Asana's place, who did not show up to the tournament. Cons.Advice: Animated Violence, Themes					



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Tue Jan 3, 2023

06:00	POLLY POCKET		Repeat		WS	G
	<i>Save the Roller Dance/Small Business</i> Polly discovers roller dancing is being cut from the Games; Polly delivers hot chocolate to soccer fans in the stadium.					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>Hino Tari Hullabaloo</i> At the Rainbow Kingdom Fundawunda Festival, Bartleby takes care of a Hinotari Egg for the Rainbow King. When the egg hatches, True scrambles to save the day.					
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<i>When Benton Disappeared/Lightning's Elegant Day</i> Benton Dusk flies to the Academy for a tour of the facility and a long-overdue reunion with the Awesome Brawlers but his airship goes missing en route. Cons.Advice: Animated Violence, Themes					
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<i>The Jet-Black Sun! Vex Lucius!</i> Lain's Blading prowess seems to be the stuff of myth. But that doesn't matter to Hyuga—he's ready to go head-to-head anyway! Cons.Advice: Mild Violence					
08:00	SMASHDOWN!	Captioned	Repeat		WS	C
	<i>Match Day 1, Pool D – Tiny vs. Wadipple</i> It's a softball epic as two of Australia's smallest athletes clash in one of our biggest showdowns! Plus, Nick gets some tips from some junior legends, and our players take on a colossal Smash Battle!					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<i>Tigertastic/Seal Gone Wild</i> Preston destroys mangrove forests in India to create profitable shrimp farms, exposing the area and its wildlife to storms; the Rangers have to get a lost seal back home after it wreaks havoc on a city.					
09:00	GIGANTOSAURUS		Repeat		WS	G
	<i>A new home for Leon/Mirror mirror</i> With Terry banished, life in Cretacia is great, until the dinos realize that his absence is causing an ecological disaster; Rocky sets out to break all of Roger's records.					
09:30	DINO RANCH		Repeat		WS	G
	<i>Clover's Tiny Problem/Tango's BFF</i> When Min dotes on a newly hatched dino, Clover feels jealous, but then learns that no dinosaur can replace him in Min's heart. After helping a fellow triceratops, Tango becomes attached to her new friend and doesn't want her to rejoin her herd.					
10:00	NINJAGO		Repeat		WS	PG
	<i>A Big Splash/The Call of the Deep</i> When Nya loses control of her elemental powers, the ninja must search for answers which may lie with the former Master of Water, Nya's mother. Nya's mother, Maya, arrives with advice on how to regain control of Nya's power. Zane & Pixal discover something else may be behind the disturbances. Cons.Advice: Themes, Animated Violence					

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10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Octo-Gridlock At The Gym!</i></p> <p>Ash and Goh are off to the Johto region, where Ash is hoping for a rematch against Bea. They find Bea training with Gym Leader Chuck at the Cianwood City Gym. Bea accepts Ash's challenge, and their two-on-two battle begins!</p> <p>Cons.Advice: Animated Violence</p>					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Hangin' Tough / Shadow of a Doubt / It's the Little Things</i></p> <p>Tom battles Butch/The Detectives try to find the missing black panther/A potion shrinks Tom</p> <p>Cons.Advice: Animated Violence</p>					
11:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 11:30AM AEDT.</p>					



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22:30	POLICE ACADEMY 2: THEIR FIRST ASSIGNMENT	1985	Captioned	Repeat	WS	M
	<p><i>Police Academy 2: Their First Assignment</i></p> <p>Mahoney and friends have graduated from the Police Academy and are issued with their first assignment. But are they ready to do battle with a band of graffiti terrorists?</p> <p>Starring: Steve Guttenberg, Bubba Smith, David Graf, Michael Winslow</p> <p>Cons.Advice: Some Coarse Language, Some Violence, Sexual References</p>					
00:15	SATISFACTION				WS	MA
	<p><i>...Through Negotiation</i></p> <p>Neil and Grace push the limits of their new connection; and a kinky 1950s-themed party is thrown by Adriana.</p> <p>Starring: Matt Passmore, Stephanie Szostak, Blair Redford</p> <p>Cons.Advice: Strong Adult Themes, Sex Scenes, Drug Use</p>					
01:05	THE SEX CLINIC		Repeat		WS	MA
	<p>Singleton Matt has been on a pulling spree, but he rarely uses protection. He arrives for an STI test, but ends up trying to get to the bottom of his need for female attention with resident sex and relationship therapist Charlene.</p> <p>Cons.Advice: Strong Sex References, Some Coarse Language</p>					
02:00	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Reef Heazlewood</i></p> <p>Sunshine Coast's Reef Heazlewood is best known for his incredible air game. Will he preference wave size or wind in his hometown swell window to out-surf his Rivals?</p> <p>Cons.Advice: Some Coarse Language</p>					
02:30	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Sheldon Simkus</i></p> <p>Snapper Rocks is an iconic Gold Coast surf spot. It's famous for its throaty, sand-bottom barrels, back-chat and drop-ins. Does Sheldon Simkus have the grit and timing to navigate both conditions and crowd to lock in a super Snapper session and out-perform his Rivals?</p> <p>Cons.Advice: Some Coarse Language</p>					
03:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>When Benton Disappeared/Lightning's Elegant Day</i></p> <p>Benton Dusk flies to the Academy for a tour of the facility and a long-overdue reunion with the Awesome Brawlers but his airship goes missing en route.</p> <p>Cons.Advice: Animated Violence, Themes</p>					

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03:30	NINJAGO		Repeat		WS	PG
	<p><i>A Big Splash/The Call of the Deep</i></p> <p>When Nya loses control of her elemental powers, the ninja must search for answers which may lie with the former Master of Water, Nya's mother. Nya's mother, Maya, arrives with advice on how to regain control of Nya's power. Zane & Pixal discover something else may be behind the disturbances.</p> <p>Cons.Advice: Themes, Animated Violence</p>					
04:00	TAKE TWO		Repeat		WS	G
	<p><i>Circulation Cycle</i></p> <p>Home Shopping programme.</p>					
04:30	TAKE TWO		Repeat		WS	G
	<p><i>Super Sleeper Pro</i></p> <p>Home Shopping programme.</p>					
05:00	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Octo-Gridlock At The Gym!</i></p> <p>Ash and Goh are off to the Johto region, where Ash is hoping for a rematch against Bea. They find Bea training with Gym Leader Chuck at the Cianwood City Gym. Bea accepts Ash's challenge, and their two-on-two battle begins!</p> <p>Cons.Advice: Animated Violence</p>					
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>The Battle Royal Begins!</i></p> <p>The Battle Royal kicks off with an exhibition match between Roa and his #1 fan... the President of Goha!</p> <p>Cons.Advice: Animated Violence, Themes</p>					



Wed Jan 4, 2023

06:00	POLLY POCKET		Repeat		WS	G
	<p><i>Hamster Hijinks/Flamingo Frenzy</i></p> <p>Right before Polly's new friend Hazel can participate in a big gymnastics event, rats infest the gym; Polly obsession with the Flamingo Frenzy game causes a glitch flamingo to escape into real life.</p>					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<p><i>Queens of the Day and Night</i></p> <p>The Day Queen and Night Queen never get to see each other. True tries to find a solution. Can the Rainbow Citizens be happy if it's always both Daytime AND Nighttime?</p>					
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>Get Back the Baku-Balls!/The Return of Lord Brakken!</i></p> <p>On a trip to the museum, the brawlers uncover that a collection of ancient Baku-Balls contains fakes; the gang jumps into action to uncover the counterfeiter.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<p><i>Is this a Dream?! Or is it a Nightmare?!</i></p> <p>The results are in, and the final participants of the Legend Festival have been decided! Hikaru's ranked battle history has earned him a shot against the rest of the Blading Legends, but what about Hyuga?</p> <p>Cons.Advice: Mild Violence</p>					
08:00	SMASHDOWN!	Captioned	Repeat		WS	C
	<p><i>Match Day 2, Pool D – Ace vs. Jimi</i></p> <p>It's touchdown time as our players take on a stadium full of NFL challenges today! Plus, Briana goes head-to-head with some gridiron experts, and our players test their throwing arms in a bungee battle!</p>					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<p><i>Flyaway/Safari Soulmates</i></p> <p>The Praxtons use helium balloons to try and set a world record; in Africa, the symbiotic relationship between ostriches and zebras is threatened when Preston rounds up ostriches for his own profit.</p>					
09:00	GIGANTOSAURUS		Repeat		WS	G
	<p><i>Ayati's Big Birthday/A New Best T</i></p> <p>The four little dinos want to give Ayati presents for her 200th birthday. Then, Giganto finds a new "Big Guy" to play with.</p>					
09:30	DINO RANCH		Repeat		WS	G
	<p><i>Home on the Range/Miguel's Compy Conundrum</i></p> <p>When a dinosaur named Wanda keeps running away from the Ranch, Min, Jon and Miguel discover that she's eager to join to a dinosaur family that wants to welcome her as one of their own. / Miguel accidentally causes the ranch to be overrun with compies.</p>					
10:00	NINJAGO		Repeat		WS	PG
	<p><i>Unsinkable/Five Thousand Fathoms Down</i></p> <p>The ninja embark on a mission to uncover the source of a mysterious power signal that is disrupting marine life, and Nya's powers. Nya and Maya discover the source of the energy pulse that has been affecting Nya's powers and come face-to-face with a dangerous new villain.</p> <p>Cons.Advice: Themes, Animated Violence</p>					

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Sydney Program Guide

Wed Jan 4, 2023

10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>A Crackling Raid Battle!</i></p> <p>Just as Professor Cerise tells our heroes that the presence of a Legendary Pokémon has been detected nearby, thunder strikes, and Goh is certain that can mean only one thing: Zapdos!</p> <p>Cons.Advice: Animated Violence</p>					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Into the Woods / Always Say Never Again / Mice Fair Ladies</i></p> <p>Tom takes Jerry go camping/T. & J. are recruited by a British super spy/Jerry creates mayhem for Tom</p> <p>Cons.Advice: Animated Violence</p>					
11:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 11:30AM AEDT.</p>					



Sydney Program Guide

Wed Jan 4, 2023

18:00	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with host Nick McArdle. Live play continues.					
23:00	K-9 1989	Captioned	Repeat		WS	M
	<p><i>K-9</i></p> <p>To stop an elusive criminal, a maverick detective enlists the aid of a police dog who's an unusually intelligent canine.</p> <p>Starring: James Belushi, Mel Harris, Kevin Tighe</p> <p>Cons.Advice: Adult Themes, Some Violence</p>					
01:05	SATISFACTION				WS	MA
	<p><i>...Through Travel</i></p> <p>Neil and Grace try to get lost investors back to Bastion.</p> <p>Starring: Matt Passmore, Stephanie Szostak, Blair Redford</p> <p>Cons.Advice: Strong Adult Themes, Sex Scenes, Drug Use</p>					
02:00	KEEPING UP WITH THE KARDASHIANS		Repeat		WS	M
	<p><i>Have You Met Kim?</i></p> <p>Kim has the busiest week of her life as she prepares for the birth of her fourth baby, stars in a music video with Paris Hilton, and heads to the Met Gala; Kourtney realizes someone close to her family has been stealing from her.</p> <p>Cons.Advice: Mature Themes, Some Coarse Language, Sexual References</p>					
03:00	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Soli Bailey</i></p> <p>The OG Byron Bae, Soli Bailey is known for his competitive fire. But can he handle the heat when the call of the day is left to him? Can he curate the perfect combo of conditions to out surf his Rivals?</p> <p>Cons.Advice: Some Coarse Language</p>					
03:30	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Matt Banting</i></p> <p>Injury has plagued Matt Banting's competitive surfing career but his power moves and patience could be the secret weapon for the Port Macquarie local this season in Rivals.</p> <p>Cons.Advice: Mild Coarse Language</p>					
04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<p><i>Invictus X9</i></p> <p>Home shopping programme.</p>					
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<p><i>TEBO Massage Chair</i></p> <p>Home shopping programme.</p>					

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Sydney Program Guide

Wed Jan 4, 2023

05:00	POKEMON JOURNEYS		Repeat		WS	PG
<p><i>A Crackling Raid Battle!</i></p> <p>Just as Professor Cerise tells our heroes that the presence of a Legendary Pokémon has been detected nearby, thunder strikes, and Goh is certain that can mean only one thing: Zapdos!</p> <p>Cons.Advice: Animated Violence</p>						
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG
<p><i>Treasure Trackers</i></p> <p>After 66 million years, the Duel Dinosaur Club has gone extinct! Could Yuga be next?!</p> <p>Cons.Advice: Animated Violence, Themes</p>						



Sydney Program Guide

Thu Jan 5, 2023

06:00	POLLY POCKET		Repeat		WS	G
	<p><i>Hatching a Plan/Rabbit, Foot</i></p> <p>Polly helps turtle hatchlings journey safely to the sea - and avoid the beach volleyball courts of the Littleton Games; Polly, Lila and Shani must find a star soccer player's missing pet to save the closing ceremony of the Littleton Games.</p>					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<p><i>True Switcheroo</i></p> <p>True and Bartleby dig up a strange crystal called the Switcheroo. When it starts zapping everyone, no one knows who's who. True and Bartleby need the magical wishes to set things right.</p>					
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>Gate Crisis!/The Last Gate!</i></p> <p>Dan and Drago head to Vestroia to meet with Pyravian. Meanwhile, back on Earth, the Gate Crushers are back at it trying to close every last gate. If they succeed, Dan and Drago will be trapped on Vestroia forever!</p> <p>Cons.Advice: Animated Violence, Themes</p>					
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<p><i>Rise to Victory! Triumph Dragon!</i></p> <p>Dante Koryu is itching to battle the Hizashi brothers, and Hyuga is up first! Does Hyperion stand a chance against Triumph Dragon?</p> <p>Cons.Advice: Mild Violence</p>					
08:00	SMASHDOWN!	Captioned	Repeat		WS	C
	<p><i>Match Day 3, Pool D – Ace vs. Wadipple</i></p> <p>Get ready for some tries as our players take on all things Touch Footy today! Glen visits some junior experts to get some tips, plus our players test their passing skills on the final obstacle course!</p>					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<p><i>Spooky Costume Party/GMO OMG</i></p> <p>The gang helps Patty with an eco-friendly spooky costume party; Preston's genetically modified crops are going crazy.</p>					
09:00	GIGANTOSAURUS		Repeat		WS	G
	<p><i>Top Dino/Dinos to the Moon</i></p> <p>When the dinos celebrate Secret Saurus, Rocky is unhappy with the gift Tiny gives him; Mazu builds a rocket to fly to the moon.</p>					
09:30	DINO RANCH		Repeat		WS	G
	<p><i>The Ten Gallon Trophy/Plane Crazy</i></p> <p>When Bopper runs off with Bo's prized Ten Gallon Trophy Hat, Tango believes that she has to be like Blitz and Clover in order to help the gang catch the elusive pachyosaur. / Miguel underestimates his dino pals and gets carried away by his dream of flying.</p>					
10:00	NINJAGO		Repeat		WS	PG
	<p><i>The Wrath of Kalmaar/Long Live the King</i></p> <p>The ninja embark on a rescue mission to an uncharted island. Nya leads the ninja on an undersea mission where they uncover a dangerous new foe.</p> <p>Cons.Advice: Themes, Animated Violence</p>					

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10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Pikachu Translation Check...</i></p> <p>Meowth has a cold, so Jessie and James decide to practice their Pikachu translation skills by watching a video of Pikachu and guessing what it says!</p> <p>Cons.Advice: Animated Violence</p>					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Play Date with Destiny / Wild Goose Chase / Hot Wings</i></p> <p>Tom has to help Jerry escape a little girl/A goose must cross the border/Tom's job is in jeopardy</p> <p>Cons.Advice: Animated Violence</p>					
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>Change Of Plans</i></p> <p>The Goha Rush Duel Team Battle Royal finally opens! Yuga, who comes to the venue to support the team of Luke, Gavin, and Romin, is urged by Luke to take Asana's place, who did not show up to the tournament.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
12:00	TRANSFORMERS: CYBERVERSE		Repeat		WS	PG
	<p><i>Matrix of Leadership</i></p> <p>Bumblebee explores three memories he has of his friend Optimus Prime, learning the true meaning of leadership through the experience.</p> <p>Cons.Advice: Animated Violence</p>					
12:15	THE BRADY BUNCH MOVIE	1995	Captioned	Repeat	WS	PG
	<p><i>The Brady Bunch Movie</i></p> <p>The original '70s T.V. family is now placed in the 1990s, where they're even more square and out of place than ever.</p> <p>Starring: Shelley Long, Gary Cole, Christine Taylor</p> <p>Cons.Advice: Mild Coarse Language, Sexual References</p>					
14:00	FULL HOUSE		Repeat		WS	G
	<p><i>Mad Money</i></p> <p>Jesse brings down the house when he secretly plans an Elvis Presley tribute at a nightclub; meanwhile, Joey attempts to pay back Danny money that he lent him 11 years ago.</p> <p>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen</p>					
14:30	FULL HOUSE		Repeat		WS	G
	<p><i>D.J. Tanner's Day Off</i></p> <p>D.J. takes advantage of Joey's gullible nature when she convinces him she's sick so she can skip school and sneak down to the mall to get celebrity autograph.</p> <p>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen</p>					

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15:00	THE NANNY	Captioned	Repeat			PG
	<p><i>Val's Apartment</i></p> <p>Fran thinks about moving out of the mansion.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG
	<p><i>Eleven Angry Men & One Dick</i></p> <p>Dick is called for jury service but finds the whole experience baffling. Sally is intrigued by a moody artist named Seth, but Officer Don is not pleased and inundates his rival with parking tickets.</p> <p>Starring: John Lithgow, Jane Curtin, Kristen Johnston</p> <p>Cons.Advice: Mild Coarse Language, Sexual References</p>					
16:00	THAT 70'S SHOW		Repeat		WS	PG
	<p><i>The Kids Are Alright</i></p> <p>Eric has second thoughts about moving to Madison with Donna; Jackie is vexed when Hyde finds someone new; Laurie returns home to her new husband after a wild honeymoon in Cancun.</p> <p>Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher</p> <p>Cons.Advice: Some Coarse Language, Sexual References, Drug References</p>					
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG
	<p><i>Silent Partners</i></p> <p>Debra realizes that her and Ray, no longer have anything to say to one another.</p> <p>Starring: Ray Romano, Patricia Heaton, Brad Garrett</p>					
17:00	EVERYBODY LOVES RAYMOND		Repeat		WS	PG
	<p><i>Fairies</i></p> <p>Ray is upset when he discovers that his twins, are playing fairies in the school play.</p> <p>Starring: Ray Romano, Patricia Heaton, Brad Garrett</p>					
17:30	THE NANNY	Captioned	Repeat			PG
	<p><i>Shopaholic</i></p> <p>News of Fran's ex-boyfriend's wedding makes Fran start buying everything she can.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					



Thu Jan 5, 2023

18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG
	<p><i>A Friend in Dick</i></p> <p>The aliens are irked by artist Seth's negative effect on Sally, but an encounter with a famous dancer reveals his pretentious nature.</p> <p>Starring: John Lithgow, Jane Curtin, Kristen Johnston</p> <p>Cons.Advice: Mild Coarse Language, Sexual References</p>					
18:30	THAT 70'S SHOW		Repeat		WS	PG
	<p><i>Join Together</i></p> <p>Kelso decides to help Jackie and Hyde get back together. Meanwhile, Eric realises something unusual about Donna's sex drive.</p> <p>Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher</p> <p>Cons.Advice: Some Coarse Language, Sexual References, Drug References</p>					
19:00	YOUNG SHELDON	Captioned	Repeat		WS	PG
	<p><i>A God-Fearin' Baptist and a Hot Trophy Husband</i></p> <p>George and Mary insist on meeting the new woman in Georgie's life. Also, Sheldon and Missy have suspicions about what's going on with their family.</p> <p>Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons</p> <p>Cons.Advice: Mature Themes, Sexual References, Some Coarse Language</p>					
19:30	THE DARK TOWER	2017	Captioned	Repeat	WS	M
	<p><i>The Dark Tower</i></p> <p>Roland Deschain, the last Gunslinger, is locked in an eternal battle with Walter O'Dim, also known as the Man in Black. The Gunslinger must prevent the Man in Black from toppling the Dark Tower, the key that holds the universe together.</p> <p>Starring: Idris Elba, Matthew McConaughey, Tom Taylor</p> <p>Cons.Advice: Sci-fi Violence, Themes</p>					
21:20	ASCENDANT	2021	Captioned		WS	MA
	<p><i>Ascendant</i></p> <p>A young environmentalist wakes, trapped, kidnapped in the elevator of a super high-rise building at the mercy of her tormentors.</p> <p>Starring: Charlotte Best, Jonny Pasvolsky, Karelina Clarke</p> <p>Cons.Advice: Strong Adult Themes, Strong Violence</p>					
23:20	YOUNG SHELDON	Captioned	Repeat		WS	PG
	<p><i>A God-Fearin' Baptist and a Hot Trophy Husband</i></p> <p>George and Mary insist on meeting the new woman in Georgie's life. Also, Sheldon and Missy have suspicions about what's going on with their family.</p> <p>Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons</p> <p>Cons.Advice: Mature Themes, Sexual References, Some Coarse Language</p>					



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23:45	EVERYBODY LOVES RAYMOND		Repeat		WS	PG
	<p><i>Silent Partners</i></p> <p>Debra realizes that her and Ray, no longer have anything to say to one another.</p> <p>Starring: Ray Romano, Patricia Heaton, Brad Garrett</p>					
00:15	DASH DOLLS		Repeat		WS	M
	<p><i>Dash Dolls Take New York</i></p> <p>Caroline is falling for her rocker friend Ronnie, but is afraid to get involved with him because of the musician stigma; Melody goes against her families morals and ethics by doing a nude shoot with famed photographer, Nigel Barker.</p> <p>Cons.Advice: Some Coarse Language, Sexual References</p>					
01:10	KEEPING UP WITH THE KARDASHIANS		Repeat		WS	M
	<p><i>Psalm West</i></p> <p>After the birth of her son Psalm, Kim plans a surprise vow renewal ceremony; when Kourtney's friends can't get along on a girls trip to Turks and Caicos, she must assert herself in order to salvage the vacation.</p> <p>Cons.Advice: Mature Themes, Some Coarse Language, Sexual References</p>					
02:00	FULL HOUSE		Repeat		WS	G
	<p><i>Mad Money</i></p> <p>Jesse brings down the house when he secretly plans an Elvis Presley tribute at a nightclub; meanwhile, Joey attempts to pay back Danny money that he lent him 11 years ago.</p> <p>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen</p>					
02:30	FULL HOUSE		Repeat		WS	G
	<p><i>D.J. Tanner's Day Off</i></p> <p>D.J. takes advantage of Joey's gullible nature when she convinces him she's sick so she can skip school and sneak down to the mall to get celebrity autograph.</p> <p>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen</p>					
03:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>Gate Crisis!/The Last Gate!</i></p> <p>Dan and Drago head to Vestroia to meet with Pyravian. Meanwhile, back on Earth, the Gate Crushers are back at it trying to close every last gate. If they succeed, Dan and Drago will be trapped on Vestroia forever!</p> <p>Cons.Advice: Animated Violence, Themes</p>					
03:30	NINJAGO		Repeat		WS	PG
	<p><i>The Wrath of Kalmaar/Long Live the King</i></p> <p>The ninja embark on a rescue mission to an uncharted island. Nya leads the ninja on an undersea mission where they uncover a dangerous new foe.</p> <p>Cons.Advice: Themes, Animated Violence</p>					

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04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<i>TEBO Massage Chair</i> Home shopping programme.					
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<i>Transforma Ladders</i> Home shopping programme.					
05:00	POKEMON JOURNEYS		Repeat		WS	PG
	<i>Pikachu Translation Check...</i> Meowth has a cold, so Jessie and James decide to practice their Pikachu translation skills by watching a video of Pikachu and guessing what it says! Cons.Advice: Animated Violence					
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	<i>Meats vs. Sweets</i> It's meats vs. sweets in the most mouth-watering Rush Duel ever! Cons.Advice: Animated Violence, Themes					



Sydney Program Guide

Fri Jan 6, 2023

06:00	POLLY POCKET		Repeat		WS	G
	<i>Smarty Pax/Fred vs. Foot</i> Polly and Pierce tag along with their pocket powers to make sure Pax has a great first day of preschool; Polly and Shani get ready to party and celebrate their friendship after beaming up to a Pluto Day celebration.					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>Fee Fi Fo Frookie!</i> Frookie and Bartleby are missing. They're lost in a tricky maze guarded by a mischievous troll. True and Grizelda need to solve the puzzle and rescue their friends.					
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<i>Showdown with Short's Bakugan Academy!/Magnus Gets an Apprentice?!</i> On a day off at the beach, Athena and the Awesome Brawlers have a run in with 'Short's Bakugan Academy.' Cons.Advice: Animated Violence, Themes					
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	<i>The Great Revolution! Legend Festival!</i> It's time to get hyped! With the curtains finally open on the Legend Festival, Blading legends and challengers alike are gathered for the ultimate showdown. Cons.Advice: Mild Violence					
08:00	SMASHHDOWN!	Captioned	Repeat		WS	C
	<i>Match Day 4, Pool D – Tiny vs. Jimi</i> Our players are looking to ripple the back of the net in a Futsal classic today! Plus, Nick gets a lesson from some junior champs, and our players are sent tumbling in an epic Bubble Futsal match!					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<i>Frozen Falls/Got Silk</i> The Rangers save turtles trapped on an ice floe when a waterfall freezes over, but their save has consequences; the Rangers save spiders from the Praxtons, who are milking them for their silk.					
09:00	GIGANTOSAURUS		Repeat		WS	G
	<i>Don't Bug Bill/Super Marsh</i> Bill runs off with Marsh when Mazu showcases the bugs. Marsh admires the four little dinos. They each have incredible talents that are like superpowers.					
09:30	DINO RANCH		Repeat		WS	G
	<i>Sneaky Swipers/Clover's Height Fright</i> When things begin to disappear from Dino Ranch, Blitz and the gang discover the importance of knowing the facts before jumping to conclusions. / When Pteddy gets stuck atop the Mile High Mesa, Clover must overcome his fear of heights by taking things one step at a time to help his friend.					
10:00	NINJAGO		Repeat		WS	PG
	<i>Escape from Merlopi/The Tale of Benthomaar</i> Aided by Benthomaar, the ninja fight their way through the palace to the Hydro Bounty and must escape Kalmaar's forces. The tragic tale of Benthomaar is revealed... a tale filled with treachery, betrayal, but also with a glimmer of hope. Cons.Advice: Themes, Animated Violence					

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10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Sword and Shield, Slumbering Weald!</i></p> <p>Ash and Goh return to Galar to investigate reports of Pokémon Dynamaxing in unusual locations. When their train stops due to fog, they disembark and get separated.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Oh Brother / Ball of Fire / Mind Your Royal Manners</i></p> <p>Max shows up on the run/Eddie delivers a hot dog/Tom must stop the mice from wreaking the kitchen</p> <p>Cons.Advice: Animated Violence</p>					
11:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 11:30AM AEDT.</p>					
17:30	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Oy Vey, You're Gay</i></p> <p>Fran tells Mr Sheffield he should finally take off his wedding ring.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					



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18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG
	<p><i>Tom, Dick and Mary</i></p> <p>Dick believes he must come between a possible romance between Tommy and Mary, and and Sally gets a job.</p> <p>Starring: John Lithgow, Jane Curtin, Kristen Johnston</p> <p>Cons.Advice: Mild Coarse Language, Sexual References</p>					
18:30	THAT 70'S SHOW		Repeat		WS	PG
	<p><i>Magic Bus</i></p> <p>Eric celebrates his 18th birthday by dropping Donna off at the bus station for her move to Madison; Red and Kitty get intimate for the first time since his heart attack.</p> <p>Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher</p> <p>Cons.Advice: Some Coarse Language, Sexual References, Drug References</p>					
19:00	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with host Nick McArdle. Live play continues.</p>					
23:00	NATIONAL LAMPOON'S ANIMAL HOUSE 1978	Captioned	Repeat		WS	M
	<p><i>National Lampoon's Animal House</i></p> <p>At a 1962 college, Dean Vernon Wormer is determined to expel the entire Delta Tau Chi Fraternity, but those troublemakers have other plans for him.</p> <p>Starring: John Belushi, Thomas Hulce, Karen Allen</p> <p>Cons.Advice: Adult Themes</p>					
01:10	PARANORMAL CAUGHT ON CAMERA	Captioned	Repeat		WS	M
	<p><i>A Haunted Stadium & More</i></p> <p>A lake monster stalks a group of swimmers, a security guard confronts a terrifying shadow person in an empty stadium, a college student is tormented by a ghostly roommate and a Russian man goes on the hunt for a Yeti.</p> <p>Cons.Advice: Supernatural Themes, Some Coarse Language</p>					
02:00	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Wade Carmichael</i></p> <p>Looking more at home on the footy field or a viking set, Wade Carmichael puts the pedal to the metal in this season of Rivals. Avoca beach has produced multiple world-class surfers and Wade wants his name on that list of legends.</p> <p>Cons.Advice: Some Coarse Language</p>					
02:30	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Jordy Lawler</i></p> <p>North Narrabeen is known for its world-class waves and competitive surfing mongrel. With a long line of surfing greats Jordy Lawler is hungry to create his own legacy. Could it be set with a Rivals crown?</p> <p>Cons.Advice: Some Coarse Language</p>					

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Sydney Program Guide

Fri Jan 6, 2023

03:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	<p><i>Showdown with Short's Bakugan Academy!/Magnus Gets an Apprentice?!</i></p> <p>On a day off at the beach, Athena and the Awesome Brawlers have a run in with 'Short's Bakugan Academy.'</p> <p>Cons.Advice: Animated Violence, Themes</p>					
03:30	NINJAGO		Repeat		WS	PG
	<p><i>Escape from Merlopi/The Tale of Benthomaar</i></p> <p>Aided by Benthomaar, the ninja fight their way through the palace to the Hydro Bounty and must escape Kalmaar's forces. The tragic tale of Benthomaar is revealed... a tale filled with treachery, betrayal, but also with a glimmer of hope.</p> <p>Cons.Advice: Themes, Animated Violence</p>					
04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<p><i>TEBO Massage Chair</i></p> <p>Home shopping programme.</p>					
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G
	<p><i>Invictus X9</i></p> <p>Home shopping programme.</p>					
05:00	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Sword and Shield, Slumbering Weald!</i></p> <p>Ash and Goh return to Galar to investigate reports of Pokémon Dynamaxing in unusual locations. When their train stops due to fog, they disembark and get separated.</p> <p>Cons.Advice: Animated Violence</p>					
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>Bad Business</i></p> <p>Luke gets down to business when he's challenged by a sinister CEO!</p> <p>Cons.Advice: Animated Violence, Themes</p>					



Sat Jan 7, 2023

06:00	JUNGLE BEAT		Repeat		WS	G
	<p><i>Munki the Bee/Midnight Run/Rocky Rescue</i></p> <p>Munki and Trunk discover fruit that they can mash to use as body paint; Baby Ostrich and the Eggs want to join Munki and Trunk's race; Munki and Trunk throw a nut that looks like a ball for Rocky.</p>					
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G
	<p><i>True Bravery/Magic Day</i></p> <p>Gus chances upon Sir Adam the Hardy One's own personal sword; Gus is chosen to hand out replica Mighty Magic Wands to young Karamelians for Magic Day.</p>					
07:00	EARTH TO LUNA!		Repeat		WS	G
	<p><i>Flee Flea!/Magnetized</i></p> <p>Luna, Jupiter and Clyde pretend they are fleas in order to investigate the amazing jumping abilities and characteristics of fleas; Luna, Jupiter and Clyde investigate just how magnets work.</p>					
07:30	DUMBOTZ	Captioned	Repeat		WS	C
	<p><i>Over The Moon/Fake Fake News</i></p> <p>The Dumbotz decide to setup a shop on the moon, but the only customers to come along are Snidely and Cog.</p>					
08:00	RICKY ZOOM				WS	G
	<p><i>Motoball Troy / Buster Bunker's Big Badge</i></p> <p>The buddies are playing a new game called Vroomball. Troy tells everyone he is amazing at Vroomball and gives instructions to everyone on how to play. / Buster is trusted to look after a police badge which will be given to Officer Bunker in a special award ceremony.</p>					
08:30	SPIDEY AND HIS AMAZING FRIENDS				WS	G
	<p><i>Halted Holiday/ Merry Spidey Christmas</i></p> <p>When all roads to the city are blocked on Thanksgiving, Team Spidey works together to clear up the traffic. Team Spidey uses their Glow Webs to save Christmas after baddies try to ruin it for everyone.</p>					
09:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG
	<p><i>True Power/Showdown in Darkavia!</i></p> <p>The awesome Brawlers worry about their missing teammates as the tournament proceeds to Darkavia. Dan and Drago head inside Darkavia's black caverns.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
09:30	TEEN TITANS GO!		Repeat		WS	PG
	<p><i>Tower Renovation / Quantum Fun</i></p> <p>The Titans try to replace Titans Tower. / The Titans explore the world of quantum physics.</p> <p>Cons.Advice: Themes, Mild Violence, Scary Scenes</p>					
10:00	NINJAGO: CRYSTALIZED				WS	PG
	<p><i>Distress Calls/An Issue Of Trust</i></p> <p>Racer 7 escorts Cole across Ninjago City to send for help and Lloyd gives Garmadon a chance to prove he has changed. The Ninja prepare to make their last stand as the crystal army closes in, while Lloyd and Garmadon take the fight to the Crystal King.</p> <p>Cons.Advice: Themes, Animated Violence</p>					

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10:30	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<p><i>The Art of Being Carter Green/Save the Bay</i></p> <p>Fed up with Carter destroying their town, the girls show him no one messes with their town.</p>					
11:00	SPACE NOVA	Captioned	Repeat		WS	C
	<p><i>The Puzzle</i></p> <p>The Novas investigate a planet millions of light years from known space, that appears to have pyramid-like temples they believe may have been created by intelligent beings.</p>					
11:30	POWER PLAYERS		Repeat		WS	PG
	<p><i>Return Of Thermometron 9000/Just Like Robots</i></p> <p>During a brutal heatwave, Axel and his team must track down the Thermometron 9000; Axel and the team find themselves bested by Madcap when the Baddie uses their digital devices to track their every move in combat.</p> <p>Cons.Advice: Mild Violence</p>					
12:00	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>Rock the Rush Duel</i></p> <p>Romin loves to play guitar, but duelling doesn't strike her chord. Can Yuga convince Romin that Rush Duel rocks?</p> <p>Cons.Advice: Animated Violence, Themes</p>					
12:30	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with hosts Brett Phillips during the day and Nick McArdle at night. Live play from 12:30PM AEDT.</p>					



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18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG
	<p><i>Seven Deadly Clips</i></p> <p>As the Solomons reflect on their experiences on Earth, they realize they have succumbed to some human weaknesses.</p> <p>Starring: John Lithgow, Jane Curtin, Kristen Johnston</p> <p>Cons.Advice: Mild Coarse Language, Sexual References</p>					
18:30	THAT 70'S SHOW		Repeat		WS	PG
	<p><i>The Acid Queen</i></p> <p>Kelso tries to prove he hooked up with the high-school valedictorian at a Molly Hatchet concert; Eric attempts to check out adult magazines at the local library.</p> <p>Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher</p> <p>Cons.Advice: Some Coarse Language, Sexual References, Drug References</p>					
19:00	ADELAIDE INTERNATIONAL - TOURNAMENT 1	Captioned	Live		WS	NA
	<p>The Adelaide International makes an epic return with two weeks of sensational summer of tennis live from Memorial Drive Tennis Club, Adelaide with host Nick McArdle. Live play continues.</p>					
23:00	CADDYSHACK 1980	Captioned	Repeat		WS	M
	<p><i>Caddyshack</i></p> <p>A caddy, who works at a staid country club, sets out to win the club's scholarship in a big golfing tournament, and so begins a riotous round of fairway foolishness. The judge plays to win but his niece has her mind set on scoring her own way.</p> <p>Starring: Chevy Chase, Rodney Dangerfield, Ted Knight, Michael O'Keefe, Bill Murray</p> <p>Cons.Advice: Sexual References, Drug Use, Some Coarse Language</p>					
01:00	MANIFEST	Captioned	Repeat		WS	MA
	<p><i>Dead Reckoning</i></p> <p>When a missing Flight 828 passenger shows up at his doorstep, Ben's quest to uncover the truth reaches a fever pitch; with Vance's help, Ben, Michaela and Saanvi race against time to find the Singularity Project's headquarters.</p> <p>Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis</p> <p>Cons.Advice: Supernatural Themes, Strong Violence</p>					
02:00	MANIFEST	Captioned	Repeat		WS	M
	<p><i>Crosswinds</i></p> <p>Ben struggles to trust a journalist who wants him to participate in a Flight 828 podcast; Michaela's callings rise to a new level when they are accompanied by hallucinations; things get complicated when Olive invites Danny over for dinner.</p> <p>Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis</p> <p>Cons.Advice: Supernatural Themes, Some Violence</p>					
03:00	RIVALS	Captioned	Repeat		WS	PG
	<p><i>Kalani Ball</i></p> <p>Hailing from Stanwell Park, NSW Kalani Ball has a unique combination of beach and reef breaks in his local area. The Rivals format will put his formidable forecasting to the test. When he pulls the trigger will it all come together in his favour?</p> <p>Cons.Advice: Some Coarse Language</p>					

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Sat Jan 7, 2023

03:30	RIVALS	Captioned	Repeat		WS	PG
	<p><i>The Reveal</i></p> <p>It's time for our panel of internationally accredited judges to reveal who made the best call and surfed beyond themselves at their home break. Don't miss the final episode as we reveal the winner of Rivals Season 3.</p> <p>Cons.Advice: Some Coarse Language</p>					
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG
	<p><i>Rock the Rush Duel</i></p> <p>Romin loves to play guitar, but duelling doesn't strike her chord. Can Yuga convince Romin that Rush Duel rocks?</p> <p>Cons.Advice: Animated Violence, Themes</p>					
04:30	RICKY ZOOM		Repeat		WS	G
	<p><i>Motoball Troy / Buster Bunker's Big Badge</i></p> <p>The buddies are playing a new game called Vroomball. Troy tells everyone he is amazing at Vroomball and gives instructions to everyone on how to play. / Buster is trusted to look after a police badge which will be given to Officer Bunker in a special award ceremony.</p>					
04:50	NINJAGO: CRYSTALIZED		Repeat		WS	PG
	<p><i>Distress Calls/An Issue Of Trust</i></p> <p>Racer 7 escorts Cole across Ninjago City to send for help and Lloyd gives Garmadon a chance to prove he has changed. The Ninja prepare to make their last stand as the crystal army closes in, while Lloyd and Garmadon take the fight to the Crystal King.</p> <p>Cons.Advice: Themes, Animated Violence</p>					
05:10	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<p><i>The Art of Being Carter Green/Save the Bay</i></p> <p>Fed up with Carter destroying their town, the girls show him no one messes with their town.</p>					
05:30	GIGANTOSAURUS		Repeat		WS	G
	<p><i>Giganto's Laugh/Treasure!</i></p> <p>Every dino in Cretacia tries to justify their rightful claim to a beautiful pebble; Mazu and Tiny are called to help Giganto's painful toothache.</p>					