



Sun Mar 5, 2023

06:00	DRIVE TV	Captioned	Repeat	HD	WS	G
	<i>Mazda MX5</i> A convertible, some snow, windy roads, and a great drive. Emma gets some airtime in the new Mazda MX5 convertible.					
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	Join hosts Danika Mason, Andrew Johns, Brad Fittler and Billy Slater as this all star line-up deep dive into all things Rugby League & chat with the NRL's biggest stars.					
13:00	DRIVE TV	Captioned		HD	WS	TBC
	<i>Volvo C40 EV</i> Emma takes the amazing Volvo C40, on a road trip from Golden Beach to Metung. The views and roads are stunning, as we detour the inland route of the lakes on 90 mile beach, eastern Victoria					
13:30	ARCTIC VETS	Captioned	Repeat	HD	WS	PG
	Onyx, the only female in Assiniboine Park Conservancy's pack of rescued wolves has a mass on her mammary gland; Dr. Chris and the vet team must rush to remove it. Cons.Advice: Medical Procedures					
14:00	SURFSKI WORLD SERIES: THE WA RACE WEEK	Captioned		HD	WS	NA
	<i>Surfski World Series: The WA Race Week</i> The world's fittest ocean athletes descend on Perth to battle the elements and each other for the richest prize purse in surfski history.					
15:00	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<i>Dolphins v Roosters</i> Wide World of Sports presents the inaugural Dolphins match against the Roosters, live from Suncorp Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 4:05PM AEDT.					

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Sun Mar 5, 2023

18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG
	<p>Commitment Ceremony. A high profile couple leaves the experiment and another participant walks out in shocking circumstances.</p> <p>Cons.Advice: Themes, Some Coarse Language, Sexual References</p>					
20:40	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:10	AUSTRALIAN CRIME STORIES	Captioned	Repeat	HD	WS	M
	<p><i>Million Dollar Mystery</i></p> <p>In 1994 twenty-two-year-old dancer and model, Revelle Balmain vanished. What really happened that night remains a mystery. We re-trace Revelle's final steps and discover the secret she held that could have played a part in her death.</p> <p>Cons.Advice: References to Violence</p>					
23:15	THE FIRST 48	Captioned		HD	WS	M
	<p><i>House of Horrors/Final Sacrifice</i></p> <p>Tulsa, Okla., detectives race to find the perpetrator of a vicious hammer attack that leaves two young men clinging to life; a selfless act performed by an Atlanta man leads to his murder.</p> <p>Cons.Advice: Adult Themes, Disturbing Scenes, References to Violence</p>					
00:05	LAW & ORDER: ORGANIZED CRIME	Captioned	Repeat	HD	WS	M
	<p><i>The Man With No Identity</i></p> <p>After taking down Wheatley's drug empire and discovering his wife's killer, Det. Stabler must infiltrate a notorious crime family aiming to take over New York City's cocaine trade. Sgt. Bell is forced to work with a rival colleague when their investigations collide.</p> <p>Starring: Christopher Meloni, Danielle Mone Truitt, Ainsley Seiger</p> <p>Cons.Advice: Some Violence, Drug Use</p>					
01:00	EXPLORE TV	Captioned	Repeat	HD	WS	TBC
	<p><i>Ireland</i></p> <p>Trevor starts his Ireland journey in Dublin visiting the famous Guinness storehouse before heading north to discover the behind-the-scenes magic of the Game of Thrones.</p>					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Mon Mar 6, 2023

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
<b>12:00</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG
	Commitment Ceremony. A high profile couple leaves the experiment and another participant walks out in shocking circumstances.					
	Cons.Advice: Themes, Some Coarse Language, Sexual References					
<b>13:30</b>	EXPLORE TV	Captioned	Repeat	HD	WS	TBC
	<i>Ireland</i>					
	Trevor starts his Ireland journey in Dublin visiting the famous Guinness storehouse before heading north to discover the behind-the-scenes magic of the Game of Thrones.					
<b>14:00</b>	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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# Sydney Program Guide

Mon Mar 6, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	All the remaining couples leave town for a week away together at the now famous Retreat. Cons.Advice: Sexual References, Some Coarse Language, Nudity					
21:00	BIG MIRACLES	Captioned		HD	WS	M
	This new ground-breaking series explores the emotional world of IVF. It follows ten brave and determined Australian couples and singles on their heartwarming and often heartbreaking journey to becoming parents. Cons.Advice: Mature Themes, Medical Procedures					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen and James Bracey debate the biggest issues in Rugby League alongside the game's most influential figures.					
23:20	THE EQUALIZER	Captioned	Repeat	HD	WS	MA
	<i>Shooter</i> Mel's past military expertise proves critical when McCall is hired by District Attorney Grafton to find a sniper on a killing spree, seemingly selecting victims at random. Also, Delilah experiences PTSD when the sniper shootings cause her to relive the trauma of her friend's fatal shooting. Starring: Queen Latifah, Tory Kittles, Adam Goldberg Cons.Advice: Some Violence, Themes					
00:10	ALMOST FAMILY	Captioned		HD	WS	M
	<i>Expectant AF</i> Roxy makes a drastic decision in an attempt to help Isaac; Edie settles in with Amanda, but things get messy when she discovers something that isn't in the plan. Starring: Brittany Snow, Timothy Hutton, Megalyn Echikunwoke Cons.Advice: Themes, Sexual References					
01:00	HELLO SA	Captioned		HD	WS	PG
	<i>Copper Trails</i> Lauren and Tom head to the Yorke Peninsula and Copper Coast for a weekend of fun; Hayley heads to the hills to get creative and we find a house on Kangaroo Island that is perfect for a family holiday.					

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Mon Mar 6, 2023

01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Fantastic Floating Mop/Floor Police</i>					
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.					
	Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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## Sydney Program Guide

Tue Mar 7, 2023

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
<b>12:00</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	All the remaining couples leave town for a week away together at the now famous Retreat. Cons.Advice: Sexual References, Some Coarse Language, Nudity					
<b>13:30</b>	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, Catriona continues her spectacular cruise through the Arctic Islands from gorgeous Greenland to the land of fire and ice, Iceland.					
<b>14:00</b>	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Tue Mar 7, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	The Retreat continues with unresolved grievances surfacing at the Boys & Girls Nights. Cons.Advice: Some Coarse Language, Sexual References, Themes					
21:00	THE HUNDRED WITH ANDY LEE	Captioned		HD	WS	M
	Host Andy Lee is joined in the studio by a panel of Australia's funniest comedians and a 100 regular Aussies via Zoom to explore the fun behind the facts that make us tick as a nation. Cons.Advice: Some Coarse Language, Sexual References					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	BOTCHED	Captioned	Repeat	HD	WS	MA
	<i>Shark Side Story</i> A tragic accident left a man with a shark-bite-sized hole on his hip and a woman diagnosed with Lupus would love to have no more nose issues. Cons.Advice: Medical Procedures, Nudity, Adult Themes					
23:20	LA BREA	Captioned	Repeat	HD	WS	M
	<i>Father and Sons</i> When a stunning revelation puts Josh and Izzy's lives on the line, Eve and the other survivors desperately search for the young boy who holds the key to saving them; Gavin and Izzy must rely on a stranger if there is any hope to reunite their family. Starring: Natalie Zea, Eoin Macken, Chike Okonkwo Cons.Advice: Some Violence					
00:10	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:00	IT'S ALL GREEK TO ME	Captioned		HD	WS	G
	<i>Daniel and Miroula</i> George meets AFL football great and indigenous foodie Daniel Motlop, cooking up a traditional barramundi with native ingredients. George and Nick bake an all-time favourite 'Ravani' cake and we meet Miroula, who makes Haloumi from scratch.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Tue Mar 7, 2023

02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Wed Mar 8, 2023

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
<b>12:00</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	The Retreat continues with unresolved grievances surfacing at the Boys & Girls Nights. Cons.Advice: Some Coarse Language, Sexual References, Themes					
<b>13:30</b>	MY WAY	Captioned		HD	WS	TBC
	Today, My Way heads to Moreton Bay to uncover how the family behind the iconic Sandstone Hotel have retained pieces of the past at their waterfront location, and the devoted Dolphins Chairman who's led the club to the pages of NRL history.					
<b>14:00</b>	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	TBC
	Dinner Party. Fallout from the Retreat dominates dinner back at MAFS HQ.					
21:00	UNDER INVESTIGATION	Captioned		HD	WS	M
	<p><i>An Excellent Murder</i></p> <p>He was brave enough to stand up to the mafia in a country town. But Don Mackay paid the ultimate price. His enemies weren't just mafia living by the creed: You speak, you die. He was also facing a political insider.</p> <p>Cons.Advice: Some Violence, Drug References</p>					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	SEE NO EVIL	Captioned		HD	WS	M
	<p><i>Come Quickly, I'm Afraid</i></p> <p>In Danville, Kentucky, a pawn store robbery leaves three people dead; detectives seek to identify the suspect, and their only lead is a mysterious silver van; using a trail of videos to pursue the elusive vehicle is their only hope of catching a killer.</p> <p>Cons.Advice: Strong Violence</p>					
23:20	ORDINARY JOE	Captioned		HD	WS	M
	<p><i>Mask On Mask Off</i></p> <p>Halloween events affect each world in profoundly different ways. While some are putting on a mask to hide from reality, others are shedding theirs and confronting past choices.</p> <p>Starring: James Wolk, Natalie Martinez, Elizabeth Lail</p> <p>Cons.Advice: Themes</p>					
00:10	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:00	OUR STATE ON A PLATE	Captioned	Repeat	HD	WS	PG
	Brendan shares a delicious Chicken, Rice and Condiments recipe, Stuart goes behind the scenes of some of the best cheese and cracker producers in Perth and Kate shows us the best place for Cinnamon Scrolls.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Slim Cycle</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Thu Mar 9, 2023

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
<b>12:00</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	TBC
	Dinner Party. Fallout from the Retreat dominates dinner back at MAFS HQ.					
<b>13:30</b>	IT'S ALL GREEK TO ME	Captioned	Repeat	HD	WS	G
	<i>Daniel and Miroula</i> George meets AFL football great and indigenous foodie Daniel Motlop, cooking up a traditional barramundi with native ingredients. George and Nick bake an all-time favourite 'Ravani' cake and we meet Miroula, who makes Haloumi from scratch.					
<b>14:00</b>	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Thu Mar 9, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Panthers v Rabbitohs</i> Wide World of Sports presents Panthers v Rabbitohs, live from BlueBet Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 8:00PM AEDT.					
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Panthers v Rabbitohs</i> Join the Wide World of Sports team for all the post-match NRL news and analysis.					
22:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:10	A+E AFTER DARK	Captioned	Repeat	HD	WS	M
	<i>Episode 6</i> 73-year-old Simon is rushed to hospital with serious injuries after being thrown off his horse and cart at high speed. Doctors treat 25-year-old Georgia, who has been KO'd in a celebrity boxing match. Cons.Advice: Some Coarse Language, Medical Procedures					
00:05	COUNCIL OF DADS	Captioned		HD	WS	PG
	<i>Dear Dad</i> Robin and the Council agree to tell Luly a shocking truth; Oliver and Peter finally decide to adopt but learn some sobering news about the child's birth mother; Robin finds herself falling for Sam despite the chaos in her life. Starring: Tom Everett Scott, Sarah Wayne Callies, Clive Standen Cons.Advice: Themes					
01:00	DRIVE TV	Captioned	Repeat	HD	WS	TBC
	<i>Volvo C40 EV</i> Emma takes the amazing Volvo C40, on a road trip from Golden Beach to Metung. The views and roads are stunning, as we detour the inland route of the lakes on 90 mile beach, eastern Victoria					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Thu Mar 9, 2023

<b>02:30</b>	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					
<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
<b>04:30</b>	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
<b>05:00</b>	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
<b>05:30</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Fri Mar 10, 2023

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
<b>12:00</b>	FOR THE LOVE OF PETS	Captioned	Repeat	HD	WS	PG
	Vets fear a dog has swallowed the razor sharp teeth of a great white shark, while a volunteer animal carer works her magic to rebuild a fearful cat's life.					
<b>13:00</b>	SPACE INVADERS	Captioned	Repeat	HD	WS	PG
	<i>Luke &amp; David</i>					
	Loving partner David supported Luke through a personal crisis, but the aftermath has overwhelmed their small townhouse. The team come to the rescue to transform it into a retro and eclectic entertainer's haven. Cons.Advice: Themes, Some Coarse Language					
<b>14:00</b>	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
<b>15:00</b>	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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# Sydney Program Guide

Fri Mar 10, 2023

<b>18:00</b>	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
<b>19:00</b>	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
<b>19:30</b>	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Broncos v Cowboys</i> Wide World of Sports presents Broncos v Cowboys, live from Suncorp Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 8:00PM AEDT.					
<b>21:55</b>	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA
	<i>Broncos v Cowboys</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
<b>22:40</b>	POINT BREAK 2015	Captioned	Repeat	HD	WS	M
	<i>Point Break</i> Johnny, an FBI agent, befriends a gang of extreme sports athletes who use their skills to pull off heists. However, his plan to expose them hits a roadblock when he starts enjoying the lifestyle. Starring: Edgar Ramirez, Luke Bracey, Ray Winstone Cons.Advice: Strong Violence, Frequent Coarse Language					
<b>00:40</b>	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>01:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					

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Fri Mar 10, 2023

<b>04:30</b>	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					
<b>05:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:30</b>	SKIPPY - THE BUSH KANGAROO		Repeat			G
	<i>Maggie</i> Classic Australian series starring Ed Deveraux and Tony Bonner.					

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Sat Mar 11, 2023

06:00	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, Catriona continues her spectacular cruise through the Arctic Islands from gorgeous Greenland to the land of fire and ice, Iceland.					
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG
	Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.					
12:00	DESTINATION WA	Captioned		HD	WS	PG
	The new series makes a splash: Trevor watches the world go by sailing in a swan down the Swan, Nikki takes some R&R at a retreat in the Perth Hills, and Scherri-Lee boards Perth's floating bar and eatery, The Raft, for a luxe drinks & dining experience.					
12:30	THE PET RESCUERS	Captioned		HD	WS	PG
	The Pet Rescuers follows the work of a team on a mission to give abandoned pets a second chance.					
13:00	LIVING PROOF	Captioned		HD	WS	TBC
	Living Proof invites you to explore more ways to enjoy life, step out of your comfort zone and rediscover the joys of adventure, keep yourself in peak condition and live a life with more magic. Come on the journey with us to explore why life gets better with age and how we're all living proof.					
13:30	MY WAY	Captioned	Repeat	HD	WS	PG
	On today's episode the tales of inspiration behind a caravanning family of six, a woman devoted to ageing cheese, the conservationist behind one of Queensland's crocodile parks and how ancient bonsai art is the ultimate zen.					
14:00	EMMA 2020	Captioned		HD	WS	PG
	<i>Emma</i>					
	In 1800s England, a well meaning but selfish young woman meddles in the love lives of her friends.					
	Starring: Anya Taylor-Joy, Johnny Flynn, Mia Goth, Bill Nighy Cons.Advice: Themes, Nudity					
16:30	EXPLORE TV	Captioned		HD	WS	TBC
	<i>Northern Island</i> Trevor makes his way along the Causeway coastal route, taking in some of the best scenery, starting at the famous Giants Causeway.					
17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	Join the Nine News team for all the latest from around the country as well as sport and weather.					

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## Sydney Program Guide

Sat Mar 11, 2023

17:30	GETAWAY	Captioned		HD	WS	PG
This week on Getaway we head to one of the world's most mysterious countries, Iceland, visit Australia's most easterly point, plus explore Victoria's beautiful Gippsland region.						



Sat Mar 11, 2023

18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA	
	Join the Nine News team as they bring you all the latest in news; sport and weather.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.						
19:30	SPACE INVADERS	Captioned		HD	WS	PG	
	<i>Holly and Darren</i>						
	The demands of parenting have left Holly and Daren at breaking point and their home in clutter chaos. The team come to the rescue to transform it into a relaxing haven for Holly, Darren and their two kids. Cons.Advice: Themes						
20:30	SULLY	2016	Captioned	Repeat	HD	WS	M
	<i>Sully</i>						
	The story of Chesley Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the flight's passengers and crew. Starring: Tom Hanks, Aaron Eckhart, Laura Linney Cons.Advice: Mature Themes, Some Coarse Language						
22:30	THE FOUNDER	2016	Captioned	Repeat	HD	WS	M
	<i>The Founder</i>						
	The story of Ray Kroc, a salesman who turned two brothers' innovative fast food eatery, McDonald's, into the biggest restaurant business in the world, with a combination of ambition, persistence, and ruthlessness. Starring: Michael Keaton, Laura Dern, Nick Offerman, John Carroll Lynch Cons.Advice: Some Coarse Language						
00:35	FROM HELL: CAUGHT ON CAMERA	Captioned		HD	WS	M	
	<i>Holidays From Hell</i>						
	Jaw-dropping footage of funny, dramatic and hellish holidays, filmed by the people who were there, and who survived to tell the tale Cons.Advice: Some Coarse Language						
01:30	THE PET RESCUERS	Captioned	Repeat	HD	WS	PG	
	The Pet Rescuers follows the work of a team on a mission to give abandoned pets a second chance.						
02:00	THE INCREDIBLE JOURNEY PRESENTS			HD	WS	PG	
	Religious program. Cons.Advice: Themes						
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						

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Sat Mar 11, 2023

<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:30</b>	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:30</b>	SKIPPY - THE BUSH KANGAROO		Repeat			G
	<i>Plain Jane</i>					
	Classic Australian series starring Ed Deveraux and Tony Bonner.					

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