



WEEK 10: Sunday, 5 March - Saturday, 11 March 2023 - EASTERN STATES

Date	Start Time	Genre	Title		Episode Title	Series	Episod	e TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles E	Audio Description
2023-03-05	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2022		NC		Υ		
2023-03-05	0515	News - Overseas	France 24 Feature		France 24 Feature First Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		Υ		
2023-03-05	0530	News - Overseas	ANC Philippines The World Tonight		ANC Philippines The World Tonight 2022		0	The latest news and analysis from the ANC Philippines World Tonight team, in English.	PHILIPPINES	English-100	2022		NC		Υ		
2023-03-05	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022		NC		Υ		
2023-03-05	0630	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2023-03-05	0700	News - Domestic	APAC Weekly		Apac Weekly 2023 Ep 5	2023	5	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA	English-100	2023		NC		Υ		
2023-03-05	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022	LIVE	NC		Υ		
2023-03-05	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2023-03-05	0900	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 1, The	01	1	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ		
2023-03-05	0905	Nature & Environment	J Schwanke's Life In Bloom	New Episode	J Schwanke's Life In Bloom Series 2 Ep 3	02	3	Host J Schwanke visits Hope Dahilas and learns about the positive effect flowers can have on people. Sage is used in three ways - as a tasty appetizer, a spiritual cleanser, and a flower accent.	USA	English-100	2020				Υ		
2023-03-05	0935	Nature & Environment	J Schwanke's Life In Bloom	New Episode	J Schwanke's Life In Bloom Series 2 Ep 4	02	4	Host J Schwanke explores the forest and shares ways to experience a bit of its magic every day including forest bathing for wellness. Flower arranging includes moss themes and foraged items.	USA	English-100	2020				Υ		
2023-03-05	1005	Entertainment	Love Your Garden		Love Your Garden Series 9 Ep 2	09	2	Alan Titchmarsh visits Grantham to surprise Rob and Margaret Isdale who, now in their 70s, have over the last 45 years fostered over 150 vulnerable children in the UK. The team turn their boring backyard into spectacular garden inspired by the famous book and film, The Secret Garden.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2023-03-05	1100	Nature & Environment	Outside: Beyond The Lens	New Episode	California North Coast Redwoods	01	9	A road trip to northern California reveals the beauty of old-growth coastal redwood groves, rugged shorelines and a series of state and national parks.	USA	English-100	2019		PG		Υ		
2023-03-05	1130	Nature & Environment	Outside: Beyond The Lens	New Episode	Valley Of Fire	01	10	Just a short drive from Las Vegas, Nevada, the bright lights of the strip are replaced with the fiery glow of ancient sandstone formations in this one-of-a-kind state park. Jeff, Zack and David explore the stunning landscapes of this rare geologic treasure.	USA	English-100	2019		PG		Υ		
2023-03-05	1200	News - Domestic	APAC Weekly		Apac Weekly 2023 Ep 5	2023	5	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA	English-100	2023		NC		Υ		
2023-03-05	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ		
2023-03-05	1300	Motorsport	Motorsport: ProMX Round 1 Wonthaggi	SPORT	Motorsport: Promx, Round 1, Wonthaggi	2023	1	Live coverage of the Motorsport: Promx, Round 1, Wonthaggi. Motorsport: Promx 2023.	AUSTRALIA		2023	LIVE			Υ		
2023-03-05	1600	Cycling	Cycling: Strade Bianche Womens 2023	SPORT	Cycling: Strade Bianche Womens 2023 Highlights	2023	2	All the best moments from the Cycling: Strade Blanche Womens 2023 Highlights. International Cycling 2023.	ITALY		2023						
2023-03-05	1700	Sport General	Surf Life Saving Australia Interstates	SPORT	Surf Life Saving Australia Interstate Championships 2023	2023	4	All the best moments and highlights from the Surf Life Saving Australia Interstate Championships. National Surf Life Saving 2023.	AUSTRALIA		2023		NC				
2023-03-05	1730	History	The Abyss: Rise And Fall Of The Nazis	New Episode	Up In Flames	01	6	At the end of 1939, the German 'Wehrmacht' has invaded Poland. The army is followed closely by the SS (Schutstaffel) task forces, which have only one mission - to murder the Polish intelligence to fulfill Hitler's idea of a 'hard national struggle without legal bindings'. Thousands of people fell victim to them. It is wrong to imagine that the Nazi war of extermination started in the Soviet Union. However, was it possible to prevent WWII?	GERMANY	English-100	2019		PG		Υ		

2	2023-03-05	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 64	2023	64	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2	2023-03-05	1930	Archaeology	Ancient Egypt By Train	New Episode	Temples, The	01	4	In Upper Egyot, Professor Alice Roberts completes her epic adventure in the city of Aswan whose quarries provided the granite for the country's vast collection of Ancient Egyptian monuments. The towns along the railway line from Luxor to Aswan each have their very own Ancient Egyptian temple, 'strung out, like pearls on a string', Alice finishes up taking a boat to see the extraordinary Philae Temple that was rebuilt in the 1970s due to flooding caused by the Aswan dam.	UNITED KINGDOM	English-100	2022		PG		Υ		
2	2023-03-05	2030	Archaeology	The Black Death		Black Death Series 1, Ep 1 The	01	1	твс	UNITED KINGDOM	English-100	2022		PG		Υ		Υ
2	2023-03-05	2130	Archaeology	The Black Death		Black Death Series 1, Ep 2 The	01	2	ТВС	UNITED KINGDOM	English-100	2022		PG		Υ		Υ
2	2023-03-05	2230	History	Castles: Secrets, Mysteries And Legends		Spain	01	3	In this episode, we will discover the mysteries that still survive today, and we will explain the legends which, either real or fictitious, have been passed down to us almost intact, from the Middle Ages to the 20th century. From stories of Knights Templar, or the soldier monks of the Order of Calatrava Order, to Pope Luna and the zoo in the castle of Olite, all the mysteries of Spain's most famous fortresses will be exposed.	SPAIN	English-100	2020	RPT	М	av	Υ	Y	
2	2023-03-05	2340	Health, Science & Technology	24 Hours In Emergency		Skin Deep	16	19	14-year-old Alicia is rushed to St. George's after falling head first over the handle bars of her push bike and hitting her head. Doctors are concerned she may have sustained serious injuries to her neck and her spine.	UNITED KINGDOM	English-100	2020	RPT	М	a	Υ	Υ	
2	2023-03-05	2435	History	Great British Railway Journeys		Great British Railway Journeys Series 11 Ep 13	11	13	Michael's railway journey through '30s Britain from Canterbury to Skegness reaches Witham in Essex. Here he visits the factory of the world's oldest supplier of metal framed windows which became popular in the '30s.	UNITED KINGDOM	English-100	2019	RPT	PG		Υ		Υ
2	2023-03-05	2510	Cycling	Cycling: Paris-Nice 2023 Stage 1	SPORT	Cycling: Paris-Nice 2023 Stage 1	2023	1	Coverage of the Cycling: Paris-Nice 2023 Stage 1. International Cycling 2023. Live AEST.	FRANCE		2023	LIVE					
2	2023-03-05	2710	Culture & Society	Why We Hate		Crimes Against Humanity	01	5	What makes us take part in the worst extremes of hate - genocide and crimes against humanity? International criminal lawyer Patricia Viseur Sellers investigates the role of perpetrators, from leaders to followers, as well as those who resist the power of hate.	USA	English-100	2019	RPT	М	a v	Υ	Υ	
2	2023-03-05	2800	Culture & Society	The Source		Maternity Ward, The	01	4	A violent attack on a maternity ward in Kabul, just months after the U.S. and the Taliban signed a deal, makes the prospect of peace in Afghanistan seem unattainable.	USA	English-51; Dari-49	2021	RPT	М	a v	Υ	Υ	
2	2023-03-05	2855	Fillers	Destination Flavour Scandinavia Bitesize		Destination Flavour Scandinavia Bitesize Series 1 Ep 5	01	5	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	2015	RPT	G		Υ		
2	2023-03-06	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2022		NC		Υ		
2	2023-03-06	0515	News - Overseas	France 24 Feature		France 24 Feature First Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC		Υ		
2	2023-03-06	0530	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2	2023-03-06	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022		NC		Υ		
2	2023-03-06	0630	News - Overseas	ABC America This Week		Abc America This Week With George Stephanpoulos 2022		0	$ABC\ America's\ pre-eminent\ weekly\ public\ affairs\ program\ with\ George\ Stephanopolous\ from\ New\ York,\ USA.$	USA	English-100	2022		NC		Υ		
2	2023-03-06	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022	LIVE	NC		Υ		
2	2023-03-06	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2	2023-03-06	0900	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 1	03	1	Judges Anna Campbell-Jones, Michael Angus and Kate Spiers begin their search for Scotland's Home of the Year in the Borders where the regional finalists include a blue house in Biggar, a wavy new build near Peebles and a home to motorbike enthusiasts in Castle Douglas.	UNITED KINGDOM	English-100	2021				Υ		
2	2023-03-06	0930	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 2	03	2	Judges Anna Campbell-Jones, Michael Angus and Kate Spiers continue their search for Scotland's Home of the Year in the Hebrides with two stunning conversions in Skye and a house built with sustainability in mind in Harris.	UNITED KINGDOM	English-100	2021				Υ		
2	2023-03-06	1000	Culture & Society	Confucius Was A Foodie	New Episode	Confucius Was A Foodie Series 3 Ep 1	03	1	Salty is one of the Chinese five flavours and Chef Cushing gains a new appreciation as she not only cooks with it but harvests it from the sea in a setting of stunning beauty in Thailand.	CANADA	English-100	2019				Υ		
2	2023-03-06	1055	History	Lady Jane Grey: Murder Of A Child Queen		Live To Die	01	3	Helen visits the Tower of London, where Jane was imprisoned for more than six months. Helen also takes a look at documents signed in Jane's hand while she was Queen, as well as her own prayer book, which she took her execution.	UNITED KINGDOM	English-100	2017	RPT	PG	v	Υ		
2	2023-03-06	1205	News - Overseas	BBC Weekend News		BBC Weekend News 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		

2023-03-06	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ		
2023-03-06	1300	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour Second Edition 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2023-03-06	1400	Biography	First Ladies		Jackie Kennedy	01	2	This episode explores the life of Jackie Kennedy and how she took control of President John F. Kennedy's legacy in the days following his assassination.	UNITED KINGDOM	English-100	2021	RPT	PG	a v	Υ	Υ	
2023-03-06	1445	Quiz	Mastermind		Mastermind Series 3 Ep 54	03	54	In this round, the specialty subjects are The Melbourne Cup, Guinea Pigs, the classic film The Labyrinth and Bananarama.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2023-03-06	1515	Quiz	Mastermind		Mastermind Series 3 Ep 55	03	55	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2023-03-06	1545	Travel	The Cook Up With Adam Liaw	New Episode	Fish	04	10	Tonight we cast our net far and wide to bring you dishes of fish with Adam, Tetsuya's head chef Josh Raine, and music producer Reuben Styles.	AUSTRALIA	English-100	0				Υ		
2023-03-06	1615	History	The Architecture The Railways Built		Down Street	01	1	Tim Dunn goes deep underground in central London to explore a disused tube station that played a crucial tactical role during the Second World War. Down Street station in Mayfair opened in 1907 but closed after just 25 years because of low passenger numbers. However, when war broke out, it became the secret base of the executive committee who coordinated all rail travel across Britain. The station now is very much as they left it and Tim gets a guided tour of the former platforms - as the Piccadilly line rumbles past.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2023-03-06	1705	Quiz	Jeopardy!		Jeopardy Series 34 Ep 176	34	176	Alex Trebek hosts Jeopardyl, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Υ		
2023-03-06	1730	Quiz	Letters And Numbers		Letters And Numbers Series 5 Ep 74	05	74	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Υ		
2023-03-06	1800	Quiz	Mastermind	New Episode	Mastermind Series 5 Ep 16	2023	16	Contenders from across Australia are challenged by quizmaster Marc Fennell in a bid to become Australia's next Mastermind Champion. The speciality subjects include Round the Twist: Seasons 1 - 2, Marvel Cinematic Universe Films: Phase 3, and Marvel Cinematic Universe Films: Phase 3.	AUSTRALIA	English-100	0		PG		Υ		
2023-03-06	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 65	2023	65	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-06	1930	Nature & Environment	Planet Reef	New Episode	Protecting Megamouths	01	3	Whales, manta rays, whale sharks are all eaters of animal plankton or small fish, themselves huge consumers of vegetable plankton. These marine algae produce half of the oxygen on earth and capture 40% of the carbon dioxide. But the global role of the Mastodonts is hardy believable. By availowing plankton and the small animals that feed on them, these glants capture and store carbon in their fat. When they die, they sink into the abyss where the carbon remainst rapped for thousands of years. For example, one whale captures as much carbon each year as a thousand trees. These glants are real allies in regulating the climate and restoring reef productivity. The programme for identifying these new feeding areas is easily reproducible in all the areas concerned around the world.	FRANCE	English-100	2021		PG		Y		
2023-03-06	2030	Culture & Society	South Korea With Alexander Armstrong		South Korea With Alexander Armstrong Series 1 Ep 1	01	1	Alexander kicks off his epic Korean adventure in Gangnam, the fabled district in Seoul immortalised by Psy's Gangnam Style video, still the most viewed song on YouTube. Gangnam is where the flash harry's like to hang out, purring down the main drag in their supercars, serenaded by the booming beats of the 24-hour stores and bars. Xander soaks up life on the (very expensive) street before calling it a night.	UNITED KINGDOM	English-80; Korean- 20	2022				Υ		
2023-03-06	2130	History	Secrets Of Playboy	Final Episode	Aftermath, The	01	12	Former Playmates, girlfriends, and employees including Sondra Theodore, Susie Krabacher, Lisa Loving Barrett and Audrey Ann Huskey come together to share their experiences and struggles stemming from their time in the Playboy world. Alongside sex and trauma therapist Dr. Kate Balestrieri, the women reflect on the decades of fear and abuse they experienced and how the Playboy legacy has changed as a result of their decisions to come forward.	USA	English-100	2021		МА		Υ		Y
2023-03-06	2220	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2023 Ep 45	2023	45	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-06	2250	Thriller	Infiniti	New Episode	Infiniti Series 1 Ep 2	01	2	Isaak is convinced the Cosmodrome is hiding the truth. He suspects the dead body and the space accident are connected - and when he identifies another wax-covered corpse, he begins to think he may be on the trail of a cosmonaut killer. Bent on saving the ISS crew, Anna takes some tests and gets the all-clear for the space flight she's always dreamed of. She knows it could be a one-way ticket, but it's her only chance of saving the man she loves.	FRANCE	Russian-33.34; English-33.33; French-33.33	2022		МА	v	Υ	Υ	
2023-03-06	2350	Thriller	Mr Mercedes		Burning Man	03	10	Hodges gets an unexpected call. Pete has a plan. Morris starts to feel the heat.	USA	English-100	2019	RPT	MA	alv	Υ		Υ
2023-03-06	2455	Cycling	Cycling: Paris-Nice 2023 Stage 2	SPORT	Cycling: Paris-Nice 2023 Stage 2	2023	2	Coverage of the Cycling: Paris-Nice 2023 Stage 2. International Cycling 2023. Live AEST.	FRANCE		2023	LIVE					
2023-03-06	2655	Nature & Environment	Going Places With Ernie Dingo		Cradle Mountain	02	1	Emie visits the breathtaking Cradle Mountain in Tasmania and meets a dedicated pilot, a focused young ranger, a wildlife conservationist, and an insightful young Palawa man.	AUSTRALIA	English-100	2018	RPT	G		Υ		Υ
2023-03-06	2755	Quiz	Mastermind Australia		Mastermind Series 1 Ep 41	01	41	In this round, the specialist subjects are Capital Cities of the World, the life and films of Audrey Hepburn, I, Claudius the TV Series, and Native Snakes of Australia.	AUSTRALIA	English-100	2019	RPT	G		Υ		

2023-03-06	2825	Quiz	Mastermind Australia		Mastermind Series 1 Ep 42	01	42	In this round, the specialist subjects are the life and times of Winston Churchill, National Basketball League 1990's-Present, Doctor Who 1963-1996, and the History of QANTAS.	AUSTRALIA	English-100	2019	RPT	G		Υ		
2023-03-06	2855	Fillers	Destination Flavour Scandinavia Bitesize		Destination Flavour Scandinavia Bitesize Series 1 Ep 6	01	6	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	2015	RPT	G		Υ		
2023-03-07	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	$English \ news \ from \ Japan's \ Broadcasting \ Corporation, \ NHK, \ delivering \ the \ latest \ in \ business, \ technology, \ health, \ environmental \ and \ world \ news.$	JAPAN	English-100	2022		NC		Υ		
2023-03-07	0530	News - Overseas	ANC Philippines The World Tonight		ANC Philippines The World Tonight 2022		0	The latest news and analysis from the ANC Philippines World Tonight team, in English.	PHILIPPINES	English-100	2022		NC		Υ		
2023-03-07	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022	LIVE	NC		Υ		
2023-03-07	0630	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2023-03-07	0700	News - Overseas	BBC News at Six		BBC News at Six 2022		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2023-03-07	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022		NC		Υ		
2023-03-07	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2023-03-07	0900	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 2, The	01	2	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ		
2023-03-07	0905	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 3, The	01	3	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ		
2023-03-07	0910	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 3	03	3	The judges head East as Anna Campbell-Jones, Michael Angus and Kate Spiers check out a farm steading conversion in rural Aberdeenshire, a silvery double upper in the city and a home with the garden at its heart in St Andrews.	UNITED KINGDOM	English-100	2021				Υ		
2023-03-07	0940	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 4	03	4	A renovated coach house in Uddingston, a 70's inspired home in Mauchline and a Victorian conversion in Ayr come under scrutiny this week as judges Anna Campbell-Jones, Michael Angus and Kate Spiers take a look round the regional finalists in the West of Scotland.	UNITED KINGDOM	English-100	2021				Υ		
2023-03-07	1010	Culture & Society	Confucius Was A Foodie	New Episode	Confucius Was A Foodie Series 3 Ep 2	03	2	Chef Christine Cushing explores the great big flavour of sweet in Chinese immigrant communities in Thailand, Singapore, and Malaysia.	CANADA	English-100	2019				Υ		
2023-03-07	1100	History	Looking For Rembrandt	New Episode	Looking For Rembrandt Series 1 Ep 1	01	1	Rembrandt's art is much loved and admired, but his remarkable life is less well known. 350 years after his death, his surprising story is told from an unusual perspective - his own.	UNITED KINGDOM	English-100	2019				Υ		
2023-03-07	1200	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2023-03-07	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ		
2023-03-07	1300	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Υ		
2023-03-07	1400	Biography	First Ladies		Hillary Rodham Clinton	01	6	This episode explores the life of Hillary Rodham Clinton and how she became a trailblazer who forever changed the role of first lady.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Υ	Υ	
2023-03-07	1445	Quiz	Mastermind		Mastermind Series 3 Ep 56	03	56	In this round, the specialty subjects are Elvis Presley movies of the 50°s, the Geography of Switzerland, the band The Monkees, and the classic, Guess Who's Coming to Dinner.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2023-03-07	1515	Quiz	Mastermind		Mastermind Series 3 Ep 57	03	57	In this round, the specialty subjects are British comedy hit The Mighty Boosh, the History of Nintendo handheld devices, the Brat Pack, and Aussie indie duo Angus and Julia Stone.	AUSTRALIA	English-100	2021	RPT	PG		Υ		
2023-03-07	1545	Travel	The Cook Up With Adam Liaw	SBS Food Encore	Proof Is In The Pudding	04	11	It's dessert time in The Cook Up kitchen with classically-trained chef, Warren Mendes, and award-winning actor Pia Miranda joining Adam to satisfy your sweet tooth.	AUSTRALIA	English-100	0				Υ		
2023-03-07	1615	History	The Architecture The Railways Built		Ffestiniog	01	2	Tim Dunn visits one of his favourite railway lines, the Ffestiniog in north Wales. Originally built in the 1830s to transport slate down the mountains to the coast, these days it's a tourist line - but it's filled with hidden architecture.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		
2023-03-07	1705	Quiz	Jeopardy!		Jeopardy Series 34 Ep 177	34	177	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. $ \frac{1}{2} \left(\frac{1}{2} \right) = \frac{1}{2} \left(\frac{1}{2} \right) \left($	USA	English-100	2018	RPT	G		Υ		

2023-03-07	1730	Quiz	Letters And Numbers		Letters And Numbers Series 5 Ep 75	05	75	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Υ		
2023-03-07	1800	Quiz	Mastermind	New Episode	Mastermind Series 5 Ep 17	2023	17	Contenders from across Australia are challenged by quizmaster Marc Fennell in a bid to become Australia's next Mastermind Champion. The speciality subjects include The Films of David Fincher, The Big Bang Theory: Seasons 2 - 3, Dungeons and Dragons, and Neighbours 2022.	AUSTRALIA	English-100	0		PG		Υ		
2023-03-07	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 66	2023	66	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-07	1930	Biography	Who Do You Think You Are?	New Episode	Alex Scott	17	3	Pundit, presenter and former world-class footballer Alex Scott delves into both sides of her family history in Who Do You Think You Are? Having known nothing of her Jewish ancestry on her mun's side, Alex is proud to discover that her great grandad was at the Battle of Cable Street in London's East End in 1936, facing down Fascist followers of Osyald Mosley. On the other side of her family, Alex's Jamaican grandparents were part of the Windrush generation. Alex travels to Jamaica for the first time in her life, to follow her beloved nan Philicita's line, and discovers the enormous hardship her great grandfamther Henrietta Coombis suffered. Two generations further back, Alex is shaken to learn about her four-times-great grandfather, whose lifetime began during the era of slavery and ended after its abolition.	UNITED KINGDOM	English-100	2022		PG		Υ		
2023-03-07	2030	Current Affairs	Insight	New Episode	Mid-Life Sexual Awakenings	2023	3	When a mid-life change drives a sexual awakening.	AUSTRALIA	English-100	2023		NC		Υ		
2023-03-07	2130	Current Affairs	Dateline	New Episode	Church And The Assassin, The	2023	1	Kumi Taguchi goes inside the world of a controversial church some call a 'cult'. This church is under investigation for its role in Japanese politics since the assassination of Prime Minister Abe.	AUSTRALIA	English-100	2023				Υ		
2023-03-07	2200	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2023 Ep 46	2023	46	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-07	2230	History	Great British Railway Journeys		Great British Railway Journeys Series 12 Ep 4	12	4	Michael resumes his tour of the Home Counties in the picturesque and historic county town of Surrey, Guildford. His 1936 Bradshaw's commends its 'fine old castle keep' and Guildhall, but puzzlingly makes no mention of its hilltop cathedral.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ		Υ
2023-03-07	2300	Crime	Antidisturbios	New Episode	Antidisturbios Series 1 Ep 5	01	5	While the rior police pay the consequences of their dealings with Revilla, Laia begins to collaborate with the special commission investigating the corruption racket. They soon discover that one of the big rior police bosses was involved - Rosales, none other than Alex's uncle. To prove their theory, they need the testimony of the six rior police from the van. Diego collaborates, but Alex refuses outright to do so. He has no intention of betraying his uncle, and resists believing he is corrupt. Without his declaration, Laia doesn't have anything. The day of a big game in the Champions Leegue, after a pitched battle with some "utra" hooligans, Alex closks over at his uncle and suddenly the whole truth becomes clear to him. That same night he decides to inform on him.	SPAIN	Spanish-100	2020		МА	a v		Y	
2023-03-07	2400	Thriller	Manayek		Da, The	1	7	Back in the present, some good old fashioned intelligence work on behalf of Tal and Izzy's score the IAD taskforce some tactical wins in the war with Barak, but what they don't know is that Barak has the Central District Attorney, Atalia, working for him and providing him with his own intel.	ISRAEL	Hebrew-100	2020	RPT	М	al		Υ	
2023-03-07	2455	Cycling	Cycling: Paris-Nice 2023 Stage 3	SPORT	Cycling: Paris-Nice 2023 Stage 3	2023	3	Coverage of the Cycling: Paris-Nice 2023 Stage 3. International Cycling 2023. Live AEST.	FRANCE		2023	LIVE					
2023-03-07	2655	Crime	Cacciatore: The Hunter		In Alice's Garden	01	9	Saverio and Mazza have Tony Calvaruso and his shop in their sights. Following this they identify the building where Bagarella is most likely hiding. The news plunges Mazza into chaos.	ITALY	Italian-100	2018	RPT	М	al		Υ	
2023-03-07	2800	Quiz	Mastermind Australia		Mastermind Series 1 Ep 43	01	43	In this round, the specialist subjects are Friends Seasons 1-5, North American Campaign, The Hunt for Red October (novel and film), and AGFG Chef Hat Award Winners 2010-2019.	AUSTRALIA	English-100	2019	RPT	G		Υ		
2023-03-07	2830	Quiz	Mastermind Australia		Mastermind Series 1 Ep 44	01	44	In this round, the specialist subjects are Plantagenet Kings and Queens, Dreadnoughts 1906-1918, Parks & Recreation, and J-Pop.	AUSTRALIA	English-100	2019	RPT	G		Υ		
2023-03-08	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2022		NC		Υ		
2023-03-08	0530	News - Overseas	ANC Philippines The World Tonight		ANC Philippines The World Tonight 2022		0	The latest news and analysis from the ANC Philippines World Tonight team, in English.	PHILIPPINES	English-100	2022		NC		Υ		
2023-03-08	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022	LIVE	NC		Υ		
2023-03-08	0630	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2023-03-08	0700	News - Overseas	BBC News at Six		BBC News at Six 2022		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2023-03-08	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022		NC		Υ		

2023-03-08	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ	
2023-03-08	0900	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 4, The	01	4	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ	
2023-03-08	0905	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 5, The	01	5	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ	
2023-03-08	0910	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 5	03	5	The judges travel round Central Scotland in their search for homes with unique style, design and architecture. Anna Campbell-Jones, Michael Angus and Kate Spiers explore an industrial new build in Fife, a Victorian cottage in Grangemouth and a house filled with fun in Dunblane	UNITED KINGDOM	English-100	2021				Y	
2023-03-08	0940	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 6	03	6	A listed terrace home in Orkney is up against a renovated croft and a new build in Shetland as Anna Campbell- Jones, Michael Angus and Kate Spiers take their search for Scotland's Home of the Year to the islands.	UNITED KINGDOM	English-100	2021				Υ	
2023-03-08	1005	Culture & Society	Confucius Was A Foodie	New Episode	Confucius Was A Foodie Series 3 Ep 3	03	3	In South East Asia the intensity of sour is something new to Chef Christine and so is cooking with the famously over the top Malaysian celebrity, Chef Wan as well as the adorable Asian food TV celebrity Ili Sulaiman who both take Chef Cushing into a new realm of sour.	CANADA	English-100	2019				Υ	
2023-03-08	1100	History	Looking For Rembrandt		Looking For Rembrandt Series 1 Ep 2	01	2	As Rembrandt paints his most iconic work, The Night Watch, and is at the height of his fame, his wife Saskia lay dying. Her death begins a 10 year decline in Rembrandt's output of paintings, as he pours himself into etching instead. Many etchings are erotically charged, perhaps as a result of an affair he has begin with his infant son's nursemaid, which ends in her being committed to a house of correction - an apparent punishment Rembrandt himself took part in.	UNITED KINGDOM	English-100	2019				Υ	
2023-03-08	1200	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ	
2023-03-08	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ	
2023-03-08	1300	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Υ	
2023-03-08	1400	Current Affairs	Dateline		Church And The Assassin, The	2023	1	Kumi Taguchi goes inside the world of a controversial church some call a 'cult'. This church is under investigation for its role in Japanese politics since the assassination of Prime Minister Abe.	AUSTRALIA	English-100	2023	RPT			Υ	
2023-03-08	1430	Current Affairs	Insight		Mid-Life Sexual Awakenings	2023	3	When a mid-life change drives a sexual awakening.	AUSTRALIA	English-100	2023	RPT	NC		Υ	
2023-03-08	1530	Cooking	Destination Flavour China Bitesize		Destination Flavour China Bitesize Series 1 Ep 14	01	14	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	0	RPT	G		Υ	Υ
2023-03-08	1535	Travel	The Cook Up With Adam Liaw		Flavour In A Flash	04	12	Acclaimed interior and fashion designer Collette Dinnigan, and talented young chef Hugh Allen join Adam to show you their fast and flavourful dishes.	AUSTRALIA	English-100	0				Υ	
2023-03-08	1610	Documentary	I Want To Make A Film About Women	Premiere			0	I Want To Make A Film About Women is a queer, speculative, documentary love letter to Russian constructivist women. It asks what the revolutionary women artists of the 1920s said, what they did, and what they might have created had it not been for Stalin's suppression.	AUSTRALIA	English-99; Russian- 1	2019		PG		Υ	Υ
2023-03-08	1625	Biography	Dylan Alcott Meets Julia Gillard		Dylan Alcott Meets Julia Gillard	01	1	The Hon. Julia Gillard AC shares her experiences as the first female Prime Minister of Australia with Dylan Alcott - Olympian, NEC Ambassador, and advocate for people with disabilities.	AUSTRALIA	English-100	2021	RPT	PG	al	Υ	
2023-03-08	1705	Quiz	Jeopardy!		Jeopardy Series 34 Ep 178	34	178	Alex Trebek hosts Jeopardyl, where the answers are revealed and the contestants must guess the appropriate questions. $ \frac{1}{2} \left(\frac{1}{2} \right) = \frac{1}{2} \left(\frac{1}{2} \right) \left($	USA	English-100	2018	RPT	G		Υ	
2023-03-08	1730	Quiz	Letters And Numbers		Letters And Numbers Series 5 Ep 76	05	76	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Υ	
2023-03-08	1800	Quiz	Mastermind	New Episode	Mastermind Series 5 Ep 18	2023	18	Contenders from across Australia are challenged by quizmaster Marc Fennell in a bid to become Australia's next Mastermind Champion. The speciality subjects include Gilmore Girls: Seasons 2 – 3, The Phantom Comics, Ernest Hemingway, and Carlton Football Club: Post-War Premierships.	AUSTRALIA	English-100	0		PG		Υ	
2023-03-08	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 67	2023	67	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ	
2023-03-08	1930	Nature & Environment	Wildlife ER	New Episode	Brisbane Floods	01	5	Wade into recovery mode as the clinic deals with the animal aftermath of a Brisbane flood. Meet a baby kangaroo in need of round-the-clock care and a plover washed down a drain. Then size up the turtle waiting list that vet Karina patiently tackles.	AUSTRALIA	English-100	2022		PG		Υ	

2023-03-08	2030	Culture & Society	The Swap	New Series Premiere	Swap Series 1 Ep 1, The	01	1	different communities, and help his students prepare for the wider world. But it's taken him nearly a year to find a handful of families willing to volunteer for his experiment, and not all his teachers think that it's a good idea. Now, in the first stage of the experiment, six students and families from the Catholic al-boys school, Padua College, its Catholic sister school Mount Alvernia, and the secular state high school, Ferny Grove leave their communities and cross the river, into the very different and far more multicultural world of south Brisbane, and the ICB.	AUSTRALIA	English-100	2022		М		Υ		Υ
2023-03-08	2130	Thriller	Bloodlands	New Episode	Bloodlands Series 2 Ep 6	02	6	The police investigation and Tom's illicit pursuit of Olivia, the murder weapon and the gold, threaten to collide as Tom must move the pieces into place so he can come out on top. Under immense pressure, Tom choreographs a final reckoning that will endanger those closest to him and force him to reveal the dark truth of who he really is.	UNITED KINGDOM	English-100	2022		М		Υ		
2023-03-08	2235	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2023 Ep 47	2023	47	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-08	2305	Crime	Cargo	New Episode	Cargo Series 1 Ep 6	01	6	Kiki buries Aman and starts looking for Liah, with Riku's help. When Sammy gets out of prison during the pretrial detention, Yonah gives Kiki a hint about where Liah could be found by discreetly guiding her to find the website where she is being sold. Kiki manages to get in touch with the human traffickers and finds out the price for her daughter - 50,000 euros.	FINLAND	Efik-58; Finnish-38; Albanian-2; Arabic- 1; Tigrinya-1	2021		МА	a	Υ	Υ	
2023-03-08	2400	Health, Science & Technology	24 Hours In Emergency		Ever Decreasing Circles	16	20	54-year-old family man, James, is rushed to A&E after a head on collision. Paramedics found him slumped over the steering wheel. Doctors are concerned that he has sustained a serious life changing injury. James' wife Pauline explains how in his desire to provide for his loved ones, James has worked all hours - but often at the cost of his own family life.	UNITED KINGDOM	English-100	2020	RPT	М	al	Υ	Υ	
2023-03-08	2455	Cycling	Cycling: Paris-Nice 2023 Stage 4	SPORT	Cycling: Paris-Nice 2023 Stage 4	2023	4	Coverage of the Cycling: Paris-Nice 2023 Stage 4. International Cycling 2023. Live AEST.	FRANCE		2023	LIVE					
2023-03-08	2655	Nature & Environment	Going Places With Ernie Dingo		Ikara	02	2	Emie travels to ikara as known as Wilpena Pound in the spectacular Macdonaid Ranges and meets an Adnyamathanha Elder, a passionate cultural guide, a young pilot, and a National Park's ranger.	AUSTRALIA	English-100	2018	RPT	G		Υ		Υ
2023-03-08	2755	Quiz	Mastermind Australia		Mastermind Series 1 Ep 45	01	45	Our Monday to Thursday heat winners face off for a chance to return to the spotlight yet again. Who will win the weekly final and grab themselves a place in the semis?	AUSTRALIA	English-100	2019	RPT	G		Υ		
2023-03-08	2825	Quiz	Mastermind Australia		Mastermind Series 1 Ep 46	01	46	In this round, the specialist subjects are the Alfred Hitchcock movies, The Crusades, NRL Canterbury Bulldogs 2010-Present, and John Lennon.	AUSTRALIA	English-100	2019	RPT	G		Υ		
2023-03-08	2855	Fillers	Destination Flavour Scandinavia Bitesize		Destination Flavour Scandinavia Bitesize Series 1 Ep 7	01	7	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	2015	RPT	G		Υ		
2023-03-09	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2022		NC		Υ		
2023-03-09	0530	News - Overseas	ANC Philippines The World Tonight		ANC Philippines The World Tonight 2022		0	The latest news and analysis from the ANC Philippines World Tonight team, in English.	PHILIPPINES	English-100	2022		NC		Υ		
2023-03-09	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022	LIVE	NC		Υ		
2023-03-09	0630	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ		
2023-03-09	0700	News - Overseas	BBC News at Six		BBC News at Six 2022		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2023-03-09	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022		NC		Υ		
2023-03-09	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2023-03-09	0900	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 6, The	01	6	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ		
2023-03-09	0905	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 7, The	01	7	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ		
2023-03-09	0910	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 7	03	7	Anna Campbell-Jones, Michael Angus and Kate Spiers look to Lothian to find the next contender for Scotland's Home of the Year. A renovated tenement flat in Letht, a house by renowned Scottish architect William Henry Playfair in Edinburgh's new town and a renovated seaside cottage in East Lothian go head to head.	UNITED KINGDOM	English-100	2021				Υ		
2023-03-09	0935	Culture & Society	Home Of The Year: Scotland	New Episode	Home Of The Year: Scotland Series 3 Ep 8	03	8	The judges head to the Highlands as Anna Campbell-Jones, Michael Angus and Kate Spiers consider a new build in Aviemore inspired by Charles Rennie Mackintosh and two historic homes in Inverness and the Beauly Firth.	UNITED KINGDOM	English-100	2021				Υ		
2023-03-09	1005	Culture & Society	Confucius Was A Foodie	New Episode	Confucius Was A Foodie Series 3 Ep 4	03	4	Who wants something bitter? Chinese cuisines do, all the time in every meal the use of bitter provides balance and as Chef Christine discovers there is something to love in the flavour in drinks in Hong Kong and Bangkok but she reserves judgment on the bitter fruit durian in Malaysia.	CANADA	English-100	2019				Υ		

Ali Kadri, the CEO of the Islamic College of Brisbane (ICB), is determined to break down the insularity between

2023-03-09	1100	History	Looking For Rembrandt		Looking For Rembrandt Series 1 Ep 3	01	3	ZUIS marks Nembrandt Vear, an international celebration of one of the words most exalted artists, 530 years after his death. Though his artistic genuis is today well recognised, three are mysteries and shadows still lurking in Rembrandt's personal life. How did an incendiary talent, in his youth the darling of Dutch high society, end up in a lowly rented grave? How could an artist made rich by the patronage of Amsterdam's wealthiest elite, come to declare bankruptcy? Why did he fall out of favour at a time when he was painting his greatest masterpieces?	UNITED KINGDOM	English-100	2019				Υ		
2023-03-09	1200	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2023-03-09	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ		
2023-03-09	1300	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Υ		
2023-03-09	1400	Biography	First Ladies		Michelle Obama	01	4	This episode explores the life of Michelle Obama and how she carved out her own legacy while being an essential part of her husband's history-making presidency.	UNITED KINGDOM	English-100	2021	RPT	PG	a I	Υ	Y	
2023-03-09	1445	Quiz	Mastermind		Mastermind Series 3 Ep 58	03	58	In this round, the specialty subjects are the film Spirited Away, Keeping Up with the Kardashians: Series 5-10, Former PM Malcolm Turnbull, and Aussie TV series Gladiators.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2023-03-09	1515	Quiz	Mastermind		Mastermind Series 3 Ep 59	03	59	In this round, the specialty subjects are iconic pop group Blondie, the 11th Doctor in Doctor Who, Crocodiles, and the legendary Stan Lee.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2023-03-09	1545	Travel	The Cook Up With Adam Liaw	SBS Food Encore	6 Ingredient Dinner	04	13	Adam, Commonwealth Games gold medallist Col Pearse, and award-winning butcher Joel Young are hitting their six ingredient dinners for six.	AUSTRALIA	English-100	0				Υ		
2023-03-09	1615	History	The Architecture The Railways Built		Kings Cross	01	3	Tim Dunn goes behind the scenes at London's Kings Cross station - and there's masses to see. In the original brick engine shed, he learns about the heritage of this incredible listed building and the complications of added a brand-new extension. He's shown hidden features most people wouldn't notice and gets to go to parts of the building he's only ever dreamed of, including inside the famous clock tower. He also gets down on the tracks to help the station's maintenance team with the buffers.	UNITED KINGDOM	English-100	2019	RPT	PG		Υ		
2023-03-09	1705	Quiz	Jeopardy!		Jeopardy Series 34 Ep 179	34	179	Alex Trebek hosts Jeopardyl, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Υ		
2023-03-09	1730	Quiz	Letters And Numbers		Letters And Numbers Series 5 Ep 77	05	77	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Υ		
2023-03-09	1800	Quiz	Mastermind	New Episode	Mastermind Series 5 Ep 19	2023	19	Contenders from across Australia are challenged by quizmaster Marc Fennell in a bid to become Australia's next Mastermind Champion. The speciality subjects include Tombstone [1993 FILM], Life & Works of The Veronicas, Anne of Avontea, and Adam Sandler Films of the 90s.	AUSTRALIA	English-100	0		PG		Υ		
2023-03-09	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 68	2023	68	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-09	1935	Culture & Society	Coastal Ireland With Adrian Dunbar	New Episode	Adrian Dunbar's Coastal Ireland Series 2 Ep 2	02	2	Chef Tom Kerridge shows. Adrian around his 18th-century estate set among 100 stunning acres, before preparing a feast using ingredients picked on the grounds. Afterwards, Adrian heads to Howth to meet artist Jim Fitzpatrick, who created the iconic two-tone portrait of Che Guevara. Then a scenic rail journey along the coast takes him to Powerscourt and the medieval monastic site at Glendalough.	UNITED KINGDOM	English-100	2022				Υ		
2023-03-09	2030	History	American Presidency With Bill Clinton	New Episode	Becoming A Superpower	01	6	In this episode traces the rise of America on the world stage. Becoming a superpower has altered not just America's fate, but that of the world as well. But with great power comes great responsibility.	USA	English-100	2021		PG		Υ		
2023-03-09	2120	Thriller	Vigil	New Episode	Vigil Series 1 Ep 1	01	1	When a crew member is found dead on board the Trident nuclear submarine, HMS VIGIL, the Scottish Police are called on to investigate. The catch? The UK's nuclear deterrent must remain unproken, so the submarine stays on patrol and Detective Chief Inspector Amy Silaw must go on board to investigate. Although the death was written off as an accidental overdose, Amy suspects foul play. But the crew close ranks in the face of Amy's questioning, and a new threat overshadows her inquiry.	UNITED KINGDOM	English-100	2020		МА		Υ		Υ
2023-03-09	2230	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2023 Ep 48	2023	48	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ		
2023-03-09	2300	Contemporary	L'Opera	New Episode	L'opera Series 1 Ep 7	01	7	Zoe is starting to come undone. Temporarily shut out of the Opera, her future hangs on a court decision that is out of her hands. She slides back into her bad habits. When night falls, the Etoile lets herself get caught up in a spiral of heavy partying that could be her undoing.	FRANCE	French-100	2021		М	dl		Υ	
2023-03-09	2350	Crime	The Eagle		Codename: Chronos (Part 1)	02	1	Hallgrim leaves the hospital and returns to the hotel. While looking out the window he sees Benjamin, a member of the Israeli mafia, beating a woman in the apartment across the street.	DENMARK	Danish-90; Russian- 5; Icelandic-4; German-1	2005	RPT	MA	a v	Υ	Y	
2023-03-09	2455	Cycling	Cycling: Paris-Nice 2023 Stage 5	SPORT	Cycling: Paris-Nice 2023 Stage 5	2023	5	Coverage of the Cycling: Paris-Nice 2023 Stage 5. International Cycling 2023. Live AEST.	FRANCE		2023						
2023-03-09	2655	Nature & Environment	Going Places With Ernie Dingo		Wet Tropics	02	3	Ernie's trip to tropical North Queensland finds him meeting a respected Kuku Yalanji Elder, a river guide who's made a sea change, and an environmentalist who is determined to change attitudes.	AUSTRALIA	English-100	2018	RPT	PG	a	Υ		Υ

2019 marks 'Rembrandt Year', an international celebration of one of the world's most exalted artists, 350 years

2023-03-09 2755 Quiz Mastermind Australia Mastermind Series 1 Ep 47 01 47 In this round, the specialist subjects are Mary Queen of Scots, the Hunger Games trilogy, the First Fleet 1788- AUSTRALIA English-100 2019 RP 1790, and the Penrith Panthers 2013-Present.	PT G Y	
2023-03-09 2825 Quiz Mastermind Australia Mastermind Series 1 Ep 48 01 48 In this round, the specialist subjects are the Petronas Twin Towers, the Dambusters Raid May 1943, 500CC AUSTRALIA English-100 2019 RP MotoGP - the 70's, 80's, 90's, and Rupaul's Drag Race All Stars.	РТ G Y	
2023-03-09 2855 Cooking Destination Flavour AUSTRALIA English-100 2017 RP Singapore Bitesize Haimanese Chicken 01 1 The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene. AUSTRALIA English-100 2017 RP	PT G	
2023-03-10 0500 News - Overseas NHK World English News NHK World English News NHK World English News NHK World English News English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, JAPAN English-100 2022 environmental and world news.	NC Y	
2023-03-10 0530 News - Overseas ANC Philippines The World Tonight Tonight On The latest news and analysis from the ANC Philippines World Tonight team, in English. PHILIPPINES English-100 2022	NC Y	
2023-03-10 0600 News - Overseas DW English News DW English News Morning 0 News and analysis of the top international and European news and current affairs from Berlin, in English. GERMANY English-100 2022 LIV	VE NC Y	
2023-03-10 0630 News - Overseas Al Jazeera News Al Jazeera News 2022 0 News via satellite from Al Jazeera Satellite Network, Qatar, in English. QATAR English-100 2022	NC Y	
2023-03-10 0700 News - Overseas BBC News at Six BBC News at Six BBC News at Six 2022 0 The latest national and international news stories from the BBC News team from London, UK, in English. UNITED KINGDOM English-100 2023	NC Y	
2023-03-10 0730 News - Overseas France 24 English News France 24 English News Morning First Edition 2022 0 English.	NC Y	
2023-03-10 0800 News - Overseas DD India Prime Time News Dd India Prime Time News DD India Prime Time News 2022 The most recent political, sports, entertainment and socio-economic updates across India and the world from INDIA English-100 2022 New Delhi, in English.	NC Y	
2023-03-10 0900 Cooking Cook Up With Adam Liaw Cook Up With Adam Liaw Ook Up With Adam L	PT G Y	
2023-03-10 0905 Cooking Cook Up With Adam Liaw Cook Up With Adam Liaw Ook Up With Adam L	PT PG Y	
2023-03-10 0910 Culture & Society Soci	Υ	
Judges, Anna Campbell-Jones, Michael Angus and Kate Spiers convene at House for an Art Lover by renowned 2023-03-10 0935 Culture & Society Sociated Figure Society Society	Υ	
2023-03-10 1005 Culture & Society Confucius Was A Foodie Fpisode 3 Ep 5 S Chef Christine explores the spicy evolution of Chinese based cuisines in South East Asia. CANADA English-100 2019	Υ	
2023-03-10 1100 History Being Beethoven Reing Beethoven Episode Being Beethoven Series 1 Ep 1 01 1 Young Beethoven is an unstoppable force until the onset of deafness tears his world apart. UNITED KINGDOM English-100 2020	Υ	
2023-03-10 1200 News - Overseas BBC News at Ten BBC News at Ten BBC News at Ten 2023 0 The latest national and international news stories from the BBC News team from London, UK, in English. UNITED KINGDOM English-100 2023	NC Y	
2023-03-10 1230 News - Overseas ABC World News Tonight with David Muir News ABC World News Tonight with David Muir 2022 03-03-10 News - Overseas News - Overse	NC Y	
2023-03-10 1300 News - Overseas PBS NewsHour NEWS PBS Newshour 2022 0 Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting USA English-100 2022 Service (PBS) in the United States.	NC Y	
2023-03-10 1400 Quiz Mastermind Mastermind Series 3 Ep 60 03 60 In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals. AUSTRALIA English-100 2021 RP	PT G Y	
2023-03-10 1430 Quiz Mastermind Mastermind Series 3 Ep 61 03 61 In this round, the specialty subjects are the Mad Max Trilogy, Ethiopian Political History, American Basketballer AUSTRALIA English-100 2021 RP LeBron James, and The Adventures of Tintin.	PT G Y	
2023-03-10 1500 News - Domestic Nitv News: Nula 2023 NEWS Nitv News: Nula 2023 Ep 8 2023 8 from an Indigenous perspective.	VE NC Y	
2023-03-10 1530 Cooking Destination Flavour China Destination Flavour China Destination Flavour China O1 15 All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw. AUSTRALIA English-100 0 RP	PT G Y	Υ
2023-03-10 1540 News - Domestic Australian Korean Hanbok Australian Korean Hanbok O Australian Australian Korean Hanbok O Austral	PT NC Y	

2023-03-10	1545	Travel	The Cook Up With Adam Liaw	SBS Food Encore	Smoking Hot	04	14	Funny man Harley Breen and TikTok wonder-chef Vincent Yeow Lim join Adam in The Cook Up Kitchen to step up to the hot plates.	AUSTRALIA	English-100	0				Υ	
2023-03-10	1615	History	The Architecture The Railways Built		Ribblehead	01	4	Tim visits the magnificent Ribblehead Viaduct in the Yorkshire Dales and speaks to the man who saved it from closure. It's the most impressive structure on the Settle to Carlisle line, which runs through some of England's most sturning scenery. It's a line with a strong corporate identity and Tim sees a number of its beautiful stations, all built to the same design.	UNITED KINGDOM	English-100	2019	RPT	G		Υ	
2023-03-10	1705	Quiz	Jeopardy!		Jeopardy Series 34 Ep 180	34	180	Alex Trebek hosts Jeopardyl, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Υ	
2023-03-10	1730	Quiz	Letters And Numbers		Letters And Numbers Series 5 Ep 78	05	78	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Υ	
2023-03-10	1800	Quiz	Mastermind	New Episode	Mastermind Series 5 Ep 20	2023	20	Contenders from across Australia are challenged by quizmaster Marc Fennell in a bid to become Australia's next Mastermind Champion. In this final round for the week, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	0		PG		Υ	
2023-03-10	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 69	2023	69	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ	
2023-03-10	1930	History	Wrecks That Changed The World	New Episode	Last Days Of The Battleship	01	3	Survivors' stories and world-leading shipwreck investigators uncover how the most powerful warships in history had their weaknesses and paid a fatal price. We witness the catastrophic damage on HMS Hood in one of the deadliest naval engagements in history. The story of the USS Arizona at Pearl Harbor shows us how vulnerable a heavily-armoured battleship could be - now a war grave for over 1100 men.	UNITED KINGDOM	English-100	2021		PG		Υ	
2023-03-10	2030	History	Walking Britain's Lost Railways		Highlands	03	2	Rob follows an epic 70 mile route across the Grampian Mountains - the first railway line to make a direct link between Scotland's Lowlands and its glorious west coast.	UNITED KINGDOM	English-100	2020	RPT	PG		Υ	
2023-03-10	2125	History	Royal Autopsy	New Episode	Royal Autopsy Series 1 Ep 2	01	2	In this graphic episode, Professor Alice Roberts explores the final dying days and ultimate cause of death of Britain's Merry Monarch, King Charles II. Working with leading forensic pathologist Dr Brett Lockyer, they conduct an 'as real' post mortem exam on the dead king, cutting into his corpse to search for clues. The autopsy reveals a man who appears to have suffered some degree of torture, having been burnt and bled, with a stomach showing traces of many poisonous plants.	UNITED KINGDOM	English-100	2022				Υ	
2023-03-10	2225	News - Domestic	SBS World News Late	NEWS	SBS World News Late 2023 Ep 49	2023	49	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ	
2023-03-10	2255	Crime	Gomorrah		Gomorrah Series 4 Ep 10	04	10	Patrizia has finally discovered who is behind all her misfortunes. Now she must choose - give in to the patriarchate of the Levant clan or start a war?	ITALY	Italian-100	2019	RPT	MA	s v		Υ
2023-03-10	2345	Crime	Gomorrah		Gomorrah Series 4 Ep 11	04	11	While Mickey Levante is forced to make the ultimate choice between his family and the woman he loves, Genny starts to doubt his decision.	ITALY	Italian-100	2019	RPT	MA	v		γ
2023-03-10	2440	Drama	The Ninth Tower				0	When the Victorian government locks down his public-housing building, a teenager responsible for his mother's welfare is pushed to the brink.	AUSTRALIA	English-100	2021		М	1	Υ	Υ
2023-03-10	2455	Cycling	Cycling: Paris-Nice 2023 Stage 6	SPORT	Cycling: Paris-Nice 2023 Stage 6	2023	6	Coverage of the Cycling: Paris-Nice 2023 Stage 6. International Cycling 2023. Live AEST.	FRANCE		2023					
2023-03-10	2655	Crime	Gomorrah		Gomorrah Series 4 Ep 12	04	12	It is time for choices. Who will reign over the smoldering ruins of Naples bloodied by the clan war?	ITALY	Italian-100	2019	RPT	MA	v		Υ
2023-03-10	2750	Quiz	Mastermind Australia		Mastermind Series 1 Ep 49	01	49	In this round, the specialist subjects are English Monarchs since Norman Invasion, Sydney FC, the Battle of Jutland, and National Flags of the World.	AUSTRALIA	English-100	2019	RPT	G		Υ	
2023-03-10	2820	Quiz	Mastermind Australia		Mastermind Series 1 Ep 50	01	50	Our Monday to Thursday heat winners face off for a chance to return to the spotlight yet again. Who will win the weekly final and grab themselves a place in the semis?	AUSTRALIA	English-100	2019	RPT	G		Υ	
2023-03-10	2855	Cooking	Destination Flavour Singapore Bitesize		Hari Kaya	01	2	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G			
2023-03-11	0500	News - Overseas	NHK World English News Morning		NHK World English News Morning 2022		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2022		NC		Υ	
2023-03-11	0530	News - Overseas	ANC Philippines The World Tonight		ANC Philippines The World Tonight 2022		0	The latest news and analysis from the ANC Philippines World Tonight team, in English.	PHILIPPINES	English-100	2022		NC		Υ	
2023-03-11	0600	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022	LIVE	NC		Υ	
2023-03-11	0630	News - Overseas	Al Jazeera News		Al Jazeera News 2022		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2022		NC		Υ	
2023-03-11	0700	News - Overseas	BBC News at Six		BBC News at Six 2022		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ	

2023-03-11	0730	News - Overseas	France 24 English News		France 24 English News Morning First Edition 2022		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2022		NC		Υ	
2023-03-11	0800	News - Overseas	DD India Prime Time News		Dd India Prime Time News 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ	
2023-03-11	0900	Cooking	Cook Up With Adam Liaw Bitesize		Cook Up With Adam Liaw Bitesize Series 1 Ep 10, The	01	10	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	0	RPT	G		Υ	
2023-03-11	0905	Nature & Environment	J Schwanke's Life In Bloom	New Episode	J Schwanke's Life In Bloom Series 2 Ep 5	02	5	Host J Schwanke devotes this episode to traditional Japanese flower arts. Learn about Ikebana flower arranging, the art of a Bonsai, and go on location, to learn the philosophy of a flower farming family.	USA	English-100	2020				Υ	
2023-03-11	0935	Nature & Environment	J Schwanke's Life In Bloom	New Episode	J Schwanke's Life In Bloom Series 2 Ep 6	02	6	Host J. Schwanke visits a garden center and offers tips on container gardening and makes an herbal cocktail and the health benefits of flower arranging are discussed.	USA	English-100	2020				Υ	
2023-03-11	1005	Entertainment	Love Your Garden		Love Your Garden Series 9 Ep 3	09	3	On the 75th anniversary of D-Day, Alan Titchmarsh and his team head to Derbyshire to build an exciting garden for sprightly D-Day veteran Jack Parrott (98) and his wife of 68 years Margaret (94). With advice on patio-size greenhouses and clever ways to create raised beds, the team create a new accessible garden for Jack and his wife.	UNITED KINGDOM	English-100	2019	RPT	G		Υ	
2023-03-11	1100	Nature & Environment	Outside: Beyond The Lens	New Episode	Outside: Beyond The Lens Series 2 Ep 1	02	1	Famous national parks in the mountains and stunning beaches on the coast are where most travelers head to when planning an outdoor adventure in the Golden State. But the oftenoverlooked foothill regions on both sides of the great San Joaquin Valley hold their own kind of unique beauty. Jeff, Zack and David explore these areas as spring returns.	USA	English-100	2020				Υ	
2023-03-11	1130	Nature & Environment	Outside: Beyond The Lens	New Episode	Outside: Beyond The Lens Series 2 Ep 2	02	2	Jeff and Zack share their experiences from two separate journeys to Iceland. Zack shares incredible footage and travel tips from the island's more popular destinations while Jeff reveals footage and experiences from the rarely seen 'highlands' area of this remote and beautiful travel hotspot.	USA	English-100	2020				Υ	
2023-03-11	1200	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ	
2023-03-11	1230	News - Overseas	ABC World News Tonight with David Muir	NEWS	ABC World News Tonight with David Muir 2022		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition, and Linsey Davis Sunday edition.	USA	English-100	2022		NC		Υ	
2023-03-11	1300	News - Overseas	PBS NewsHour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Υ	
2023-03-11	1400	Sport General	Ultimate Bowls 2022 Semi Finals	SPORT	Bowls: Ultimate Bowls 2022, Event 2, Semi Finals	2022	3	All the best moments and highlights from the Bowls: Ultimate Bowls 2022, Event 2, Semi Finals. International Bowls 2022.	AUSTRALIA		2022				Υ	
2023-03-11	1500	Sport General	Super Surf Teams League 2023	SPORT	Super Surf Teams League 2023 Ep 1	2023	1	All the best moments and highlights from the Super Surf Teams League 2023 Ep 1. Super Surf Teams League 2023.	AUSTRALIA		2023				Υ	
2023-03-11	1530	Nature & Environment	Going Places With Ernie Dingo		Charlotte Pass	03	1	Join Ernie as he explores the stunning Snowy Mountains winter wonderland that is Charlotte Pass and meets up with three thrill seekers Didge, Trick, and Maaika living out their dreams.	AUSTRALIA	English-100	2019	RPT	G		Υ	Υ
2023-03-11	1600	Nature & Environment	Rivers Of Australia: The Murray		Rivers Of Australia: A Journey Along The Murray		0	Narrated by Tony Barry, this feature follows James Livingstone and Albany Asher - along with their faithful canine companions Onyx and Rocco - as they kayak along the mighty Murray.	AUSTRALIA	English-100	2016	RPT	PG	a w	Υ	Υ
2023-03-11	1730	History	The Abyss: Rise And Fall Of The Nazis	New Episode	Gate Of Hell, The	01	7	On June 22, 1941, Hitler invaded the Soviet Union. His goal - to deprive Great Britain in Europe and gain 'Lebensraum (habitat)' in the East. 'This is an entirely new kind of war, with unprecedentedly brutal rules,' says historian Moshe Zimmermann when talking about the campaign in the East, which goes hand in hand with the escalation of Germany's Jewish policy.	GERMANY	English-100	2019		PG		Y	
2023-03-11	1830	News - Domestic	SBS World News	NEWS	SBS World News 2023 Ep 70	2023	70	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2023	LIVE	NC		Υ	
2023-03-11	1930	Nature & Environment	The World's Most Beautiful Landscapes	New Episode	Lake District, The	01	5	Narrated by Robert Lindsay, this episode takes us on a breathtaking visual journey through the extraordinary landscape of the Lake District, from the exquisite lakes of Ullswater and Lake Windermere, to the grand heights of Helvellyn, through ancient woodlands and Roman remains.	UNITED KINGDOM	English-100	2021		PG		Υ	
2023-03-11	2025	Culture & Society	Britain's Scenic Railways		Britain's Scenic Railways Series 1 Ep 2	01	2	Britain's railway network is the oldest in the world. And its traditions live on at heritage railways. Winding its way through the heart of West Yorkshire, a railway opened in 1867 to carry coal to a hundred working mills dotted along the Worth Valley. The 5-mile journey along the Keighley and Worth Valley Railway offers a unique way of enjoying the sweeping moors and beautiful countryside.	UNITED KINGDOM	English-100	2021	RPT	G		Υ	
2023-03-11	2120	Culture & Society	Britain's Most Luxurious Hotels		Britain's Most Luxurious Hotels Series 1 Ep 1	01	1	The Langham in one of Europe's oldest hotels and that means maintenance. Follow specialists as they ascend the building via abseits to carefully examine hundreds of gargoyles and busts. They quickly spot some work that needs immediate attention and they need to be quick, as former boy band star Ronan Keating is about to check in.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Υ	Υ
2023-03-11	2215	Sexuality	Planet Sex with Cara Delevingne	New Episode	Orgasm Gap	01	2	According to some experts, men are having more fulfilling sex than women. Cara sets off on a mission to understand what's behind this so-called 'orgasm gap.'	UNITED KINGDOM	English-100	2020		МА	alqs	Y Y	
2023-03-11	2305	Cycling	Cycling: Paris-Nice 2023 Stage 7	SPORT	Cycling: Paris-Nice 2023 Stage 7	2023	7	Coverage of the Cycling: Paris-Nice 2023 Stage 7. International Cycling 2023. Live AEST.	FRANCE		2023	LIVE				

2023-03-11	2505	Comedy	Amateurs			0	A small sleepy Swedish province in desperate need of a fresh start, hopes to lure a German low-cost superstore to their area by hiring a pompous commercial director to document their town's worthiness. However, two bright, brash high school girls from immigrant families use their mobile phones and selfie sticks to tell the real story. Stars Zahraa Aldoujaili and Yara Aliadotter.	SWEDEN	Swedish-84; English- 8; Arabic-4; Romanian-2; Serbian-1; Tamil-1	2018		МА	1	Υ		
2023-03-11	2700	Nature & Environment	Going Places With Ernie Dingo	Great Ocean Road	02	4	Emie visits the Great Ocean Road and catches up with a local gunditimara Kirrae Whurrong song man. He meets a passionate foodologist and spends time with an entrepreneur with a taste for adventure.	AUSTRALIA	English-100	2018	RPT	PG	Υ		Υ	
2023-03-11	2800	Quiz	Mastermind Australia	Mastermind Series 1 Ep 51	01	51	In this round, the specialist subjects are Drew Barrymore films, the Hitchhikers Guide to the Galaxy Novels, Genghis Khan, and the Chariots of Fire film.	AUSTRALIA	English-100	2019	RPT	G	Υ			
2023-03-11	2830	Quiz	Mastermind Australia	Mastermind Series 1 Ep 52	01	52	In this round, the specialist subjects are Babylon 5, Australian Commonwealth Parliamentary Procedure, Origins of Rugby League 1895-1914, and the Back to the Future film trilogy.	AUSTRALIA	English-100	2019	RPT	G	Υ			